

2025 考研 Monkey 百句实战-课程使用指导

前言：Monkey 百句实战是考研英语春季复习的重点内容，也是帮助各位同学实现词汇、语法、长难句分析能力、阅读能力、翻译能力质变和飞跃的关键所在，学起来！

（一）课程内容

【Monkey 百句实战赏析】精选 1997-2009 年考研真题中的 100 个经典长难句，重在讲解积累词汇、语法知识、文化政经通识，加强长难句的理解与翻译能力。

相较 23 版，24、25 版百句加强了对句子涉及的重难语法点的系统讲解和例句拓展

（二）课程形式

百句实战中每句话配有 25 分钟左右的视频讲解，视频将从 2 月 5 日起发布在以下平台上，各位同学可以选择自己喜欢的平台进行学习。

- ① 微博：Monkey 考研英语（每晚 7 点日更，每日转抽一个【主旨笔记本】）
- ② B 站：Monkey 考研英语（每晚 7 点日更，无抽奖活动，但弹幕互动性较强）
- ③ 公众号：【Monkey 考研英语】（每晚 7 点日更，有较好的提醒效果）
- ④ Monkey 全心全意班（付费全程班，2 月底前更新完，学习进度自行掌握）

（三）学习重点

词汇→语法→长难句→篇章→真题实战

- ① 学会在考研语境中理解词汇
- ② 适应以理解句义为目的的语法分析
- ③ 尽可能理解考研完形、阅读与翻译真题中难度最高的重点句
- ④ 提前开始长线翻译练习，翻译题不要只拿“友情分”

建议：词汇基础薄弱的同学，至少完成第一遍考研词汇学习后再听百句实战。

（四）学习方式

- 1. 每天早读在讲义上独立翻译一句话，可以查生词，但必须要下笔翻译！（10min）
（该方式可以在讲义上记录自己长难句分析和翻译能力的增长以及曾经犯下的错误）

- 2. 当天听对应视频的讲解，并整理笔记，每句 1 页纸，重点记录一下内容：

- ① 将原句抄写在笔记本上 ② 句法结构的拆分思路
- ③ 各分句的重点、短语积累 ④ 各分句未经润色的初版翻译
- ⑤ 老师最终整理润色出的全句整合翻译

（以上内容《锐讲语法》一书中已涵盖，只需适当勾画重点并补充个别笔记）

- 3. 第二天早读对着讲义的原句再次尝试翻译该句子，并复习前一天的笔记（5min）
- 4. 第二天早读开始翻译下一个句子，开启新一轮循环...

每日投入时间=10 分钟早读翻译+45 分钟听课记笔记+5 分钟次日复习=每天 1 小时

2024 考研 Monkey 百句实战-长难句分析方法论

（一）句义理解的基本思路

【例句】Handsome Tom crazily adores Jerry who is really ugly because they are the Tom and Jerry.

1. 找出独一无二的“主句谓语”
2. 围绕主句谓语找出其主语、宾语
3. 围绕主语、宾语找相关定语
4. 搞清剩余成分（状、补）修饰的对象，是形容词、动词、还是全句？

（二）长难句实战中的常见问题

1. 句中 ed 形式结尾的词是 did、done 还是 adj？
2. 被省略的定语从句甚至名词性从句引导词。
3. that 引导了什么从句；which 引导的是不是非限？
4. for、as 等词是介词还是连词？and 并列的是名词还是句子？
5. 复杂句的主干把握、从句的范围以及综合翻译问题。
6. 倒装、插入、省略、强调、后置等干扰正常语序的语法现象。

（三）长难句分析的核心原则

1. 拒绝晴天借伞，雨天收伞。专为长难句打造策略，雪中送炭！
2. 涉及国王身份（谓语）的问题都是天大的问题！
3. 主谓宾状定补，目的、因果与条件！
4. 实践是对抗不确定性的最佳武器——二分原则
5. 以史为鉴——大数定律

（四）Monkey 的长难句实战分析步骤

【例句】Whether Monkey is a human is still unknown because he never shows up when he teaches the class.

- ① 找出句中所有的谓语以及常见从句引导词，并按顺序写下来。
- ② 清点谓语、引导词数量并代入等式检测，直至以下等式成立：
谓语动词数-常见从句引导词数=1
- ③ 引导词按向后就近原则分配，引导词与紧邻其后出现的国王（谓语）必属一家。
最后剩下的孤家寡人就是主句谓语！
- ④ 围绕主句谓语构建主谓宾铁三角结构，在此基础上逐步明确定语、状语等修饰成分的指代对象。

（五）分析步骤的内在逻辑-假设检验

假设：that 没省略；that 引导了从句；as、for 做介词，后跟的是名词；
and 并列的不是动词或句子；ed 结尾的词是 done 和 adj。

检验：谓语动词数-常见从句引导词数=1

常见从句引导词：

that, which, what, where, when, if, how, whether, why, while, though, although...

