SOULEYMANE SANOKHO

English Homework

Brainy dose Presents:

- 12 ways to improve your communication Skill instantly
- 1- Show respect and appreciation
- 2- listen actively
- 3- Ask question and paraphrase
- 4- make eye contact
- 5- attention to body language
- 6- get rid a conversation filler
- 7- be brief, but specific
- 8- put away devices
- 9- validate other's thoughts and feelings
- 10- never talk over people
- 11- watch your tone
- 12- Small and have positive attitude

Most important tips

2- listen actively:

listen actively because the minimum of things during a conversation is to listen to the person. To listen carefully, you have to be fully available to the other, temporally, physically and emotionally.

4- make eye contact:

Un contact visuel positif vous aide à établir un rapport avec la personne et à le maintenir engagé dans votre présentation. Il leur donne également un sentiment d'implication et transmet votre message à un niveau personnel.

9- validate other's thoughts and feelings:

Validating someone's feelings means acknowledging them and admitting their importance. In any healthy relationship, validating a person's feelings during the conversation is essential.

12- Small and have positive attitude

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Having a positive attitude means taking things on the safe side. Adopting positive thinking means being optimistic in all situations, having confidence in yourself and in your decisions, and having a smile