

HealthSense Assessment Summary Report

Date range: 2025-11-10 → 2025-11-10

Generated: Nov 10, 2025

Total assessments: 19

Average overall score: 57.37

Best performer: Expert B — words phrasing (Anytime Fitness – Eden)

fv=5pd|hy=3.5L|pf=0pd|pr=4pd|ca=5d|fm=5d|st=3s|er=6d|op=6d|pc=6d|sr=6d|so=6d|bc=6d|sd=6d|sq=5d (88.0)

#	Name	Date Completed	Overall	Nutrition	Training	Resilience	Recovery
1	Mixed D — Nutrition Developing, Training Proficient, Resilience Competent, Recovery Novice (verbose mix phrasing) (An... fv=2pd hy=2L pf=3pd pr=2pd ca=4d fm=4d st=3s er=4d op=4d pc=4d sr=4d so=4d bc=2d sd=2d sq=2d	10-Nov-2025	49.0	38	73	57	29
2	Mixed B — Nutrition Competent, Training Developing, Resilience Expert, Recovery Proficient (words phrasing) (Anytime ... fv=3pd hy=2.5L pf=2pd pr=3pd ca=2d fm=2d st=1s er=6d op=6d pc=6d sr=6d so=6d bc=5d sd=5d sq=5d	10-Nov-2025	65.0	68	25	86	81
3	Mixed D — Nutrition Competent, Training Competent, Resilience Competent, Recovery Expert (verbose mix phrasing) (Anyt... fv=3pd hy=2.5L pf=2pd pr=3pd ca=3d fm=3d st=2s er=4d op=4d pc=4d sr=4d so=4d bc=6d sd=6d sq=5d	10-Nov-2025	62.0	59	48	57	86
4	Mixed B — Nutrition Competent, Training Competent, Resilience Competent, Recovery Developing (words phrasing) (Anytim... fv=3pd hy=2.5L pf=2pd pr=3pd ca=3d fm=3d st=2s er=4d op=4d pc=4d sr=4d so=4d bc=3d sd=3d sq=3d	10-Nov-2025	54.0	68	48	57	43

#	Name	Date Completed	Overall	Nutrition	Training	Resilience	Recovery
5	Mixed D — Nutrition Competent, Training Competent, Resilience Expert, Recovery Competent (verbose mix phrasing) (Anyt... fv=3pd hy=2.5L pf=2pd pr=3pd ca=3d fm=3d st=2s er=6d op=6d pc=6d sr=6d so=6d bc=4d sd=4d sq=4d	10-Nov-2025	62.0	59	48	86	57
6	Mixed B — Nutrition Competent, Training Competent, Resilience Developing, Recovery Competent (words phrasing) (Anytim... fv=3pd h y=2.5L pf=2pd pr=3pd ca=3d fm=3d st=2s er=3d op=3d pc=3d sr=3d so=3d bc=4d sd=4d sq=4d	10-Nov-2025	54.0	70	48	43	57
7	Mixed D — Nutrition Competent, Training Expert, Resilience Competent, Recovery Competent (verbose mix phrasing) (Anyt... fv=3pd hy=2.5L pf=2pd pr=3pd ca=5d fm=5d st=3s er=4d op=4d pc=4d sr=4d so=4d bc=4d sd=4d sq=4d	10-Nov-2025	62.0	59	77	57	57
8	Mixed B — Nutrition Competent, Training Developing, Resilience Competent, Recovery Competent (words phrasing) (Anytim... fv=3pd h y=2.5L pf=2pd pr=3pd ca=2d fm=2d st=1s er=4d op=4d pc=4d sr=4d so=4d bc=4d sd=4d sq=4d	10-Nov-2025	50.0	70	17	57	57
9	Mixed D — Nutrition Expert, Training Competent, Resilience Competent, Recovery Competent (verbose mix phrasing) (Anyt... fv=5pd hy=3.5L pf=0pd pr=4pd ca=3d fm=3d st=2s er=4d op=4d pc=4d sr=4d so=4d bc=4d sd=4d sq=4d	10-Nov-2025	62.0	91	44	57	57
10	Mixed B — Nutrition Developing, Training Competent, Resilience Competent, Recovery Competent (words phrasing) (Anytim... fv=2pd h y=2L pf=3pd pr=2pd ca=3d fm=3d st=2s er=4d op=4d pc=4d sr=4d so=4d bc=4d sd=4d sq=4d	10-Nov-2025	53.0	50	48	57	57

#	Name	Date Completed	Overall	Nutrition	Training	Resilience	Recovery
11	Proficient D — verbose mix phrasing (Anytime Fitness – Eden) fv=4pd hy=3L pf=1pd pr=4pd ca=4d fm=4d st=3s er=5d op=5d pc=5d sr=5d so=5d bc=5d sd=5d sq=5d	10-Nov-2025	72.0	74	73	71	71
12	Proficient B — words phrasing (Anytime Fitness – Eden) fv=4pd hy=3L pf=1pd pr=4pd ca=4d fm=4d st=3s er=5d op=5d pc=5d sr=5d so=5d bc=5d sd=5d sq=5d	10-Nov-2025	66.0	62	58	71	71
13	Novice B — words phrasing (Anytime Fitness – Eden) fv=1pd hy=1L pf=4pd pr=1pd ca=1d fm=1d st=0s er=2d op=2d pc=2d sr=2d so=2d bc=2d sd=2d sq=2d	10-Nov-2025	18.0	8	10	29	25
14	Expert D — verbose mix phrasing (Anytime Fitness – Eden) fv=5pd hy=3.5L pf=0pd pr=4pd ca=5d fm=5d st=3s er=6d op=6d pc=6d sr=6d so=6d bc=6d sd=6d sq=5d	10-Nov-2025	85.0	91	77	86	86
15	Expert B — words phrasing (Anytime Fitness – Eden) fv=5pd hy=3.5L pf=0pd pr=4pd ca=5d fm=5d st=3s er=6d op=6d pc=6d sr=6d so=6d bc=6d sd=6d sq=5d	10-Nov-2025	88.0	95	87	86	86
16	Developing D — verbose mix phrasing (Anytime Fitness – Eden) fv=2pd hy=2L pf=3pd pr=2pd ca=2d fm=2d st=1s er=3d op=3d pc=3d sr=3d so=3d bc=3d sd=3d sq=3d	10-Nov-2025	36.0	42	18	43	43
17	Developing B — words phrasing (Anytime Fitness – Eden) fv=2pd hy=2L pf=3pd pr=2pd ca=2d fm=2d st=1s er=3d op=3d pc=3d sr=3d so=3d bc=3d sd=3d sq=3d	10-Nov-2025	40.0	50	23	43	43
18	Competent D — verbose mix phrasing (Anytime Fitness – Eden) fv=3pd hy=2.5L pf=2pd pr=3pd ca=3d fm=3d st=2s er=4d op=4d pc=4d sr=4d so=4d bc=4d sd=4d sq=4d	10-Nov-2025	54.0	61	41	57	57

#	Name	Date Completed	Overall	Nutrition	Training	Resilience	Recovery
19	Competent B — words phrasing (Anytime Fitness – Eden) fv=3pd hy=2.5L pf=2pd pr=3pd ca=3d fm=3d st=2s er=4d op=4d pc=4d sr=4d so=4d bc=4d sd=4d sq=4d	10-Nov-2025	58.0	70	48	57	57

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