

# DANGERS OF POOR HYGIENE

## Definition;

Hygiene refers to the way how someone minds on his /her body or keep herself clean.

*This is to alert you that at WITI there has broken up poor hygiene which made most people loose their lives. so my dear school community take note on this to reduce the above problem*

### 1.Danger of poor hygiene



- .leads to body weekness
- .leads loss of lives
- .leads to diseases like typhoid, tooth ache and many others.

### 2.Causes of pooy hygiene

- not brushing the teeth regulary
- playing in dirty water
- by using poor water sources, dirty plates and cups like time for eating and many other ways like poor showering.



### 3.Problems of poor hygien

- .it leads the body smell
- .it leads to early age death since it reduce on our body health which would lead to early death

### 4.Solution to solve problems

- .by regurally brashing to reduce bad ordour
- .trough going for clinical checkup to reduce on your diseases

*My phrase says  
"cleanliness is not a luxury"*