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Education

10/2024 – present	Ludwig-Maximilians-Universität München, Department of Psychology <ul style="list-style-type: none"><li>• Major: Psychological Methodology and Diagnostics</li><li>• Supervisor: Prof. Markus Bühner &amp; Dr. Yannik Terhorst</li><li>• Research Area: Mobile sensing in mental health</li></ul>
09/2021 - 06/2024	Shaanxi Normal University, School of Psychology <ul style="list-style-type: none"><li>• Major: Basic Psychology</li><li>• Supervisor: Prof. Feng Kong</li><li>• Research Area: Influences of early adversities on social development</li><li>• GPA: 3.78 / 4.0 (89.2 / 100)</li></ul>
09/2017 - 06/2021	Wuhan University, School of Information Management <ul style="list-style-type: none"><li>• Major: Electronic Commerce</li><li>• Tutor: Prof. Zhongyi Hu</li><li>• Research Area: Social media behavior in well-being prediction</li><li>• GPA: 3.49 / 4.0 (85.6 / 100)</li></ul>

Publications

1. **Zhu, N. \***, Garatva, P., Terhorst, Y.\*(2025). The relation between passively collected data and PTSD: A systematic review and meta-analysis. <https://osf.io/w2urq>
2. Yu, X., Zhao, J., & **Zhu, N. \*** (2025). The more resilient students are, the sooner they recover from examination stress: A daily diary study. *Applied Psychology: Health and Well-Being*. <https://doi.org/10.1111/aphw.70025>
3. Wang, Q., **Zhu, N. \***, Guo, T., & Kong, F.\* (2025). Self-esteem mediates the link between subjective family socioeconomic status and daily depressed mood during emerging adulthood: A daily diary study. *Applied Psychology: Health and Well-Being*. <https://doi.org/10.1111/aphw.70046>
4. Ren, A., Liu, Y., Guo, T., **Zhu, N.**, & Kong, F.\* (2025). Childhood emotional maltreatment and emotional intelligence in adolescents: The mediating role of mindfulness, *Child Abuse & Neglect*. <https://doi.org/10.1016/j.chiabu.2024.107158>
5. Ren, A., **Zhu, N.**, Liu, Y., & Kong, F. \* (2024). Longitudinal Association Between Childhood Emotional Maltreatment and Gratitude in Chinese Adolescents: The Mediating Role of Parent-Child Attachment. *Journal of Youth & Adolescence*. <https://doi.org/10.1007/s10964-024-02118-z>

6. Ye, Y., **Zhu, N.**, Zhao, J., Yang, X., Wang, Q., & Kong, F. \* (2024). Childhood emotional maltreatment predicts social well-being beyond individual well-being: a daily diary study. *Journal of Positive Psychology*. <https://doi.org/10.1080/17439760.2024.2427582>
7. **Zhu, N.**, Li, C., Ye, Y., Zhang, L., & Kong, F. \* (2024). Longitudinal effect of gratitude on prosocial behavior: evidence from the bi-factor model of gratitude. *Journal of Happiness Studies*. <https://doi.org/10.1007/s10902-024-00731-0>
8. **Zhu, N.**, Ye, Y., Li, C., Wang, R., & Kong, F. \* (2023). Childhood maltreatment and gratitude: A multilevel, meta-analytic review. *Trauma, Violence, & Abuse*. <https://doi.org/10.1177/15248380231185305>
9. Kong, F. \*, **Zhu, N.**, Ye, Y., Li, C., Zhang, L., & Li, W. (2023). Childhood emotional but not physical or sexual maltreatment predicts prosocial behavior in late adolescence: A daily diary study. *Child Abuse & Neglect*, 139, 106123. <https://doi.org/10.1016/j.chiabu.2023.106123>
10. Li, C., Wang, R., **Zhu, N.**, & Kong, F. \* (2023). Childhood maltreatment and depressed mood in college students: A daily diary analysis. *Child Abuse & Neglect*. <https://doi.org/10.1016/j.chiabu.2023.106611>
11. Tan, Q., **Zhu, N.**, Zhang, L., & Kong, F. \* (2023). Disentangling the relations between self-esteem and subjective well-being in emerging adults: A two-wave longitudinal study. *Journal of Happiness Studies*. <https://doi.org/10.1007/s10902-023-00675-x>
12. Li, C., **Zhu, N.**, Zhang, L., Li, W., & Kong, F. \* (2023). The relation between childhood maltreatment and hedonic and eudaimonic well-being in emerging adults: A daily diary study. *Child Abuse & Neglect*, 138, 106057. <https://doi.org/10.1016/j.chiabu.2023.106057>
13. Zhang, L.<sup>1</sup>, **Zhu, N.**<sup>1</sup>, Li, W., Li, C., & Kong, F. \* (2022). Cognitive-affective structure of gratitude and its relationships with subjective well-being. *Personality and Individual Differences*, 196, 111758. <https://doi.org/10.1016/j.paid.2022.111758>
14. Li, W., Zhang, L., Li, C., **Zhu, N.**, Zhao, J., & Kong, F. \* (2022). Pursuing Pleasure or Meaning: A Cross-Lagged Analysis of Happiness Motives and Well-being in Adolescents. *Journal of Happiness Studies*, 23(8), 3981–3999. <https://doi.org/10.1007/s10902-022-00576-5>
15. Fan, D., Li, C., **Zhu, N.**, Wang, T., & Kong, F. \* (2022). Trait resilience and subjective well-being in emerging adulthood: A two-wave longitudinal study. *Current Psychology*. <https://doi.org/10.1007/s12144-022-03727-2>

