

Asthma Management



Policy

The Community Paramedic (CP) will respond to a residence on order from the medical provider or patient/parent of patient and follow guidelines outlined by the medical providers orders for the management of asthma.

Purpose:

- ✱ To assist the patient (family/ caregiver) by increasing awareness of the disease through education on pathology.
- ✱ To demonstrate and review technique of all devices used to treat asthma. To evaluate and identify home triggers of disease in an effort to lesson exacerbations.
- ✱ To communicate with the medical provider on the general well being of the patient as well as continuing medication reconciliation

Review patient health history and medical provider's orders prior to appointment	
Follow Medical Provider's orders	
1	Reconcile medications
2	Complete History and Physical assessment
3	Complete vital signs



1. Educate patient in use of spirometer.
2. Review pathophysiology with the patient
3. Record current patient history including frequency of symptoms at rest, activity and with sleep. Further history will include exacerbating factors including virus exposure, aeroallergen exposure, exercise, cold air, tobacco smoke, chemical irritants etc.
4. Observe home in an effort to possibly identify exacerbating factors.
5. Review devices used by the patient including short/long acting medications and MDI/continuous neb devices.
6. Review when to call health care provider.



1	Complete all documentation, to include scanning and attaching any associated paperwork
2	Schedule next appointment. If this is graduation appointment, complete survey.



	Communicate all updated information to the medical provider	
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