

Amino Acid	Alpha helix		Beta strand	
	Designation	<i>P</i>	Designation	<i>P</i>
Ala	F	1.42	b	0.83
Arg	I	0.98	I	0.93
Asn	b	0.67	b	0.89
Asp	I	1.01	B	0.54
Cys	I	0.70	f	1.19
Gln	f	1.11	h	1.10
Glu	F	1.51	B	0.37
Gly	B	0.61	b	0.75
His	f	1.00	f	0.87
Ile	f	1.08	F	1.60
Leu	F	1.21	f	1.30
Lys	f	1.16	b	0.74
Met	F	1.45	f	1.05
Phe	f	1.13	f	1.38
Pro	<b>B</b>	<b>0.57</b>	<b>B</b>	<b>0.55</b>
Ser	I	0.77	b	0.75
Thr	I	0.83	f	1.19
Trp	f	1.08	f	1.37
Tyr	b	0.69	F	1.40
Val	f	1.06	F	1.70

