

# Markdown

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`*text*` -> *text* `**text**` -> **text** `<br />` -> new line

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# Header one ## Header two ### Header three #### Header four ##### Header five ###### Header six

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 ->

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- Flour -> **Flour**
    - Cheese -> **Cheese**
      - \* Tomatoes -> **Tomatoes**
- 

1. Flour -> **1. Flour**
  2. Cheese -> **2. Cheese**
  3. Tomatoes -> **3. Tomatoes**
- 

Head	Head
data	data
data	data

	Head		Head			:	---		:	---			data		data			data		data	
--	------	--	------	--	--	---	-----	--	---	-----	--	--	------	--	------	--	--	------	--	------	--

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You can create a code block using ```` <code> ````