

 https://recipes-and-deliveries.herokuapp.com/profile/ 

Performance






Accessibility



Best Practices









SEO

Progressive
Web App 0–49  50–89  90–100

Performance

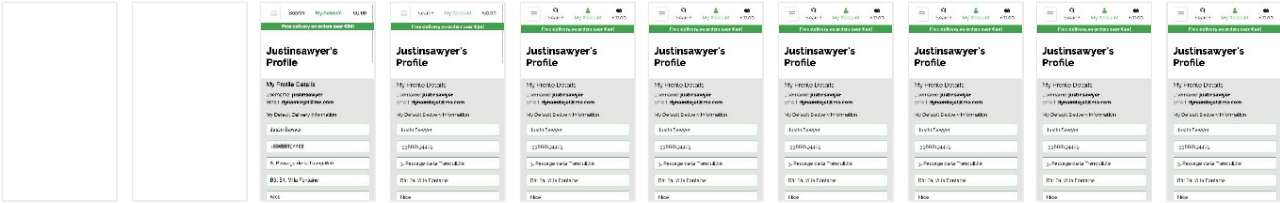
Metrics



 First Contentful Paint	4.1 s	 Time to Interactive	4.7 s
 Speed Index	4.1 s	 Total Blocking Time	420 ms
 Largest Contentful Paint	4.9 s	 Cumulative Layout Shift	0.003

Values are estimated and may vary. The [performance score is calculated](#) directly from these metrics. [See calculator.](#)

 [View Treemap](#)



Show audits relevant to: All FCP LCP TBT CLS

Opportunities — These suggestions can help your page load faster. They don't [directly affect](#) the Performance score.

Opportunity	Estimated Savings
▲ Eliminate render-blocking resources	2.02 s
▲ Reduce unused JavaScript	0.81 s
■ Reduce unused CSS	0.3 s

Diagnostics — More information about the performance of your application. These numbers don't [directly affect](#) the Performance score.

- ▲ Reduce the impact of third-party code — Third-party code blocked the main thread for 340 ms
- ▲ Serve static assets with an efficient cache policy — 4 resources found
- Minimize main-thread work — 3.6 s
- Avoid chaining critical requests — 14 chains found
- Keep request counts low and transfer sizes small — 25 requests • 612 KiB
- Largest Contentful Paint element — 1 element found
- Avoid large layout shifts — 5 elements found
- Avoid long main-thread tasks — 16 long tasks found

Passed audits (26)



Accessibility

These checks highlight opportunities to [improve the accessibility of your web app](#). Only a subset of accessibility issues can be automatically detected so manual testing is also encouraged.

Contrast — These are opportunities to improve the legibility of your content.

▲ Background and foreground colors do not have a sufficient contrast ratio. ▼

Additional items to manually check (10) — These items address areas which an automated testing tool cannot cover. Learn more in our guide on [conducting an accessibility review](#). ▼

Passed audits (20) ▼

Not applicable (23) ▼



Best Practices

Trust and Safety

▲ Includes front-end JavaScript libraries with known security vulnerabilities — 2 vulnerabilities detected

Passed audits (16)

Not applicable (1)



SEO

These checks ensure that your page is optimized for search engine results ranking. There are additional factors Lighthouse does not check that may affect your search ranking. [Learn more.](#)

Content Best Practices — Format your HTML in a way that enables crawlers to better understand your app's content.

▲ Document does not have a meta description

Mobile Friendly — Make sure your pages are mobile friendly so users don't have to pinch or zoom in order to read the content pages. [Learn more.](#)

■ Tap targets are not sized appropriately — 65% appropriately sized tap targets

Additional items to manually check (1) — Run these additional validators on your site to check additional SEO best practices.

Passed audits (9) ▼Not applicable (3) ▼

Progressive Web App

These checks validate the aspects of a Progressive Web App. [Learn more](#).

+ Installable

- ▲ Web app manifest or service worker do not meet the installability requirements — 1 ▼
reason

★ PWA Optimized

- ▲ Does not register a service worker that controls page and `start_url` ▼
- ▲ Does not redirect HTTP traffic to HTTPS ▼
- ▲ Is not configured for a custom splash screen Failures: No manifest was fetched. ▼
- ▲ Does not set a theme color for the address bar.
Failures: No manifest was fetched, No ``<meta name="theme-color">`` tag found. ▼
- Content is sized correctly for the viewport ▼
- Has a `<meta name="viewport">` tag with `width` or `initial-scale` ▼
- Provides a valid `apple-touch-icon` ▼
- ▲ Manifest doesn't have a maskable icon No manifest was fetched ▼

Additional items to manually check (3) — These checks are required by the baseline [PWA Checklist](#) but are not automatically checked by Lighthouse. They do not affect your score but it's important that you verify them manually.

Runtime Settings

URL	https://recipes-and-deliveries.herokuapp.com/profile/
Fetch Time	Aug 24, 2021, 4:50 PM GMT+2
Device	Emulated Moto G4
Network throttling	150 ms TCP RTT, 1,638.4 Kbps throughput (Simulated)
CPU throttling	4x slowdown (Simulated)
Channel	devtools
User agent (host)	Mozilla/5.0 (Macintosh; Intel Mac OS X 10_13_6) AppleWebKit/537.36 (KHTML, like Gecko) Chrome/92.0.4515.107 Safari/537.36
User agent (network)	Mozilla/5.0 (Linux; Android 7.0; Moto G (4)) AppleWebKit/537.36 (KHTML, like Gecko) Chrome/90.0.4420.0 Mobile Safari/537.36 Chrome-Lighthouse
CPU/Memory Power	854
Axe version	4.1.3

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