

HETAC HEADLINES

Home Economics Teachers of California

December 2016

President's Message

As we continue the theme "It's About Time", time is moving quickly. It always does at this point in the year. Giving our best is a continuation from my last message. The board and I are giving OUR BEST to use our time, wisely and efficiently.

The progress on our plan of action presented at Leadership and Management is slow, but I can report that we have gained 15 new members since August. This is as a result of only two region fall networking sessions. Can you just imagine if the other 7 regions did the same? We are relying on communications chairs to continue reaching out. We are only going to be as visible as we make ourselves.

HETAC encourages you to coordinate outreach to meet with your Sacramento representatives out in the field during this Legislative Interim break, which lasts through December. We are struggling with state representation at California Department of Education, we currently have only one body to represent Family and Consumer Sciences. We will only be able to increase this support with legislative action. The board appreciates your efforts in these measures.

The HETAC board is sponsoring two Spring Professional Development activities, one to be held in the North, Sacramento area and one in the South, Orange County area. Be looking for information coming very soon about these professional development opportunities and how you can participate.

Spring professional development schedule is out, use your Carl Perkins funds and Incentive Grants to get scheduled. This year Leadership and Management is in Squaw Valley, June 2017, plan now, you won't want to miss it.

Enjoy your Holiday season with family and friends. Use this time to recharge for a very productive Winter and Spring in your classroom.



Culinary Arts Workshop at Los Angeles Trade — Technical College

"If you want to
make an easy job
seem mighty hard,
just keep putting
off doing it."
Olin Miller

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FCCLA State Executive Council enjoying dinner at Joe's Crab Shack, Sacramento

Family & Consumer Sciences Dine in Day

www.aafcs.org/FCSDay



Sacramento Soundings

“The Data is not adding up. Family and Consumer Sciences teachers in California must unite now more than ever!”

by Melissa Webb, California Department of Education FCS Education Programs Consultant/FCCLA State Advisor

With the autumn leaves falling, rain drizzling outside, and the sweet smell of baking in the oven, I would like to wish you and your family a wonderful holiday season. Not long ago, the school year had just begun, and now many of you are in the midst of Holiday labs and approaching finals. Currently, in Sacramento, we are working very hard in trying to hire a second Family and Consumer Sciences (FCS) Education Programs Consultant at the California Department of Education (CDE). There has been a limited number of potential candidates coupled with the complexities of the hiring process, however, we are hopeful that we will soon be able to find enough eligible candidates to start the interview process.

California FCCLA, now more than ever, has been keeping me very busy. In the past two years we have transitioned all of the Competitive Recognition Events (CRE) into FCCLA Students Taking Action with Recognition (STAR) Events, assisted chapter advisors to become acclimated to the national FCCLA affiliation system, and are now updating all documents and information to reflect the new name; California FCCLA. Although this process has been a challenge, teachers across the state have been in direct contact with the State Office to learn more about FCCLA, new event changes, and to request Chapter ID numbers to affiliate their chapters.

Currently in the state of California, we have approximately 137,922 students enrolled in FCS courses in the following industry sectors: Education, Child Development, and Family Services (59,419 students); Fashion and Interior Design (8,744 students), and Hospitality, Tourism, and Recreation (69,759 students). As an FCS profession, we have one of the largest student enrollment numbers in Career Technical Education. However, some of the greatest challenges include getting all of the FCS teachers united under the new umbrella name Family and Consumer Sciences (which officially changed at the CDE on July 1, 2016), affiliating with the appropriate Career Technical Student Organization (CTSO) which is FCCLA (not Skills USA) for our subject area, and having all FCS teachers join the professional teacher organization Home Economics Teacher Association of California (HETAC).

