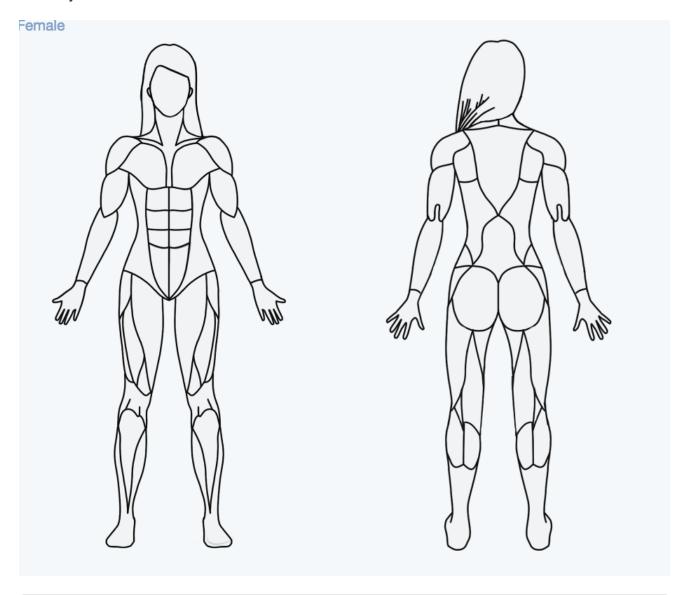
8/2/2016 Gyazo





MuscleWiki

https://musclewiki.org/Main_Page

https://gyazo.com/283e297dddb7db44eb6b2eeb0b2923d1