

Course Project - Practical Machine Learning

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I. Overview

A. Background

Devices such as Jawbone Up, Nike FuelBand, and Fitbit make it possible to collect a large amount of data about personal activity relatively inexpensively. These type of devices are part of the quantified self movement ãâ a group of enthusiasts who take measurements about themselves regularly to improve their health, to find patterns in their behavior, or because they are tech geeks. One thing that people regularly do is quantify how much of a particular activity they do, but they rarely quantify how well they do it.

B. Data Definition

The data for this project come from this source: <http://groupware.les.inf.puc-rio.br/har> (<http://groupware.les.inf.puc-rio.br/har>)

Title: Weight Lifting Exercises Dataset

Basic Summary: This human activity recognition research has traditionally focused on discriminating between different activities, i.e. to predict “which” activity was performed at a specific point in time. The approach we propose for the Weight Lifting Exercises dataset is to investigate “how (well)” an activity was performed by the wearer. The “how (well)” investigation has only received little attention so far, even though it potentially provides useful information for a large variety of applications, such as sports training.

Six young health participants were asked to perform one set of 10 repetitions of the Unilateral Dumbbell Biceps Curl in five different fashions: exactly according to the specification (Class A), throwing the elbows to the front (Class B), lifting the dumbbell only halfway (Class C), lowering the dumbbell only halfway (Class D) and throwing the hips to the front (Class E).

Source: Velloso, E.; Bulling, A.; Gellersen, H.; Ugulino, W.; Fuks, H. *Qualitative Activity Recognition of Weight Lifting Exercises. Proceedings of 4th International Conference in Cooperation with SIGCHI (Augmented Human '13)*. Stuttgart, Germany: ACM SIGCHI, 2013.

II. Data Pre-processing and Correlation Analysis

A. Data Loading

In this section, the initial processing of data is provided. The first thing to do is to download and load the data frame by storing it into a variable.

```
url_train <- "http://d396qusza40orc.cloudfront.net/predmachlearn/pml-training.csv"
url_test  <- "http://d396qusza40orc.cloudfront.net/predmachlearn/pml-testing.csv"
pml_train <- read.csv(url(url_train))
pml_validation <- read.csv(url(url_test))
```

B. Data Partitioning

For the prediction model, the training data is to be splitted into the “ideal” ratio of data partition for training and testing which is 70% as train data and 30% test data. This splitted data will also be used for the computation of the out-of-sample errors.

```
set.seed(123456789)
partition <- createDataPartition(pml_train$classe, p=0.7, list=FALSE)
train_set <- pml_train[partition, ]
test_set <- pml_train[-partition, ]

dim(train_set)
```

```
## [1] 13737 160
```

```
dim(test_set)
```

```
## [1] 5885 160
```

The training data set is made of **13737 observations** on **160 variables**. On the other hand, the testing data set is composed of **5885 observations** on **160 variables**.

```
str(train_set)
```

```

## 'data.frame':    13737 obs. of  160 variables:
## $ X                      : int  1 2 3 4 5 6 7 11 13 14 ...
## $ user_name              : Factor w/ 6 levels "adelmo","carlitos",...: 2 2 2 2 2 2 2 2 2 ...
## $ raw_timestamp_part_1   : int  1323084231 1323084231 1323084231 1323084232 1323084232 1323084232
1323084232 1323084232 1323084232 1323084232 ...
## $ raw_timestamp_part_2   : int  788290 808298 820366 120339 196328 304277 368296 500302 560359 576
390 ...
## $ cvtd_timestamp        : Factor w/ 20 levels "02/12/2011 13:32",...: 9 9 9 9 9 9 9 9 9 ...
## $ new_window            : Factor w/ 2 levels "no","yes": 1 1 1 1 1 1 1 1 1 ...
## $ num_window            : int  11 11 11 12 12 12 12 12 12 12 ...
## $ roll_belt             : num  1.41 1.41 1.42 1.48 1.48 1.45 1.42 1.45 1.42 1.42 ...
## $ pitch_belt            : num  8.07 8.07 8.07 8.05 8.07 8.06 8.09 8.18 8.2 8.21 ...
## $ yaw_belt              : num  -94.4 -94.4 -94.4 -94.4 -94.4 -94.4 -94.4 -94.4 -94.4 -94.4 ...
## $ total_accel_belt      : int  3 3 3 3 3 3 3 3 3 3 ...
## $ kurtosis_roll_belt    : Factor w/ 397 levels "", "-0.016850",...: 1 1 1 1 1 1 1 1 1 ...
## $ kurtosis_pitch_belt   : Factor w/ 317 levels "", "-0.021887",...: 1 1 1 1 1 1 1 1 1 ...
## $ kurtosis_yaw_belt     : Factor w/ 2 levels "", "#DIV/0!": 1 1 1 1 1 1 1 1 1 ...
## $ skewness_roll_belt    : Factor w/ 395 levels "", "-0.003095",...: 1 1 1 1 1 1 1 1 1 ...
## $ skewness_roll_belt.1  : Factor w/ 338 levels "", "-0.005928",...: 1 1 1 1 1 1 1 1 1 ...
## $ skewness_yaw_belt     : Factor w/ 2 levels "", "#DIV/0!": 1 1 1 1 1 1 1 1 1 ...
## $ max_roll_belt         : num  NA NA NA NA NA NA NA NA NA NA ...
## $ max_pitch_belt        : int  NA NA NA NA NA NA NA NA NA NA ...
## $ max_yaw_belt          : Factor w/ 68 levels "", "-0.1", "-0.2",...: 1 1 1 1 1 1 1 1 1 ...
## $ min_roll_belt         : num  NA NA NA NA NA NA NA NA NA NA ...
## $ min_pitch_belt        : int  NA NA NA NA NA NA NA NA NA NA ...
## $ min_yaw_belt          : Factor w/ 68 levels "", "-0.1", "-0.2",...: 1 1 1 1 1 1 1 1 1 ...
## $ amplitude_roll_belt   : num  NA NA NA NA NA NA NA NA NA NA ...
## $ amplitude_pitch_belt  : int  NA NA NA NA NA NA NA NA NA NA ...
## $ amplitude_yaw_belt    : Factor w/ 4 levels "", "#DIV/0!", "0.00",...: 1 1 1 1 1 1 1 1 1 ...
## $ var_total_accel_belt  : num  NA NA NA NA NA NA NA NA NA NA ...
## $ avg_roll_belt         : num  NA NA NA NA NA NA NA NA NA NA ...
## $ stddev_roll_belt      : num  NA NA NA NA NA NA NA NA NA NA ...
## $ var_pitch_belt        : num  NA NA NA NA NA NA NA NA NA NA ...
## $ avg_pitch_belt        : num  NA NA NA NA NA NA NA NA NA NA ...
## $ stddev_pitch_belt     : num  NA NA NA NA NA NA NA NA NA NA ...
## $ var_yaw_belt          : num  NA NA NA NA NA NA NA NA NA NA ...
## $ avg_yaw_belt          : num  NA NA NA NA NA NA NA NA NA NA ...
## $ stddev_yaw_belt       : num  NA NA NA NA NA NA NA NA NA NA ...
## $ var_yaw_belt          : num  NA NA NA NA NA NA NA NA NA NA ...
## $ gyros_belt_x          : num  0 0.02 0 0.02 0.02 0.02 0.02 0.03 0.02 0.02 ...
## $ gyros_belt_y          : num  0 0 0 0 0.02 0 0 0 0 0 ...
## $ gyros_belt_z          : num  -0.02 -0.02 -0.02 -0.03 -0.02 -0.02 -0.02 -0.02 0 -0.02 ...
## $ accel_belt_x          : int  -21 -22 -20 -22 -21 -21 -22 -21 -22 -22 ...
## $ accel_belt_y          : int  4 4 5 3 2 4 3 2 4 4 ...
## $ accel_belt_z          : int  22 22 23 21 24 21 21 23 21 21 ...
## $ magnet_belt_x         : int  -3 -7 -2 -6 -6 0 -4 -5 -3 -8 ...
## $ magnet_belt_y         : int  599 608 600 604 600 603 599 596 606 598 ...
## $ magnet_belt_z         : int  -313 -311 -305 -310 -302 -312 -311 -317 -309 -310 ...
## $ roll_arm              : num  -128 -128 -128 -128 -128 -128 -128 -128 -128 -128 ...
## $ pitch_arm             : num  22.5 22.5 22.5 22.1 22.1 22 21.9 21.5 21.4 21.4 ...
## $ yaw_arm               : num  -161 -161 -161 -161 -161 -161 -161 -161 -161 -161 ...
## $ total_accel_arm       : int  34 34 34 34 34 34 34 34 34 34 ...
## $ var_accel_arm         : num  NA NA NA NA NA NA NA NA NA NA ...
## $ avg_roll_arm          : num  NA NA NA NA NA NA NA NA NA NA ...
## $ stddev_roll_arm       : num  NA NA NA NA NA NA NA NA NA NA ...
## $ var_roll_arm          : num  NA NA NA NA NA NA NA NA NA NA ...

