

Ningzhe Zhu

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Education

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| 09/2021 - 06/2024 <small>(Prospective)</small> | Shaanxi Normal University, School of Psychology <ul style="list-style-type: none"> • Major: Basic Psychology • Supervisor: Prof. Feng Kong • Research Area: Developmental social psychology • GPA: 3.78 / 4.0 (89.2 / 100) |
| 09/2017 - 06/2021 | Wuhan University, School of Information Management <ul style="list-style-type: none"> • Major: Electronic Commerce • Tutor: Prof. Zhongyi Hu • Research Area: Behavior on social media • GPA: 3.49 / 4.0 (85.6 / 100) |

Publications

*All publications can be downloaded from my website: www.ningzhezhu.me

Published:

1. **Zhu, N.**, Li, C., Ye, Y., Zhang, L., & Kong, F. (2024). Longitudinal effect of gratitude on prosocial behavior: evidence from the bi-factor model of gratitude. *Journal of Happiness Studies*. <https://doi.org/10.1007/s10902-024-00731-0> [SSCI, JCR Q1, IF (5 years, 2022) = 4.90]
2. **Zhu, N.**, Ye, Y., Li, C., Wang, R., & Kong, F. (2023). Childhood maltreatment and gratitude: A multilevel, meta-analytic review. *Trauma, Violence, & Abuse*. <https://doi.org/10.1177/15248380231185305> [SSCI, JCR Q1, IF (5 years, 2022) = 7.40]
3. Kong, F., **Zhu, N.**, Ye, Y., Li, C., Zhang, L., & Li, W. (2023). Childhood emotional but not physical or sexual maltreatment predicts prosocial behavior in late adolescence: A daily diary study. *Child Abuse & Neglect*, 139, 106123. <https://doi.org/10.1016/j.chiabu.2023.106123> [SSCI, JCR Q1, IF (5 years, 2022) = 5.40]
4. Li, C., Wang, R., **Zhu, N.**, & Kong, F. (2023). Childhood maltreatment and depressed mood in college students: A daily diary analysis. *Child Abuse & Neglect*. <https://doi.org/10.1016/j.chiabu.2023.10661> [SSCI, JCR Q1, IF (5 years, 2022) = 5.40]
5. Tan, Q., **Zhu, N.**, Zhang, L., & Kong, F. (2023). Disentangling the relations between self-esteem and subjective well-being in emerging adults: A two-wave longitudinal study. *Journal of Happiness Studies*. <https://doi.org/10.1007/s10902-023-00675-x> [SSCI, JCR Q1, IF (5 years, 2022) = 4.90]

6. Li, C., **Zhu, N.**, Zhang, L., Li, W., & Kong, F. (2023). The relation between childhood maltreatment and hedonic and eudaimonic well-being in emerging adults: A daily diary study. *Child Abuse & Neglect*, 138, 106057. <https://doi.org/10.1016/j.chiabu.2023.106057> [SSCI, JCR Q1, IF (5 years, 2022) = 5.40]
7. Zhang, L.¹, **Zhu, N.**¹, Li, W., Li, C., & Kong, F. (2022). Cognitive-affective structure of gratitude and its relationships with subjective well-being. *Personality and Individual Differences*, 196, 111758. <https://doi.org/10.1016/j.paid.2022.111758> [SSCI, JCR Q3, IF (5 years, 2022) = 4.10]
8. Li, W., Zhang, L., Li, C., **Zhu, N.**, Zhao, J., & Kong, F. (2022). Pursuing Pleasure or Meaning: A Cross-Lagged Analysis of Happiness Motives and Well-being in Adolescents. *Journal of Happiness Studies*, 23(8), 3981–3999. <https://doi.org/10.1007/s10902-022-00576-5> [SSCI, JCR Q1, IF (5 years, 2022) = 4.90]
9. Fan, D., Li, C., **Zhu, N.**, Wang, T., & Kong, F. (2022). Trait resilience and subjective well-being in emerging adulthood: A two-wave longitudinal study. *Current Psychology*. <https://doi.org/10.1007/s12144-022-03727-2> [SSCI, JCR Q3, IF (5 years, 2022) = 2.80]

Under review:

