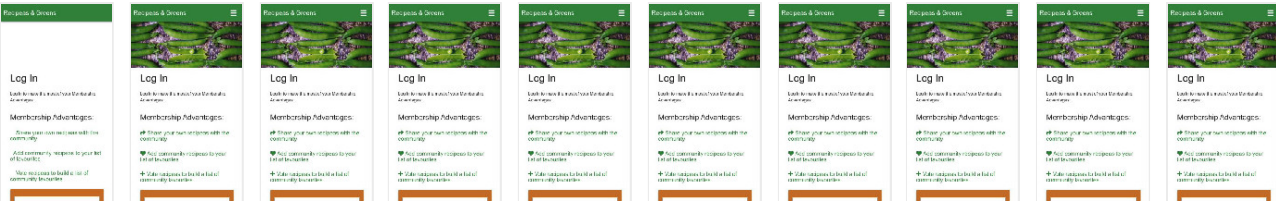


Performance

Metrics

|                            |       |                           |       |
|----------------------------|-------|---------------------------|-------|
| ● First Contentful Paint   | 2.2 s | ■ Time to Interactive     | 3.9 s |
| ● Speed Index              | 2.2 s | ● Total Blocking Time     | 90 ms |
| ▲ Largest Contentful Paint | 4.9 s | ● Cumulative Layout Shift | 0.058 |

Values are estimated and may vary. The [performance score is calculated](#) directly from these metrics. [See calculator.](#)



**Opportunities** — These suggestions can help your page load faster. They don't [directly](#)[View report details](#)

79

91

87

88

P/A/A

|                                       |             |        |   |
|---------------------------------------|-------------|--------|---|
| ▲ Properly size images                | <div></div> | 1.41 s | ▼ |
| ▲ Eliminate render-blocking resources | <div></div> | 1.4 s  | ▼ |
| ■ Serve images in next-gen formats    | <div></div> | 0.6 s  | ▼ |
| ■ Remove unused JavaScript            | <div></div> | 0.3 s  | ▼ |
| ■ Remove unused CSS                   | <div></div> | 0.15 s | ▼ |

**Diagnostics** — More information about the performance of your application. These numbers don't [directly affect](#) the Performance score.

|  |   |
|--|---|
| ▲ Does not use passive listeners to improve scrolling performance          | ▼ |
| ▲ Serve static assets with an efficient cache policy — 3 resources found   | ▼ |
| ● Avoid chaining critical requests — 8 chains found                        | ▼ |
| ● Keep request counts low and transfer sizes small — 12 requests • 614 KiB | ▼ |
| ● Largest Contentful Paint element — 1 element found                       | ▼ |
| ● Avoid large layout shifts — 5 elements found                             | ▼ |
| ● Avoid long main-thread tasks — 3 long tasks found                        | ▼ |

**Passed audits (24)**

▼

91

# Accessibility



accessibility issues can be automatically detected so manual testing is also encouraged.

**Contrast** — These are opportunities to improve the legibility of your content.

- ▲ Background and foreground colors do not have a sufficient contrast ratio. ▼

**Navigation** — These are opportunities to improve keyboard navigation in your application.

- ▲ Heading elements are not in a sequentially-descending order ▼

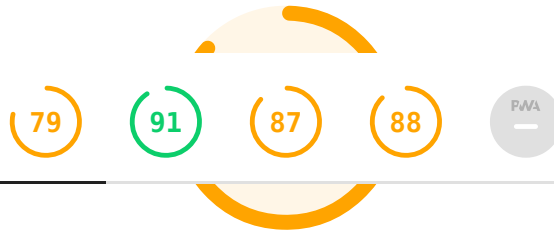
**Names and labels** — These are opportunities to improve the semantics of the controls in your application. This may enhance the experience for users of assistive technology, like a screen reader.

- ▲ Links do not have a discernible name ▼

**Additional items to manually check (10)** — These items address areas which an automated testing tool cannot cover. Learn more in our guide on [conducting an accessibility review](#). ▼

**Passed audits (12)** ▼

**Not applicable (29)** ▼



## Trust and Safety

▲ Does not use HTTPS — 4 insecure requests found

## General

▲ Browser errors were logged to the console

## Passed audits (15)

## Not applicable (1)



## SEO

These checks ensure that your page is optimized for search engine results ranking. There are additional factors Lighthouse does not check that may affect your search ranking. [Learn more.](#)

**Content Best Practices** — Format your HTML in a way that enables crawlers to better understand your app's content.

▲ Document does not have a meta description

**Mobile Friendly** — Make sure your pages are mobile friendly so users don't have to

**Additional items to manually check (1)** — Run these additional validators on your site to check additional SEO best practices. ▼

**Passed audits (10)** ▼

**Not applicable (2)** ▼



## Progressive Web App

These checks validate the aspects of a Progressive Web App. [Learn more.](#)

### Installable

- ▲ Web app manifest or service worker do not meet the installability requirements — 1 ▼  
reason

### PWA Optimized

- ▲ Does not register a service worker that controls page and `start_url` ▼
- ▲ Does not redirect HTTP traffic to HTTPS ▼
- ▲ Is not configured for a custom splash screen **Failures: No manifest was fetched.** ▼

Does not set a theme color for the address bar

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PWA

- Content is sized correctly for the viewport
- Has a `<meta name="viewport">` tag with `width` or `initial-scale`
- Provides a valid `apple-touch-icon`
- ▲ Manifest doesn't have a maskable icon **No manifest was fetched**

**Additional items to manually check (3)** — These checks are required by the baseline [PWA Checklist](#) but are not automatically checked by Lighthouse. They do not affect your score but it's important that you verify them manually.

### Runtime Settings

|                      |   |
|----------------------|---|
| URL                  | http://recipeas-and-greens.herokuapp.com/login  |
| Fetch Time           | Apr 12, 2021, 3:46 PM GMT+2   |
| Device               | Emulated Moto G4  |
| Network throttling   | Unknown   |
| CPU throttling       | Unknown   |
| Channel              | lr  |
| User agent (host)    | Mozilla/5.0 (X11; Linux x86_64) AppleWebKit/537.36 (KHTML, like Gecko) HeadlessChrome/88.0.4324.202 Safari/537.36                             |
| User agent (network) | Mozilla/5.0 (Linux; Android 7.0; Moto G (4)) AppleWebKit/537.36 (KHTML, like Gecko) Chrome/90.0.4420.0 Mobile Safari/537.36 Chrome-Lighthouse |
| CPU/Memory Power     | 751   |

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