

Clinical History: Substance Use Disorder

The patient presents with a documented history of substance use disorder spanning approximately 8 years, initially manifesting with recreational opioid use that progressively escalated to daily dependency. The addiction pattern included periods of polysubstance abuse involving prescription painkillers, alcohol, and intermittent stimulant use. Multiple attempts at self-directed cessation were unsuccessful, with the patient experiencing severe withdrawal symptoms including anxiety, insomnia, and physical discomfort. Previous treatment history includes two inpatient detoxification admissions and participation in outpatient counseling programs with varying degrees of compliance. The patient reports significant psychosocial consequences including strained family relationships, employment difficulties, and financial instability directly attributable to substance-seeking behaviors. Currently, the patient demonstrates insight into their condition and expresses motivation for comprehensive treatment and sustained recovery.