```

```
## $ avg_pitch_arm      : num NA NA NA NA NA NA NA NA NA NA NA ...
## $ stddev_pitch_arm   : num NA NA NA NA NA NA NA NA NA NA NA ...
## $ var_pitch_arm      : num NA NA NA NA NA NA NA NA NA NA NA ...
## $ avg_yaw_arm        : num NA NA NA NA NA NA NA NA NA NA NA ...
## $ stddev_yaw_arm     : num NA NA NA NA NA NA NA NA NA NA NA ...
## $ var_yaw_arm        : num NA NA NA NA NA NA NA NA NA NA NA ...
## $ gyros_arm_x        : num 0 0.02 0.02 0.02 0 0.02 0 0.02 0.02 0.02 ...
## $ gyros_arm_y        : num 0 -0.02 -0.02 -0.03 -0.03 -0.03 -0.03 -0.03 -0.02 0 ...
## $ gyros_arm_z        : num -0.02 -0.02 -0.02 0.02 0 0 0 0 -0.02 -0.03 ...
## $ accel_arm_x        : int -288 -290 -289 -289 -289 -289 -289 -290 -287 -288 ...
## $ accel_arm_y        : int 109 110 110 111 111 111 111 110 111 111 ...
## $ accel_arm_z        : int -123 -125 -126 -123 -123 -122 -125 -123 -124 -124 ...
## $ magnet_arm_x       : int -368 -369 -368 -372 -374 -369 -373 -366 -372 -371 ...
## $ magnet_arm_y       : int 337 337 344 344 337 342 336 339 338 331 ...
## $ magnet_arm_z       : int 516 513 513 512 506 513 509 509 509 523 ...
## $ kurtosis_roll_arm  : Factor w/ 330 levels "", "-0.02438",...: 1 1 1 1 1 1 1 1 1 1 ...
## $ kurtosis_pitch_arm : Factor w/ 328 levels "", "-0.00484",...: 1 1 1 1 1 1 1 1 1 1 ...
## $ kurtosis_yaw_arm   : Factor w/ 395 levels "", "-0.01548",...: 1 1 1 1 1 1 1 1 1 1 ...
## $ skewness_roll_arm  : Factor w/ 331 levels "", "-0.00051",...: 1 1 1 1 1 1 1 1 1 1 ...
## $ skewness_pitch_arm : Factor w/ 328 levels "", "-0.00184",...: 1 1 1 1 1 1 1 1 1 1 ...
## $ skewness_yaw_arm   : Factor w/ 395 levels "", "-0.00311",...: 1 1 1 1 1 1 1 1 1 1 ...
## $ max_roll_arm       : num NA NA NA NA NA NA NA NA NA NA NA ...
## $ max_pitch_arm      : num NA NA NA NA NA NA NA NA NA NA NA ...
## $ max_yaw_arm        : int NA NA NA NA NA NA NA NA NA NA NA ...
## $ min_roll_arm       : num NA NA NA NA NA NA NA NA NA NA NA ...
## $ min_pitch_arm      : num NA NA NA NA NA NA NA NA NA NA NA ...
## $ min_yaw_arm        : int NA NA NA NA NA NA NA NA NA NA NA ...
## $ amplitude_roll_arm : num NA NA NA NA NA NA NA NA NA NA NA ...
## $ amplitude_pitch_arm : num NA NA NA NA NA NA NA NA NA NA NA ...
## $ amplitude_yaw_arm  : int NA NA NA NA NA NA NA NA NA NA NA ...
## $ roll_dumbbell      : num 13.1 13.1 12.9 13.4 13.4 ...
## $ pitch_dumbbell     : num -70.5 -70.6 -70.3 -70.4 -70.4 ...
## $ yaw_dumbbell       : num -84.9 -84.7 -85.1 -84.9 -84.9 ...
## $ kurtosis_roll_dumbbell : Factor w/ 398 levels "", "-0.0035", "-0.0073",...: 1 1 1 1 1 1 1 1 1 1 ...
## $ kurtosis_pitch_dumbbell : Factor w/ 401 levels "", "-0.0163", "-0.0233",...: 1 1 1 1 1 1 1 1 1 1 ...
## $ kurtosis_yaw_dumbbell : Factor w/ 2 levels "", "#DIV/0!": 1 1 1 1 1 1 1 1 1 1 ...
## $ skewness_roll_dumbbell : Factor w/ 401 levels "", "-0.0082", "-0.0096",...: 1 1 1 1 1 1 1 1 1 1 ...
## $ skewness_pitch_dumbbell : Factor w/ 402 levels "", "-0.0053", "-0.0084",...: 1 1 1 1 1 1 1 1 1 1 ...
## $ skewness_yaw_dumbbell : Factor w/ 2 levels "", "#DIV/0!": 1 1 1 1 1 1 1 1 1 1 ...
## $ max_roll_dumbbell   : num NA NA NA NA NA NA NA NA NA NA NA ...
## $ max_pitch_dumbbell  : num NA NA NA NA NA NA NA NA NA NA NA ...
## $ max_yaw_dumbbell    : Factor w/ 73 levels "", "-0.1", "-0.2",...: 1 1 1 1 1 1 1 1 1 1 ...
## $ min_roll_dumbbell   : num NA NA NA NA NA NA NA NA NA NA NA ...
## $ min_pitch_dumbbell  : num NA NA NA NA NA NA NA NA NA NA NA ...
## $ min_yaw_dumbbell    : Factor w/ 73 levels "", "-0.1", "-0.2",...: 1 1 1 1 1 1 1 1 1 1 ...
## $ amplitude_roll_dumbbell : num NA NA NA NA NA NA NA NA NA NA NA ...
## [list output truncated]
```

