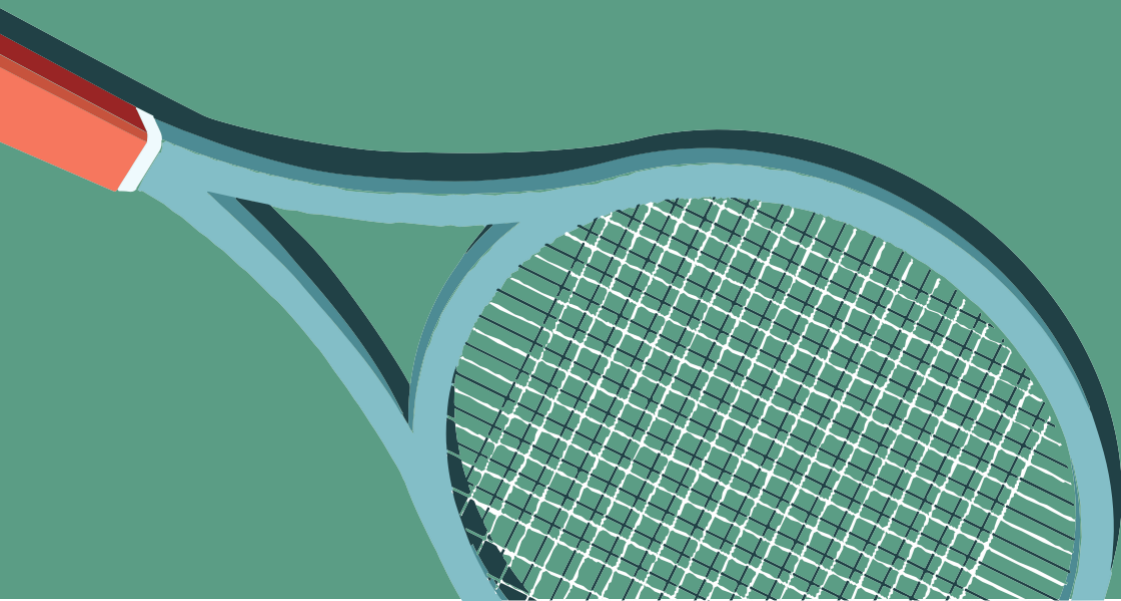


EBU6304-Group 45

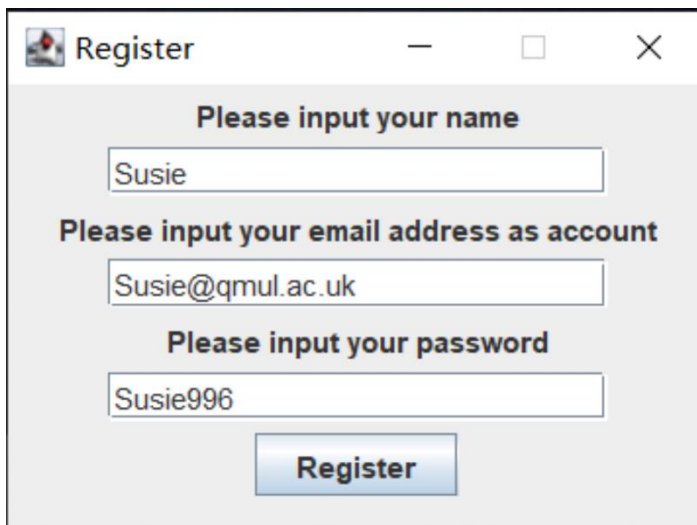
LONDON FITNESS USER MANUAL



Registration & Login

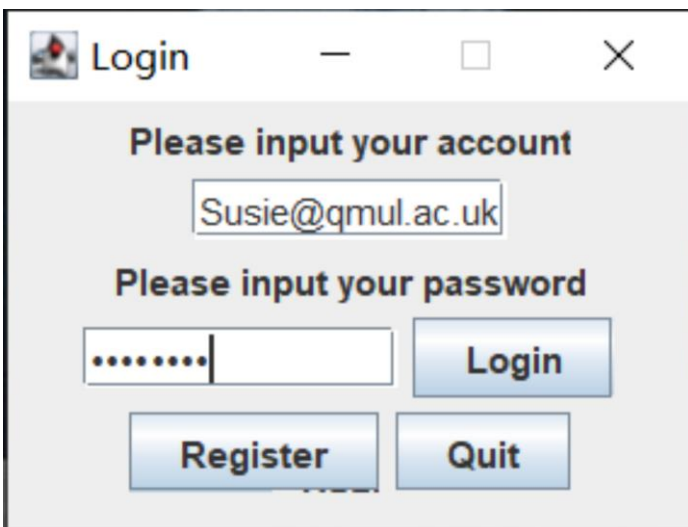
You need to create an account and log in first.

