

# Integration of Foundation Models and Gaussian Processes for Supporting the Diagnosis and Treatment of Mental Disorders based on EEG Signals

## An Stochastic Approach

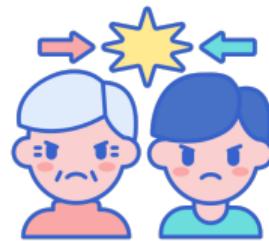
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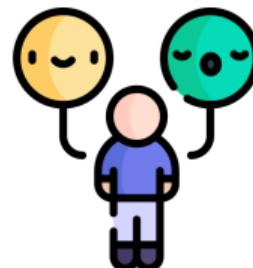
September 12, 2025

# Motivation

Mental disorders affect cognition, behavior, and emotions of millions of people worldwide. Around 350 million individuals suffer from a mental disorder [Dehghan-Bonari et al., 2023].



**Oppositional Defiant  
Disorder**



**Bipolar Disorder**



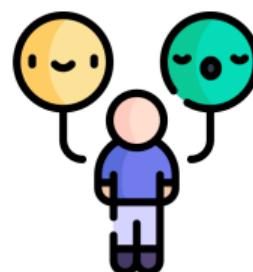
**Attention Deficit  
Hyperactivity Disorder**

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**Oppositional Defiant Disorder**



**Bipolar Disorder**



**Attention Deficit Hyperactivity Disorder**

**Challenges:** lengthy follow-up, subjective interpretations, inefficient criteria, and limited access to clinical care.

# Problem Statement and Research Question

Model \ Challenge	Complex Patterns	High Labeled Data Volume	Stochasticity	Data Shift
Model	Complex Patterns	High Labeled Data Volume	Stochasticity	Data Shift
Machine Learning [Salari et al., 2023]	✗	✓	✓	✗
Deep Learning [Lohani and Rana, 2023]	✓	✗	✓	✓
Foundation [Sibley, 2021]	✓	✓	✗	✓

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**Research Question** How to develop a stochastic foundational model for inference from biological signals that integrates Gaussian processes to support clinical practice through EEG signal analysis, considering the variability and inconsistencies present in the datasets?

# Objectives

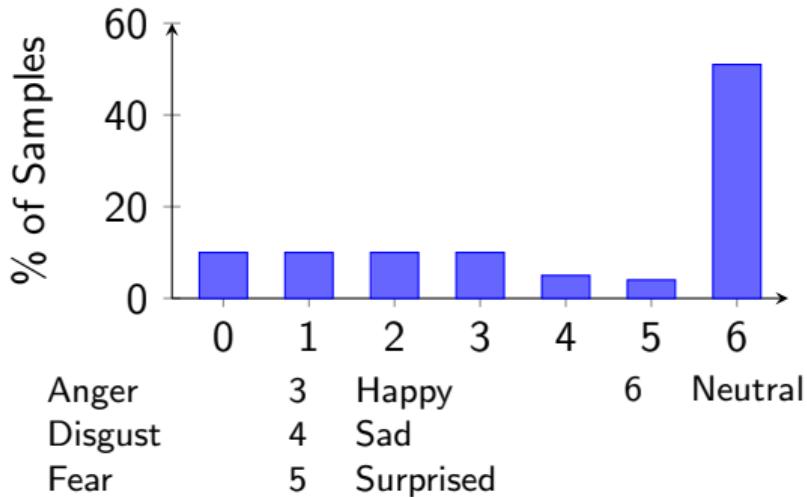
**General Objective** Develop a stochastic learning methodology related to EEG recordings based on a foundational model that integrates labeled and unlabeled databases using self-learning and fine-tuning techniques.

## Specific Objectives

- ① Develop a foundational model for the classification of biological signals related to EEG recordings, leveraging **unlabeled data** during the self-learning phase and labeled data for fine-tuning.
- ② Implement a **stochastic prediction** tool based on Gaussian processes to model uncertainty in the foundational model's predictions.
- ③ Design a strategy to **manage variability and inconsistency** in EEG recording datasets, enabling the effective integration of databases with diverse standards.