## Research Experience

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| 10/2024 – Present | <p>Under the supervision of Professor, Dr. Markus Bühner and Dr. Yannik Terhorst, LMU München.</p> <ul style="list-style-type: none"> <li>• Programing for feature extractions in <a href="#">PhoneStudy</a> project</li> <li>• Conducting reviews on the usage of mobile sensing in mental health</li> </ul>        |
| 09/2021 – 06/2024 | <p>Under the supervision of Associate Professor, Dr. Feng Kong, Shaanxi Normal University</p> <ul style="list-style-type: none"> <li>• Examining the mental and behavioral outcomes of childhood adverse experiences</li> <li>• Investigating the development of social emotions and behavior</li> </ul>             |
| 12/2022 - 03/2023 | <p>Leading a project called “Text Analysis of Microblog on Social Governance Policies”</p> <ul style="list-style-type: none"> <li>• Examining the public attitudes and emotional responses to quarantine policies of Covid-19</li> </ul>   |
| 09/2020 - 06/2021 | <p>With the guidance of Professor, Dr. Ziming Zeng, and Associate Professor, Dr. Zhongyi Hu, Wuhan University</p> <ul style="list-style-type: none"> <li>• Examining social media behavior and its relation with well-being</li> <li>• Searching, categorizing and selecting literature</li> </ul>                   |
| 12/2019 - 2/2020  | <p>With the guidance of Associate Professor, Dr. Lin Wang, Wuhan University</p> <ul style="list-style-type: none"> <li>• Developing educational administration system for School of Information Management</li> <li>• Completing the functions of information flow, and title evaluation algorithm design</li> </ul> |

## Extra-curricular Activities

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| 10/2022 - 11/2022 | <p>Participant – Program for the Cultivation of High-level Internationalized Talents</p> <ul style="list-style-type: none"> <li>• Finishing the course “Big data and public health management” taught by Prof. Ramezani</li> </ul>  |
| 01/2020 - 01/2021 | <p>Research Assistant – Lab of Information Management, Wuhan University</p> <ul style="list-style-type: none"> <li>• Equipment management, Web design, Operational manual writing</li> </ul>  |
| 10/2018 - 09/2019 | <p>Founder and Leader – SIM Drama Club of Wuhan University</p> <ul style="list-style-type: none"> <li>• Founding and leading over 30 members taking part in drama performances</li> </ul>   |
| 09/2017 - 03/2018 | <p>Member – Student Union Publicity Department, School of Information Management, Wuhan University</p> <ul style="list-style-type: none"> <li>• Creating promotional videos of various campus activities, among which the end video has been adopted and used by the department for years.</li> </ul> |

Certificates and Honors

10/2024 – 09/2028	Founded by China Scholarship Council Program (Project ID: 202406870011)
10/2023	¥20,000 National Scholarship for Graduate Students, China
05/2023	Second Prize, National English Contest for College Student, China
03/2023	Second Prize, "Challenge Cup" National College Student Curricular Academic Science and Technology Works Competition, Shaanxi Normal University
03/2023	Honorable Mention, English Speech Contest, Shaanxi Normal University
12/2022	¥8,000 Second Prize, Graduate Jixue (Academic) Scholarship, Shaanxi Normal University
05/2022	Second Prize, National English Contest for College Student, China
12/2021	¥4,000 Third Prize, Graduate Jixue (Academic) Scholarship, Shaanxi Normal University
07/2020	Honorable Mention, Midwest Translation Competition, China
11/2019	Third place, Autumn melodrama individual competition, Wuhan University.
05/2018	Outstanding student leader, School of Information Management, Wuhan University

Specialized Skills

Statistical Analysis and Software

- Expertise in multilevel analysis in Mplus
- Expertise in meta-analysis and cross-lagged panel analysis in R
- Expertise in data crawling, cleaning, and analysis with Python
- Expertise in doing natural language processing and machine learning with Python
- Practiced in storing and processing data with sql and Java
- Practiced in data visualization using Tableau
- Experienced in training Large Language Model

Languages

- English: TOEFL 103
- Chinese (Mandarin): Native Speaker

Others

- Web design with JavaScript in Dreamweaver
- Software engineering with Vue, spring boot, and miniApp of WeChat
- Video and picture processing with Adobe Premiere, Adobe Effects, and Photo Shop