



HORARIOS DE ACTIVIDADES

- Las Heras -

HS.	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
08:00	Crossfit	Funcional Crossfit	Crossfit	Funcional Crossfit	Crossfit		
09:00	Funcional	Spinning Crossfit	Funcional	Spinning Crossfit	Funcional	Crossfit	
10:00	Pilates	Pilates	Pilates	Pilates	Pilates	Funcional Kids	
17:30		Funcional Kids					
18:00	Funcional Pilates Crossfit	Pilates	Funcional Pilates Crossfit	Pilates	Funcional Pilates Crossfit	Crossfit	
18:30		Funcional Crossfit		Funcional Crossfit			
19:00	Spinning Funcional Funcional Cross		Funcional Spinning Funcional Cross		Funcional Spinning Funcional Cross	Crossfit	
19:30		Stretching Crossfit		Stretching Crossfit			
20:00	Crossfit		Crossfit		Crossfit		
20:30		Crossfit		Crossfit			