

## Ningzhe Zhu

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### Education

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- 10/2024 - 07/2028<sub>(expected)</sub> Ludwig-Maximilians-Universität München, Faculty of Psychology and Educational Sciences
- Major: Psychological Methodology and Diagnostics
  - Supervisor: Prof. Markus Bühner
  - Research Area: Mobile sensing in psychological diagnostics
- 09/2021 - 06/2024 Shaanxi Normal University, School of Psychology
- Major: Basic Psychology
  - Supervisor: Prof. Feng Kong
  - Research Area: Influences of early adversities on social development
  - GPA: 3.78 / 4.0 (89.2 / 100)
- 09/2017 - 06/2021 Wuhan University, School of Information Management
- Major: Electronic Commerce
  - Tutor: Prof. Zhongyi Hu
  - Research Area: Social media behavior in well-being prediction
  - GPA: 3.49 / 4.0 (85.6 / 100)

### Publications

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Published:

1. **Zhu, N.**, Li, C., Ye, Y., Zhang, L., & Kong, F. (2024). Longitudinal effect of gratitude on prosocial behavior: evidence from the bi-factor model of gratitude. *Journal of Happiness Studies*. <https://doi.org/10.1007/s10902-024-00731-0> [SSCI, JCR Q1, IF <sub>(5 years, 2022)</sub> = 4.90]
2. **Zhu, N.**, Ye, Y., Li, C., Wang, R., & Kong, F. (2023). Childhood maltreatment and gratitude: A multilevel, meta-analytic review. *Trauma, Violence, & Abuse*. <https://doi.org/10.1177/15248380231185305> [SSCI, JCR Q1, IF <sub>(5 years, 2022)</sub> = 7.40]
3. Kong, F.\*, **Zhu, N.**, Ye, Y., Li, C., Zhang, L., & Li, W. (2023). Childhood emotional but not physical or sexual maltreatment predicts prosocial behavior in late adolescence: A daily diary study. *Child Abuse & Neglect*, 139, 106123. <https://doi.org/10.1016/j.chiabu.2023.106123> [SSCI, JCR Q1, IF <sub>(5 years, 2022)</sub> = 5.40]
4. Li, C., Wang, R., **Zhu, N.**, & Kong, F. (2023). Childhood maltreatment and depressed mood in college students: A daily diary analysis. *Child Abuse & Neglect*. <https://doi.org/10.1016/j.chiabu.2023.106611> [SSCI, JCR Q1, IF <sub>(5 years, 2022)</sub> = 5.40]

= 5.40]

5. Tan, Q., **Zhu, N.**, Zhang, L., & Kong, F. (2023). Disentangling the relations between self-esteem and subjective well-being in emerging adults: A two-wave longitudinal study. *Journal of Happiness Studies*. <https://doi.org/10.1007/s10902-023-00675-x> [SSCI, JCR Q1, IF (5 years, 2022) = 4.90]
6. Li, C., **Zhu, N.**, Zhang, L., Li, W., & Kong, F. (2023). The relation between childhood maltreatment and hedonic and eudaimonic well-being in emerging adults: A daily diary study. *Child Abuse & Neglect*, 138, 106057. <https://doi.org/10.1016/j.chiabu.2023.106057> [SSCI, JCR Q1, IF (5 years, 2022) = 5.40]
7. Zhang, L.<sup>1</sup>, **Zhu, N.**<sup>1</sup>, Li, W., Li, C., & Kong, F. (2022). Cognitive-affective structure of gratitude and its relationships with subjective well-being. *Personality and Individual Differences*, 196, 111758. <https://doi.org/10.1016/j.paid.2022.111758> [SSCI, JCR Q3, IF (5 years, 2022) = 4.10]
8. Li, W., Zhang, L., Li, C., **Zhu, N.**, Zhao, J., & Kong, F. (2022). Pursuing Pleasure or Meaning: A Cross-Lagged Analysis of Happiness Motives and Well-being in Adolescents. *Journal of Happiness Studies*, 23(8), 3981–3999. <https://doi.org/10.1007/s10902-022-00576-5> [SSCI, JCR Q1, IF (5 years, 2022) = 4.90]
9. Fan, D., Li, C., **Zhu, N.**, Wang, T., & Kong, F. (2022). Trait resilience and subjective well-being in emerging adulthood: A two-wave longitudinal study. *Current Psychology*. <https://doi.org/10.1007/s12144-022-03727-2> [SSCI, JCR Q3, IF (5 years, 2022) = 2.80]

Note: \* Supervisor as first author; <sup>1</sup>Co-first author.

