








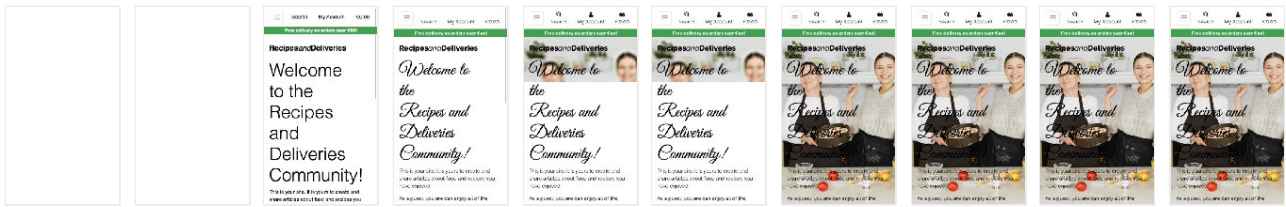
Performance

Metrics 

 First Contentful Paint	3.5 s	 Time to Interactive	4.3 s
 Speed Index	4.2 s	 Total Blocking Time	260 ms
 Largest Contentful Paint	4.3 s	 Cumulative Layout Shift	0.073

Values are estimated and may vary. The [performance score is calculated](#) directly from these metrics. [See calculator.](#)

 [View Treemap](#)



Show audits relevant to: **All** FCP LCP TBT CLS

Opportunities — These suggestions can help your page load faster. They don't [directly affect](#) the Performance score.

Opportunity	Estimated Savings
▲ Eliminate render-blocking resources	2.24 s
■ Reduce unused JavaScript	0.73 s
■ Reduce unused CSS	0.15 s

Diagnostics — More information about the performance of your application. These numbers don't [directly affect](#) the Performance score.

▲ Serve static assets with an efficient cache policy	— 5 resources found	▼
■ Minimize main-thread work	— 2.5 s	▼
● Avoid chaining critical requests	— 12 chains found	▼
● Keep request counts low and transfer sizes small	— 24 requests • 789 KiB	▼
● Largest Contentful Paint element	— 1 element found	▼
● Avoid large layout shifts	— 5 elements found	▼
● Avoid long main-thread tasks	— 12 long tasks found	▼

Passed audits (27)





Accessibility

These checks highlight opportunities to [improve the accessibility of your web app](#). Only a subset of accessibility issues can be automatically detected so manual testing is also encouraged.

Contrast — These are opportunities to improve the legibility of your content.

▲ Background and foreground colors do not have a sufficient contrast ratio. ▼

Additional items to manually check (10) — These items address areas which an automated testing tool cannot cover. Learn more in our guide on [conducting an accessibility review](#). ▼

Passed audits (14) ▼

Not applicable (29) ▼



Best Practices

Trust and Safety

▲ Includes front-end JavaScript libraries with known security vulnerabilities — 2 vulnerabilities detected ▼

Passed audits (16)**Not applicable (1)****SEO**

These checks ensure that your page is optimized for search engine results ranking. There are additional factors Lighthouse does not check that may affect your search ranking. [Learn more](#).

Content Best Practices — Format your HTML in a way that enables crawlers to better understand your app's content.

▲ Document does not have a meta description



Mobile Friendly — Make sure your pages are mobile friendly so users don't have to pinch or zoom in order to read the content pages. [Learn more](#).

▲ Tap targets are not sized appropriately — 31% appropriately sized tap targets



Additional items to manually check (1) — Run these additional validators on your site to check additional SEO best practices.

**Passed audits (9)**

Not applicable (3)

Progressive Web App

These checks validate the aspects of a Progressive Web App. [Learn more.](#)

Installable

- ▲ Web app manifest or service worker do not meet the installability requirements — 1 reason ▼

PWA Optimized

- ▲ Does not register a service worker that controls page and `start_url` ▼
- ▲ Does not redirect HTTP traffic to HTTPS ▼
- ▲ Is not configured for a custom splash screen Failures: No manifest was fetched. ▼
- ▲ Does not set a theme color for the address bar.
Failures: No manifest was fetched, No ``<meta name="theme-color">`` tag found. ▼
- Content is sized correctly for the viewport ▼
- Has a `<meta name="viewport">` tag with `width` or `initial-scale` ▼
- Provides a valid `apple-touch-icon` ▼
- ▲ Manifest doesn't have a maskable icon No manifest was fetched ▼

Additional items to manually check (3) — These checks are required by the baseline [PWA Checklist](#) but are not automatically checked by Lighthouse. They do not affect your

score but it's important that you verify them manually.

Runtime Settings

URL	https://recipes-and-deliveries.herokuapp.com/blog/
Fetch Time	Aug 24, 2021, 4:42 PM GMT+2
Device	Emulated Moto G4
Network throttling	150 ms TCP RTT, 1,638.4 Kbps throughput (Simulated)
CPU throttling	4x slowdown (Simulated)
Channel	devtools
User agent (host)	Mozilla/5.0 (Macintosh; Intel Mac OS X 10_13_6) AppleWebKit/537.36 (KHTML, like Gecko) Chrome/92.0.4515.107 Safari/537.36
User agent (network)	Mozilla/5.0 (Linux; Android 7.0; Moto G (4)) AppleWebKit/537.36 (KHTML, like Gecko) Chrome/90.0.4420.0 Mobile Safari/537.36 Chrome-Lighthouse
CPU/Memory Power	811
Axe version	4.1.3

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