From the summary, it is noticeable that many columns have NA values or blank values on almost every observation. This is an indication of irrelevant features, thus it is safe to consider removing them. The behavior is pretty much similar for both testing and training set. Thus what will be applied to training in terms of cleaning will be also applied to testing.

C. Data Cleaning

a. Definitive Variables

The first seven columns give information about the people who did the test, and also timestamps. These are again irrelevant for the model. So the first thing to consider is removing these variables.

```
train_set_clean <- train_set[,-c(1:7)]  
test_set_clean <- test_set[,-c(1:7)]
```

b. Near Zero Covariates

It is highly emphasized that if there are near zero variables in the data. It is just proper to removed them since it only makes the model bias and inaccurate.

```
nzv <- nearZeroVar(train_set_clean,saveMetrics=TRUE)  
train_set_clean <- train_set_clean[, nzv$nzv==FALSE]  
test_set_clean <- test_set_clean[, nzv$nzv==FALSE]  
nzv
```

##	freqRatio	percentUnique	zeroVar	nzv
## roll_belt	1.116883	7.97845235	FALSE	FALSE
## pitch_belt	1.206612	12.28070175	FALSE	FALSE
## yaw_belt	1.093664	12.87762976	FALSE	FALSE
## total_accel_belt	1.077580	0.20382907	FALSE	FALSE
## kurtosis_roll_belt	1344.000000	2.10380724	FALSE	TRUE
## kurtosis_pitch_belt	560.000000	1.79078401	FALSE	TRUE
## kurtosis_yaw_belt	45.252525	0.01455922	FALSE	TRUE
## skewness_roll_belt	1493.333333	2.10380724	FALSE	TRUE
## skewness_roll_belt.1	560.000000	1.87085972	FALSE	TRUE
## skewness_yaw_belt	45.252525	0.01455922	FALSE	TRUE
## max_roll_belt	1.222222	1.20113562	FALSE	FALSE
## max_pitch_belt	2.051282	0.14559220	FALSE	FALSE
## max_yaw_belt	610.909091	0.42949698	FALSE	TRUE
## min_roll_belt	1.000000	1.11378030	FALSE	FALSE
## min_pitch_belt	2.540541	0.10191454	FALSE	FALSE
## min_yaw_belt	610.909091	0.42949698	FALSE	TRUE
## amplitude_roll_belt	1.260870	0.88083279	FALSE	FALSE
## amplitude_pitch_belt	2.867925	0.09463493	FALSE	FALSE
## amplitude_yaw_belt	48.000000	0.02911844	FALSE	TRUE
## var_total_accel_belt	1.354839	0.39309893	FALSE	FALSE
## avg_roll_belt	1.083333	1.16473757	FALSE	FALSE
## stddev_roll_belt	1.051282	0.42949698	FALSE	FALSE
## var_roll_belt	1.500000	0.54597074	FALSE	FALSE
## avg_pitch_belt	1.142857	1.28849094	FALSE	FALSE
## stddev_pitch_belt	1.100000	0.26206595	FALSE	FALSE
## var_pitch_belt	1.106667	0.37126010	FALSE	FALSE
## avg_yaw_belt	1.250000	1.42680352	FALSE	FALSE
## stddev_yaw_belt	1.676471	0.35670088	FALSE	FALSE
## var_yaw_belt	1.777778	0.90267162	FALSE	FALSE
## gyros_belt_x	1.049163	0.92451045	FALSE	FALSE
## gyros_belt_y	1.160083	0.47317464	FALSE	FALSE
## gyros_belt_z	1.063149	1.15745796	FALSE	FALSE
## accel_belt_x	1.052441	1.17201718	FALSE	FALSE
## accel_belt_y	1.093151	0.99002693	FALSE	FALSE
## accel_belt_z	1.084437	2.12564607	FALSE	FALSE
## magnet_belt_x	1.007663	2.22028099	FALSE	FALSE
## magnet_belt_y	1.115556	2.11836646	FALSE	FALSE
## magnet_belt_z	1.058462	3.20302832	FALSE	FALSE
## roll_arm	52.434783	17.46378394	FALSE	FALSE
## pitch_arm	86.178571	20.06260464	FALSE	FALSE
## yaw_arm	32.160000	19.22544952	FALSE	FALSE
## total_accel_arm	1.015974	0.48045425	FALSE	FALSE
## var_accel_arm	4.000000	2.10380724	FALSE	FALSE
## avg_roll_arm	51.000000	1.79806362	FALSE	TRUE
## stddev_roll_arm	51.000000	1.79806362	FALSE	TRUE
## var_roll_arm	51.000000	1.79806362	FALSE	TRUE
## avg_pitch_arm	51.000000	1.79806362	FALSE	TRUE
## stddev_pitch_arm	51.000000	1.79806362	FALSE	TRUE
## var_pitch_arm	51.000000	1.79806362	FALSE	TRUE
## avg_yaw_arm	51.000000	1.79806362	FALSE	TRUE
## stddev_yaw_arm	53.000000	1.78350440	FALSE	TRUE
## var_yaw_arm	53.000000	1.78350440	FALSE	TRUE
## gyros_arm_x	1.000000	4.50607847	FALSE	FALSE
## gyros_arm_y	1.392573	2.68617602	FALSE	FALSE
## gyros_arm_z	1.150273	1.71070831	FALSE	FALSE

