GENDER AND SEX

Sex-

refers to a person's biological status and is typically categorized as male, female, or intersex. There are a number of indicators of biological sex, including sex chromosomes, gonads, internal reproductive organs, and external genitalia.

Gender-

refers to the attitudes, feelings, and behaviors that a given culture associates with a person's biological sex.

Gender Roles-

The set of expectations, defined by a particular society, that indicate what is appropriate for men and women

Sexism-

Negative attitudes and behavior toward a person that are based on his/her gender

What are words usually used to describe Males? Females?

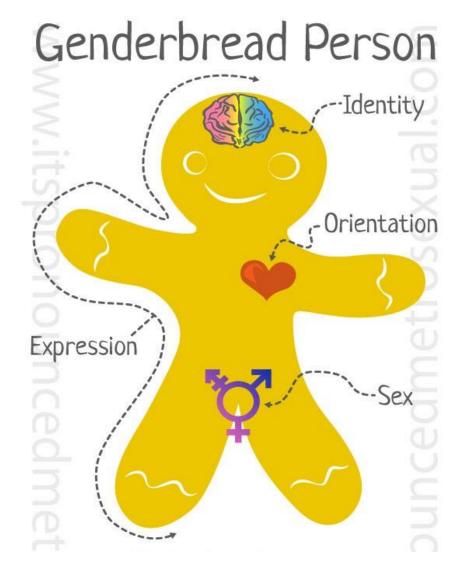
What jobs/ occupations are deemed appropriate to Males? Females?

Who experiences more Sexual Harassment incidents?
(RA 7877)



Understanding SOGIE

(Biological Sex, Orientation, Gender Identity and Expression)



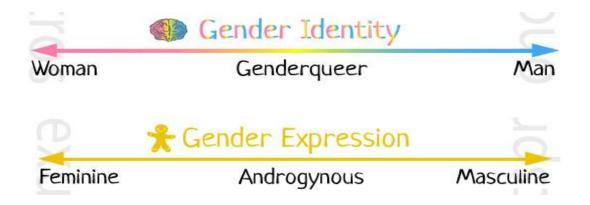
Understanding SOGIE – Biological Sex



This can be considered as our "packaging" and is determined by:

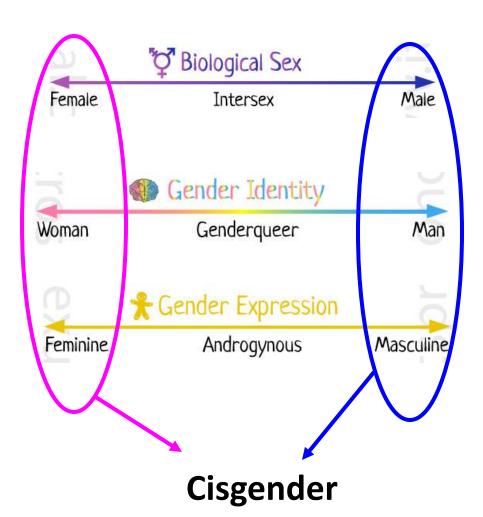
- A. our chromosomes (XX for females, XY for males);
- B. **our hormones** (estrogen and progesterone for females, testosterone for males)
- C. **our internal and external genitalia** (*vulva, clitoris, vagina* for females, penis and testicles for males).

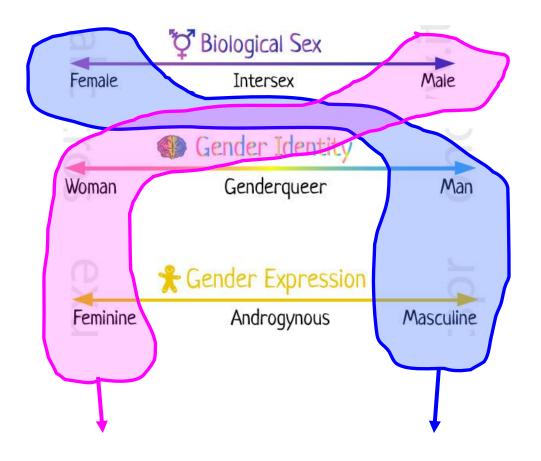
About 4% of the population can be defined as "Intersexuals" born with biological aspects of both sexes to varying degrees.



Gender Identity: Individual's innermost concept of self as "male" or "female" -- what we perceive and call ourselves.

Gender Expression: Set of socially-defined roles and behaviors assigned to females and males.





