

Week 5 Breakfast and Lunch Menu



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	4-Feb Poached Eggs (VGF)	5-Feb Scrambled Eggs ♥ (GF)	6-Feb Scrambled Egg Whites (VGF)	7-Feb Breakfast Lasagna	8-Feb Bacon, Egg and Cheese Scramble (9-Feb Breakfast Pot Pie	10-Feb Cheddar Scrambled Eggs (VGF
Day Breakers	Poached Eggs (VGF) Crispy Bacon GF Donuts Potatoes O'Brien (VGF)	Scrambled Eggs (VGF) Sausage Links GF) French Toast Sticks (V) Baked Hash Brown Patty	Sausage Patty ©F Vanilla Cinnamon Bread Pudding V Parsley Red Potatoes (V) (FF)	Turkey Bacon ©F Griddle Cake(*) Home Fries (*) ©F	Sausage Links French Toast () Tater Tots ()	Grilled Ham (F) Chocolate Chip Pancakes (V) Shredded Hash Browns (V)	Turkey Sauasge GF Glazed Apple Fritter V Breakfast Potatoes V GF
	Oatmeal	Grits	Oatmeal	Grits	Oatmeal	Grits	Oatmeal
	Eggs and Omelets to Order	Eggs and Omelets to Order	Eggs and Omelets to Order	Eggs and Omelets to Order	Eggs and Omelets to Order	Eggs and Omelets to Order	Eggs and Omelets to Order
	Belgian Waffle Bar with Fruit Toppings	Belgian Waffle Bar with Fruit Toppings	Belgian Waffle Bar with Fruit Toppings	Belgian Waffle Bar with Fruit Toppings	Belgian Waffle Bar with Fruit Toppings	Belgian Waffle Bar with Fruit Toppings	Belgian Waffle Bar with Fruit Toppings
	Noodle Bowl	Pasta Bar	Quesadilla Bar	Savory Summer Rolls	BLT BAR		
	Beef , Tofu	Crab Scampi		Ground Beef , Buffalo Chicken	Rye, White, or Wheat Bread		
BRAVO	Lo Mein Noodles, White Rice, Beef Ramen Broth	Mushroom, Peppers, Onions	Lettuce, Tomato, Onions	Nacho Cheese	Ham, Bacon, Leetuce		
	Ginger Broth, Baby Corn, Snow Pea, Lime	Tomato, Black Olives, Bacon	Salsa, Black Beans , Peppers	Lettuce, Tomato	Tomato, Whole Grain Mustard		
	Cabbage, Scallion, Radish	Banana Peppers	Sour Cream, Cheddar	Onion, Bacon	Maple Mayo		
	Cilantro, Pickled Ginger, Wasabi	Cheddar, Mozzarella	Mozzarella				
Man Plate	Pasta Italiano	Beef Carbonnade 6	Kielbasa & Kraut 6F	Turkey & Stuffing Wraps	Tuna Noodle Casserole		
	Au Gratin Potatoes 🕔	Herbed Brown Rice 🚱 🕞	Egg Noodles 🕜	Yukon Gold Mashed Potatoes 🕖	GE Garlic Breadstick (V)		
	Steamed Corn 🚯 🙃	Roasted Cauliflower 🐶 🕞	Slow Roasted Tomatoes	Sweet Peas 🚱 🌀	Stewed Tomatoes		
	Broccoli (A)GF	Steamed Carrots 🐶 🕞	Steamed Spinach 🚱 🕞	Spaghetti Squash 🚷 🕞	Garlic Kale 🚷 🙃		
	Big Mac Pizza	Cheesy Garlic Bread	Bacon & White Onion Pizza	Cheesy Garlic Bread	V Pierogi Pizza	Meatball Pizza	Meat Lovers Calzone
	Cheese Pizza (/) Pepperoni Pizza	Cheese Pizza V Pepperoni Pizza	Cheese Pizza V Pepperoni Pizza	Cheese Pizza () Pepperoni Pizza	Cheese Pizza (V) Pepperoni Pizza	Cheese Pizza V Pepperoni Pizza	Cheese Pizza() Pepperoni Pizza
TOSCANA			()		◎		
	MTO Pizza Station	MTO Pizza Station	MTO Pizza Station	MTO Pizza Station	MTO Pizza Station	MTO Pizza Station	MTO Pizza Station
	GF Pizza Dough Available Daily	GF Pizza Dough Available Daily	GF Pizza Dough Available Daily	GF Pizza Dough Available Daily	GF Pizza Dough Available Daily	GF Pizza Dough Available Daily	GF Pizza Dough Available Daily
GF Live Well	Baked Eggplant with Italian Cheese	GF Margherita Portabella 🐠 🌀	GF Madras Potatoes 🚱 🕞	GF Spinach & Artichoke Dip 🕔	Brussels Sprouts Dijon 🚱 🕞		
	Sautéed Kale with Garlic	Quinoa 🚱 🕞	Romanesco 🍇 🙃	Steamed Brown Rice 🚷 🙃	Lentils 🚱 🕞		
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	Grilled Ranch Cheeseburger	Foot Long Hot Dogs	Cheddar Swiss Burger	Chicken Patty Corned Beef Hash & Cheese	Thai Turkey Burger	Pizza Bites	Mini Corn Dogs
J. CLARK'S GRILLE	Cheese Quesadilla	Toasted Italian Sandwich	Vegetarian Special Sandwich V	Flatbread	Seafood Cakes	Seasoned Potato Wedges	Fresh Cut Fries
	Fresh Cut Fries	House Chips	Fresh Cut Fries	Battered Fries	Fresh Cut Fries		
gřeen scene farm to table fore	Cucumber & Orange Salad 🐶	Cucumber & Orange Salad 🐶 (© Cucumber & Orange Salad 🐶 (Cucumber & Orange Salad 🐼	Tabbouleh Whole Wheat Pasta	Tabbouleh Whole Wheat Pasta Salad V	Tabbouleh Whole Wheat Pasta Salad V
	Macaroni Salad	Macaroni Salad	Macaroni Salad	Macaroni Salad	Macaroni Salad	Macaroni Salad	Macaroni Salad
	Wheat Berry & Tomato Basil Salad	Wheat Berry & Tomato Basil Salad	wat Berry & Tomato Basil Salad	Vheat Berry & Tomato Basil Salad	Nutty Brown Rice Salad 💔	Nutty Brown Rice Salad 🕔	Nutty Brown Rice Salad 🕠
	French Onion Dip	French Onion Dip	French Onion Dip	French Onion Dip	French Onion Dip	French Onion Dip	French Onion Dip
1 — h	Jamabalaya	Serbian White Bean Stew	Tom Ka Gai Soup	Tuscan Sausage Soup	Potato Soup	Soup Du Jour	Soup Du Jour 🚺
du Jour	African Peanut Soup 🕜	Corn Chowder	Corn Chowder 😗 🚺	Corn Chowder 🕠	Corn Chowder 🕠	Corn Chowder 🕜	Corn Chowder 🚺
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^{*} Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.