## accel_arm_x	1.173554	5.61257917	FALSE	FALSE
## accel_arm_y	1.056604	3.82907476	FALSE	FALSE
## accel_arm_z	1.098901	5.59801995	FALSE	FALSE
## magnet_arm_x	1.050000	9.65276261	FALSE	FALSE
## magnet_arm_y	1.046154	6.26046444	FALSE	FALSE
## magnet_arm_z	1.103896	9.14318993	FALSE	FALSE
## kurtosis_roll_arm	258.461538	1.79806362	FALSE	TRUE
## kurtosis_pitch_arm	253.584906	1.79078401	FALSE	TRUE
## kurtosis_yaw_arm	1680.000000	2.10380724	FALSE	TRUE
## skewness_roll_arm	263.529412	1.80534323	FALSE	TRUE
## skewness_pitch_arm	253.584906	1.79078401	FALSE	TRUE
## skewness_yaw_arm	1680.000000	2.11108685	FALSE	TRUE
## max_roll_arm	17.000000	1.57967533	FALSE	FALSE
## max_pitch_arm	17.000000	1.50687923	FALSE	FALSE
## max_yaw_arm	1.333333	0.34214166	FALSE	FALSE
## min_roll_arm	17.000000	1.57967533	FALSE	FALSE
## min_pitch_arm	17.000000	1.63791221	FALSE	FALSE
## min_yaw_arm	1.052632	0.26206595	FALSE	FALSE
## amplitude_roll_arm	25.500000	1.70342870	FALSE	TRUE
## amplitude_pitch_arm	17.666667	1.65247143	FALSE	FALSE
## amplitude_yaw_arm	1.263158	0.35670088	FALSE	FALSE
## roll_dumbbell	1.010526	86.68559365	FALSE	FALSE
## pitch_dumbbell	2.294737	84.62546408	FALSE	FALSE
## yaw_dumbbell	1.172840	86.11778409	FALSE	FALSE
## kurtosis_roll_dumbbell	4480.000000	2.12564607	FALSE	TRUE
## kurtosis_pitch_dumbbell	6720.000000	2.13292568	FALSE	TRUE
## kurtosis_yaw_dumbbell	45.252525	0.01455922	FALSE	TRUE
## skewness_roll_dumbbell	6720.000000	2.14748489	FALSE	TRUE
## skewness_pitch_dumbbell	6720.000000	2.15476450	FALSE	TRUE
## skewness_yaw_dumbbell	45.252525	0.01455922	FALSE	TRUE
## max_roll_dumbbell	1.000000	1.90725777	FALSE	FALSE
## max_pitch_dumbbell	1.000000	1.87085972	FALSE	FALSE
## max_yaw_dumbbell	840.000000	0.45861542	FALSE	TRUE
## min_roll_dumbbell	1.000000	1.80534323	FALSE	FALSE
## min_pitch_dumbbell	1.666667	1.92909660	FALSE	FALSE
## min_yaw_dumbbell	840.000000	0.45861542	FALSE	TRUE
## amplitude_roll_dumbbell	6.000000	2.07468880	FALSE	FALSE
## amplitude_pitch_dumbbell	6.000000	2.05284997	FALSE	FALSE
## amplitude_yaw_dumbbell	45.714286	0.02183883	FALSE	TRUE
## total_accel_dumbbell	1.050515	0.30574361	FALSE	FALSE
## var_accel_dumbbell	14.000000	2.06740919	FALSE	FALSE
## avg_roll_dumbbell	1.000000	2.12564607	FALSE	FALSE
## stddev_roll_dumbbell	12.000000	2.08196841	FALSE	FALSE
## var_roll_dumbbell	12.000000	2.08196841	FALSE	FALSE
## avg_pitch_dumbbell	1.000000	2.12564607	FALSE	FALSE
## stddev_pitch_dumbbell	12.000000	2.08196841	FALSE	FALSE
## var_pitch_dumbbell	12.000000	2.08196841	FALSE	FALSE
## avg_yaw_dumbbell	1.000000	2.12564607	FALSE	FALSE
## stddev_yaw_dumbbell	12.000000	2.08196841	FALSE	FALSE
## var_yaw_dumbbell	12.000000	2.08196841	FALSE	FALSE
## gyros_dumbbell_x	1.044084	1.68158987	FALSE	FALSE
## gyros_dumbbell_y	1.281174	1.96549465	FALSE	FALSE
## gyros_dumbbell_z	1.037209	1.41952391	FALSE	FALSE
## accel_dumbbell_x	1.029536	2.97736041	FALSE	FALSE
## accel_dumbbell_y	1.142857	3.29766325	FALSE	FALSE
## accel_dumbbell_z	1.011561	2.91184393	FALSE	FALSE
## magnet_dumbbell_x	1.016807	7.77462328	FALSE	FALSE