Transgender Transgender Man Woman

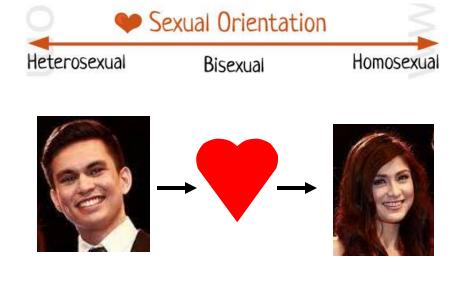
- Trans men and trans women transition and/or "migrate" from one side of the gender binary to the other (Ekins & King, 2006; WPATH, 2011)
 - Via living in the gender consistent with their identity
 - Via hormone therapy
 - Via voice therapy
 - Via sex-reassignment surgery
 - Breast/chest surgery
 - Genital surgery
 - Other interventions e.g., facial feminization

• Case: BB Gandanghari

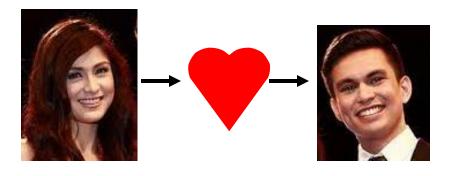
- Assigned sex: male
- Gender identity: "babae"
- Gender expression: feminine
- Sexual orientation: heterosexual

Understanding SOGIE – Sexual Orientation

Sexual orientation is an enduring emotional, romantic, or sexual attraction that one feels toward men, toward women or toward both (American Psychological Association).



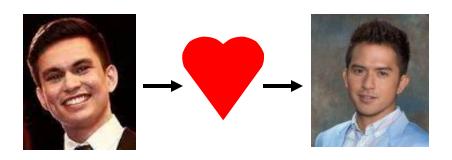
Heterosexual (Opposite)



Understanding SOGIE – Sexual Orientation

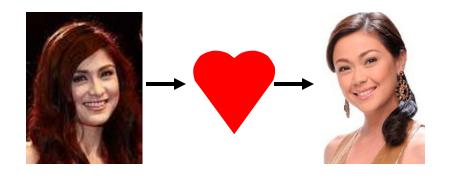
Sexual orientation also refers to a person's sense of identity based on those attractions, related behaviors and membership in a community of others who share those attractions. (American Psychological **Association**)





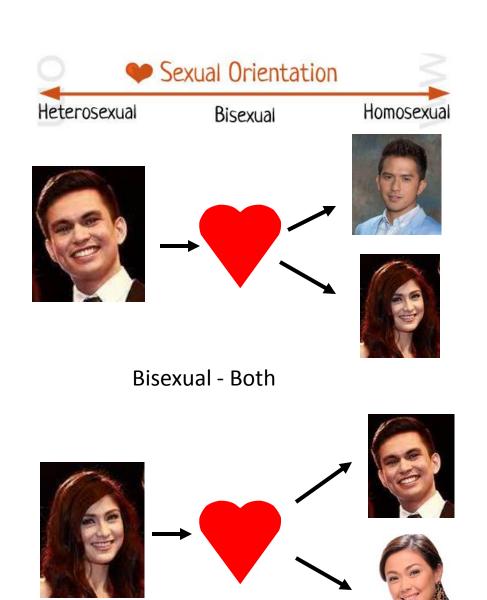
Homosexual (Same):

Gay and Lesbian



Understanding SOGIE Sexual Orientation

People express their sexual orientation through behaviors with others, including such simple actions as holding hands or kissing. Thus, sexual orientation is closely tied to the intimate personal relationships that meet deeply felt needs for love, attachment and intimacy (APA).



Kinsey's Seven Point Scale						
0	1	2	3	4	5	6
♂ Ç	ರ್ ರೣ	ರೆ ರೆ	ರೆ ರೆ	ರೆ ರೆ	♂ ¢	ರೆ ರೆ
♀ ♂	Ç Ç	Ç Ç	₽ ₫	<mark>ද</mark> ද්	Q Q	Q Q
Exclusively heterosexual behavior	Incidental homosexual behavior	More than incidental homosexual behavior	Equal heterosexual and homosexual behavior	More than incidental heterosexual behavior	Incidental heterosexual behavior	Exclusively homosexual behavior
Ambisexual behavior ————						

Gender Identity vs. Sexual Orientation



Sexual orientation has to do with who we get into bed with; our gender identity has something to do with who we get to bed as.

Why Aiza is transgender, not lesbian.