# Toadstool 2 Dataset

The dataset consists of video, sensor, and demographic data collected from 10 participants playing a Super Mario Bros.



Signal	Rate (Hz)	Channels
BVP	64	1
ACC	32	3
EDA	4	1
HR	1	1

20.970 sensor-only samples (4 s windows)

# Problem Setting

Let  $\{(\mathbf{X}^{(i)}, y^{(i)})\}_{i=1}^N$  be the training dataset, where  $\mathbf{X}^{(i)} \in \mathcal{X}$  and  $y^{(i)} \in \{0, 1, \dots, 6\}$ . Here  $\mathcal{X}$  is the space of vector sequences of length  $T = 256$ :

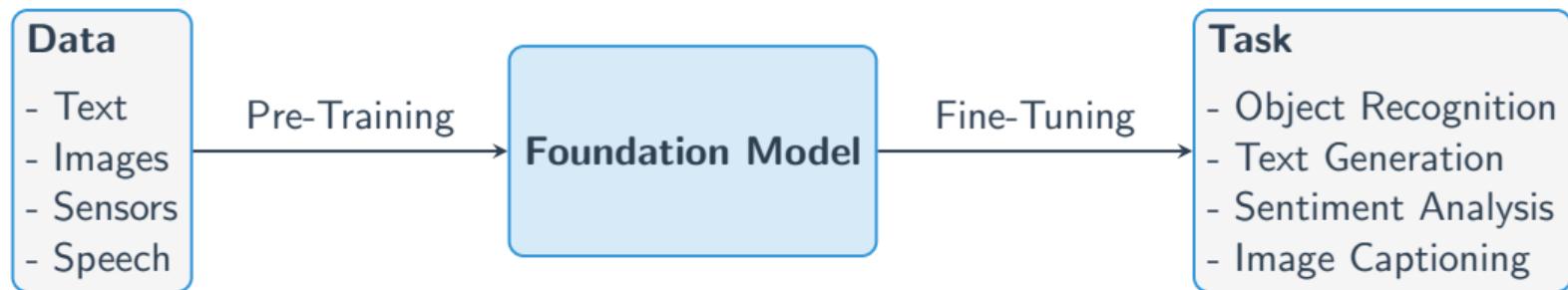
$$\mathbf{X}^{(i)} = [\mathbf{x}_1^{(i)}, \dots, \mathbf{x}_t^{(i)}, \dots, \mathbf{x}_T^{(i)}].$$

$\mathbf{x}_t^{(i)}$  has  $p = 6$  elements by channels, denoted  $x_{t,j}^{(i)} \in \mathbb{R}$  or be a missing value  $\hat{x}_{t,j}^{(i)}$ .

$T$						
$N$						
	(1)	(1)	(1)	(1)	(1)	(1)
$x_{0,1}^{(3)}$	x <sub>1,1</sub> <sup>(3)</sup>	x <sub>2,1</sub> <sup>(3)</sup>	x <sub>3,1</sub> <sup>(3)</sup>	x <sub>4,1</sub> <sup>(3)</sup>	x <sub>5,1</sub> <sup>(3)</sup>	,1
	x <sub>0,2</sub> <sup>(3)</sup>	x <sub>1,2</sub> <sup>(3)</sup>	x <sub>2,2</sub> <sup>(3)</sup>	x <sub>3,2</sub> <sup>(3)</sup>	x <sub>4,2</sub> <sup>(3)</sup>	x <sub>5,2</sub> <sup>(3)</sup>
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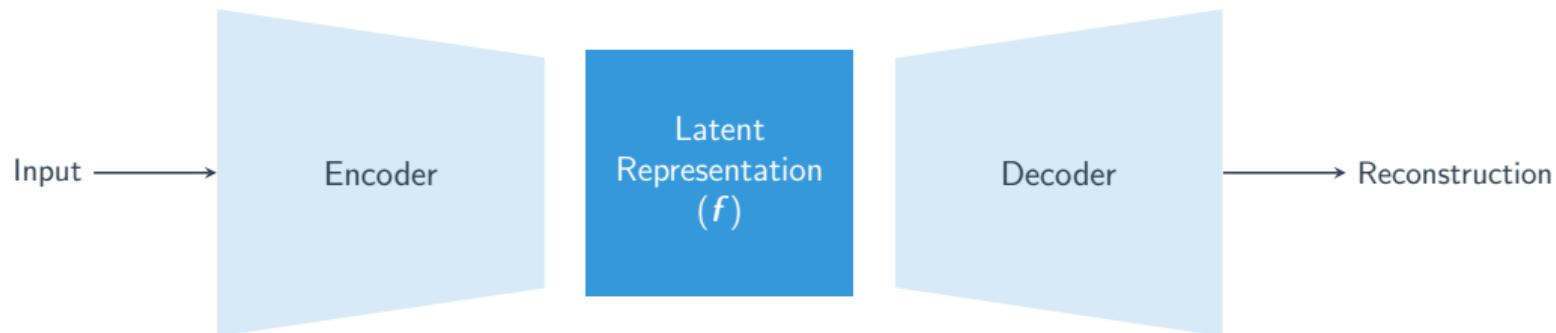
# Objective 1: Foundation Model

