

## Attendance

Average attendees for current hour:

Average attendees for next hour:

## Free weights

Barbells available

Bench stations open

Deadlift areas

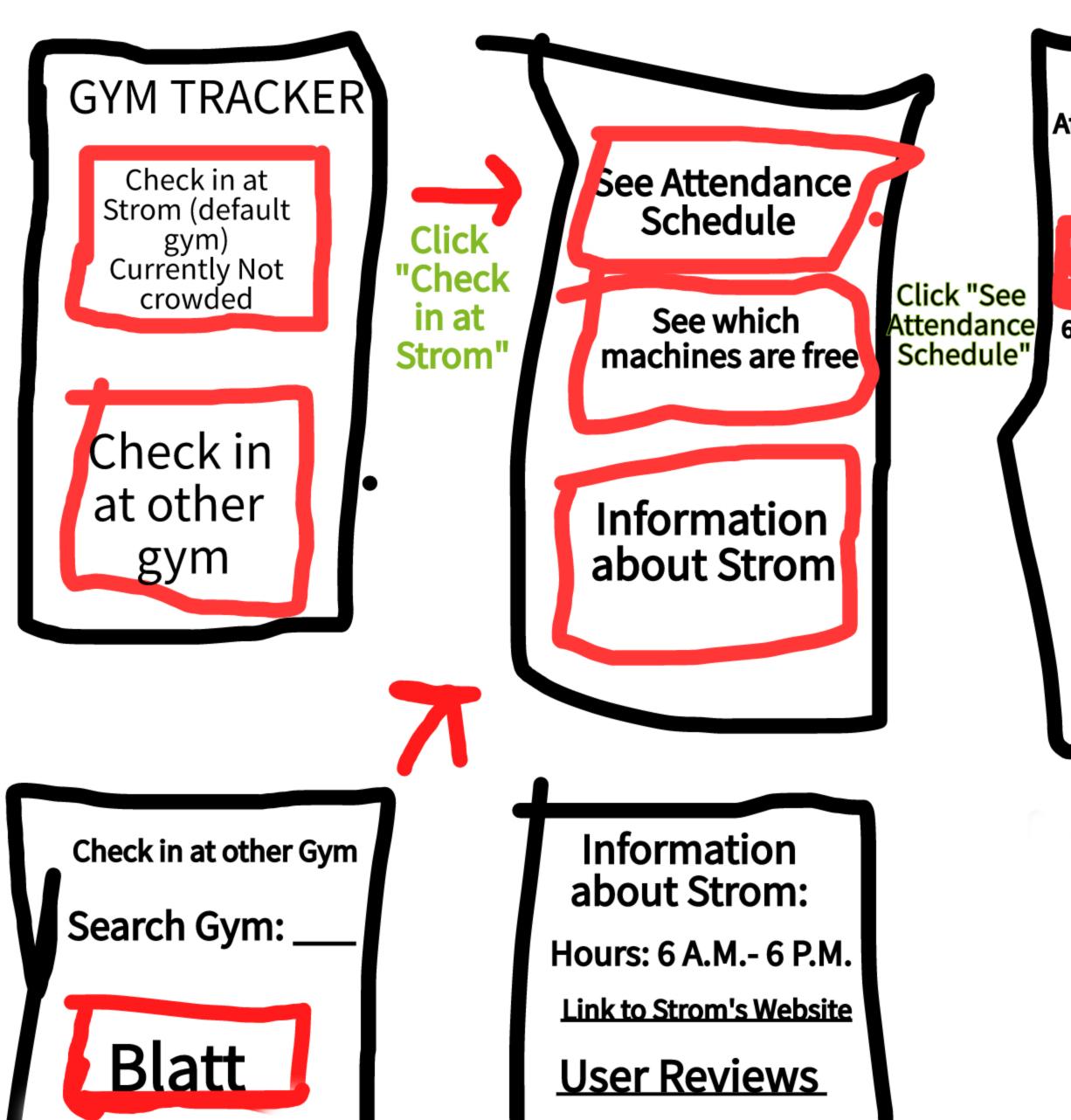
Dumbells available

## Machines

Cardio machines available

Upper body machines

Lower body machines



**YMCA** 

Attendance at Different Times 6:00 8:00 10:00 12:00 2:00 4:00 6:0 Weekdays 6:00 8:00 10:00 12:00 2:00 4:00 6:00 Weekends

Treadmills: 5/8
Squat Racks: 2/4
Cable

Machines: 4/5

Click "See

which

machines

are free"

**Which Machines are Free** 