1. Click on the **"Register"** button to register first.
2. Enter your **information** in the text area following the instructions on the page.



The Register dialog box contains three text input fields and a Register button. The first field is labeled 'Please input your name' and contains 'Susie'. The second field is labeled 'Please input your email address as account' and contains 'Susie@qmul.ac.uk'. The third field is labeled 'Please input your password' and contains 'Susie996'. The Register button is at the bottom.

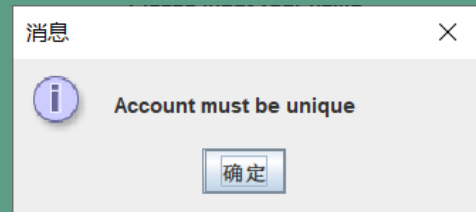
3. Click on the **"Register"** button to submit.
4. Enter the system with your **email** and **password**.
5. Click on the **"Login"** button to confirm.



The Login dialog box contains two text input fields and three buttons. The first field is labeled 'Please input your account' and contains 'Susie@qmul.ac.uk'. The second field is labeled 'Please input your password' and contains seven dots. The buttons are Login, Register, and Quit.

Hints:

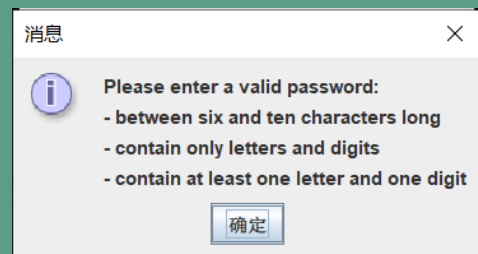
1. During the registration, you need to enter a new valid email address and valid password, otherwise you could get following notes:



A message box with the title '消息' and a close button. It contains an information icon, the text 'Account must be unique', and a '确定' button.

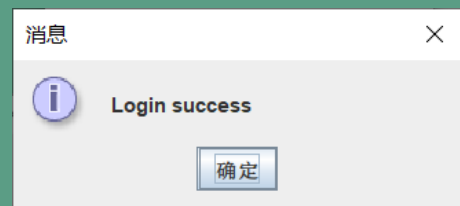


A message box with the title '消息' and a close button. It contains an information icon, the text 'Please enter a valid email address', and a '确定' button.



A message box with the title '消息' and a close button. It contains an information icon, the text 'Please enter a valid password:', and a list of requirements: '- between six and ten characters long', '- contain only letters and digits', and '- contain at least one letter and one digit'. It also has a '确定' button.

2. When you login successfully, you will see:



A message box with the title '消息' and a close button. It contains an information icon, the text 'Login success', and a '确定' button.



Main Page

You can select any functions you prefer in this page.

1. Workout Videos

You could watch workout video in this section.

2. Live Training

You could book a live class with a personal coach in this section.

3. Membership

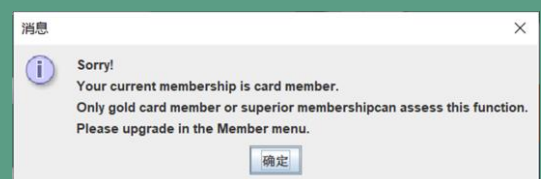
You could operate with your account information in this section.