We aim to train a general model using large amounts of data and tasks that can be fine-tuned easily in different downstream applications.

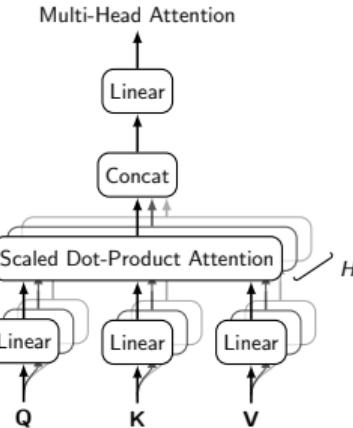
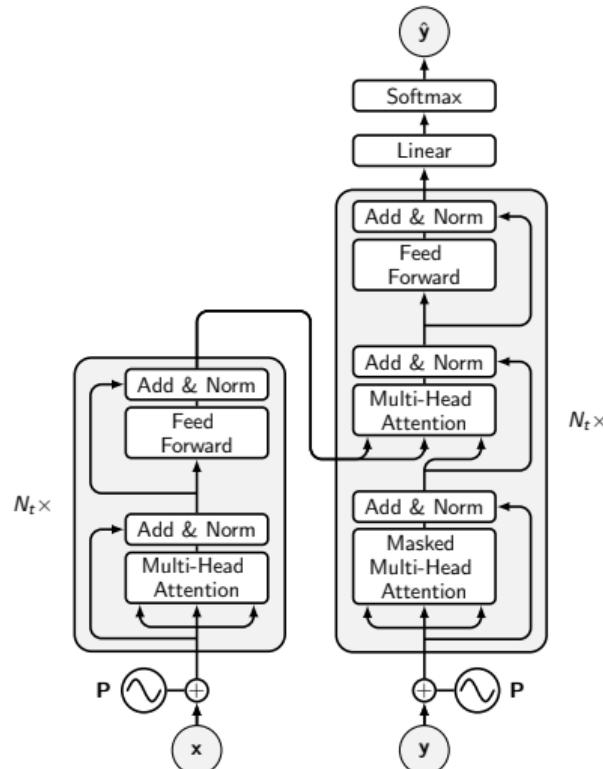


# Architecture

We can leverage large amounts of unlabeled data to learn hidden-state representations without committing to any specific downstream task.