#### Under review:

10. **Zhu, N.**, Ye, Y., Li, C., Wang, R., & Kong, F. (Under second review). Unpacking the link between child maltreatment and prosocial behavior: A multilevel, meta-analytic review. *Psychological Bulletin*.
11. Ye, Y., **Zhu, N.**, Zhao, J., & Kong, F. (Under review). Associations of childhood emotional, physical and sexual maltreatment with social well-being: A daily diary investigation of university students. *Journal of Youth and Adolescence*.
12. Wang, Q., **Zhu, N.**, & Kong, F. (Under review). Subjective socioeconomic status and daily depressed mood during emerging adulthood: the mediating role of daily self-esteem. *Journal of Affective Disorders*.
13. Wang, R., Li, C., Guo, T., Zhong, K., **Zhu, N.**, & Kong, F. (Under review). Associations of positive childhood experiences with hedonic and eudaimonic well-being in young adults. *Journal of Happiness Studies*.
14. Ren, A., Wang, Y., **Zhu, N.**, & Kong, F. (Under review). Childhood emotional maltreatment and emotional intelligence in adolescents: the mediating role of mindfulness. *Child Abuse & Neglect*.

## Research Experience

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| 09/2021 - Present | Under the supervision of Associate Professor, Dr. Feng Kong, Shaanxi Normal University <ul style="list-style-type: none"> <li>• Examining the mental and behavioral outcomes of childhood adverse experiences</li> <li>• Investigating the development of social emotions and behavior</li> </ul>             |
| 12/2022 - 03/2023 | Leading a project called “Text Analysis of Microblog on Social Governance Policies” <ul style="list-style-type: none"> <li>• Examining the public attitudes and emotional responses to quarantine policies of Covid-19</li> </ul>   |
| 09/2020 - 06/2021 | With the guidance of Professor, Dr. Ziming Zeng, and Associate Professor, Dr. Zhongyi Hu, Wuhan University <ul style="list-style-type: none"> <li>• Examining social media behavior and its relation with well-being</li> <li>• Searching, categorizing and selecting literature</li> </ul>                   |
| 12/2019 - 2/2020  | With the guidance of Associate Professor, Dr. Lin Wang, Wuhan University <ul style="list-style-type: none"> <li>• Developing educational administration system for School of Information Management</li> <li>• Completing the functions of information flow, and title evaluation algorithm design</li> </ul> |

## Extra-curricular Activities

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| 10/2022 - 11/2022 | Participant – Program for the Cultivation of High-level Internationalized Talents <ul style="list-style-type: none"> <li>• Finishing the course “Big data and public health management” taught by Prof. Ramezani</li> </ul>  |
| 01/2020 - 01/2021 | Research Assistant – Lab of Information Management, Wuhan University <ul style="list-style-type: none"> <li>• Equipment management, Web design</li> <li>• Operational manual writing, including eye tracker, motion capture and virtual reality device</li> </ul>                              |
| 10/2018 - 09/2019 | Founder and Leader – SIM Drama Club of Wuhan University <ul style="list-style-type: none"> <li>• Founding and leading over 30 members taking part in drama performances</li> <li>• Being the director and actor in multiple plays like “Romeo and Juliet”, “Tartuffe”</li> </ul>               |
| 09/2017 - 03/2018 | Member – Student Union Publicity Department, School of Information Management, Wuhan University <ul style="list-style-type: none"> <li>• Creating promotional videos of various campus activities, among which the end video has been adopted and used by the department for years.</li> </ul> |

## Certificates and Honors

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10/2023	¥20,000	National Scholarship for Graduate Students, China
05/2023		Second Prize, National English Contest for College Student, China
03/2023		Second Prize, "Challenge Cup" National College Student Curricular Academic Science and Technology Works Competition, Shaanxi Normal University
03/2023		Honorable Mention, English Speech Contest, Shaanxi Normal University
12/2022	¥8,000	Second Prize, Graduate Jixue (Academic) Scholarship, Shaanxi Normal University
05/2022		Second Prize, National English Contest for College Student, China
12/2021	¥4,000	Third Prize, Graduate Jixue (Academic) Scholarship, Shaanxi Normal University
07/2020		Honorable Mention, Midwest Translation Competition, China
11/2019		Third place, Autumn melodrama individual competition, Wuhan University.
05/2018		Outstanding student leader, School of Information Management, Wuhan University

## Specialized Skills

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### Statistical Analysis and Software

- Expertise in multilevel analysis in Mplus
- Expertise in meta-analysis and cross-lagged panel analysis in R
- Expertise in data crawling, cleaning, and analysis with Python
- Expertise in doing natural language processing and machine learning with Python
- Practiced in storing and processing data with sql and Java
- Practiced in data visualization using Tableau
- Experienced in training Large Language Model

### Languages

- English: TOEFL 103
- Chinese (Mandarin): Native Speaker

### Others

- Web design with JavaScript in Dreamweaver
- Server deployment on GitHub and online server
- Software engineering with Vue, spring boot, and miniApp of WeChat
- Video and picture processing with Adobe Premiere, Adobe Effects, and Photo Shop