

# Ningzhe Zhu

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## Education

09/2021 – 06/2024 (Prospective) Shaanxi Normal University School of Psychology

- Major: Basic Psychology
- Supervisor: Prof. Feng Kong
- Research Area: Positive psychology
- GPA: 3.56 / 4.0 (86 / 100)

09/2017 - 06/2021 Wuhan University School of Information Management

- Major: Electronic Commerce
- Supervisor: Prof. Zhongyi Hu
- Research Area: Behavior on social media
- GPA: 3.47 / 4.0 (85.62 / 100)

## Publications

First Author or Co-first Author:

1. **Zhu, N.**, Ye, Y., Li, C., Wang, R., & Kong, F. (2023). Childhood maltreatment and gratitude: A multilevel, meta-analytic review. *Trauma, Violence, & Abuse*. <https://doi.org/10.1177/15248380231185305> [SCIE, JCR Q1, Scopus Q1, IF (5 years, 2021) = 8.29]
2. Kong, F. (Supervisor), **Zhu, N.**, Ye, Y., Li, C., Zhang, L., & Li, W. (2023). Childhood emotional but not physical or sexual maltreatment predicts prosocial behavior in late adolescence: A daily diary study. *Child Abuse & Neglect*, 139, 106123. <https://doi.org/10.1016/j.chiabu.2023.106123> [SSCI, JCR Q1, Scopus Q1, IF (5 years, 2021) = 5.68]
3. Zhang, L.<sup>1</sup>, **Zhu, N.**<sup>1</sup>, Li, W., Li, C., & Kong, F. (2022). Cognitive-affective structure of gratitude and its relationships with subjective well-being. *Personality and Individual Differences*, 196, 111758. <https://doi.org/10.1016/j.paid.2022.111758> [SSCI, JCR Q2, Scopus Q1, IF (5 years, 2021) = 4.28]

Co-Author:

4. Tan, Q., **Zhu, N.**, Zhang, L., & Kong, F. (In press). Disentangling the relations between self-esteem and subjective well-being in emerging adults: A two-wave longitudinal study. *Journal of Happiness Studies*. [SSCI, JCR Q1, Scopus Q1, IF (5 years, 2021) = 4.75]
5. Li, C., **Zhu, N.**, Zhang, L., Li, W., & Kong, F. (2023). The relation between childhood maltreatment and hedonic and eudaimonic well-being in emerging adults: A daily diary study. *Child Abuse & Neglect*, 138, 106057. <https://doi.org/10.1016/j.chiabu.2023.106057> [SSCI, JCR Q1, Scopus Q1, IF (5 years, 2021) = 5.68]
6. Li, W., Zhang, L., Li, C., **Zhu, N.**, Zhao, J., & Kong, F. (2022). Pursuing Pleasure or Meaning: A Cross-Lagged Analysis

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of Happiness Motives and Well-being in Adolescents. *Journal of Happiness Studies*, 23(8), 3981–3999. <https://doi.org/10.1007/s10902-022-00576-5> [SSCI, JCR Q1, Scopus Q1, IF<sub>(5 years, 2021)</sub> = 4.75]

7. Fan, D., Li, C., **Zhu, N.**, Wang, T., & Kong, F. (2022). Trait resilience and subjective well-being in emerging adulthood: A two-wave longitudinal study. *Current Psychology*. <https://doi.org/10.1007/s12144-022-03727-2> [SSCI, JCR Q3, Scopus Q2, IF<sub>(5 years, 2021)</sub> = 2.64]

Under review:

8. **Zhu, N.**, Ye, Y., Li, C., Wang, R., & Kong, F. (Under review). The impact of childhood maltreatment on prosocial behavior: A multilevel, meta-analytic review. *Neuroscience and Biobehavioral Reviews*.
9. **Zhu, N.**, Li, C., Zhang, L., & Kong, F. (Under review). Longitudinal effect of gratitude on prosocial behavior: evidence from the bi-factor model of gratitude. *Journal of Happiness Studies*.
10. Ye, Y., **Zhu, N.**, Zhao, J., & Kong, F. (under review). Associations of childhood emotional, physical and sexual maltreatment with social well-being: A daily diary investigation of university students. *Child Abuse & Neglect*.
11. Li, C., Wang, R., **Zhu, N.**, & Kong, F. (Under review). Childhood maltreatment and depressed mood in college students: A daily diary analysis. *Child Abuse & Neglect*.

