

# HETAC HEADLINES

Home Economics Teachers of California

May 2016

## President's Message

The 31<sup>st</sup> Leadership and Management Conference will be in Garden Grove CA from June 23-25, 2016. "It's About Time" is the theme of this year's conference and will be sure to present strategies for getting involved in Legislative Advocacy, funding opportunities, Common Core and HECT, new technologies, and strategies you can use in your classroom to help you be successful in working with your students. The conference is a time to re-connect to our colleagues, reinforce our knowledge base and re-energize for the fall.

As most of you know in the recent weeks we have lost our language in the CA Ed. Code. This raises many, many, many, concerns that we fought for almost 18 years ago. In the positive times of CTE we have been now "lumped" with all of CTE, when we were one of the few that had OUR OWN definitions. So please read closely below.

Spring is a time to re-commit to our profession. Members can do this in two ways: support HETAC advocacy efforts and participate in professional development activities.

Sometimes it seems like all we do is battle for remnants of the budget while we see other programs in our districts and sites seemingly ride the gravy train. We just have to remember that what we do is far more important in the long run, for our students. The real-life education we give to them through our programs will make a big difference in their adult lives.

When HETAC Executive Board members call upon you to contact legislators or business and industry representatives, we need all members to respond! The legislators need to hear of the critical need for this funding. They will not feel the strength of our membership if we wait for "someone else" to make the call, send the letter or make the personal contact. That "someone else" has to be each and every one of us. You, as HETAC members, have the passion for our programs. Only you can speak with pride and conviction about your own personal success stories or about how your program made the difference in the lives of your students. It is unfortunate that our programs depend on funding doled out by legislators who for the most part have never been classroom teachers. They have never felt that jazzy feeling you get when the lesson plan touches on a real-life situation and leads to a life-long student-driven learning experience. However, you have the power to share that feeling with them. Remember that they truly want the best for the students in this state; we just have to tell them how to achieve it.

This is going to take HETAC time and money. We are encouraging you to please spread the information throughout this newsletter to colleagues that may not be members and explain to them the importance of this organization. We also strongly encourage members to please adhere to all URGENT email messages and read them. These messages only go out to members. All the more reason to encourage your fellow HECT teachers to join and support our efforts in the coming months, and school year.

Don't be overwhelmed by the brokenness you see all around you. I will give you a heart to look to the future with hope, and the tools to restore and rebuild what is broken

But now I said to them, "You know very well what trouble we are in. Jerusalem lies in ruins, and its gates have been destroyed by fire. Let us rebuild the wall of Jerusalem and end this disgrace!" - Nehemiah 2:17 (NLT)

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Culinary Workshop, Roseville



HETAC Hospitality Room at FHA-HERO State Leadership Meeting

## HETAC Hosts Hospitality Room at FHA-HERO State Leadership Meeting

At the recent 2016 FHA-HERO State Leadership Meeting, HETAC sponsored a Hospitality Room during the Monday night Formal Ball. In my 15 years as an FHA-HERO advisor, this was the largest turn out I have seen.

President Dawn Maceyka and Vice President Tanya Wright reiterated the importance of banning together as Home Economics teachers and making our voice be heard.

Refreshments and games with door prizes were planned, but with the call to action, due to the recent changes in Ed Code, we gathered together to discuss what actions should be taken, exchanged information and networked.

Several applications for new memberships were received. And as the hour wound down door prizes were awarded by Nina Dilbeck.

Linda Rosensteel  
HETAC Treasurer

## Sacramento Soundings

by Melissa Webb, HECT State Staff and CA FCCLA State Advisor

The 69th Annual FHA-HERO State Leadership Meeting was held April 16–19, 2016, in Riverside, California, at the Riverside Marriott and Riverside Convention Center. The theme of the conference, “Mission I’m Possible”, included interactive student leadership sessions, career development workshops, and the State Finals Competitive Recognition Events. Special guests included Sandy Spavone, FCCLA National Director, and First Vice-President, Allyson Monson. Approximately 80 chapters, including over 800 attendees, participated at the conference. On April, 19, 2016, the California voting delegates voted to change the name of the state association to California FCCLA, aligning with the national FCCLA organization. FCCLA will host its National Leadership Conference in San Diego, California July 2–7 with an anticipated attendance of over 8,000 youth and adults from around the country. California volunteers on Thursday, June 30, 2016, to assist with registration packet stuffing. This is a great opportunity for your students to participate in some summer community service. If you are interested in volunteering at the National Conference, please contact Melissa Webb at [mwebb@cde.ca.gov](mailto:mwebb@cde.ca.gov). Also, 2016–17 SB 1070 Applications were provided to chapter advisors at the state conference. If you are interested in applying for funds to start an FCCLA chapter please contact the State Office.