10. **Zhu, N.**, Ye, Y., Li, C., Wang, R., & Kong, F. (Major revision). Unpacking the link between child maltreatment and prosocial behavior: A multilevel, meta-analytic review. *Psychological Bulletin*.
11. Ye, Y., **Zhu, N.**, Zhao, J., & Kong, F. (Under review). Associations of childhood emotional, physical and sexual maltreatment with social well-being: A daily diary investigation of university students. *Psychological Trauma: Theory, Research, Practice, and Policy*.
12. Wang, Q., **Zhu, N.**, & Kong, F. (Under review). Subjective socioeconomic status and daily depressed mood during emerging adulthood: the mediating role of daily self-esteem *Journal of Youth and Adolescence*.
13. Wang, R., Li, C., Guo, T., Zhong, K., **Zhu, N.**, & Kong, F. (Under review). Associations of positive childhood experiences with hedonic and eudaimonic well-being in young adults. *Journal of Positive Psychology*.
14. Guo, T., Zhong, K., **Zhu, N.**, Li, C., & Kong, F. (Submitted). Childhood emotional maltreatment rather than physical maltreatment predicts daily pro-environmental behaviors in college students. *Journal of Cleaner Production*
15. Zhong, K., Guo, T., **Zhu, N.**, Wang, R., & Kong, F. (Under review). Are resilient people happier? The longitudinal relationship between resilience and happiness. *Acta Psychologica Sinica*

Research Experience

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| 09/2021 - Present | Under the supervision of Associate Professor, Dr. Feng Kong, Shaanxi Normal University <ul style="list-style-type: none"> • Examining the mental outcomes of childhood adverse experiences • Investigating the development of social emotions and prosocial behavior |
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- 12/2022 - 03/2023 With the guidance of Associate Professor, Dr. Feng Kong, Shaanxi Normal University
- Leading a project called “Text Analysis of Microblog on Social Governance Policies”
 - Examining the public attitudes and emotional responses to quarantine policies of Covid-19
- 09/2020 - 06/2021 With the guidance of Professor, Dr. Ziming Zeng, and Associate Professor, Dr. Zhongyi Hu, Wuhan University
- Examining social media behavior and its relation with well-being
 - Searching, categorizing and selecting literature
- 12/2019 - 2/2020 With the guidance of Associate Professor, Dr. Lin Wang, Wuhan University
- Developing educational administration system for School of Information Management
 - Completing the functions of information flow, and title evaluation algorithm design

Extra-curricular Activities

- 10/2022 - 11/2022 Participant – Program for the Cultivation of High-level Internationalized Talents
- Finishing the course “Big data and public health management” taught by Prof. Ramezani
- 01/2020 - 01/2021 Research Assistant – Lab of Information Management, Wuhan University
- Equipment management
 - Web design for the lab
 - Operational manual writing, including eye tracker, motion capture and virtual reality device
- 10/2018 - 09/2019 Founder and Leader – SIM Drama Club of Wuhan University
- Founding and leading over 30 members taking part in drama performances
 - Being the director and actor in multiple plays like “Romeo and Juliet”, “Tartuffe”
- 09/2017 - 03/2018 Member – Student Union Publicity Department, School of Information Management, Wuhan University
- Creating promotional videos of various campus activities, among which the end video has been adopted and used by the department for years.

Certificates and Honors

10/2023	¥20,000	National Scholarship for Graduate Students, China
05/2023		Second Prize, National English Contest for College Student, China
03/2023		Second Prize, "Challenge Cup" National College Student Curricular Academic Science and Technology Works Competition, China
03/2023		Honorable Mention, English Speech Contest, Shaanxi Normal University
12/2022	¥8,000	Second Prize, Graduate Jixue (Academic) Scholarship, Shaanxi Normal University
05/2022		Second Prize, National English Contest for College Student, China
12/2021	¥4,000	Third Prize, Graduate Jixue (Academic) Scholarship, Shaanxi Normal University
07/2020		Honorable Mention, Midwest Translation Competition, China
11/2019		Third place, Autumn melodrama individual competition, Wuhan University.
05/2018		Outstanding student leader, School of Information Management, Wuhan University

Specialized Skills

Statistical Analysis and Software

- Expertise in multilevel analysis in Mplus
- Expertise in meta-analysis and cross-lagged panel analysis in R
- Expertise in processing EEG and fMRI data in MATLAB
- Expertise in data crawling, cleaning, and analysis with Python
- Expertise in doing natural language processing and machine learning with Python
- Expertise in storing and processing data with sql and Java
- Expertise in data visualization using Tableau.

Languages

- English: TOEFL 103
- Chinese: Native Speaker

Others

- Web design with JavaScript in Dreamweaver
- Server deployment on GitHub and server machine
- Software engineering with Vue, spring boot, and miniApp of WeChat
- Video and picture processing with Adobe Premiere, Adobe Effects, and Photo Shop