**Journal Reviewer:** Reviewing manuscripts for journal “*Child Abuse & Neglect*”.

## Research Experience

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06/2023 – Present: With the guidance of Research, Dr. Tonglin Jiang, Peking University

- Examining how the experience of historic events affect people’s meaning of life with Big data approach.

09/2021 - Present: Under the supervision of Associate Professor, Dr. Feng Kong, Shaanxi Normal University

- Examining the consequences of childhood adverse experiences on well-being and prosocial behavior using daily diary approach
- Investigating the development of social emotions and prosocial behavior through meta-analytic methods
- Exploring the cognitive-affective structure of gratitude with SEM modeling

12/2022 – 03/2023: With the guidance of Associate Professor, Dr. Feng Kong, Shaanxi Normal University

- Leading a project called “Text Analysis of Microblog on Social Governance Policies”
- Examining the public attitudes and emotional responses to quarantine policies of Covid-19 using sentiment analysis and subject analysis to analysis the microblogs on social media
- Finding that emotional responses could efficiently predict the adjustment time of quarantine policies in different regions of China

09/2020 - 06/2021: With the guidance of Professor, Dr. Ziming Zeng, and Associate Professor, Dr. Zhongyi Hu, Wuhan University

- Examining social media behavior and its relationship with personal characteristics and well-being
- Searching, categorizing and selecting literature

12/2019 - 2/2020: With the guidance of Associate Professor, Dr. Lin Wang, Wuhan University

- Developing educational administration system for School of Information Management, Wuhan University
- Completing the functions of information import, export and search, and title evaluation algorithm design
- Designing data flow chart, plan the content and format of sql table, design output format with Java

## Extra-curricular Activities

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10/2022 - 11/2022 Participant – Program for the Cultivation of High-level Internationalized Talents

- Finishing the course of “Big data and public health management” taught by Prof. Ramezani, UCLA

01/2020 - 01/2021 Research Assistant – Lab of Information Management, Wuhan University

- Equipment management, including computers and other equipment for conducting experiments
- Web design for the lab
- Operational manual writing, including eye tracker, motion capture device and virtual reality device

10/2018 - 09/2019 Founder and Leader – SIM Drama Club of Wuhan University

- Founding and leading over 30 members taking part in drama competitions and performances
- Being the director and actor in multiple plays like “Romeo and Juliet”, “Tartuffe”

09/2017 - 03/2018 Member – Student Union Publicity Department, School of Information Management, Wuhan University

- Creating promotional videos of various campus activities, among which the end video has been adopted and used by the department for years.

## Certificates and Honors

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05/2023 Second Prize, National English Contest for College Student, China

03/2023 Second Prize, "Challenge Cup" National College Student Curricular Academic  
Science and Technology Works Competition, China

03/2023 Honorable Mention, English Speech Contest, Shaanxi Normal University

12/2022 ¥8000 Second Prize, Graduate Jixue (Academic) Scholarship, Shaanxi Normal University

05/2022 Second Prize, National English Contest for College Student, China

12/2021      ¥4000 Third Prize, Graduate Jixue (Academic) Scholarship, Shaanxi Normal University  
07/2020      Honorable Mention, Midwest Translation Competition, China  
11/2019      Third place, Autumn melodrama individual competition, Wuhan University.  
05/2018      Outstanding student leader, School of Information Management, Wuhan University

## Specialized Skills

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### Statistical Analysis and Software

- Expertise in multilevel analysis in Mplus
- Expertise in meta-analysis and cross-lagged panel analysis in R
- Preprocessing EEG and fMRI data in MATLAB
- Expertise in data crawling, data cleaning, and data analysis with Python
- Expertise in doing natural language processing with Python
- Expertise in conducting machine learning with Weka, Python or Java
- Expertise in storing and processing data with sql and Java
- Expertise in data visualization using Tableau.

### Languages

- TOEFL 103 (Reading 30, Listening 30, Speaking 23, Writing 20)
- Spoken fluency in English and Mandarin
- Written fluency in English and Chinese

### Others

- Web design with JavaScript in Dreamweaver
- Server deployment on GitHub and server machine
- Software engineering with Vue, spring boot, and miniApp of WeChat
- Video and picture processing with Adobe Premiere, Adobe Effects, and Photo Shop

## Self-evaluation

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- I have interdisciplinary background, thus master both information technology (e.g., programming, statistical modeling) and psychological theories (e.g., social psychology, developmental psychology, and neuroscience).
- I'm a quick learner, and can acquire any new technology or knowledge shortly.
- I own solid academic foundation in psychology and could finish demanding work with patience and high sense of responsibility.