



# PittBradford

## Week 3 Dinner Menu



|  | Monday<br>25-Feb   | Tuesday<br>26-Feb   | Wednesday<br>27-Feb  | Thursday<br>28-Feb  | Friday<br>1-Mar   | Saturday<br>2-Mar  | Sunday<br>3-Mar  |
|--|--|---|--|---|---|--|--|
|  | <b>Noodle Bowl</b><br>Chicken, Tofu<br>Lo Mein Noodle, White Rice,<br>Chicken Ramen Broth<br>Ginger Broth, Baby Corn, Snow<br>Pea, Lime<br>Cabbage, Scallion, Radish<br>Cilantro, Pickled Ginger, Wasabi | <b>Salmon BLT</b><br>Salmon<br>White and Wheat Bread<br>Bacon<br>Lettuce, Tomato<br>Mayo                          | <b>Carnitas</b><br>Beef, Chicken<br>Limes<br>Pico De Gallo, Cheddar<br>Avocado<br>Plantains                  | <b>Fusion Meatball</b><br>Chimichurri<br>Sweet and Sour, Swedish Meatball<br>Sauce<br>Marinara<br>Cabbage, Shredded Carrots<br>Parmesan | <b>Carved Smoked Chicken</b><br>BBQ Sauce, Crispy Onion<br>Chipotle Mayo<br>Cheddar Cheese<br>Fresh Baked Rolls |  |  |
|  | Korean Marinated Pork<br>Mujadera<br>Steamed Carrots<br>Ginger Hoisin Bok Choy   | Beef Lombardi<br>Egg Noodles<br>Roasted Zucchini<br>Sugar Snap  | Bruschetta Chicken<br>Garlic Bread<br>Roasted Corn<br>Tri Colored Cauliflower                                | Pulled Pork with Peppers and<br>Onions<br>Mashed Sweet Potatoes<br>Sautéed Peas<br>Broccolini   | Lemon Dill Tilapia<br>Parsley Buttered New Potatoes<br>Roasted Yellow Squash<br>Braised Kale                    | Italian Braised Beef<br>Arroz Rojo<br>Corn on the Cob<br>Black Eyed Peas with Cumin                                  | Chicken Parmesan<br>Baked Penne Pasta<br>Mixed Vegetables<br>Garlic Breadsticks                            |
|  | Clam Chowder Pizza<br>Cheese Pizza<br>Pepperoni Pizza<br><br>MTO Pizza Station<br>GF Pizza Dough Available Daily   | Cheesy Garlic Bread<br>Cheese Pizza<br>Pepperoni Pizza<br><br>MTO Pizza Station<br>GF Pizza Dough Available Daily | Hawaiian Pizza<br>Cheese Pizza<br>Pepperoni Pizza<br><br>MTO Pizza Station<br>GF Pizza Dough Available Daily | Cheesy Garlic Bread<br>Cheese Pizza<br>Pepperoni Pizza<br><br>MTO Pizza Station<br>GF Pizza Dough Available Daily                       | BBQ Chicken Pizza<br>Cheese Pizza<br>Pepperoni Pizza<br><br>MTO Pizza Station<br>GF Pizza Dough Available Daily | Mac and Cheese Calzone<br>Cheese Pizza<br>Pepperoni Pizza<br><br>MTO Pizza Station<br>GF Pizza Dough Available Daily | Veggie Pizza<br>Cheese Pizza<br>Pepperoni Pizza<br><br>MTO Pizza Station<br>GF Pizza Dough Available Daily |
|  | GF African Stew<br>Bulgar  | Chickpea Meatloaf<br>Roasted Potatoes   | Cheesy Crustless Quich<br>Brown Rice   | Gluten Free Eggplant Casserole<br>Quinoa  | GF Falafel<br>Broccoli  |  |  |
|  | Soft Pretzels with Cheese<br>Black Bean Burger<br>Fresh Cut Fries  | Cajun Burger<br>BLT Quesadilla<br>Fresh Cut Fries   | Chicken Asada<br>Crab Ragoon Dip<br>Tater Tots   | Veggie Quesadilla<br>Buffalo Chicken Wrap<br>Fresh Cut Fries  | Chili Cheese Dog<br>Fried Fish<br>Fresh Cut Fries   | Teriyaki Burger<br>Fres Cut Freis  | Grilled Chicken<br>Tater Tots  |
|  | Black Bean and Corn<br>Potato Salad<br>Mediterranean Salad<br>Salsa with Tortilla Chips  | Black Bean and Corn<br>Potato Salad<br>Mediterranean Salad<br>Salsa with Tortilla Chips                           | Black Bean and Corn<br>Potato Salad<br>Mediterranean Salad<br>Salsa with Tortilla Chips                      | Black Bean and Corn<br>Potato Salad<br>Mediterranean Salad<br>Salsa with Tortilla Chips   | Black Bean and Corn<br>Potato Salad<br>Mediterranean Salad<br>Salsa with Tortilla Chips                         | Black Bean and Corn<br>Potato Salad<br>Mediterranean Salad<br>Salsa with Tortilla Chips                              | Black Bean and Corn<br>Potato Salad<br>Mediterranean Salad<br>Salsa with Tortilla Chips                    |
|  | Chicken and Rice Soup<br>Split Pea Soup  | Chicken and Rice Soup<br>Wisconsin Cheese Soup  | Chicken and Rice Soup<br>Tomato Basil Soup   | Chicken and Rice Soup<br>Vegan Black Bean Soup  | Chicken and Rice Soup<br>Vegetable Barley Soup  | Chicken and Rice Soup<br>Soup du Jour  | Chicken and Rice Soup<br>Soup du Jour  |

\* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.