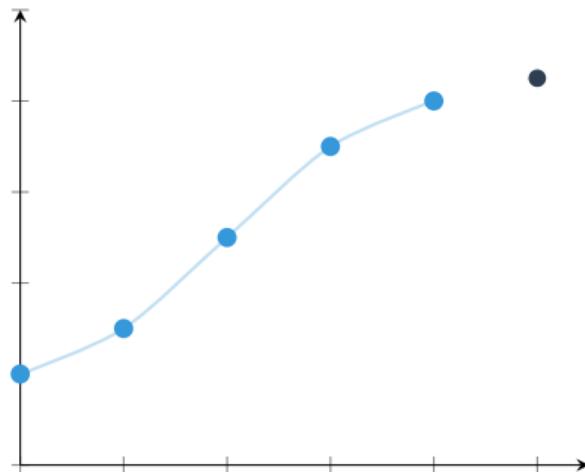
# Transformer and Attention Mechanism



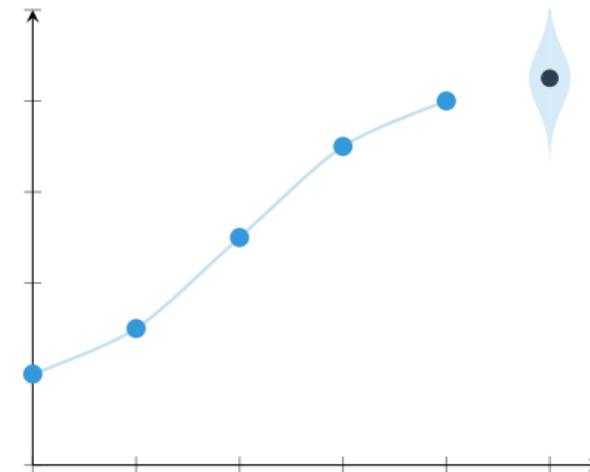
- $N_t$ : Number of transformer layers
- $P$ : Positional embedding
- $Q \in \mathbb{R}^{N \times T}, K \in \mathbb{R}^{N \times T}, V \in \mathbb{R}^{N \times d_V}$
- $H$ : Number of heads

## Objetive 2: Stochastic Approach

Point Estimation



Distribution Estimation



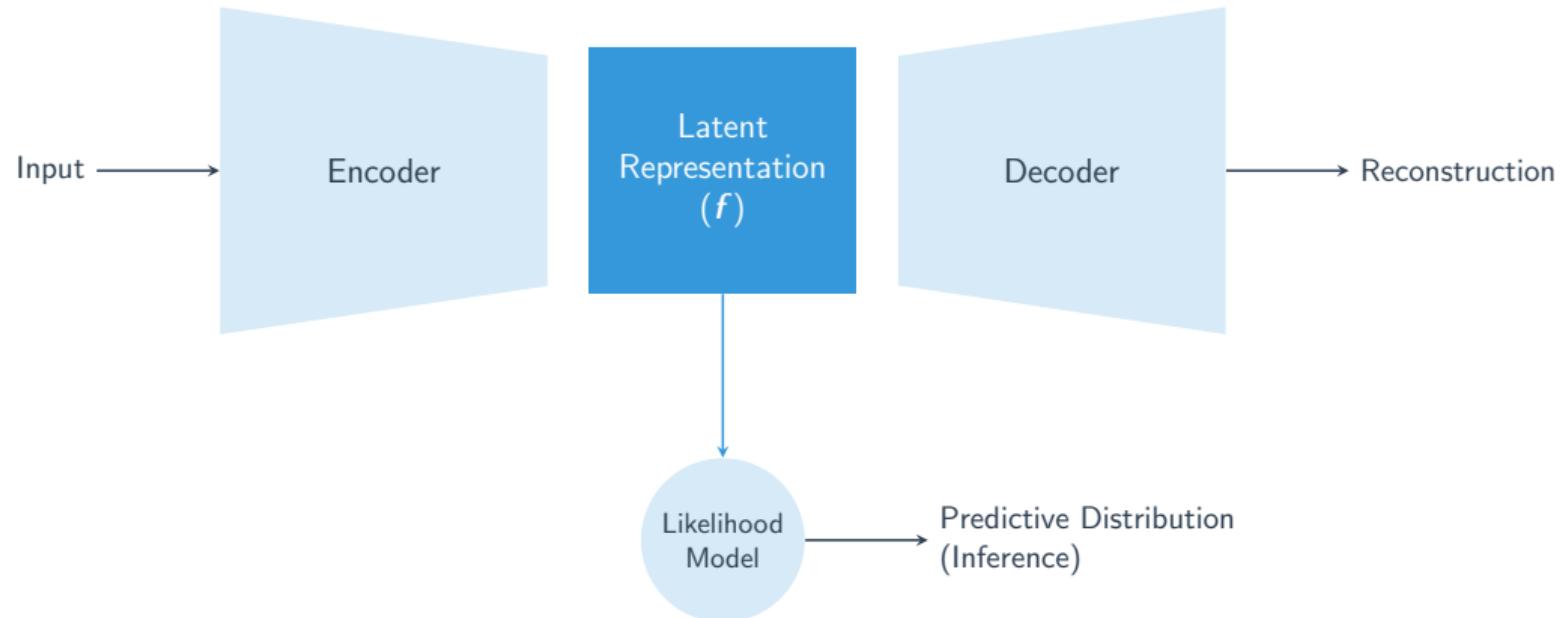
Sometimes, a single point prediction is not enough. How confident is the model in its prediction?