4. Log out

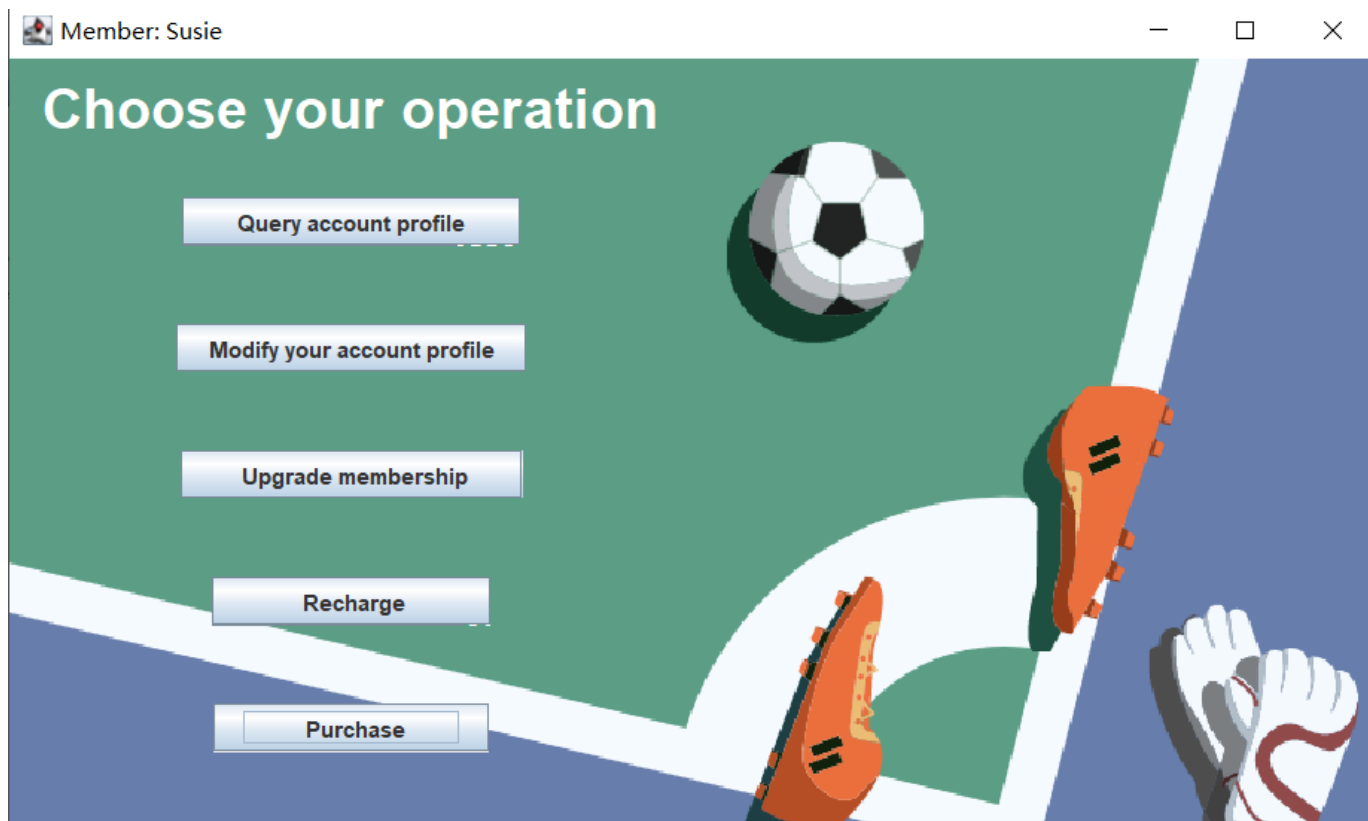
You could log out the current account and go back to the log in page.

Hints:

If your current membership is not high enough for the function, you could get following notes:



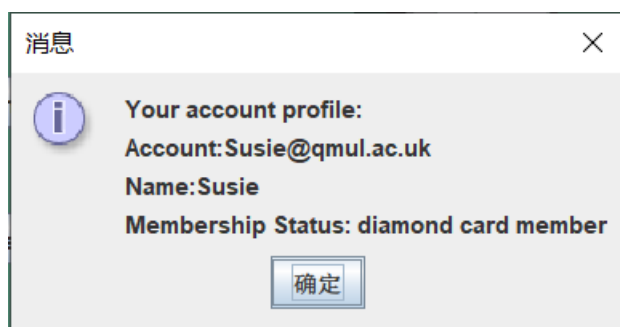
Please update your membership in the membership function first.



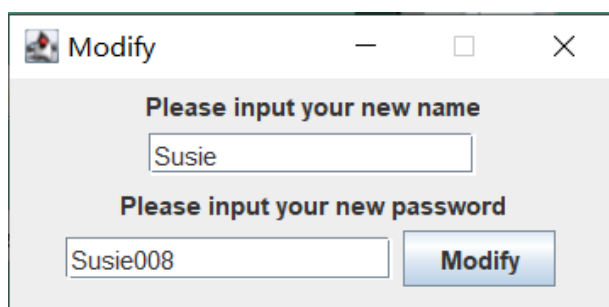
Membership

You can operate your account information here.

