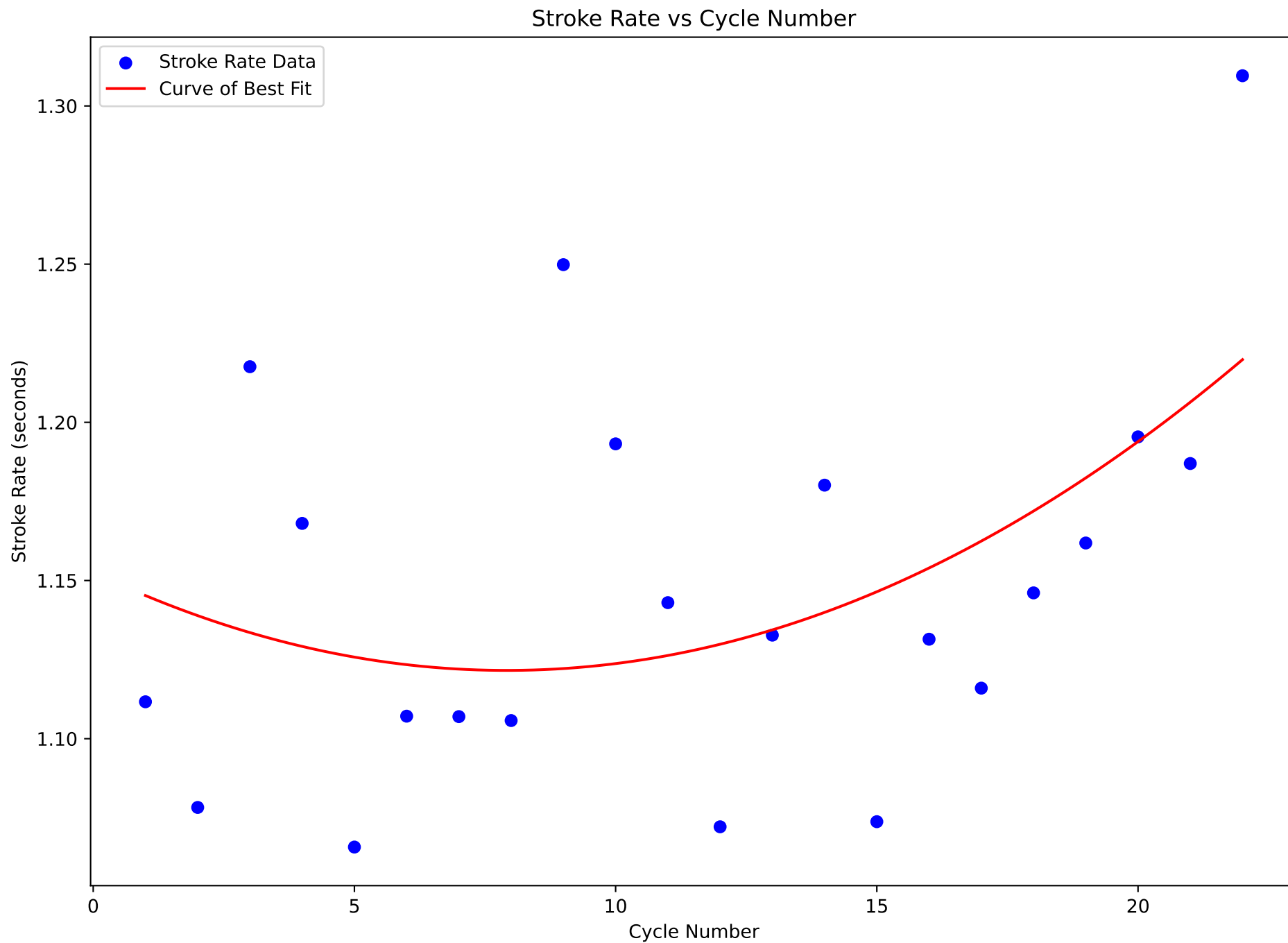
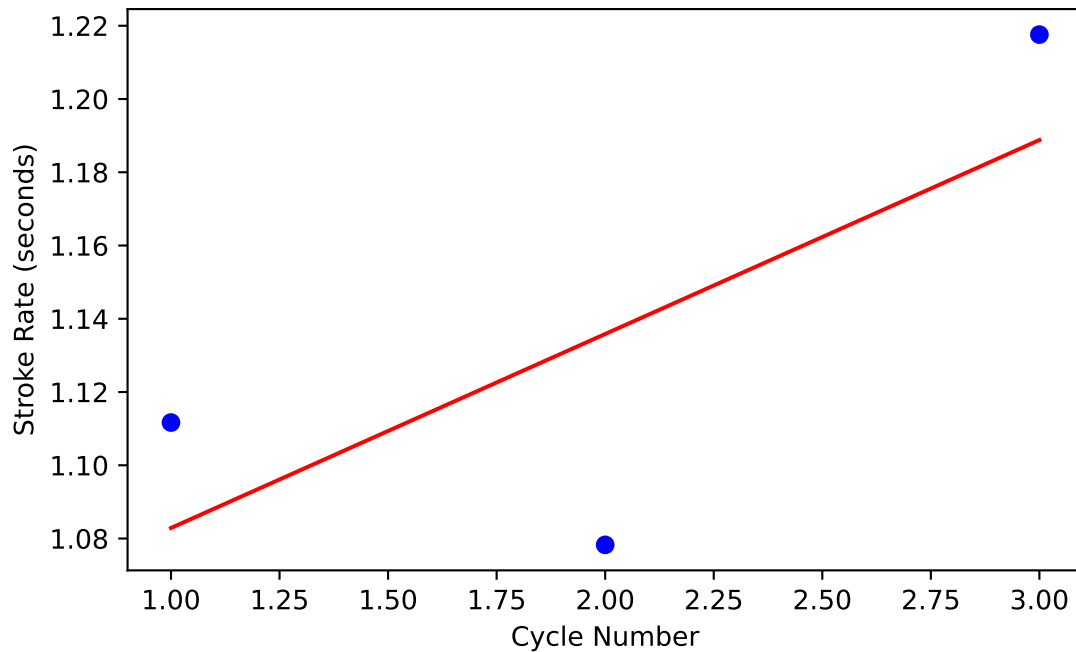