## magnet_dumbbell_y	1.283186	5.99111888	FALSE	FALSE
## magnet_dumbbell_z	1.092308	4.84094053	FALSE	FALSE
## roll_forearm	11.666667	13.62742957	FALSE	FALSE
## pitch_forearm	62.674419	19.18905147	FALSE	FALSE
## yaw_forearm	14.966667	12.89218898	FALSE	FALSE
## kurtosis_roll_forearm	184.109589	1.63791221	FALSE	TRUE
## kurtosis_pitch_forearm	181.621622	1.63791221	FALSE	TRUE
## kurtosis_yaw_forearm	45.252525	0.01455922	FALSE	TRUE
## skewness_roll_forearm	186.666667	1.65247143	FALSE	TRUE
## skewness_pitch_forearm	181.621622	1.60879377	FALSE	TRUE
## skewness_yaw_forearm	45.252525	0.01455922	FALSE	TRUE
## max_roll_forearm	24.000000	1.44864235	FALSE	TRUE
## max_pitch_forearm	4.500000	0.90995123	FALSE	FALSE
## max_yaw_forearm	184.109589	0.29846400	FALSE	TRUE
## min_roll_forearm	24.000000	1.46320157	FALSE	TRUE
## min_pitch_forearm	3.272727	0.93179006	FALSE	FALSE
## min_yaw_forearm	184.109589	0.29846400	FALSE	TRUE
## amplitude_roll_forearm	24.000000	1.54327728	FALSE	TRUE
## amplitude_pitch_forearm	4.352941	1.02642498	FALSE	FALSE
## amplitude_yaw_forearm	60.000000	0.02183883	FALSE	TRUE
## total_accel_forearm	1.125428	0.49501347	FALSE	FALSE
## var_accel_forearm	4.000000	2.14020528	FALSE	FALSE
## avg_roll_forearm	72.000000	1.64519182	FALSE	TRUE
## stddev_roll_forearm	74.000000	1.63063260	FALSE	TRUE
## var_roll_forearm	74.000000	1.63063260	FALSE	TRUE
## avg_pitch_forearm	72.000000	1.64519182	FALSE	TRUE
## stddev_pitch_forearm	72.000000	1.64519182	FALSE	TRUE
## var_pitch_forearm	72.000000	1.64519182	FALSE	TRUE
## avg_yaw_forearm	72.000000	1.64519182	FALSE	TRUE
## stddev_yaw_forearm	74.000000	1.63063260	FALSE	TRUE
## var_yaw_forearm	74.000000	1.63063260	FALSE	TRUE
## gyros_forearm_x	1.107438	2.03829075	FALSE	FALSE
## gyros_forearm_y	1.095420	5.19764141	FALSE	FALSE
## gyros_forearm_z	1.104348	2.11836646	FALSE	FALSE
## accel_forearm_x	1.030769	5.68537526	FALSE	FALSE
## accel_forearm_y	1.171429	7.11945840	FALSE	FALSE
## accel_forearm_z	1.035714	4.10569993	FALSE	FALSE
## magnet_forearm_x	1.050000	10.59183228	FALSE	FALSE
## magnet_forearm_y	1.310345	13.25616947	FALSE	FALSE
## magnet_forearm_z	1.023256	11.70561258	FALSE	FALSE
## classe	1.469526	0.03639805	FALSE	FALSE

c. NA Values

From the summary, it is very evident that most of the variables are composed on NA values. If large portion of the covariate is just NA values. It is might as well good to consider removing this covariates.

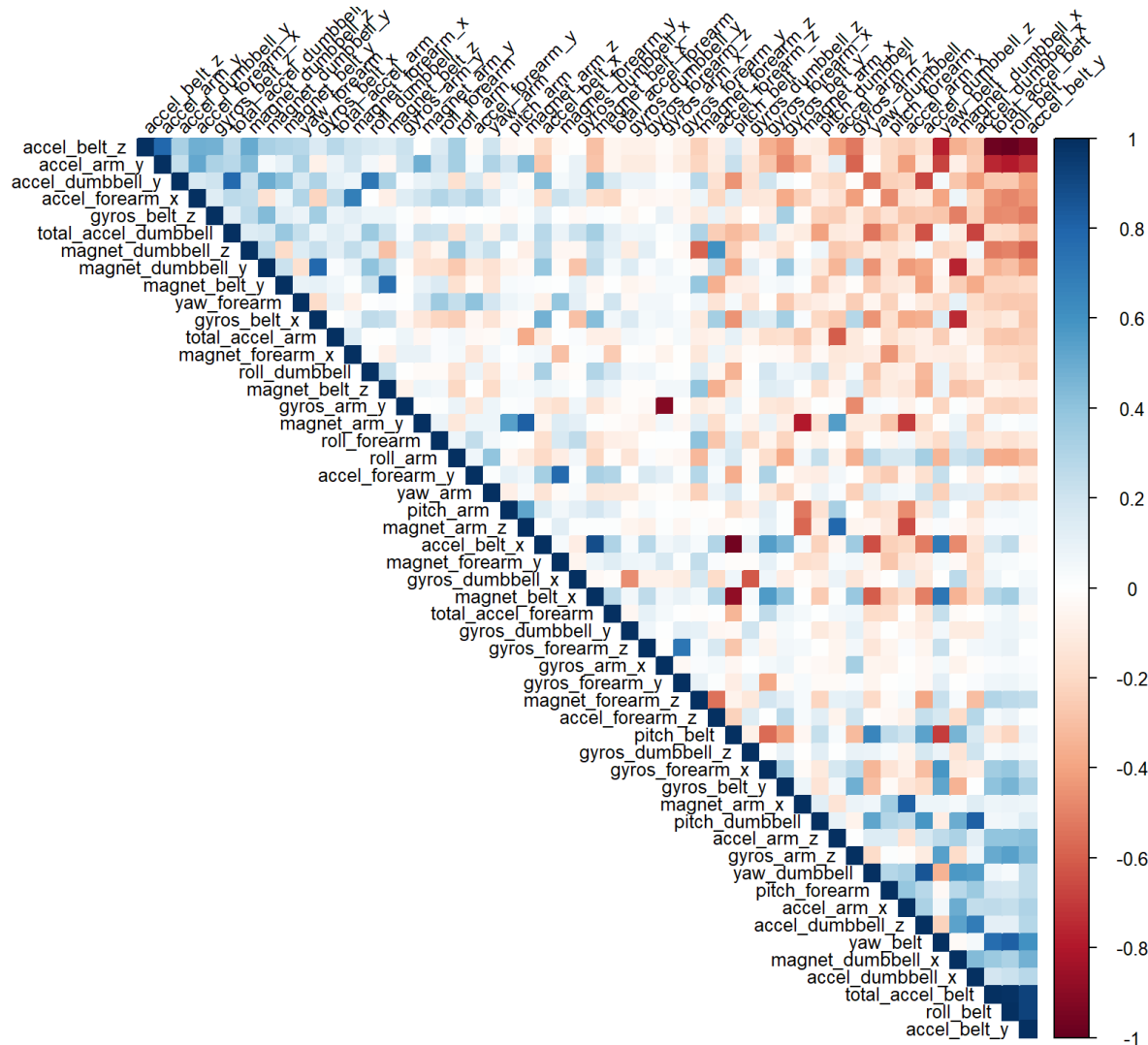
```
allNA <- sapply(train_set_clean, function(x) mean(is.na(x))) > 0.95
train_set_clean <- train_set_clean[, allNA==FALSE]
test_set_clean <- test_set_clean[, allNA==FALSE]
```

D. Correlation Analysis

Lastly, correlation analysis is applied to the partly cleaned data. The goal is to eliminate highly correlated covariates because from the lesson, it is highly emphasized that highly correlated variables don't improve models for the reason that it mask interactions between different features.