Russ Weikle, Director of the Career and College Transition Division, will be retiring on Tuesday, May 31, 2016. The 2016–17 Leadership Development Institute (LDI) for aspiring and new Career Technical Education (CTE) Leaders will be offered again next year. There is an application process and requirements for participation. The professional development modules include: Leadership, Curriculum and Instruction, Content Standards, Course Development, and Instructional Improvement just to name a few. Upon completion of the LDI Training, participants are prepared to provide leadership for an array of educational organizations. The LDI brochure is attached for additional information or contact Michelle McIntosh at [mmcintosh@cde.ca.gov](mailto:mmcintosh@cde.ca.gov).

## Curriculum Round Table Session

Did you teach a great lesson this year? Did you see a cool idea on CTE Online, Pinterest or Facebook? Did you find a website that you find resourceful? If so, please consider sharing your lesson/strategy at the Leadership & Management Conference this summer during the Curriculum Round Tables. Sharing your curriculum might help someone else improve instruction or even spark a new strategy for you. Contact Linda Johnson by e-mail at [ljohn@pacbell.net](mailto:ljohn@pacbell.net) if you are willing to participate in this session at the conference. We know you have great ideas to share. But, even better as a presenter you will get a copy of all of the presenters lessons.



Culinary Arts Skills Workshop, Roseville

## HETAC Meets with CDE Leadership

On April 13, 2016 President, Vice president and two HETAC members traveled to Sacramento, to meet with Dr. Lloyd McCabe, the Agriculture Home Economics Careers and Technology Unit manager. This meeting was to discuss the current state of HECT and the future.

The current state is that we have lost our definition of state staff unit consultants, definition of our unit Home Economics Careers and Technology, support for the career technical organization FHA-HERO/FCCLA, defined funding for professional development, and standards support and updating,

In this meeting we asked how this happened? Where do we go from here? Unfortunately, this is going to require us to REDO something that is already in place. We need a legislative advocate and most of all members with all hands on deck. The answers to the questions above were not clear. Dr. Lloyd McCabe (unit manager) does not know when and where this happened. We did not get a straight answer. The answer to the future outcome is, WE (the teachers and programs) will determine the answer. We also stressed how HETAC is the voice and the support for California Home Economics Teachers meaning that we need to have an open line of communication with the unit consultants and management. We can not do this advocating alone; we will have to speak up.

What I took away from the meeting is that we need to unify as ONE, we need to spread this information, we need to find our advocates, and we need to collectively STAY together. As I was able to present this information to teachers and advisors at FHA-HERO State Leadership Meeting, many teachers are on board. At this point please, please, please make a relationship with your local legislator. When called upon please respond and help. Our actions WILL determine the future of Home Economics Careers and Technology.

This years Leadership and Management Conference in Garden Grove may be one not to miss! June 23-25. If you have further questions please email [heta01@gmail.com](mailto:heta01@gmail.com).





# Culinary Arts Professional Development

By Sarah Webber

The Culinary Arts Skills: Find the Hidden Treasures workshop held March 4-6 in Roseville was highly interactive and full of hands-on training utilizing Common Core standards and Performance Tasks Assessments. It was designed for food service and hospitality educators to update their culinary and classroom management skills. Sessions included classroom activities and four rotations in a professional kitchen to expose participants to the real world of professional baking and cooking. Los Angeles Trade Tech professional chef/instructors conducted sessions designed to increase the skills of the novice as well as the experienced teacher.

The Hidden Treasures of Garlic workshop opened our eyes to the wonderful world and versatility of garlic. With Chef Caillot we made a garlic confit, garlic flan, garlic aioli, garlic soup, and, garlic tuile. We learned to blanch garlic and create a sweet and savory cookie that can be modified and used to bring out the creativity in our students.

With Chef Coulter we learned to set up a work station, use a digital scale, measure with a ruler, practice grilling, calculate the percentage of shrinkage after cooking, graph data to solve a problem, write a formula to calculate the required quantity needed to purchase, and calculate the cost per serving. This lab was incredibly useful and would help students to relate with other subjects and how they tie together (Common Core).

In Chef Powell's lab we worked with Phyllo dough and Feuille De Brick. The Feuille De Brick was a fun pastry to work with and is versatile for students to use in the classroom. We made ours with caramelized apples and a flaming passion fruit sauce. The end product was a beautiful presentation of a sweet culinary delight. Additionally, we worked with caul fat and made seafood croquettes.

