# Ningzhe Zhu

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### **Education**

09/2021 - 06/2024 (Prospective) Shaanxi Normal University, School of Psychology

Major: Basic Psychology

• Supervisor: Prof. Feng Kong

• Research Area: Developmental social psychology

• GPA: 3.78 / 4.0 (89.2 / 100)

09/2017 - 06/2021

Wuhan University, School of Information Management

• Major: Electronic Commerce

• Tutor: Prof. Zhongyi Hu

• Research Area: Behavior on social media

• GPA: 3.47 / 4.0 (85.6 / 100)

## **Publications**

\*All publications can be downloaded from my website: www.ningzhezhu.me

#### Published:

- 1. **Zhu, N.**, Ye, Y., Li, C., Wang, R., & Kong, F. (2023). Childhood maltreatment and gratitude: A multilevel, meta-analytic review. *Trauma, Violence, & Abuse*. <a href="https://doi.org/10.1177/15248380231185305">https://doi.org/10.1177/15248380231185305</a> [SSCI, JCR Q1, IF (5 years, 2022) = 7.40]
- 2. Kong, F. (Supervisor), **Zhu, N.**, Ye, Y., Li, C., Zhang, L., & Li, W. (2023). Childhood emotional but not physical or sexual maltreatment predicts prosocial behavior in late adolescence: A daily diary study. *Child Abuse & Neglect, 139*, 106123. https://doi.org/10.1016/j.chiabu.2023.106123 [SSCI, JCR Q1, IF (5 years, 2022) = 5.40]
- 3. Tan, Q., **Zhu, N.**, Zhang, L., & Kong, F. (2023). Disentangling the relations between self-esteem and subjective well-being in emerging adults: A two-wave longitudinal study. *Journal of Happiness Studies*. https://doi.org/10.1007/s10902-023-00675-x [SSCI, JCR Q1, IF (5 years, 2022) = 4.90]
- 4. Li, C., **Zhu, N.**, Zhang, L., Li, W., & Kong, F. (2023). The relation between childhood maltreatment and hedonic and eudaimonic well-being in emerging adults: A daily diary study. *Child Abuse & Neglect, 138*, 106057. <a href="https://doi.org/10.1016/j.chiabu.2023.106057">https://doi.org/10.1016/j.chiabu.2023.106057</a> [SSCI, JCR Q1, IF (5 years, 2022) = 5.40]
- 5. Zhang, L.¹, **Zhu, N.¹**, Li, W., Li, C., & Kong, F. (2022). *C*ognitive-affective structure of gratitude and its relationships with subjective well-being. *Personality and Individual Differences*, 196, 111758. <a href="https://doi.org/10.1016/j.paid.2022.111758">https://doi.org/10.1016/j.paid.2022.111758</a> [SSCI, JCR Q3, IF (5 years, 2022) = 4.10]

- 6. Li, W., Zhang, L., Li, C., **Zhu, N.**, Zhao, J., & Kong, F. (2022). Pursuing Pleasure or Meaning: A Cross-Lagged Analysis of Happiness Motives and Well-being in Adolescents. Journal of Happiness Studies, 23(8), 3981–3999. https://doi.org/10.1007/s10902-022-00576-5 [SSCI, JCR Q1, IF  $_{(5 \text{ years}, 2022)}$  = 4.90]
- 7. Fan, D., Li, C., **Zhu, N.**, Wang, T., & Kong, F. (2022). Trait resilience and subjective well-being in emerging adulthood: A two-wave longitudinal study. Current Psychology. https://doi.org/10.1007/s12144-022-03727-2 [SSCI, JCR Q3, IF (5 years. 2022) = 2.80