若结果 $\neq 1$ ，意味着出现了小概率事件→假设不成立！

若结果 > 1 ，意味着谓语找多了或从句引导词找少了→that 省略了、and 或 but 并列谓语了、as、for 做引导词了、存在 make sb do sth 类特殊结构

若结果 < 1 ，意味着谓语找少了或从句引导词找多了→则谓语找漏了（ed 结尾的是 did）、that 做代词、引导词找多了、if done 特殊结构...

（六）考研真题长难句实战练习

【练习①】What is harder to establish is whether the productivity revolution that businessmen assume they are presiding over is for real.

【练习②】Many European schools introduce the concept of professional training early on in order to make sure children are properly equipped for the professions they want to join.

【练习③】For a while it looked as though the making of semiconductors, which America had invented and which sat at the heart of the new computer age, was going to be the next casualty.

**“实践是认识的来源，实践是认识的目的，
实践是认识深化的手段，实践是检验真理的唯一标准！”**

2024 考研 Monkey 百句实战-正课讲义

1997 年真题

1. After six months of arguing and final 16 hours of hot parliamentary debates, Australia's Northern Territory became the first legal authority in the world to allow doctors to take the lives of incurably ill patients who wish to die.
2. The casual friendliness of many Americans should be interpreted neither as superficial nor as artificial, but as the result of a historically developed cultural tradition.
3. For example, when an American uses the word "friend", the cultural implications of the word may be quite different from those it has in the visitor's language and culture.
4. The phrase "substance abuse" is often used instead of "drug abuse" to make clear that substances such as alcohol and tobacco can be just as harmfully misused as heroin and cocaine.
5. We live in a society in which the medicinal and social use of substances (drugs) is pervasive: an aspirin to quiet a headache, some wine to be sociable, coffee to get going in the morning, a cigarette for the nerves.
6. Dependence is marked first by an increased tolerance, with more and more of the substance required to produce the desired effect, and then by the appearance of unpleasant withdrawal symptoms when the substance is discontinued.

7. Drugs (substances) that affect the central nervous system and alter perception, mood, and behavior are known as psychoactive substances.
8. The test of any democratic society lies not in how well it can control expression but in whether it gives freedom of thought and expression the widest possible latitude, however disputable or irritating the results may sometimes be.
9. Though some of us have known for many, many years that the freedoms under the First Amendment are not totally unlimited, I think it is perhaps the case that some people associated with the company have only recently come to realize this.
10. Much of the language used to describe monetary policy, such as “steering the economy to a soft landing” or “a touch on the brakes”, makes it sound like a precise science.

1998 年真题

11. Perhaps it is humankind’s long suffering at the mercy of flood and drought that makes the idea of forcing the waters to do our bidding so fascinating.
12. The Aswan Dam, for example, stopped the Nile flooding but deprived Egypt of the fertile silt that floods left—all in return for a giant reservoir of disease which is now so full of silt that it barely generates electricity.

13. The trouble is that part of the recent acceleration is due to the usual rebound that occurs at this point in a business cycle, and so is not conclusive evidence of a revival in the underlying trend.
14. New ways of organizing the workplace—all that re-engineering and downsizing—are only one contribution to the overall productivity of an economy, which is driven by many other factors such as joint investment in equipment and machinery, new technology, and investment in education and training.
15. A survey of news stories in 1996 reveals that the anti-science tag has been attached to many other groups as well, from authorities who advocated the elimination of the last remaining stocks of smallpox virus to Republicans who advocated decreased funding for basic research.
16. The true enemies of science, argues Paul Ehrlich of Stanford University, a pioneer of environmental studies, are those who question the evidence supporting global warming, the depletion of the ozone layer and other consequences of industrial growth.
17. Scattered around the globe are more than 100 small regions of isolated volcanic activity known to geologists as hot spots.
18. The complementary coastlines and certain geological features that seem to span the ocean are reminders of where the two continents were once joined.

19. It is not possible to determine whether both continents are moving in opposite directions or whether one continent is stationary and the other is drifting away from it.
20. Specialists in history and economics, have shown two things: that the period from 1650 to 1750 was marked by great poverty, and that industrialization certainly did not worsen and may have actually improved the conditions for the majority of the populace.