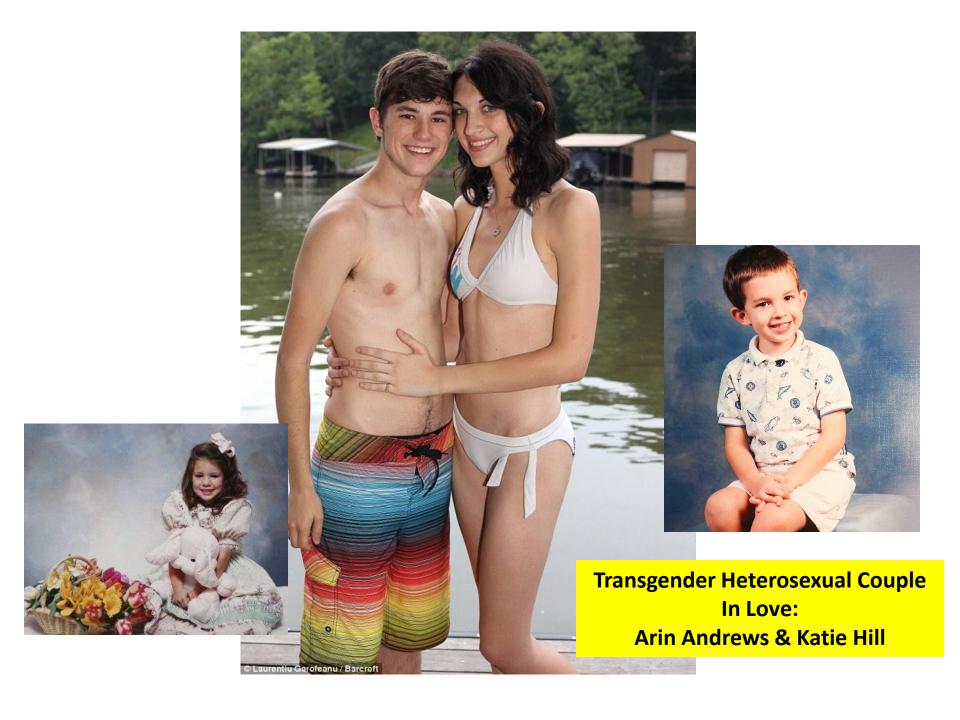


Aiza Seguerra with fiancee Liza Dino.

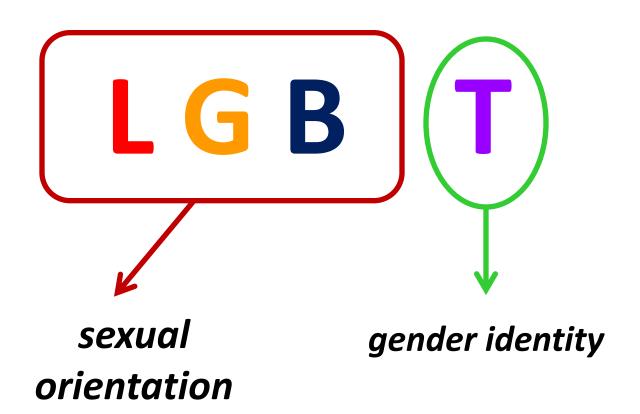
He (Aiza) explained: "Ngayon ko lang naidentify talaga para sa sarili ko. Before kasi, as a lesbian, ang dami ko paring questions na hindi [masagot]. When I finally discovered sa sarili ko na I am not lesbian and I am a transgender, there you go. It answered a lot of questions."

Asked how Dino identifies herself, Seguerra said his fiancee is straight and not a lesbian. He explained that since he is a transman, "hindi niya ako tintingnan as a woman."

She (Dino) said at the time: "Ako din, sa sarili ko, it was something that I had to go really go through in terms of asking myself and going through that, 'Ano ba talaga ako because of my relationship with Aiza?' My role in the relationship has always been a woman, a wife."



A quick recap



Who are the LGBT?

LGBT

LGBT

Women attracted, romantically and sexually, to other women

Men attracted, romantically and sexually, to other men

Who are the LGBT?



LGB

Men and women attracted, romantically and sexually, to both women and men

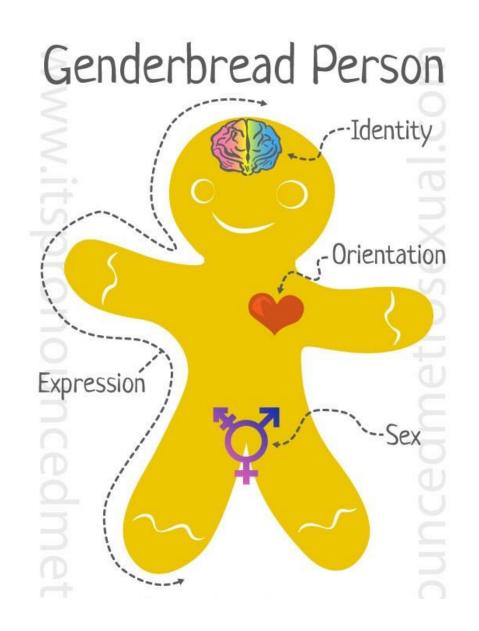
Filipinos whose gender identity and/or gender expression differ from society's expectations based on their birth sex