1. Click on the “**Query account profile**” button to check the account information.



2. Click on the “**Modify your account profile**” button to modify the information.

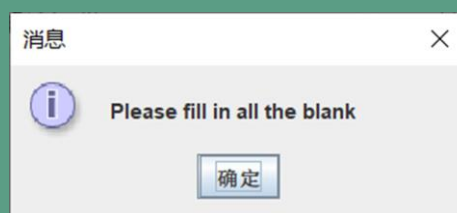


Hints:

1. The system will still check your password:



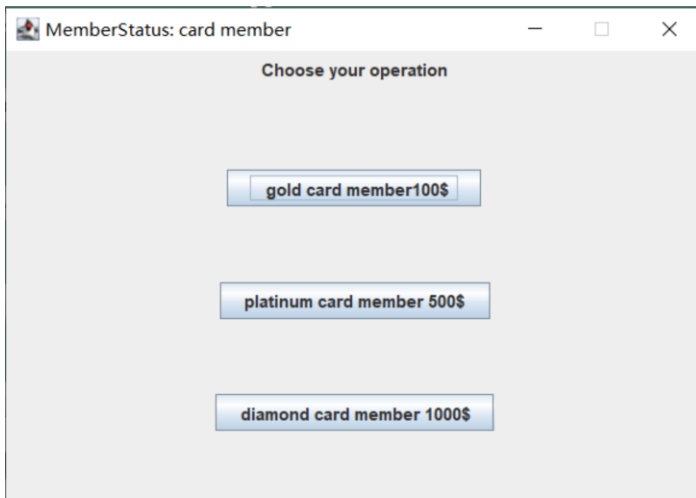
2. If you didn't fill all the blanks, you will see:



Membership (Continue)

You can operate your account information here.

- Click on the **"Upgrade membership"** button to choose the type of membership.



MemberStatus: card member

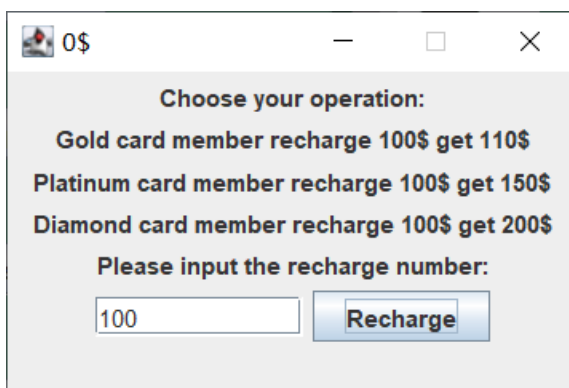
Choose your operation

gold card member 100\$

platinum card member 500\$

diamond card member 1000\$

- Click on the **"Recharge"** button to recharge the account for consumption.



0\$

Choose your operation:

Gold card member recharge 100\$ get 110\$

Platinum card member recharge 100\$ get 150\$

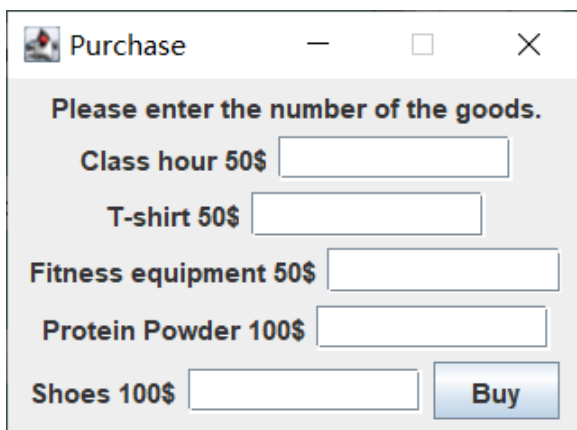
Diamond card member recharge 100\$ get 200\$

Please input the recharge number:

100

Recharge

- Click on the **"Purchase"** button to buy some sport equipment.



Purchase

Please enter the number of the goods.

Class hour 50\$

T-shirt 50\$

Fitness equipment 50\$

Protein Powder 100\$

Shoes 100\$

Buy

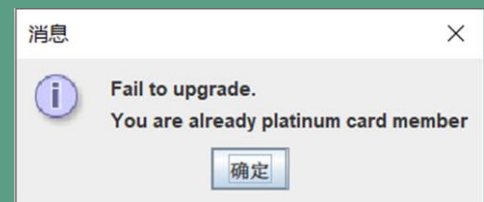
Hints:

1. Membership:

Type	Access Authority
Gold card	Watch workout videos
Platinum card	Watch workout video and book one live class
Diamond card	Watch workout video and book more live classes

You cannot use the full-functioned software unless you purchase a membership card.

