

SCHOOL:

TEAM(S):

CHEER GURU NATION

# CHEERLEADING DAILY PRACTICE PLANS

DATE: \_\_\_\_\_

MON:  TUE:  WED:  THU:  FRI:

**ABSENT:**

**GOALS/FOCUS:**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

TIMES:

**WARM-UPS:**

**NOTES:**

**REMINDERS:**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_