



Participants Needed!

Synch with me: A mobile app to achieve breathing synchrony

-We are looking for pairs of participants to use a mobile application in order to achieve breathing synchrony. You can bring your friend, partner, or family member.

- 1 hour of in-lab participation is required. You will also be required to use the app at home for three days
 - (15-20 min. activity per day)
- Please apply if you have no breathing difficulties or chronic breathing problems.

-Everyone will receive a £8 amazon voucher for their time

I'm In!
Please contact:
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