- When you are choosing a membership below you, you will see:

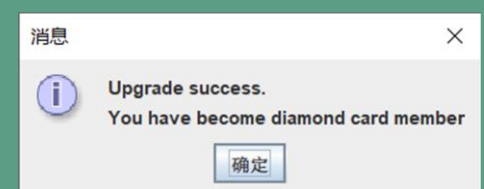


消息

Fail to upgrade.
You are already platinum card member

确定

When you are choosing a membership above you, you will pay for the membership:



消息

Upgrade success.
You have become diamond card member

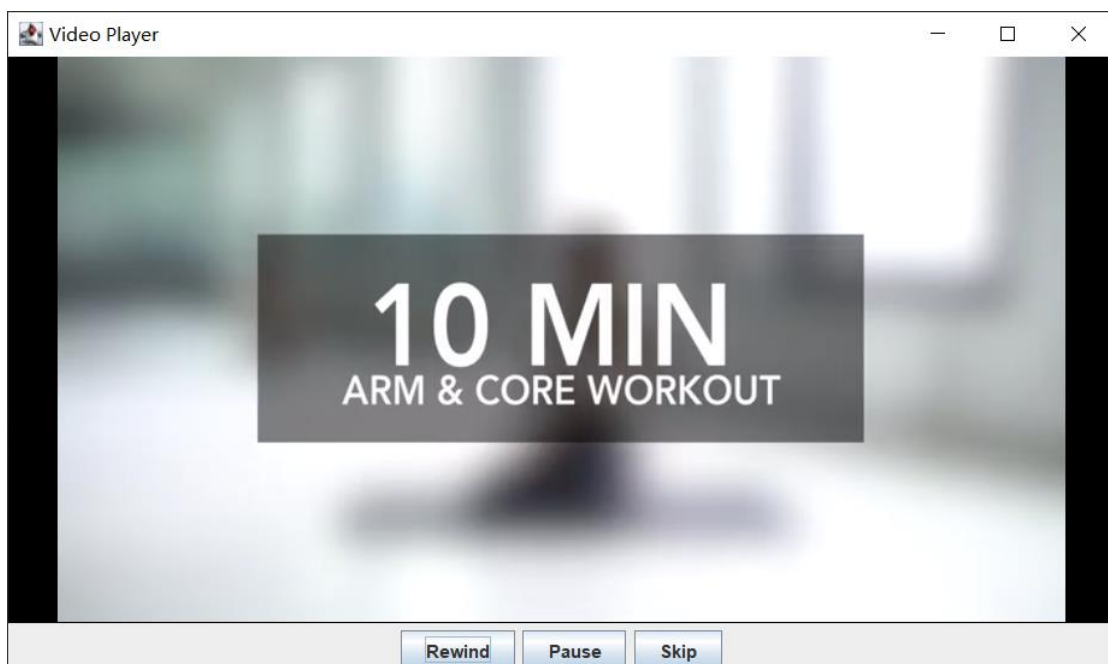
确定

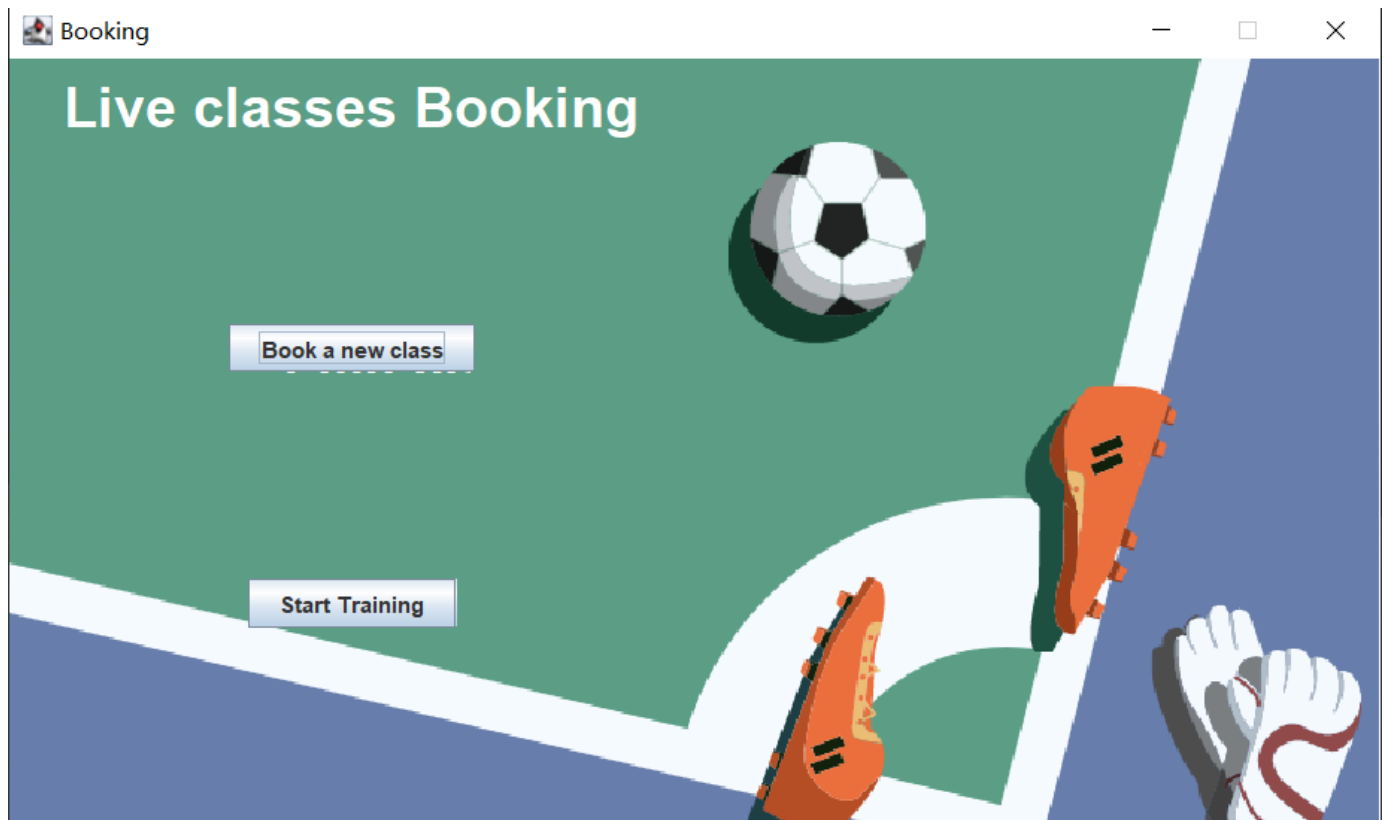


Watch workout videos

You can choose the workout video according to body parts.

1. Click on the any **body part button** around the person to start a workout video.
2. You can click on "**Pause**" button to pause or replay the video, "**Rewind**" button to rewind the video for 10s, "**Skip**" button to skip the video for 10s.





Live classes Booking

You can book a live class with a personal coach here.

