## **Journal**

Introduction week: 21 – 25 Sep

# **Readings**

How to Build a New Habit

The Science of How Habit Works

**Identity Based Habits** 

On Being Present: Being There Even

When You Are Not

#### **Classes/Courses**

Communication Class (23/09)

Do y no tan do (24/09)

Learning How To Learn (Coursera),

start

Care for each other (24/09)

Opportunities pool (24/09)

**Getting Things Done Workshop** 

(25/09)

Client Intro Workshop (25/09)

Sweet talks (25/09)

#### **Videos**

The Power of Vulnerability - Brené

Brown

Apprenticeship Patterns Talk by Angel

Pimentel (start: 1:57:49)

Susan Cain: El poder de los

introvertidos

#### **Homeworks/Tasks**

**Communication Class homework** 

Future me

Takeways of the interviews

What I learned week essay

General Knowledge Quiz

Nearsoftians

## **Journal**

### Reset phase - Week 1: 27 - 2 Oct

### **Readings**

<u>How to Talk to Anyone - by Leil</u> Lowndes

What are the most profound life lessons from Stanford Professor John Ousterhout?

<u>Ideas are just a multiplier of execution</u>

Missing semester: The linux shell

X Workflow

Netowork protocols

#### **Classes/Courses**

Getting to know the Hub (28/09)

Opportunity Seagulls (29/09)

Lts & Wellbeing (30/09)

The art of Feedback (30/09)

OMs class (01/10)

Agile (02/09)

#### **Videos**

OSI Model Explained

Religion, evolution, and the ecstasy of self-transcendence

**Creative Thinking Hacks** 

**How Progress Really Happens** 

Peak: How to Master Anything

**Making Badass Developers** 

#### HomeWorks/Tasks

What I learned