In our final lab, Chef Sweeney went over a Food Cost Manager spreadsheet and educated us on how to prevent a loss in food costs. He also demonstrated how to make a flavorful empanada pastry using cream cheese and a way to create the most delicate pie pastry in a food processor. Lastly, he taught us how to braid bread dough for a decorative finish.

This workshop gave me inspiration and a wealth of information to bring back to my classroom. The knowledge of the instructors was so resourceful and taught with such passion. This workshop made me open my eyes and want to try new things in the classroom. It was well worth it and I am looking forward to attending the next one.

## FHA-HERO STATE AWARDS

HETAC President Dawn Maceyka Presented the HETAC scholarship and Rose Debenedetti scholarship during the gala dinner on Monday night of the State Leadership Meeting. Outgoing state officer Hayley Taggart was awarded the HETAC Scholarship and the Rose Debenedetti Scholarship went to Suelamita Shkrobanets.

## HECT Financial Literacy Workshop

by Jennifer Beier

On April 29, 2016 in Sacramento, Home Economics Careers and Technology held a Professional Development workshop for Financial Literacy. The teachers learned/discussed about the following financial topics-Students Loans and the program I Can Afford College ([icanaffordcollege.com](http://icanaffordcollege.com)), Managing and using Debit/Credit cards effectively, Preventing Identity Theft, and State Advisor Angie Ford gave an update on AB166 and showed the teachers where to find Financial Literacy teaching resources on the CDE website (<http://www.cde.ca.gov/eo/in/fl/finlitk12.asp>). Before the day wrapped up, the teachers got to participate in a scaled down version of Golden1 Credit Union program of Mad City Money which gives students a hands on financial simulation of the real world.

## Welcome New Members:

Andrew Calzadillas  
Daniel Michael  
Raeann Gaddoni  
Joan Del Rosario  
Robert Sargeant Jr.  
Marianne Rock  
Sara Pilon  
Rebecca Silvas  
Cheri Yates

## Region Help Needed!

Every year regions are assigned duties to assist at the state conference for HECT teachers, the Leadership & Management Conference. Each region is asked to contribute 2 donation baskets to support our drawing for the HETAC scholarship fund for future HECT teachers and students wanting to pursue a career in one of the HECT career paths. We encourage you to bring items to the conference to add to your region baskets or donate to the scholarship fund. In April two students each received \$500.00 scholarships at the FHA-HERO state meeting. Please contact your region communication chairperson to assist with the responsibilities listed below.

Region Conference Duties are as follows:

- \*Centerpieces Region 9
- \* Donation Drawing Organization Region 3 & 7
- \* Round Table Organization Region 5 & 8
- \* Welcome Coffee/Snack Bags Region 10
- \* HETAC Breakfast Set-Up Region 4 & 6

Contact your communication chairperson. Contact info is found in this newsletter. See you in June at the annual conference.



Region 6 Spring Meeting at the Paeo Lavendar Farm

## Teacher Tool Box

By Lisa Burson

**Screencastify** You can record screen and voice over for power points or any other screen manipulation. This is a very simple program, not allowing pauses. Others are available. It is free at the Chrome app store. To see my first screencast <https://drive.google.com/file/d/0B23D88op94VnLXB2OU85NHc3V28/view?usp=sharing>

I have a French foreign exchange student and she is doing a screencast for my French unit vocab words. She says my pronunciation needs a lot of work.

**Quizlet** This is another free Chrome app that allows you to enter information then students can access. It will present as flashcards, tests, .... To check out the few I've made for my nutrition class, check out this link <https://quizlet.com/class/1992253/>

**Cleanprint** a must for students who are printing articles from web sources. It automatically gets rid of surrounding text and allows user to delete pictures, unneeded text,... You then can download as a word document or pdf or just print. It is a chrome extension.

**SpeakIt!** is an app that allows you to highlight text and it reads it out loud. Very handy for those auditory learners.

**stilltasty.com** How long is that opened jar of .... good for? Find out. How long will ... last in the freezer?

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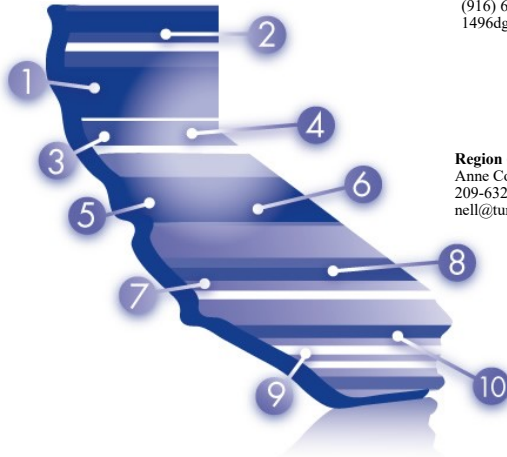
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