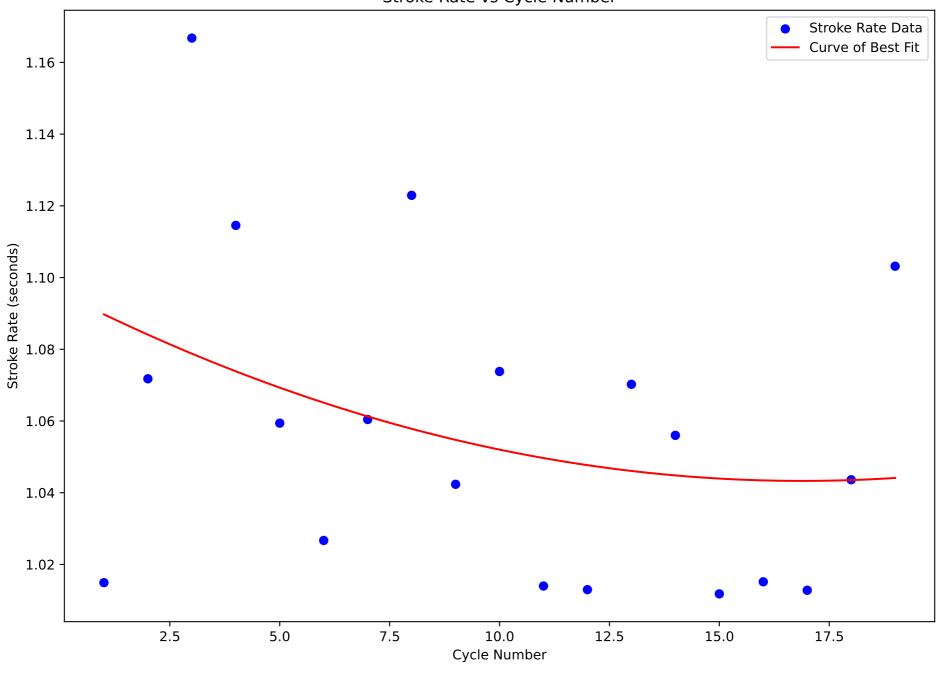
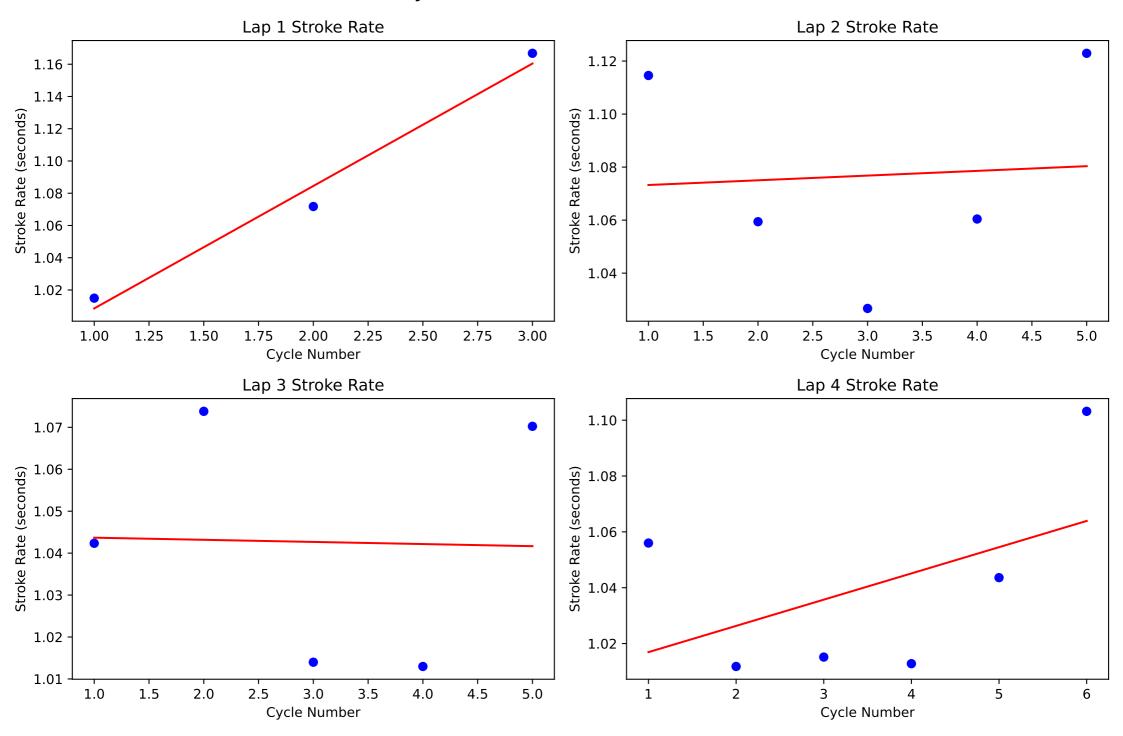
## Josh Liendo 100 Free NCAA





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## Whole Race Summary

Avg Stroke Rate	Tempo Trend	Breakout Time	Total Race Time
1.06	0.04	4.77	40.20

## Lap Breakdown

Lap Number	Cycles	Avg Stroke Rate	Tempo Trend (St. Dev)	50 Splits
1	3.0	1.08	0.08	
2	5.0	1.08	0.04	19.28
3	5.5	1.04	0.03	
4	6.0	1.04	0.04	20.92