1. Click on the **"Book a new class"** button to book a new class.

Information to choose

Personal Trainer: Lucy ▼

Date(dd-MM): 22 ▼ 8 ▼

Start Time: 08 ▼

Training intensity Medium ▼

Submit

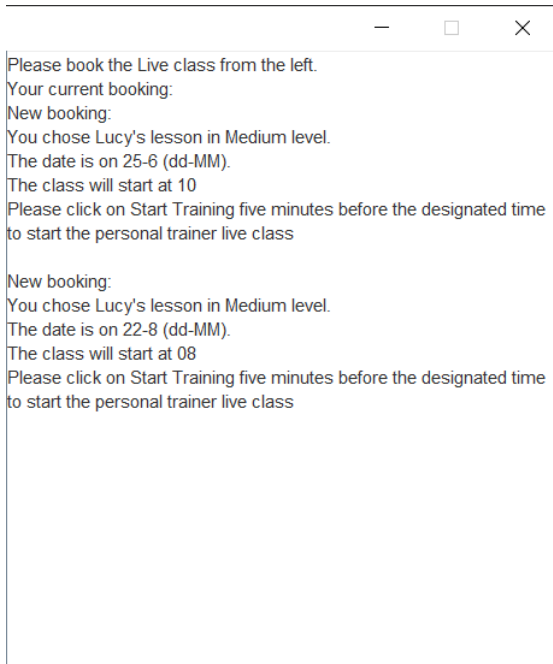
Please book the Live class from the left.
Your current booking:
New booking:
You chose Lucy's lesson in Medium level.
The date is on 25-6 (dd-MM).
The class will start at 10
Please click on Start Training five minutes before the designated time to start the personal trainer live class

New booking:
You chose Lucy's lesson in Medium level.
The date is on 22-8 (dd-MM).
The class will start at 08
Please click on Start Training five minutes before the designated time to start the personal trainer live class

Live classes Booking (Continue)

You can book a live class with a personal coach here.

