

# Regression Adjustment and CUPED

---

Justin S. Eloriaga

September 12, 2025

Regression Adjustment and CUPED

Methodology: Regression Adjustment and CUPED

# Regression Adjustment and CUPED

---

- In this example, we will use Jonathan Roth's DGP with heterogenous effects.
- You are a data scientist at Udemy looking at the effects of taking a professional development ( $D$ ) certificate on earnings ( $Y$ ).
- You randomly assign a sample of individuals to get the certificate or not.
- Let  $Z$  indicate how many online courses a person has taken in the past and  $Y_{t-1}$  be their earnings last year.
- Suppose that taking online courses causes lower earnings  $Y(0)$  in jobs that don't require any certificates, but higher earnings  $Y(1)$  in jobs that do require certificates.

# Regression Adjustment

- Classical 2-sample approach, no adjustment (CL)
- Classical linear regression adjustment (CRA)
- Interactive regression adjustment (IRA)
- Let's compare standard errors
- Observe that CRA delivers estimates that are less efficient than CL (pointed out by Freedman), whereas IRA delivers estimates that are more efficient (pointed out by Lin).
- In order for CRA to be more efficient than CL, we need the linear model to be a correct model of the conditional expectation function of  $Y$  given  $D$  and  $X$ , which is not the case here.

## Code: Regression Adjustment (1)

```
CL = smf.ols("np.log(Y) ~ D", data=data).fit(cov_type='HC1')  
CL.summary().tables[1]
```

## Code: Regression Adjustment (2)

```
CRA = smf.ols("np.log(Y) ~ D + Z + np.log(Ypre)", data=data).fit(  
    cov_type='HC1')  
CRA.summary().tables[1]
```

## Code: Regression Adjustment (3)

```
# Demean Z and Ypre
data['Z_dm'] = data['Z'] - data['Z'].mean()
data['Ypre_dm'] = np.log(data['Ypre']) - np.log(data['Ypre']).mean()

# Interactive regression adjustment (IRA)
IRA = smf.ols("np.log(Y) ~ D + Z_dm + Z_dm*D + Ypre_dm + Ypre_dm*D",
              data=data).fit(cov_type='HC1')
IRA.summary().tables[1]
```



## CUPED: Controlled-Experiment using Pre-Experiment Data

- This is a very popular technique in business settings to increase the power of RCTs.
- For a recent perspective on CUPED, see - [A New Look at CUPED in 2023](<https://arxiv.org/pdf/2312.02935>) - [Powering Experiments with CUPED](<https://towardsdatascience.com/powering-experiments-with-cuped-and-double-machine-learning-34dc2f3d3284>) - [Understanding. . .
- Steps to implement CUPED:
  - Regress  $Y$  on  $X \equiv [Z, Y_{t-1}]$  and obtain the residuals  $\hat{Y}_{\text{cuped}} = Y - \hat{\beta}X$ .
  - Regress  $\hat{Y}_{\text{cuped}}$  on  $D$  and obtain the treatment effect
- However, this implementation might not work here since we have heterogeneous treatment effect.

## Code: CUPED: Controlled-Experiment using Pre-Experiment Data (1)

```
# Compute residuals
data['Y_tilde'] = smf.ols("np.log(Y) ~ Z_dm + Ypre_dm", data=data).fit
                    ().resid
cuped = smf.ols("Y_tilde ~ D", data=data).fit(cov_type='HC1')
cuped.summary().tables[1]
```

## Methodology: Regression Adjustment and cuped

---

Assume unconfoundedness  $Y(a) \perp A \mid X$  and positivity  $0 < P(A = 1 \mid X) < 1$ . Then the ATE is identified as

$$\text{ATE} = \mathbb{E}[\mathbb{E}[Y \mid A=1, X] - \mathbb{E}[Y \mid A=0, X]].$$

Fit outcome models  $\hat{m}_a(x) \approx \mathbb{E}[Y \mid A=a, X=x]$  for  $a \in \{0, 1\}$  and average:

$$\widehat{ATE}_{RA} = \frac{1}{n} \sum_{i=1}^n \{ \hat{m}_1(X_i) - \hat{m}_0(X_i) \}.$$

Use linear models, polynomial features, or ML (RF/GBM); cross-fitting helps reduce overfitting bias.

## cuped (Variance Reduction)

Construct  $Y^* = Y - \theta(\hat{Y}_0 - \overline{\hat{Y}_0})$ , where  $\hat{Y}_0$  predicts a baseline outcome. Estimate the effect with  $Y^*$  (same estimand, smaller variance).

- Fit baseline  $\hat{g}(X)$  on pre-treatment data, get  $\hat{Y}_0$ .
- Estimate  $\theta$  via regression of  $Y$  on  $\hat{Y}_0$  (controlling for  $A$ ).
- Recompute outcome  $Y^*$  and compare means by  $A$  (or regress  $Y$  on  $A$  and  $\hat{Y}_0$  directly).