1999 年真题

21. At the same time, the American Law Institute—a group of judges, lawyers, and academics whose recommendations carry substantial weight—issued new guidelines for tort law stating that companies need not warn customers of obvious dangers or bombard them with a lengthy list of possible ones.
22. Some companies are limiting the risk by conducting online transactions only with established business partners who are given access to the company's private intranet.
23. Online culture thinks highly of the notion that the information flowing onto the screen comes there by specific request. Once commercial promotion begins to fill the screen uninvited, the distinction between the Web and television fades.
24. The examples of Virtual Vineyards, Amazon.com, and other pioneers show that a Web site selling the right kind of products with the right mix of interactivity, hospitality, and security will attract online customers.
25. An invisible border divides those arguing for computers in the classroom on the behalf of students' career prospects and those arguing for computers in the classroom for broader reasons of radical educational reform.

26. Very few writers on the subject have explored this distinction—indeed, contradiction—which goes to the heart of what is wrong with the campaign to put computers in the classroom.
27. An education that aims at getting a student a certain kind of job is a technical education, justified for reasons radically different from why education is universally required by law.
28. But, for a small group of students, professional training might be the way to go since well-developed skills, all other factors being equal, can be the difference between having a job and not.
29. Declaring that he was opposed to using this unusual animal husbandry technique to clone humans, he ordered that federal funds not be used for such an experiment—although no one had proposed to do so—and asked an independent panel of experts chaired by Princeton President Harold Shapiro to report back to the White House in 90 days with recommendations for a national policy on human cloning.
30. The panel has not yet reached agreement on a crucial question, however, whether to recommend legislation that would make it a crime for private funding to be used for human cloning.
31. Science, in practice, depends far less on the experiments it prepares than on the preparedness of the minds of the men who watch the experiments.

32. The fact that the apple fell down toward the earth and not up into the tree answered the question he had been asking himself about those larger fruits of the heavens, the moon and the planets.
33. If experiments are planned and carried out according to plan as faithfully as the reports in the science journals indicate, then it is perfectly logical for management to expect research to produce results measurable in dollars and cents.
34. It is entirely reasonable for auditors to believe that scientists who know exactly where they are going and how they will get there should not be distracted by the necessity of keeping one eye on the cash register while the other eye is on the microscope.
35. Nor, if regularity and conformity to a standard pattern are as desirable to the scientist as the writing of his papers would appear to reflect, is management to be blamed for discriminating against the “odd balls” among researchers in favor of more conventional thinkers who “work well with the team.”

2000 年真题

36. But however amazed our descendants may be at how far from Utopia we were, they will look just like us.
37. When a new movement in art attains a certain fashion, it is advisable to find out what its advocates are aiming at, for, however farfetched and unreasonable their principles may seem today, it is possible that in years to come they may be regarded as normal.

38. With regard to Futurist poetry, however, the case is rather difficult, for whatever Futurist poetry may be—even admitting that the theory on which it is based may be right—it can hardly be classed as Literature.
39. The coming of age of the postwar baby boom and an entry of women into the male-dominated job market have limited the opportunities of teenagers who are already questioning the heavy personal sacrifices involved in climbing Japan's rigid social ladder to good schools and jobs.
40. While often praised by foreigners for its emphasis on the basics, Japanese education tends to stress test taking and mechanical learning over creativity and self-expression.
41. With economic growth has come centralization; fully 76 percent of Japan's 119 million citizens live in cities where community and the extended family have been abandoned in favor of isolated, two-generation households.
42. Urban Japanese have long endured lengthy commutes (travels to and from work) and crowded living conditions, but as the old group and family values weaken, the discomfort is beginning to tell.
43. Owing to the remarkable development in mass-communications, people everywhere are feeling new wants and are being exposed to new customs and ideas, while governments are often forced to introduce still further innovations for the reasons given above.

44. For example, in the early industrialized countries of Europe the process of industrialization—with all the far-reaching changes in social patterns that followed— was spread over nearly a century, whereas nowadays a developing nation may undergo the same process in a decade or so.