2. You can check the classes you **already booked** on the right section.



Please book the Live class from the left.

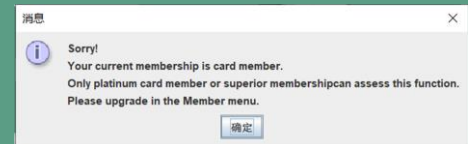
Your current booking:
New booking:
You chose Lucy's lesson in Medium level.
The date is on 25-6 (dd-MM).
The class will start at 10
Please click on Start Training five minutes before the designated time to start the personal trainer live class

New booking:
You chose Lucy's lesson in Medium level.
The date is on 22-8 (dd-MM).
The class will start at 08
Please click on Start Training five minutes before the designated time to start the personal trainer live class

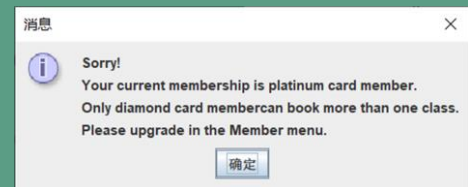
3. You can choose the booking information on the left, and click on the **"Submit"** button to submit your booking information. Once you submit successfully, the right section would update with the **latest booking information**.

Hints:

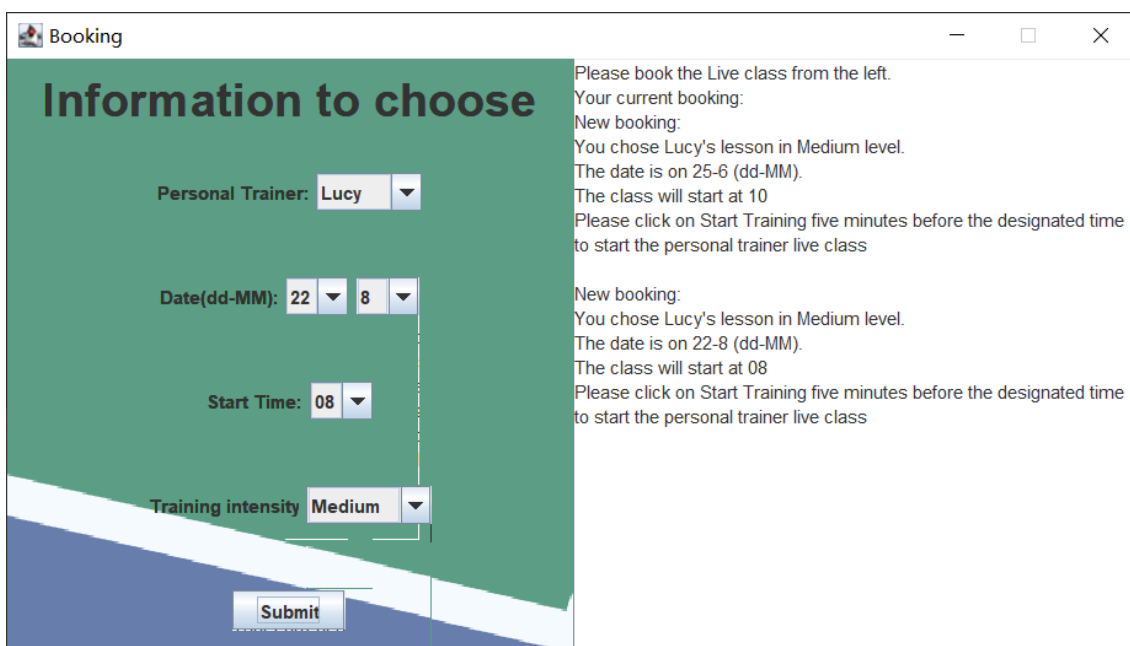
If your membership level is not high enough, you can't book any live classes:



or you can't book more than one class:



If so, please update your membership in the member section.



Booking

Information to choose

Personal Trainer: Lucy ▼

Date(dd-MM): 22 ▼ 8 ▼

Start Time: 08 ▼

Training intensity Medium ▼

Submit

Please book the Live class from the left.

