

HETAC HEADLINES

SPRING

May 2014

The End Zone

“The thing about football - the important thing about football - is that it is not just about football.” *Terry Pratchett* I saw this quote the other day and it reminded me, as I struggle to cover every last bit of curriculum before the end of the year, that the relationships with my students are more important than whether they do all my activities. This last push to get in the end zone has me wanting to treat my students like baby birds, tip your head back while I shove all these last worms in. “Stop, take a breath”, I tell myself and realize that taking the time to look someone in the eye, smile, have a small discussion is probably of more impact in that student’s life than squeezing every last nuance out of Piaget. I’ve put a sticky note in my roll book that says “What is important?” What did you do to manage your anxiety/stress? I’d like to know..

HETAC ROUND TABLES

Do you have a lesson plan, presentation, idea for FHA-HERO, or something else wonderful to share that we can use in our classrooms? The HETAC Round Table needs you to share your great curriculum with all of us. For many, this session is one of the highlights of the conference. Be a presenter and get \$10 off when you renew your HETAC membership. Contact Marilyn Johnson at marilynj@vacavilleusd.org or 7047-628-7910.

Would you like to work with the HETAC Board? Are you a person who likes to put your ideas into action? We need you to be a Communication Chair for your region. If you are interested in serving as a communication chair in Regions 2, 4, 6, 8, and 9, please contact Kathleen Dickerson at kathleendickerson@hotmail.com.

Region Assignments for the Leadership and Management Conference

- HETAC Reception - Region 3
- Donation Drawing – Region 5
- Welcome Bags at Registration – Region 9
- Curriculum Round Table – Region 7
- HETAC Breakfast - Region 4
- Centerpieces – Region 10
- CONTACT YOUR COMMUNICATION CHAIR FOR DETAILS



FHA-HERO State Meeting

HETAC sponsors 2 scholarships, 2 CRE events and 1 award. The recipient of the Home Economics Teacher Scholarship is **Hayley Taggart** of Newbury Park High School. As well as FHA-HERO, Haley is involved in school, (ASB, writing club,), sports (water polo), community and church activities. The recipient of the Rose DeBenedetti Scholarship,, is **Davina Yang** of Sanger High School. Davina has balanced her role as state officer with Asian club, choir club, Polynesian dancing, to name a few. The Nutrition Education CRE recipients were: Jr-Aliza Fuller and Veronica Winstion, Kern Valley high School and Sr.– Yuan Lin Tan and Vy-Vi Tran, Mountain View High School. HETAC also sponsors the Honor Chapter Awards and the recipients were: 1st place = Kern Valley High School, 2nd place = Sierra High School, 3rd place = Mountain View High School.

The students were most appreciative and HETAC received many letter of thanks which I pass on to you. I was proud to represent the HETAC members in recognizing the accomplishments of the fine young men and women who take part in our programs.

New Advisor Perspective

I along with eight other teachers had the great opportunity to do an advisory internship at the FHA-HERO state meeting. We had the unique opportunity to go “behind the scenes” to learn all about how FHA-HERO works and how to implement it into our classrooms. The students were amazing, the advisors were amazing, and the work that goes into this organization is amazing. I was awestruck at the leadership abilities and the adult way these students handled themselves. Not to mention the fabulous products the students created. I also had the wonderful opportunity to meet some great teachers who, I hope I will be seeing again real soon. I am very excited to use the lesson plans, which were provided, in my classes and to affiliate my chapter. I feel very confident that with the help and guidance of all the advisors at state, I will be able to be suc-



Professional Development...Make it a Priority

by Tanya Wright

Welcome New and Returning Members

By Liz Aschenbrenner

HETAC is pleased to welcome the following new members:

Region 9: Michelle McCoy

Region 10: Nora Rico

HETAC is happy to welcome back the following members:

Region 6:

Valerie Flores

Amy Lee

Region 7:

Julie Carriere

Region 9:

Decondia Ferguson

Deanna Lee

Kris Moon

What is professional development? Professional development refers to the acquisition of skills and knowledge, both for personal development and for career advancement. What have you done lately to facilitate your learning as a teacher? Have you taken some courses at your local college, attended a conference, or participated in an internship recently? If not, now is the time in your career to learn about the newest trends in education, gain a new skill to add rigor and relevance to the courses you teach, or attend a conference to network with colleagues and embrace the most current resources available to you as a Home Economics Careers and Technology teacher.

Throughout my career as a HECT teacher I found it important to attend and participate in professional learning opportunities on a regular basis. I made it a goal each year to attend at least one multi-day conference per year, one one-day workshop and at least participate in a summer college course or internship. By making professional learning opportunities a priority in my teaching career I was able to stay current with all the new trends in education and incorporate the latest industry trends into my daily lessons with my students. I was able to provide my students the most up to date education because I was current. What are you doing to enhance your teaching? Do you make professional development goals for yourself? If not, now is the opportunity to do that. Share your goals with your administrators and inform others what you want to do so you are able to support student success in the classroom.

If you have not attended the Home Economics Careers and Technology annual Leadership and Management Conference in a while consider attending this summer. You will be able to learn about how as a HECT teacher you can increase instruction in the Common Core, learn new teaching strategies to expand your classroom instruction, how to move your classroom assignments to rigorous and relevant "Quadrant D" assignments, and how to embrace technology as a teaching tool. This year's conference theme-HECT Your Window of Opportunity is certainly relevant in California's education plan. Come join your state staff and your colleagues to learn from one another, participate in exciting worthwhile breakout sessions, and hear from excellent speakers who will help us to see the many opportunities available to us as HECT teachers. It is not too late to sign up for the conference being held June 19-21, 2014 in Garden Grove, CA. Applications are available online at: <http://www.hect.org/leadershipmanagement.php>. Fax your application today to the HECT Curriculum and Professional Development Project Office. We look forward to seeing you in Garden Grove next month.

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Teacher Toolbox

TechSets presents free webinars every Wednesday from 3:30 pm to 4:30 pm.

Each webinar includes:

Introduction to the tool, demonstration, application ideas, practicum and wrap up. <http://www.techsets.org/Article.aspx?p=webtoolwed>

Food safety music and music videos <http://foodsafety.ucdavis.edu/>

Wordle (www.wordle.net) – Type some word or phrases into Wordle and create a visual interpretation of all the words used.

Joy the Baker (joythebaker.com) – Lots of yummy recipes and includes a lot of pictures, show different steps in making the recipes.

Prezi (www.prezi.com) – Prezi has fun slide transitions to keep your students guessing about what will happen next.

Teacher Tube (www.teachertube.com) – Classroom-approved videos.

Poll Daddy (www.poll daddy.com) – Quickly and easily set up a survey or poll for your students. You can see the answers instantly – no tallying required.

Dipity (www.dipity.com) – Create visually appealing and interactive timelines. Each event can have an image, and a link to more information. Users can scroll through the timeline and click on the events that interest them.

Skitch (www.skitch.com) – Load up a photo and have the student label everything with the correct word.

Fresh FACS Publishing– www.freshfacs.com “The Educated Palate”- Lessons on tasting activities