In order to visualize the correlation of each covariates, here is the correlation plot.


```
corrplot(cor(train_set_clean[, -53]), order = "FPC", method = "color", type = "upper", tl.cex = 0.8, t1.col = rgb(0, 0, 0), t1.srt=45)
```



As can be noticed, some of the covariates are highly correlated. For this purpose, highly correlated covariates are defined to have a cut off of at least 0.90 in absolute value. Identified variables will then be excluded from the predictors.

```
c <- findCorrelation(abs(cor(train_set_clean[, -53])), cutoff = .90)
train_set_clean <- train_set_clean[, -c]
test_set_clean <- test_set_clean[, -c]
dim(train_set_clean)
```

```
## [1] 13737    48
```

```
dim(test_set_clean)
```

```
## [1] 5885    48
```

There are a total of seven highly correlated variables based on the threshold. After all the cleaning process applied to the original partitioned data set, the number of covariates for the modeling has been reduced from **159 predictors** to only **45 predictors** plus **one outcome variable**.

III. Prediction Model Building

For this project, there will be three algorithm to be used in order to discover the best model to predict the class or fashion of performing the Unilateral Dumbbell Biceps Curl based on the given variables. The three algorithms are:

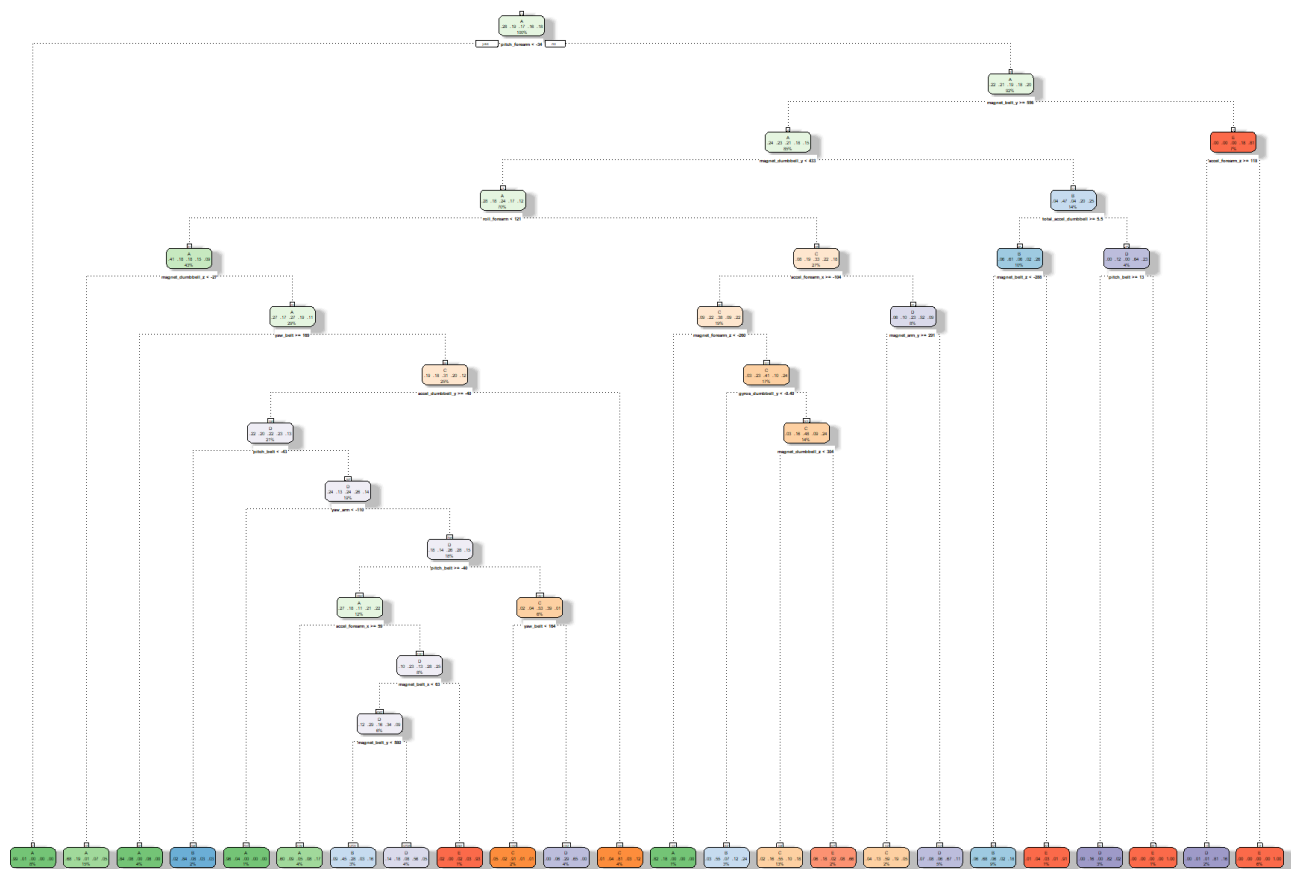
- Decision Tree
- Random Forests
- Gradient Boosting Method

A. Decision Tree Algorithm

A Decision Tree is a supervised learning predictive model that uses a set of binary rules to calculate a target value.

Source: *A Guide to Machine Learning in R for Beginners: Decision Trees* (<https://medium.com/analytics-vidhya/a-guide-to-machine-learning-in-r-for-beginners-decision-trees-c24dfd490abb>)

```
set.seed(123456789)
model_decisiontree <- rpart(classe ~ ., data=train_set_clean, method="class")
fancyRpartPlot(model_decisiontree)
```



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```
prediction_model_decisiontree <- predict(model_decisiontree, newdata=test_set_clean, type="class")
cm_model_decisiontree <- confusionMatrix(prediction_model_decisiontree, test_set_clean$classe)
cm_model_decisiontree
```

