

Given that you are new to the subject of quantum computing, I recommend starting with "Quantum Computing: A Gentle Introduction" by Eleanor Rieffel and Wolfgang Polakowski. This book is designed to provide a comprehensive yet accessible introduction to the principles of quantum computing without requiring a deep background in quantum mechanics or advanced mathematics.

Here is a brief overview of each book to help you understand why this recommendation might suit you best:

"Quantum Computing: A Gentle Introduction" by Eleanor Rieffel and Wolfgang Polakowski:

Provides a gradual introduction to quantum computing concepts.  
Suitable for beginners with little to no prior knowledge of quantum mechanics.

Focuses on explaining key ideas clearly and simply.

"Quantum Computation and Quantum Information" by Michael A. Nielsen and Isaac L. Chuang:

A comprehensive and detailed text.

Considered the standard reference in the field.

More suitable for readers with some background in physics and mathematics.

"Quantum Computing for Computer Scientists" by Noson S. Yanofsky and Mirco A. Mannucci:

Targets computer scientists and mathematicians.

Provides a good introduction but assumes some familiarity with computer science concepts.

"Quantum Computing Since Democritus" by Scott Aaronson:

Offers a unique and engaging perspective on quantum computing.  
Mixes philosophy, mathematics, and computer science.

Not a traditional textbook; better as supplementary reading.

"Programming Quantum Computers: Essential Algorithms and Code Samples" by Eric R. Johnston, Nic Harrigan, and Mercedes Gimeno-Segovia:

Focuses on practical programming aspects.

Best for readers interested in hands-on learning and already familiar with some basic quantum computing concepts.

"Quantum Mechanics: The Theoretical Minimum" by Leonard Susskind and Art Friedman:

Provides an introduction to quantum mechanics, the foundational theory behind quantum computing.

Useful if you want a solid grounding in quantum mechanics before diving into quantum computing.

Starting with "Quantum Computing: A Gentle Introduction" will give you a solid foundation in the basics of quantum computing, preparing you to explore the more advanced and specialized texts on your list.