

CPAP/BiPAP/Sleep Apnea/Oxygen Sat Checks



Policy

The Community Paramedic will respond to a residence on request from the medical provider and/or patient and follow guidelines outlined by the medical provider's orders for follow up on recently diagnosed and discharged or chronic sufferers of sleep apnea.

Purpose:

To assist the medical provider in observing and documenting recently diagnosed/chronic sufferers of obstructive sleep apnea through written and /or verbal communication to ensure proper ventilation of the Patient during sleep for the purpose of avoidance of long term OSA pathologic outcomes.

Review patient health history and medical provider's orders prior to appointment	
Follow Medical Provider's orders	
1	Reconcile medications
2	Complete History and Physical assessment
3	Complete vital signs





1. Patient must be closely observed for hemodynamic instability the first 8 hours after starting CPAP/ BiPAP
2. Conduct assessment
 - * Necessary VS assessments including PO2 and ETCO2 and weight/BMI?
 - * Sleep habits (work nights? Irregular work schedule)
 - * Alcohol/recreational drug use? Prescription drug use? Compliant?
3. Quality of life - Noticeable changes after usage.
4. Communicate with medical providers' office.
5. Troubleshoot if necessary including ensuring proper fit of mask and use of machine as well as general condition of machine.
6. Connect patient with necessary resources (Oxygen supply company, etc.)



1	Complete all documentation, to include scanning and attaching any associated paperwork
2	Schedule next appointment. If this is graduation appointment, complete survey.



	Communicate all updated information to the medical provider	
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