 <https://recipes-and-deliveries.herokuapp.com/contact/>

Performance






Accessibility



Best Practices









SEO

Progressive  
Web App 0–49  50–89  90–100

## Performance

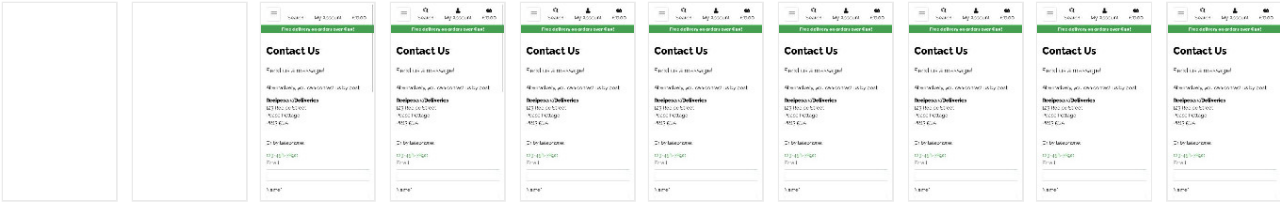
### Metrics



 First Contentful Paint	3.3 s	 Time to Interactive	4.0 s
 Speed Index	3.3 s	 Total Blocking Time	340 ms
 Largest Contentful Paint	3.5 s	 Cumulative Layout Shift	0.003

Values are estimated and may vary. The [performance score is calculated](#) directly from these metrics. [See calculator.](#)

 [View Treemap](#)



Show audits relevant to: All FCP LCP TBT CLS

**Opportunities** — These suggestions can help your page load faster. They don't [directly affect](#) the Performance score.

Opportunity	Estimated Savings
▲ Eliminate render-blocking resources	2.11 s
■ Reduce unused JavaScript	0.49 s
■ Reduce unused CSS	0.15 s

**Diagnostics** — More information about the performance of your application. These numbers don't [directly affect](#) the Performance score.

- ▲ Serve static assets with an efficient cache policy — 4 resources found
- Minimize main-thread work — 2.1 s
- Avoid chaining critical requests — 11 chains found
- Keep request counts low and transfer sizes small — 22 requests • 585 KiB
- Largest Contentful Paint element — 1 element found
- Avoid large layout shifts — 5 elements found
- Avoid long main-thread tasks — 9 long tasks found

**Passed audits (27)**



## Accessibility

These checks highlight opportunities to [improve the accessibility of your web app](#). Only a subset of accessibility issues can be automatically detected so manual testing is also encouraged.

**Contrast** — These are opportunities to improve the legibility of your content.

▲ Background and foreground colors do not have a sufficient contrast ratio. ▼

**Additional items to manually check (10)** — These items address areas which an automated testing tool cannot cover. Learn more in our guide on [conducting an accessibility review](#). ▼

**Passed audits (15)** ▼

**Not applicable (28)** ▼



## Best Practices

**Trust and Safety**

▲ Includes front-end JavaScript libraries with known security vulnerabilities — 2 vulnerabilities detected ▼

**Passed audits (16)****Not applicable (1)****SEO**

These checks ensure that your page is optimized for search engine results ranking. There are additional factors Lighthouse does not check that may affect your search ranking. [Learn more.](#)

**Content Best Practices** — Format your HTML in a way that enables crawlers to better understand your app's content.

▲ Document does not have a meta description



**Mobile Friendly** — Make sure your pages are mobile friendly so users don't have to pinch or zoom in order to read the content pages. [Learn more.](#)

▲ Tap targets are not sized appropriately — 47% appropriately sized tap targets



**Additional items to manually check (1)** — Run these additional validators on your site to check additional SEO best practices.

**Passed audits (9)**

**Not applicable (3)**

## Progressive Web App

These checks validate the aspects of a Progressive Web App. [Learn more.](#)

### Installable

- ▲ Web app manifest or service worker do not meet the installability requirements — 1 reason ▼

### PWA Optimized

- ▲ Does not register a service worker that controls page and `start_url` ▼
- ▲ Does not redirect HTTP traffic to HTTPS ▼
- ▲ Is not configured for a custom splash screen Failures: No manifest was fetched. ▼
- ▲ Does not set a theme color for the address bar.  
Failures: No manifest was fetched, No ``<meta name="theme-color">`` tag found. ▼
- Content is sized correctly for the viewport ▼
- Has a `<meta name="viewport">` tag with `width` or `initial-scale` ▼
- Provides a valid `apple-touch-icon` ▼
- ▲ Manifest doesn't have a maskable icon No manifest was fetched ▼

**Additional items to manually check (3)** — These checks are required by the baseline [PWA Checklist](#) but are not automatically checked by Lighthouse. They do not affect your

score but it's important that you verify them manually.

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### Runtime Settings

<b>URL</b>	https://recipes-and-deliveries.herokuapp.com/contact/
<b>Fetch Time</b>	Aug 24, 2021, 5:23 PM GMT+2
<b>Device</b>	Emulated Moto G4
<b>Network throttling</b>	150 ms TCP RTT, 1,638.4 Kbps throughput (Simulated)
<b>CPU throttling</b>	4x slowdown (Simulated)
<b>Channel</b>	devtools
<b>User agent (host)</b>	Mozilla/5.0 (Macintosh; Intel Mac OS X 10_13_6) AppleWebKit/537.36 (KHTML, like Gecko) Chrome/92.0.4515.159 Safari/537.36
<b>User agent (network)</b>	Mozilla/5.0 (Linux; Android 7.0; Moto G (4)) AppleWebKit/537.36 (KHTML, like Gecko) Chrome/90.0.4420.0 Mobile Safari/537.36 Chrome-Lighthouse
<b>CPU/Memory Power</b>	894
<b>Axe version</b>	4.1.3

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