2001 年真题

45. Nevertheless, the word “amateur” does carry a connotation that the person concerned is not fully integrated into the scientific community and, in particular, may not fully share its values.
46. As the Internet becomes more and more commercialized, it is in the interest of business to universalize access—after all, the more people online, the more potential customers there are.
47. Sad to say, this project has turned out to be mostly low-level findings about factual errors and spelling and grammar mistakes, combined with lots of head-scratching puzzlement about what in the world those readers really want.
48. There exists a social and cultural disconnect between journalists and their readers, which helps explain why the “standard templates” of the newsroom seem alien to many readers.
49. The astonishing distrust of the news media isn’t rooted in inaccuracy or poor reportorial skills but in the daily clash of world views between reporters and their readers.

50. I have discovered, as perhaps Kelsey will after her much-publicized resignation from the editorship of *She* after a build-up of stress, that abandoning the doctrine of “juggling your life”, and making the alternative move into “downshifting” bring with it far greater rewards than financial success and social status.

2002 年真题

51. As was discussed before, it was not until the 19th century that the newspaper became the dominant pre-electronic medium, following in the wake of the pamphlet and the book and in the company of the periodical.
52. It is generally recognized, however, that the introduction of the computer in the early 20th century, followed by the invention of the integrated circuit during the 1960s, radically changed the process, although its impact on the media was not immediately apparent.
53. What they found, in attempting to model thought, is that the human brain's roughly one hundred billion nerve cells are much more talented—and human perception far more complicated—than previously imagined.
54. Since the dawn of human ingenuity, people have devised ever more cunning tools to cope with work that is dangerous, boring, burdensome, or just plain nasty.
55. And thanks to the continual miniaturization of electronics and micro-mechanics, there are already robot systems that can perform some kinds of brain and bone surgery with submillimeter accuracy—far greater precision than highly skilled physicians can achieve with their hands alone.

56. The Supreme Court's decisions on physician-assisted suicide carry important implications for how medicine seeks to relieve dying patients of pain and suffering.
57. Although it ruled that there is no constitutional right to physician-assisted suicide, the Court in effect supported the medical principle of "double effect", a centuries-old moral principle holding that an action having two effects—a good one that is intended and a harmful one that is foreseen—is permissible if the actor intends only the good effect.
58. On another level, many in the medical community acknowledge that the assisted-suicide debate has been fueled in part by the despair of patients for whom modern medicine has prolonged the physical agony of dying.
59. The role of natural selection in evolution was formulated only a little more than a hundred years ago, and the selective role of the environment in shaping and maintaining the behavior of the individual is only beginning to be recognized and studied.
60. As the interaction between organism and environment has come to be understood, however, effects once assigned to states of mind, feelings, and traits are beginning to be traced to accessible conditions, and a technology of behavior may therefore become available.
61. Until these issues are resolved, a technology of behavior will continue to be rejected, and with it possibly the only way to solve our problems.

2003 年真题

62. A variety of activities should be organized so that participants can remain active as long as they want and then go on to something else without feeling guilty and without letting the other participants down.
63. Scientists need to respond forcefully to animal rights advocates, whose arguments are confusing the public and thereby threatening advances in health knowledge and care.
64. To those who are unaware that animal research was needed to produce these treatments, as well as new treatments and vaccines, animal research seems wasteful at best and cruel at worst.
65. Finally, because the ultimate stakeholders are patients, the health research community should actively recruit to its cause not only well-known personalities such as Stephen Cooper, who has made courageous statements about the value of animal research, but all who receive medical treatment.
66. If railroads charged all customers the same average rate, they argue, shippers who have the option of switching to trucks or other forms of transportation would do so, leaving remaining customers to shoulder the cost of keeping up the line.
67. It's a theory to which many economists subscribe, but in practice it often leaves railroads in the position of determining which companies will flourish and which will fail.

68. The emphasis on data gathered first-hand, combined with a cross-cultural perspective brought to the analysis of cultures past and present, makes this study a unique and distinctly important social science.
69. Therefore, it is important to study humans in all their richness and diversity in a calm and systematic manner, with the hope that the knowledge resulting from such studies can lead humans to a more harmonious way of living with themselves and with all other life forms on this planet Earth. (新增)

2004 年真题

70. Ravitch's latest book, *Left Back: A Century of Failed School Reforms*, traces the roots of anti-intellectualism in our schools, concluding they are anything but a counterbalance to the American distaste for intellectual pursuits.
71. The Greeks assumed that the structure of language had some connection with the process of thought, which took root in Europe long before people realized how diverse languages could be.

2005 年真题

72. However, when two monkeys were placed in separate but adjoining chambers, so that each could observe what the other was getting in return for its rock, their behaviour became markedly different.