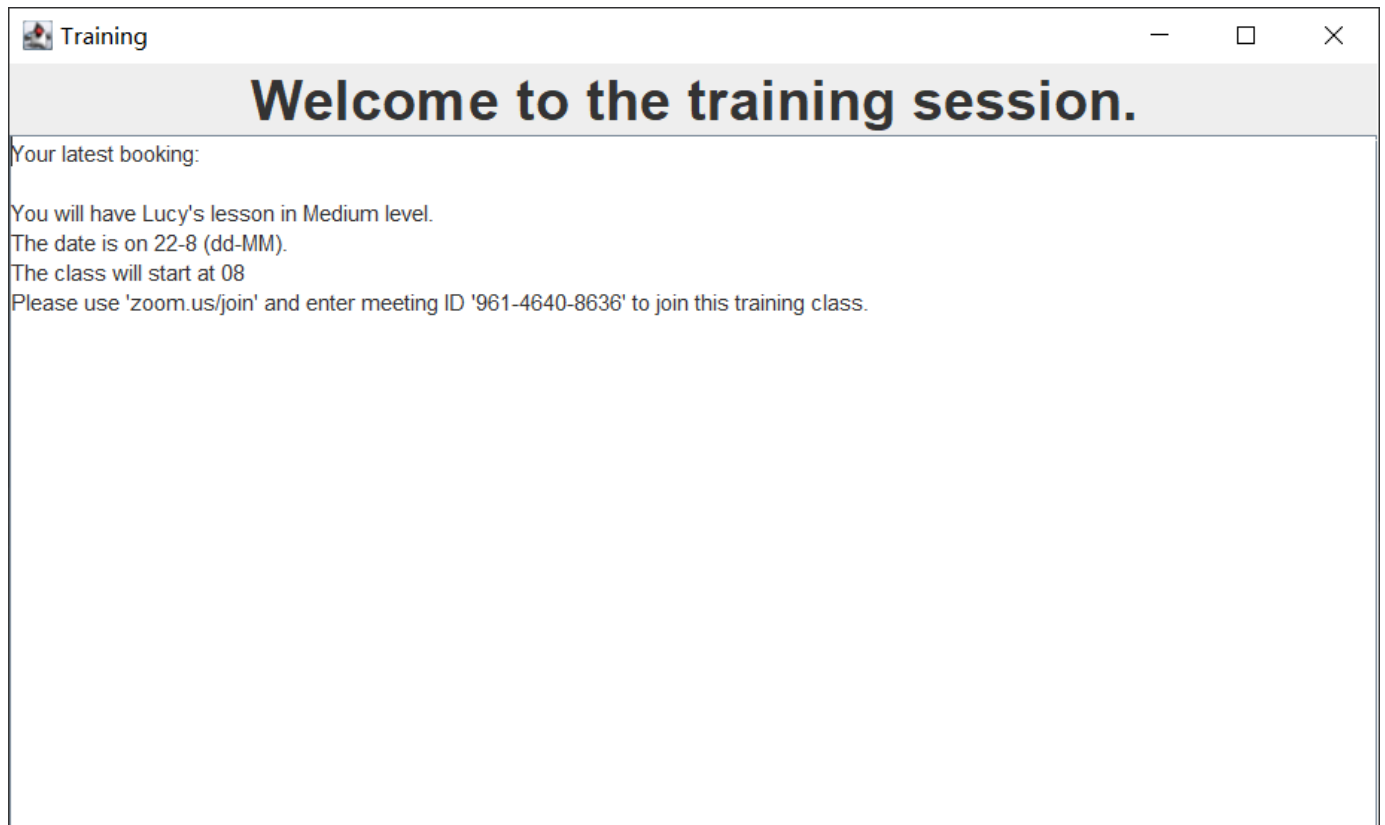
Your current booking:
New booking:
You chose Lucy's lesson in Medium level.
The date is on 25-6 (dd-MM).
The class will start at 10
Please click on Start Training five minutes before the designated time to start the personal trainer live class

New booking:
You chose Lucy's lesson in Medium level.
The date is on 22-8 (dd-MM).
The class will start at 08
Please click on Start Training five minutes before the designated time to start the personal trainer live class

Live classes Booking (Continue)

You can book a live class with a personal coach here.

4. Click on the **"Start Training"** button to get a zoom address for live class



Hints:

If you click this session before you book any classes, you will see this message:

