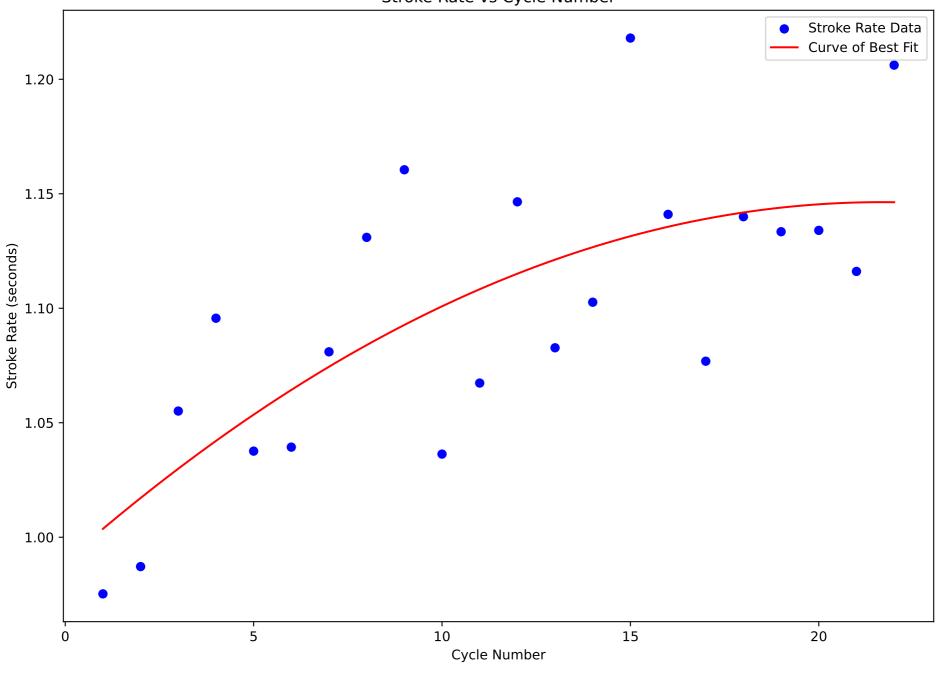
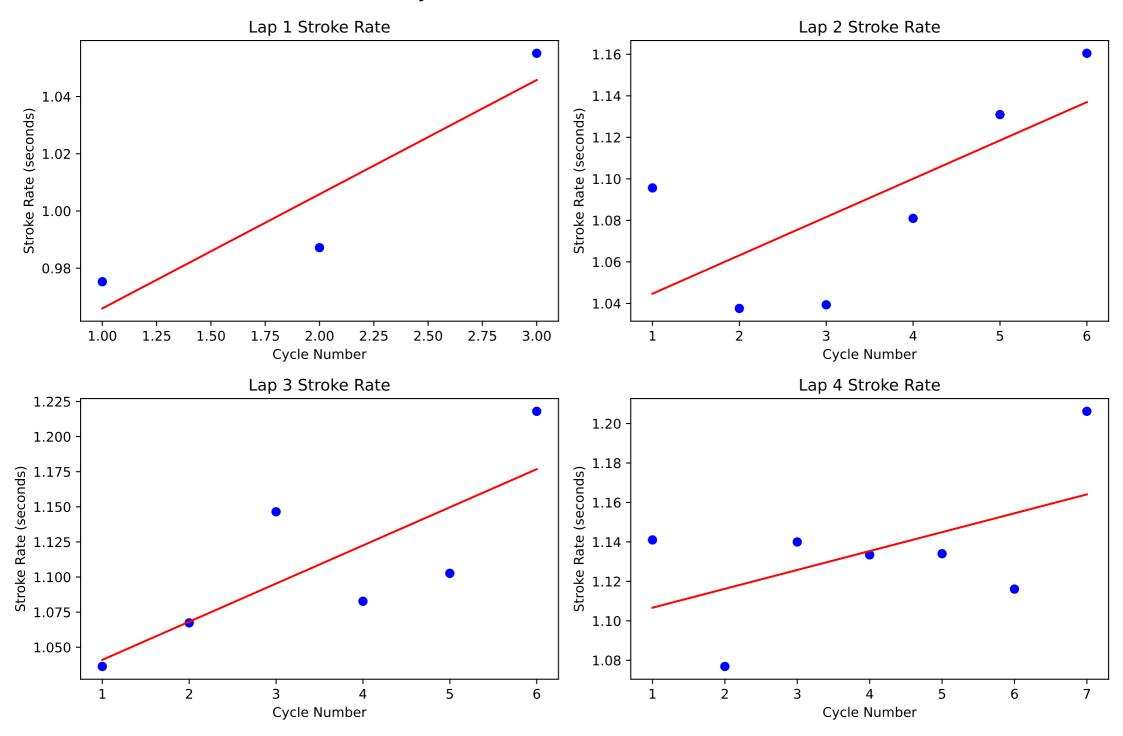
## Justin Ress 100 Free NCAA





## Justin Ress 100 Free NCAA



## Whole Race Summary

Avg Stroke Rate	Tempo Trend	Breakout Time	Total Race Time
1.10	0.06	4.77	41.49

## Lap Breakdown

Lap Number	Cycles	Avg Stroke Rate	Tempo Trend (St. Dev)	50 Splits
1	3.5	1.01	0.04	
2	6.5	1.09	0.05	19.74
3	6.5	1.11	0.06	
4	7.5	1.14	0.04	21.75