```
## Confusion Matrix and Statistics
##
##           Reference
## Prediction   A    B    C    D    E
##           A 1544  233   26   77   85
##           B   43  619  108   43  180
##           C   33  169  777  102  150
##           D   41  101  107  723   67
##           E   13   17    8   19  600
##
## Overall Statistics
##
##           Accuracy : 0.7244
##           95% CI : (0.7128, 0.7358)
##           No Information Rate : 0.2845
##           P-Value [Acc > NIR] : < 2.2e-16
##
##           Kappa : 0.6495
##
## Mcnemar's Test P-Value : < 2.2e-16
##
## Statistics by Class:
##
##           Class: A Class: B Class: C Class: D Class: E
## Sensitivity           0.9223   0.5435   0.7573   0.7500   0.5545
## Specificity           0.9000   0.9212   0.9066   0.9358   0.9881
## Pos Pred Value        0.7858   0.6234   0.6312   0.6959   0.9132
## Neg Pred Value        0.9668   0.8937   0.9465   0.9503   0.9078
## Prevalence            0.2845   0.1935   0.1743   0.1638   0.1839
## Detection Rate        0.2624   0.1052   0.1320   0.1229   0.1020
## Detection Prevalence  0.3339   0.1687   0.2092   0.1766   0.1116
## Balanced Accuracy      0.9112   0.7323   0.8319   0.8429   0.7713
```

B. Random Forest Algorithm

In Random Forests the idea is to decorrelate the several trees which are generated by the different bootstrapped samples from training Data. And then we simply reduce the Variance in the Trees by averaging them.

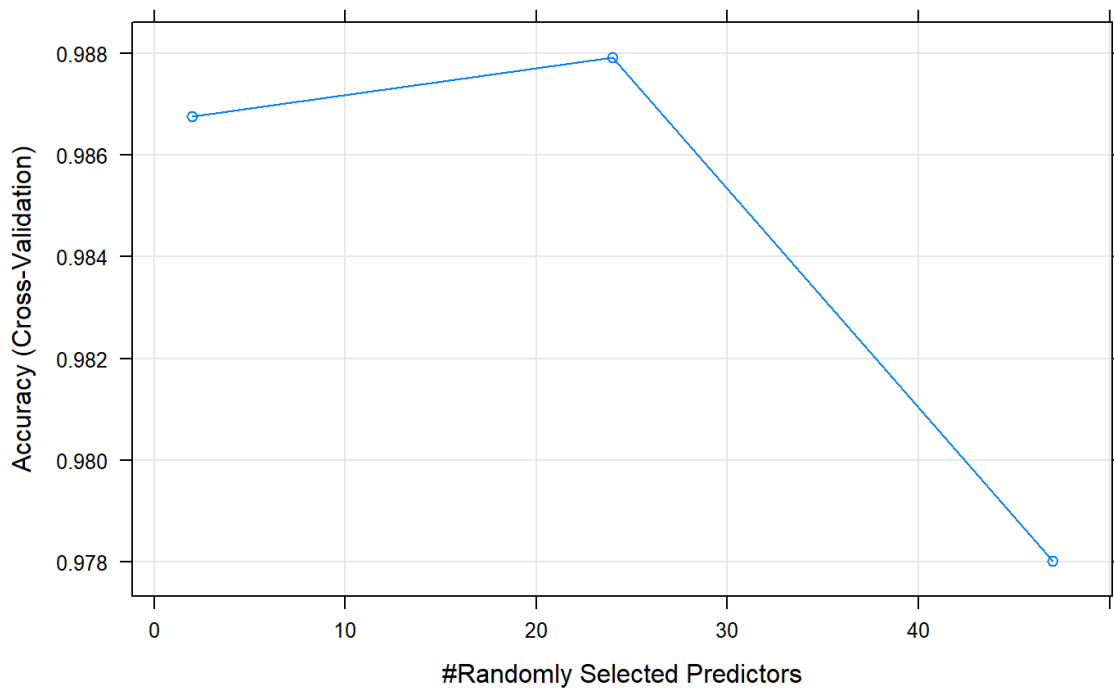
Source: *Random Forests in R* (<https://datascienceplus.com/random-forests-in-r/>)

```
set.seed(123456789)
traincontrol_ranfor <- trainControl(method="cv", number=3, verboseIter=FALSE)
model_randomforest <- train(classe ~ ., data=train_set_clean, method="rf", trControl=traincontrol_ranfor)
model_randomforest
```

```
## Random Forest
##
## 13737 samples
##    47 predictor
##    5 classes: 'A', 'B', 'C', 'D', 'E'
##
## No pre-processing
## Resampling: Cross-Validated (3 fold)
## Summary of sample sizes: 9160, 9157, 9157
## Resampling results across tuning parameters:
##
##  mtry  Accuracy   Kappa
##    2    0.9867517 0.9832381
##   24    0.9879161 0.9847120
##   47    0.9780161 0.9721876
##
## Accuracy was used to select the optimal model using the largest value.
## The final value used for the model was mtry = 24.
```

```
plot(model_randomforest,main="Accuracy of Random Forest Model by Number of Covariates")
```

Accuracy of Random Forest Model by Number of Covariates



```
prediction_model_ranfor <- predict(model_randomforest, newdata=test_set_clean)
cm_model_ranfor<- confusionMatrix(prediction_model_ranfor, test_set_clean$classe)
cm_model_ranfor
```

