

Markdown

`*text*` -> *text* `**text**` -> **text** `
` -> new line

Header one ## Header two ### Header three #### Header four ##### Header five ##### Header six

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 ->



- Flour -> * Flour
 - Cheese -> * Cheese
 - * Tomatoes -> * Tomatoes
-

1. Flour -> 1. Flour
 2. Cheese -> 2. Cheese
 3. Tomatoes -> 3. Tomatoes
-

Head	Head
data	data
data	data

	Head		Head			:	---		:	---			data		data			data		data	
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You can create a code block using ```` <code> ````