#### Under review:

- 8. **Zhu, N.**, Li, C., Zhang, L., & Kong, F. (Revise and Resubmit). Longitudinal effect of gratitude on prosocial behavior: evidence from the bi-factor model of gratitude. *Journal of Happiness Studies*.
- 9. **Zhu, N.**, Ye, Y., Li, C., Wang, R., & Kong, F. (Under review). Unpacking the link between child maltreatment and prosocial behavior: A multilevel, meta-analytic review. *Psychological Bulletin*.
- 10. Ye, Y., Zhu, N., Zhao, J., & Kong, F. (Under review). Associations of childhood emotional, physical and sexual maltreatment with social well-being: A daily diary investigation of university students. Psychological Trauma: Theory, Research, Practice, and Policy.
- 11. Li, C., Wang, R., Zhu, N., & Kong, F. (Revise and Resubmit). Childhood maltreatment and depressed mood in college students: A daily diary analysis. Child Abuse & Neglect.
- 12. Wang, R., Li, C., Guo, T., Zhong, K., Zhu, N., & Kong, F. (Under review). Associations of positive childhood experiences with hedonic and eudaimonic well-being in young adults. *Journal of Positive Psychology*.
- 13. Wang, Q., Zhu, N., & Kong, F. (Under review). The relationship between subjective socioeconomic status and subjective well-being in adolescents: Evidence from a bi-factor model. *Journal of Youth and Adolescence*.
- 14. Guo, T., Zhong, K., Zhu, N., Li, C., & Kong, F. (Submitted). Childhood emotional maltreatment rather than physical maltreatment predicts daily pro-environmental behaviors in college students. *Journal of Cleaner Production*
- 15. Zhong, K., Guo, T., **Zhu, N.**, Wang, R., & Kong, F. (Submitted). Are resilient people happier? The longitudinal relationship between resilience and happiness. Acta Psychologica Sinica

#### In Preparation:

Zhu, N. & Kong, F. (In preparation). Neural mechanisms underlying the link between child maltreatment and prosocial behavior.

# **Research Experience**

09/2021 - Present

Under the supervision of Associate Professor, Dr. Feng Kong, Shaanxi Normal University

- Examining the mental outcomes of childhood adverse experiences
- Investigating the development of social emotions and prosocial behavior

12/2022 - 03/2023

With the guidance of Associate Professor, Dr. Feng Kong, Shaanxi Normal University

- Leading a project called "Text Analysis of Microblog on Social Governance Policies"
- Examining the public attitudes and emotional responses to quarantine policies of Covid-19

09/2020 - 06/2021

With the guidance of Professor, Dr. Ziming Zeng, and Associate Professor, Dr. Zhongyi Hu, Wuhan University

- Examining social media behavior and its relation with well-being
- Searching, categorizing and selecting literature

12/2019 - 2/2020

With the guidance of Associate Professor, Dr. Lin Wang, Wuhan University

- Developing educational administration system for School of Information Management
- Completing the functions of information flow, and title evaluation algorithm design

## **Extra-curricular Activities**

10/2022 - 11/2022

Participant - Program for the Cultivation of High-level Internationalized Talents

• Finishing the course "Big data and public health management" taught by Prof. Ramezani

01/2020 - 01/2021

Research Assistant – Lab of Information Management, Wuhan University

- Equipment management
- Web design for the lab
- Operational manual writing, including eye tracker, motion capture and virtual reality device

10/2018 - 09/2019

Founder and Leader - SIM Drama Club of Wuhan University

- Founding and leading over 30 members taking part in drama performances
- Being the director and actor in multiple plays like "Romeo and Juliet", "Tartuffe"

09/2017 - 03/2018

Member – Student Union Publicity Department, School of Information Management, Wuhan University

• Creating promotional videos of various campus activities, among which the end video has been adopted and used by the department for years.

# **Certificates and Honors**

10/2023	¥20,000 National Scholarship for Graduate Students
05/2023	Second Prize, National English Contest for College Student, China
03/2023	Second Prize, "Challenge Cup" National College Student Curricular Academic
	Science and Technology Works Competition, China
03/2023	Honorable Mention, English Speech Contest, Shaanxi Normal University
12/2022	¥8,000 Second Prize, Graduate Jixue (Academic) Scholarship, Shaanxi Normal University
05/2022	Second Prize, National English Contest for College Student, China
12/2021	¥4,000 Third Prize, Graduate Jixue (Academic) Scholarship, Shaanxi Normal University
07/2020	Honorable Mention, Midwest Translation Competition, China
11/2019	Third place, Autumn melodrama individual competition, Wuhan University.
05/2018	Outstanding student leader, School of Information Management, Wuhan University

# **Specialized Skills**

Statistical Analysis and Software

- Expertise in multilevel analysis in Mplus
- Expertise in meta-analysis and cross-lagged panel analysis in R
- Expertise in processing EEG and fMRI data in MATLAB
- Expertise in data crawling, cleaning, and analysis with Python
- Expertise in doing natural language processing and machine learning with Python
- Expertise in storing and processing data with sql and Java
- Expertise in data visualization using Tableau.

### Languages

• English: TOEFL 103

• Chinese: Native Speaker

#### Others

- Web design with JavaScript in Dreamweaver
- Server deployment on GitHub and server machine
- Software engineering with Vue, spring boot, and miniApp of WeChat
- Video and picture processing with Adobe Premiere, Adobe Effects, and Photo Shop