Sexual-Gender Orientation Identities

- Cisgendered heterosexual male
- Cisgendered heterosexual female
- Bigendered heterosexual male
- Bigendered heterosexual female
- Cisgendered homosexual male
- Cisgendered homosexual female
- Bigendered homosexual male
- Bigendered homosexual female
- Cisgendered bisexual male
- Cisgendered bisexual female
- Bigendered bisexual male
- Bigendered bisexual male

- Heterosexual transgendered woman
- Heterosexual transgendered man
- Heterosexual bigendered transwoman
- Heterosexual bigendered transman
- Bisexual transgendered woman
- Bisexual transgendered man
- Bisexual bigendered transwoman
- Bisexual bigendered transman
- Homosexual transgendered woman
- Homosexual transgendered man
- Homosexual bigendered transwoman
- Homosexual bigendered transman

RECAP SOGIE



LGBT Psychology

An emerging field of psychology concerned with the lives, experiences & well-being of LGBT people in *positive, affirming, non-stigmatizing ways* (Clark et al., 2010; Hancock & Greenspan, 2010)

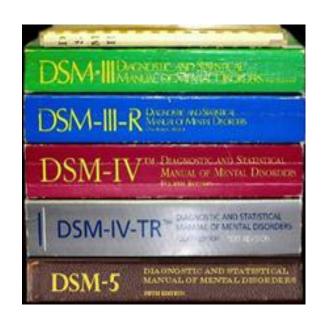
Once upon a time.. in the 19th century:

"Homosexuality: "

Abnormal
Mental Illness
Disorder



The Year Things Changed: 1973



42years ago,
'homosexuality'
was officially
removed from the
Diagnostic and
Statistical Manual
of Mental
Disorders (DSM).

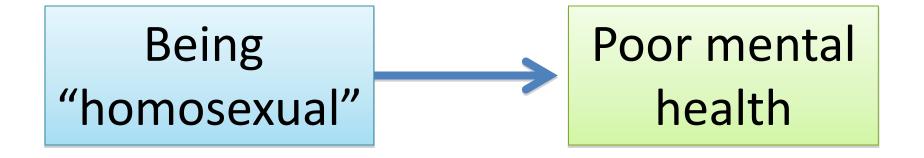
What does it mean?

It is **NOT** a disorder:

- (1) is common
- (2) it did NOT impair daily functioning
- (3) did NOT cause any distress

(In fact many LGBT people have successful, happy, and flourishing lives!)

Our thinking before 1973



In one word: "pa-tho-lo-gi-za-tion"

Anti-LGBT stigma: Hate crimes & Hate speech



- 144 deaths by anti-LGBT violence since 1996
- 32 LGBT Filipinos violently killed in 2011
- Hate motivation
 - 58 deaths from multiple stab wounds
 - 25 deaths from multiple gunshots
 - 6 deaths from torture

(Labilles, 2011)







India Vs England 2014

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NEWS OPINION COMMUNITY WHAT'S UP SILOY IS WATCHING MULTIMEDIA PHOTO STORE BREAKING NEWS First meningo victim in Cebu dies at Vicente Sotto hospital Google™ Custom Search

Ladies' room off limits to Maki; complaint filed

By Marian Z. Codilla

7:19 am | Thursday, July 31st, 2014

















With waist-length hair, smooth skin, and fine features, Maki Gingoyon can turn heads.

The former Queen of Cebu 2010 titlist was almost accepted as a member of of a private gym in a Cebu city mall last Monday, but didn't enroll when the manager said the ladies' locker was off limits.

The walk-in client said it was a "humiliating" experience to have to explain an ID card which stated "male" as gender.

As an advocate of transgender women, the beauty queen complained, first online and then in a letter to Fitness First in Ayala Center.

The Facebook post was quickly shared, with 600 "likes" last night, and cast new attention on Cebu City's anti-discrimination ordinance and the mixed reception of establishments to homosexual clients.

"A fitness center inside the Ayala mall did not allow me to sign up for membership because I am a transgender woman," wrote Gingoyon in the post.









Kinds of Anti-LGBT Stigma

(Hatzenbuehler, 2009; Meyer, 1995, 2003)



- Discrimination being treated unequally, without dignity, or with violence
- Concealment pressure being closeted, maintaining separate lives
- 3. Internalized stigma feeling ashamed of being LGBT, wanting to change
- **4. Hostile environments** stereotyping, jokes, harassment







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Home

Passage of Cebu's anti-discrimination law lauded

Thursday, October 18, 2012

AAA

CEBU CITY — Equal rights defenders on Thursday expressed optimism that the passage of anti-discrimination ordinance here will stop the stigma of being different.

The Cebu City Council on Wednesday passed a landmark ordinance that penalizes any form of discrimination against persons with disability (PWDs), different sexual preferences, ethnicity and religion. This is the first anti-discrimination policy in the country.



