








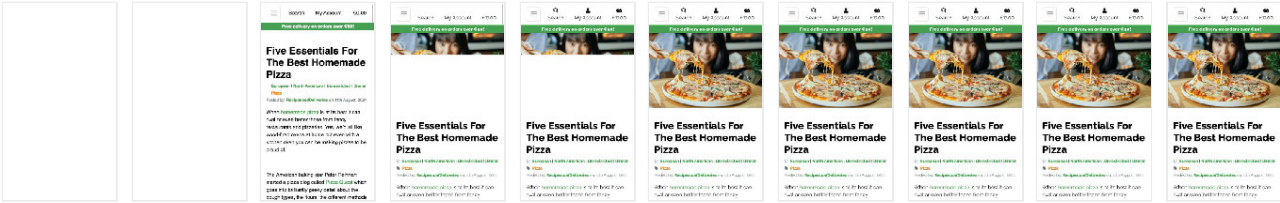
Performance

Metrics 

 First Contentful Paint	3.6 s	 Time to Interactive	4.6 s
 Speed Index	3.8 s	 Total Blocking Time	160 ms
 Largest Contentful Paint	8.5 s	 Cumulative Layout Shift	0.725

Values are estimated and may vary. The [performance score is calculated](#) directly from these metrics. [See calculator.](#)

 [View Treemap](#)



Show audits relevant to: All FCP LCP TBT CLS

Opportunities — These suggestions can help your page load faster. They don't [directly affect](#) the Performance score.

Opportunity	Estimated Savings
<div><div></div> Properly size images</div>	<div><div></div>2.25 s</div>
<div><div></div> Use HTTP/2</div>	<div><div></div>2.23 s</div>
<div><div></div> Eliminate render-blocking resources</div>	<div><div></div>1.99 s</div>
<div><div></div> Reduce unused JavaScript</div>	<div><div></div>0.67 s</div>

Diagnostics — More information about the performance of your application. These numbers don't [directly affect](#) the Performance score.

<div><div></div> Ensure text remains visible during webfont load</div>	<div></div>
<div><div></div> Image elements do not have explicit width and height</div>	<div></div>
<div><div></div> Serve static assets with an efficient cache policy — 7 resources found</div>	<div></div>
<div><div></div> Minimize main-thread work — 3.3 s</div>	<div></div>
<div><div></div> Avoid chaining critical requests — 11 chains found</div>	<div></div>
<div><div></div> Keep request counts low and transfer sizes small — 29 requests • 2,018 KiB</div>	<div></div>
<div><div></div> Largest Contentful Paint element — 1 element found</div>	<div></div>
<div><div></div> Avoid large layout shifts — 5 elements found</div>	<div></div>
<div><div></div> Avoid long main-thread tasks — 16 long tasks found</div>	<div></div>

Passed audits (24)



Accessibility

These checks highlight opportunities to [improve the accessibility of your web app](#). Only a subset of accessibility issues can be automatically detected so manual testing is also encouraged.

Contrast — These are opportunities to improve the legibility of your content.

▲ Background and foreground colors do not have a sufficient contrast ratio.

Additional items to manually check (10) — These items address areas which an automated testing tool cannot cover. Learn more in our guide on [conducting an accessibility review](#).

Passed audits (15)

Not applicable (28)



Best Practices

Trust and Safety

- ▲ Links to cross-origin destinations are unsafe ▼
- ▲ Includes front-end JavaScript libraries with known security vulnerabilities — 2 vulnerabilities detected ▼

Passed audits (15) ▼

Not applicable (1) ▼



SEO

These checks ensure that your page is optimized for search engine results ranking. There are additional factors Lighthouse does not check that may affect your search ranking. [Learn more](#).

Content Best Practices — Format your HTML in a way that enables crawlers to better understand your app's content.

- ▲ Document does not have a meta description ▼

Crawling and Indexing — To appear in search results, crawlers need access to your app.

- ▲ Links are not crawlable ▼

Mobile Friendly — Make sure your pages are mobile friendly so users don't have to pinch or zoom in order to read the content pages. [Learn more](#).

▲ Tap targets are not sized appropriately — 25% appropriately sized tap targets

Additional items to manually check (1) — Run these additional validators on your site to check additional SEO best practices.

Passed audits (9)

Not applicable (2)



Progressive Web App

These checks validate the aspects of a Progressive Web App. [Learn more](#).

Installable

▲ Web app manifest or service worker do not meet the installability requirements — 1 reason

PWA Optimized

▲ Does not register a service worker that controls page and `start_url`

▲ Does not redirect HTTP traffic to HTTPS

▲ Is not configured for a custom splash screen Failures: No manifest was fetched.

▲	Does not set a theme color for the address bar.	▼
	Failures: No manifest was fetched, No ` <meta name="theme-color"/> ` tag found.	
●	Content is sized correctly for the viewport	▼
●	Has a <code><meta name="viewport"></code> tag with <code>width</code> or <code>initial-scale</code>	▼
●	Provides a valid <code>apple-touch-icon</code>	▼
▲	Manifest doesn't have a maskable icon No manifest was fetched	▼

Additional items to manually check (3) — These checks are required by the baseline [PWA Checklist](#) but are not automatically checked by Lighthouse. They do not affect your score but it's important that you verify them manually. ▼

Runtime Settings

URL	https://recipes-and-deliveries.herokuapp.com/blog/86/
Fetch Time	Aug 24, 2021, 5:20 PM GMT+2
Device	Emulated Moto G4
Network throttling	150 ms TCP RTT, 1,638.4 Kbps throughput (Simulated)
CPU throttling	4x slowdown (Simulated)
Channel	devtools
User agent (host)	Mozilla/5.0 (Macintosh; Intel Mac OS X 10_13_6) AppleWebKit/537.36 (KHTML, like Gecko) Chrome/92.0.4515.159 Safari/537.36
User agent (network)	Mozilla/5.0 (Linux; Android 7.0; Moto G (4)) AppleWebKit/537.36 (KHTML, like Gecko) Chrome/90.0.4420.0 Mobile Safari/537.36 Chrome-Lighthouse
CPU/Memory Power	843

Axe version

4.1.3

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