```
## Confusion Matrix and Statistics
##
##           Reference
## Prediction   A    B    C    D    E
##           A 1673    5    0    0    0
##           B    0 1127    4    0    0
##           C    0    7 1020   10    2
##           D    0    0    2  954    2
##           E    1    0    0    0 1078
##
## Overall Statistics
##
##           Accuracy : 0.9944
##           95% CI : (0.9921, 0.9961)
##           No Information Rate : 0.2845
##           P-Value [Acc > NIR] : < 2.2e-16
##
##           Kappa : 0.9929
##
## Mcnemar's Test P-Value : NA
##
## Statistics by Class:
##
##           Class: A Class: B Class: C Class: D Class: E
## Sensitivity          0.9994  0.9895  0.9942  0.9896  0.9963
## Specificity          0.9988  0.9992  0.9961  0.9992  0.9998
## Pos Pred Value       0.9970  0.9965  0.9817  0.9958  0.9991
## Neg Pred Value       0.9998  0.9975  0.9988  0.9980  0.9992
## Prevalence           0.2845  0.1935  0.1743  0.1638  0.1839
## Detection Rate       0.2843  0.1915  0.1733  0.1621  0.1832
## Detection Prevalence 0.2851  0.1922  0.1766  0.1628  0.1833
## Balanced Accuracy    0.9991  0.9943  0.9951  0.9944  0.9980
```

C. Gradient Boosting Method

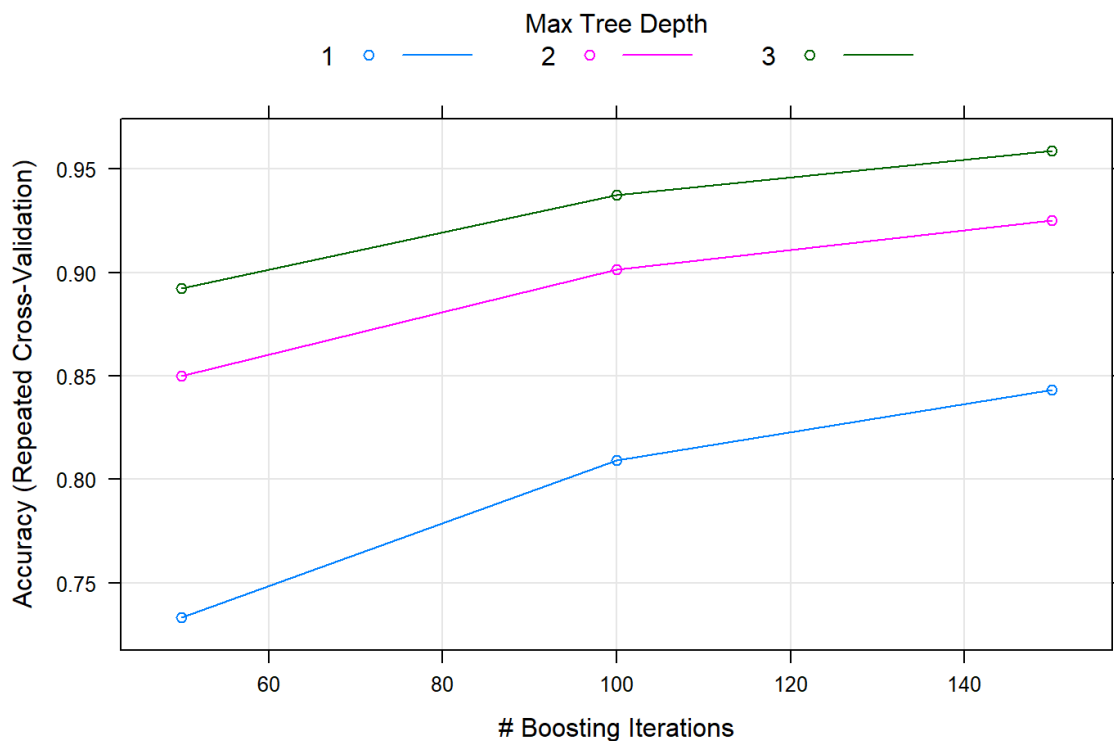
The main idea of boosting is to add new models to the ensemble sequentially. At each particular iteration, a new weak, base-learner model is trained with respect to the error of the whole ensemble learnt so far.

Source: *Gradient Boosting Machines* (http://uc-r.github.io/gbm_regression)

```
set.seed(1)
traincontrol_gbm <- trainControl(method = "repeatedcv", number = 5, repeats = 1)
model_gbm <- train(classe ~ ., data=train_set_clean, method = "gbm", trControl = traincontrol_gbm, verbose = FALSE)
model_gbm
```

```
## Stochastic Gradient Boosting
##
## 13737 samples
##    47 predictor
##    5 classes: 'A', 'B', 'C', 'D', 'E'
##
## No pre-processing
## Resampling: Cross-Validated (5 fold, repeated 1 times)
## Summary of sample sizes: 10991, 10988, 10991, 10988, 10990
## Resampling results across tuning parameters:
##
##  interaction.depth  n.trees  Accuracy  Kappa
##    1                50      0.7332008  0.6617833
##    1               100      0.8091285  0.7584652
##    1               150      0.8431971  0.8015465
##    2                50      0.8498201  0.8097262
##    2               100      0.9015060  0.8753519
##    2               150      0.9252363  0.9054094
##    3                50      0.8921867  0.8634879
##    3               100      0.9372478  0.9205898
##    3               150      0.9585778  0.9475880
##
## Tuning parameter 'shrinkage' was held constant at a value of 0.1
##
## Tuning parameter 'n.minobsinnode' was held constant at a value of 10
## Accuracy was used to select the optimal model using the largest value.
## The final values used for the model were n.trees = 150,
## interaction.depth = 3, shrinkage = 0.1 and n.minobsinnode = 10.
```

```
plot(model_gbm)
```



```
prediction_model_gbm <- predict(model_gbm, newdata=test_set_clean)
cm_model_gbm <- confusionMatrix(prediction_model_gbm, test_set_clean$classe)
cm_model_gbm
```

```
## Confusion Matrix and Statistics
##
##           Reference
## Prediction   A    B    C    D    E
##           A 1656   24    0    2    1
##           B   16 1076   26    1   11
##           C    1   36  985   32    8
##           D    1    3   14  924   16
##           E    0    0    1    5 1046
##
## Overall Statistics
##
##           Accuracy : 0.9664
##           95% CI : (0.9614, 0.9708)
##           No Information Rate : 0.2845
##           P-Value [Acc > NIR] : < 2.2e-16
##
##           Kappa : 0.9574
##
## Mcnemar's Test P-Value : 9.125e-05
##
## Statistics by Class:
##
##           Class: A Class: B Class: C Class: D Class: E
## Sensitivity          0.9892   0.9447   0.9600   0.9585   0.9667
## Specificity          0.9936   0.9886   0.9842   0.9931   0.9988
## Pos Pred Value       0.9840   0.9522   0.9275   0.9645   0.9943
## Neg Pred Value       0.9957   0.9868   0.9915   0.9919   0.9926
## Prevalence           0.2845   0.1935   0.1743   0.1638   0.1839
## Detection Rate       0.2814   0.1828   0.1674   0.1570   0.1777
## Detection Prevalence 0.2860   0.1920   0.1805   0.1628   0.1788
## Balanced Accuracy     0.9914   0.9667   0.9721   0.9758   0.9827
```

IV. Result Summary and Conclusion

Presented below is the table to summarize the output characteristics of the model created using the different algorithms.

Algorithm	Accuracy	Kappa	95% CI
Decision Tree	70.69%	62.94%	69.51% - 71.85%
Random Forest	99.20%	98.99%	98.94% - 99.41%
Gradient Boosting Method	95.82%	94.71%	95.28% - 96.32%

From the result above, it is clear that **Random Forest Algorithm** provided the best predictive model for the class or fashion of performing the Unilateral Dumbbell Biceps Curl based on the given variables.

V. Application

This section shows the application of the selected best predictive model (using Random Forest Algorithm) to the given set of testing data for the evaluation exercises.

```
evaluation_prediction <- predict(model_randomforest, newdata=pml_validation)
evaluation_prediction
```

```
## [1] B A B A A E D B A A B C B A E E A B B B
## Levels: A B C D E
```