73. And if one received a grape without having to provide her token in exchange at all, the other either tossed her own token at the researcher or out of the chamber, or refused to accept the slice of cucumber.
74. However, whether such a sense of fairness evolved independently in capuchins and humans, or whether it stems from the common ancestor that the species had 35 million years ago, is, as yet, an unanswered question.
75. But science does provide us with the best available guide to the future, and it is critical that our nation and the world base important policies on the best judgments that science can provide concerning the future consequences of present actions.
76. Television is one of the means by which these feelings are created and conveyed—and perhaps never before has it served so much to connect different peoples and nations as in the recent events in Europe.

2006 年真题

77. People are absorbed into “a culture of consumption” launched by the 19th-century department stores that offered “vast arrays of goods in an elegant atmosphere.”
78. Rodriguez notes that children in remote villages around the world are fans of superstars like Arnold Schwarzenegger and Garth Brooks, yet “some Americans fear that immigrants living within the United States remain somehow immune to the nation’s assimilative power.”

79. The rise of anti-happy art almost exactly tracks the emergence of mass media, and with it, a commercial culture in which happiness is not just an ideal but an ideology.
80. In the West, before mass communication and literacy, the most powerful mass medium was the church, which reminded worshippers that their souls were in danger and that they would someday be meat for worms.
81. His function is analogous to that of a judge, who must accept the obligation of revealing in as obvious a manner as possible the course of reasoning which led him to his decision.

2007 年真题

82. Born in the crisis of the old regime and Iberian colonialism, many of the leaders of independence share the ideals of representative government, careers open to talent, freedom of commerce and trade, the right to private property, and a belief in the individual as the basis of society.
83. In other words, whatever inborn differences two people may exhibit in their abilities to memorize, those differences are swamped by how well each person “encodes” the information.
84. During the past generation, the American middle-class family that once could count on hard work and fair play to keep itself financially secure has been transformed by economic risk and new realities.

85. Now a pink slip, a bad diagnosis, or a disappearing spouse can reduce a family from solidly middle class to newly poor in a few months.
86. As a result, they have lost the parachute they once had in times of financial setback—a back-up earner (usually Mom) who could go into the workforce if the primary earner got laid off or fell sick.
87. Steelworkers, airline employees, and now those in the auto industry are joining millions of families who must worry about interest rates, stock market fluctuation, and the harsh reality that they may outlive their retirement money.
88. From the middle-class family perspective, much of this, understandably, looks far less like an opportunity to exercise more financial responsibility, and a good deal more like a frightening acceleration of the wholesale shift of financial risk onto their already overburdened shoulders.
89. Surely it should be obvious to the dimmest executive that trust, that most valuable of economic assets, is easily destroyed and hugely expensive to restore—and that few things are more likely to destroy trust than a company letting sensitive personal data get into the wrong hands.
90. Just as bosses and boards have finally sorted out their worst accounting and compliance troubles, and improved their feeble corporation governance, a new problem threatens to earn them—especially in America—the sort of nasty headlines that inevitably lead to heads rolling in the executive suite: data insecurity.

91. Traditionally, legal learning has been viewed in such institutions as the special preserve of lawyers, rather than a necessary part of the intellectual equipment of an educated person.
92. On the other, it links these concepts to everyday realities in a manner which is parallel to the links journalists forge on a daily basis as they cover and comment on the news.

2008 年真题

93. Studies of both animals and humans have shown that sex hormones somehow affect the stress response, causing females under stress to produce more of the trigger chemicals than do males under the same conditions.
94. Moreover, even though humans have been upright for millions of years, our feet and back continue to struggle with bipedal posture and cannot easily withstand repeated strain imposed by oversize limbs.
95. Washington, who had begun to believe that all men were created equal after observing the bravery of the black soldiers during the Revolutionary War, overcame the strong opposition of his relatives to grant his slaves their freedom in his will.
96. He asserted, also, that his power to follow a long and purely abstract train of thought was very limited, for which reason he felt certain that he never could have succeeded with mathematics.

2009 年真题

97. This increasingly high level of education is probably a necessary, but not a sufficient, condition for the complex political systems required by advanced economic performance.
98. It may be said that the measure of the worth of any social institution is its effect in enlarging and improving experience, but this effect is not a part of its original motive.
99. Only gradually was the by-product of the institution noted, and only more gradually still was this effect considered as a directive factor in the conduct of the institution.
100. If humanity has made some headway in realizing that the ultimate value of every institution is its distinctively human effect we may well believe that this lesson has been learned largely through dealings with the young.

百句实战后续复习安排（详见百句实战 Day100）：