

SCHOOL: _____

TEAM(S): _____

CHEERLEADING DAILY PRACTICE PLANS

DATE: _____

MON: ☐ TUE: ☐ WED: ☐ THU: ☐ FRI: ☐

ABSENT:

GOALS/FOCUS:

1. _____

2. _____

3. _____

TIMES:

WARM-UPS:

NOTES:

REMINDERS:

1. _____

2. _____

3. _____