For this propose, consider a likelihood functions that rule the generation of recorded targets  $\mathbf{Y}$  from inputs  $\mathbf{X}$  through some set of parameters  $\boldsymbol{\theta} \subseteq \mathbb{R}^J$

$$p(\mathbf{Y} | \boldsymbol{\theta}(\mathbf{X})) = \prod_{n=1}^N p(\mathbf{y}_n | \boldsymbol{\theta}(\mathbf{x}_n)).$$

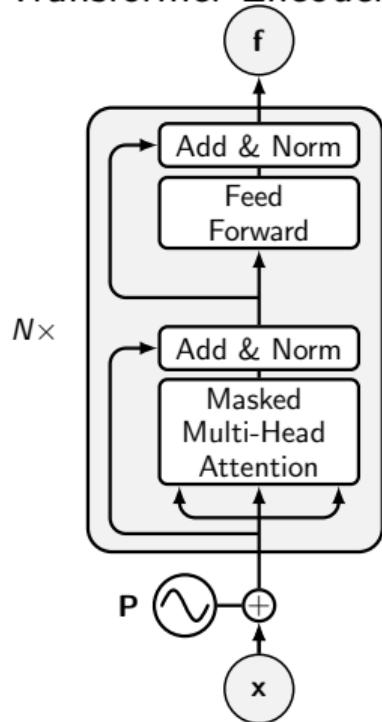
Each element of  $\boldsymbol{\theta}(\mathbf{x})$ , denoted as  $\theta_j(\mathbf{x})$ , could be restricted to some subset of  $\mathbb{R}$ . To handle that, we model  $\theta_j(\mathbf{x}) = h_j(f_j(\mathbf{x}))$  as a transformation of an unrestricted latent variable  $f_j(\mathbf{x})$  via a link function  $h_j$ .

# Architecture



# Objetive 3: Irregular Multimodal Dataset Integration

Transformer Encoder



Mask

1	1	1	1	1	1
1	0	1	0	1	0
1	0	0	1	0	0

 Dehghan-Bonari, M., Alipour-Vaezi, M., Nasiri, M. M., and Aghsami, A. (2023). A diagnostic analytics model for managing post-disaster symptoms of depression and anxiety among students using a novel data-driven optimization approach. *Healthcare Analytics*, 4.

 Lohani, D. C. and Rana, B. (2023). Adhd diagnosis using structural brain mri and personal characteristic data with machine learning framework. *Psychiatry Research: Neuroimaging*, 334:111689.

 Salari, N., Ghasemi, H., Abdoli, N., Rahmani, A., Shiri, M. H., Hashemian, A. H., Akbari, H., and Mohammadi, M. (2023). The global prevalence of adhd in children and adolescents: a systematic review and meta-analysis. *Italian Journal of Pediatrics*, 49(1):48.

 Sibley, M. H. (2021). Empirically-informed guidelines for first-time adult adhd diagnosis. *Journal of Clinical and Experimental Neuropsychology*, 43(4):340–351.



PMID: 33949916.