# Justin Ress 100 Free NCAA

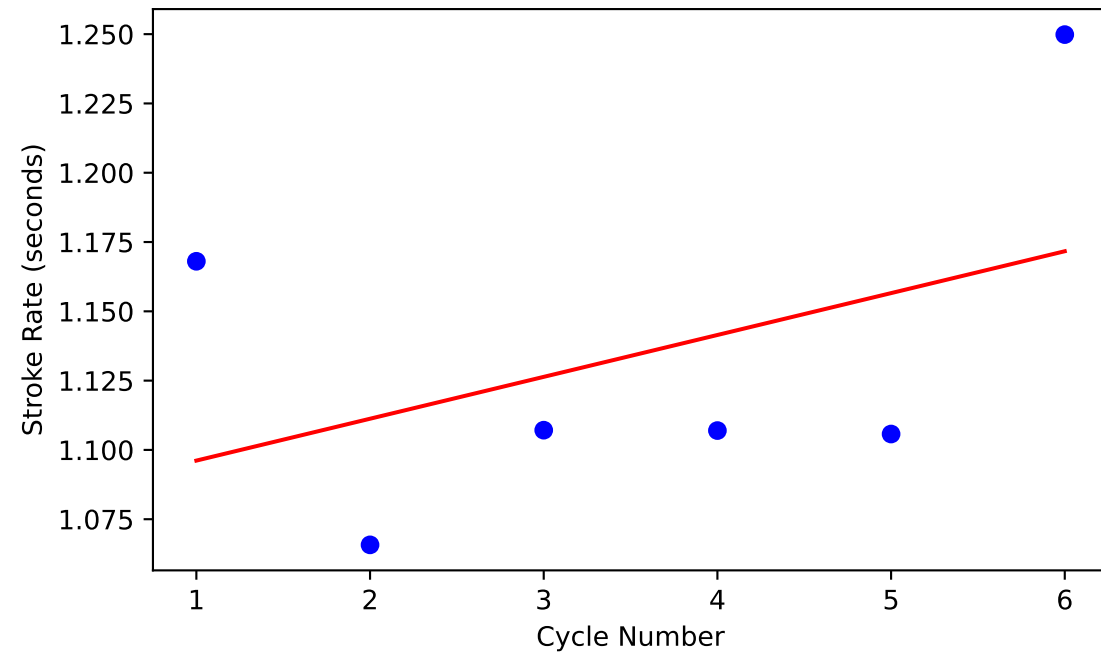


# Justin Ress 100 Free NCAA

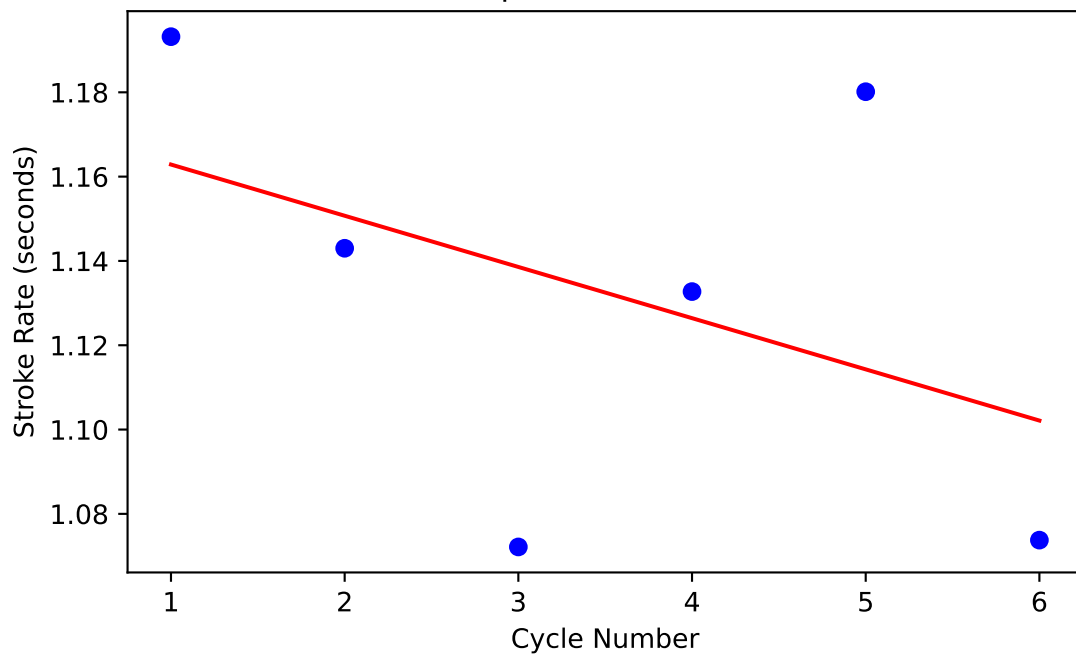
## Lap 1 Stroke Rate



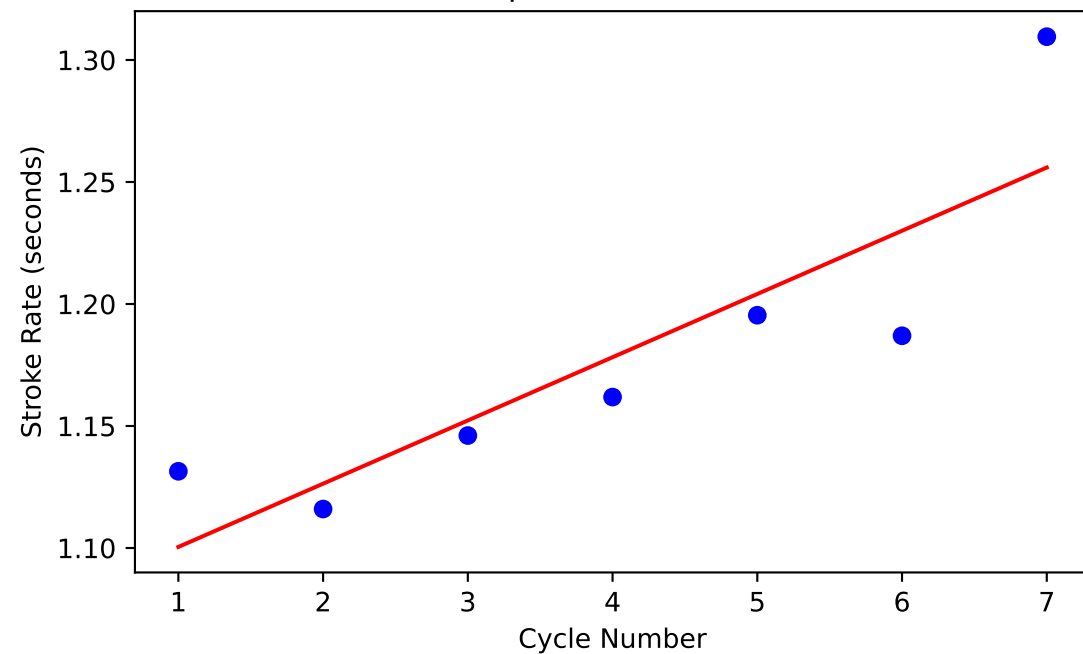
## Lap 2 Stroke Rate



## Lap 3 Stroke Rate



## Lap 4 Stroke Rate



Whole Race Summary

Avg Stroke Rate	Tempo Trend	Breakout Time	Total Race Time
1.15	0.06	4.89	42.00

Lap Breakdown

Lap Number	Cycles	Avg Stroke Rate	Tempo Trend (St. Dev)	50 Splits
1	3.0	1.14	0.07	
2	6.5	1.13	0.07	20.05
3	6.5	1.13	0.05	
4	7.0	1.18	0.06	21.95