

Name:_____ **Task:**_____ **Date:**_____

Modified NASA Task Load Index

Note: Confidence goes from good on the left to bad on the right.

Mental Demand: How mentally demanding was the task?

Very Low Very High

Confidence: How satisfied were you with the accuracy/correctness of your annotations in the task?

A horizontal Likert scale with 10 tick marks. The left side (1-5) is labeled 'Very High' and the right side (6-10) is labeled 'Very Low'.

Effort: How hard did you have to work to accomplish your level of performance?

Very Low Very High

Frustration: How insecure, discouraged, irritated, stressed, and annoyed were you?

Very Low 1 2 3 4 5 6 7 Very High