If we compare FCS to the Agriculture Education industry sector, we have more students in the FCS industry sectors. A noted difference between the two industry sectors is all Agriculture students are also members of Future Farmers of America (FFA) organization. FFA has approximately 83,919 members compared to FCCLA with 4,104 members in the 2015–16 school year. In reviewing the other CTSO's data in California, FCCLA currently has the lowest amount of members; Cal-HOSA in 2015–16 had 6,016 members, DECA had 5,185 members, FBLA had 7,314 members, and Skills USA had 10,588. (continued on page 5)

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**Contact Your Region
Communication
Chairperson to assist
and attend your
upcoming region
HETAC meeting.**



ServeSafe Workshop New San Juan High School, Citrus Heights

ServeSafe Workshop by Linda Johnson, HETAC Secretary

On October 4th I attended the ServeSafe workshop offered by the HECT Professional Development Project and instructed by our own Priscilla Burns. She serves in a dual role as an instructor/proctor for the ServeSafe, National Restaurant Association. Priscilla has extensive experience in commercial cooking and she's very qualified to teach safety and sanitation procedures. The workshop was held at New San Juan High School in the Culinary Arts building in the café. Nina Dilbeck was there to welcome us and to facilitate as she does so well. We toured the facility, which is beautiful, and includes classrooms, commercial kitchens, a bakery and a café. Students in the program served us breakfast, a delicious lunch and afternoon treats. I highly recommend visiting and touring this facility. We spent the morning reviewing the information from the ServeSafe textbook (which we were supposed to have read prior to attending the workshop). After our tour and lunch we took the test.

Priscilla explained about the opportunity to become a proctor and/or instructor so we can certify our own students. And also get access to lots of teaching resources on the ServeSafe website.

As we look to a future of more accountability, certification is one of the things being discussed as valuable in demonstrating the quality of our programs, if not a requirement for our funding.

Take a look at the HECT Professional Development schedule for spring on page 5, or on the HECT website. The next ServeSafe workshop is on February 28th in Los Angeles. Consider registering today.



Legislative Report

by Mona Klein, HETAC Legislative Liaison

Your Role in Legislative Action

When federal, state, and local legislators and policy-makers think about CTE, they think of training for traditional and emerging trades. Unfortunately, they do not immediately think of HECT/FCS related careers. We must inform them and invite them to visit our programs and see student engagement with their own eyes.

Why?

- 1) We must inform them that our HECT/FCS programs have a CTE foundation and prepare students for high demand, high pay post-secondary jobs and higher education.
- 2) Because we want them to know that HECT/FCS teachers and programs are most prepared to provide education in our three industry sectors: Hospitality, Tourism, and Recreation; Education, Child Development, and Family Services; and Fashion and Interior Design.
- 3) We must ensure that HECT/FCS continues to be included in CTE policy, legislation, and funding.
- 4) A long-term goal is to restore the legislation that ensures a HECT staff in the Ca. Dept. of Education.

How?

To get the names and contact information for federal, state, and local legislators and policy-makers:

LOCAL: Look on your school district website for the names of the members of your district Board of Education or School Board. Write email invitations to visit your program, maybe during a special event or an FCCLA activity. Post photos on your district website. Submit articles to the local paper.

STATE: Go to this website to find the names and contact information for your state representatives: http://www.legislature.ca.gov/legislators_and_districts/legislators/your_legislator.html

Email them, telephone their offices, invite them to your school, have your students write letters on issues of concern to youth, etc.

FEDERAL: Go to this website to find the names and contact information for your state representatives: <https://www.usa.gov/elected-officials>
Email or telephone them when you get HETAC alerts to promote legislation. Call their offices and ask them to be involved in special events at your school when they are in the state. Always involve the press...and let the legislator know it's a press event.

Culinary Arts Skills Workshop, LATTC

By Kathleen Dickerson

A diverse group of 40 FACS teachers participated in the Culinary Arts Skills Workshop on Nov. 4 – 6, at LA Trade Technical College. At least half of these teachers were first time attendees. Not only were there Foods and Culinary Arts teachers, but there were also middle school teachers, fashion teachers, and Child Development teachers who came from around the state to learn and sharpen their skills.

During Friday's lunch, Chef Steve Kasmar, Department Chair of the Culinary Arts Program at the school, introduced us to the other chef instructors, Jerry Vachon, Roslyn Spence and Martin Gilligan. After lunch, we watched demonstrations by these instructors in infusing olive oil and vinegars, baked Brie with fig chutney, and gnocchi with different sauces. Of course we sampled all these flavorful foods and enjoyed every bite.

Saturday, in groups, we learned and practiced different ways to fabricate chicken and then made Chicken Cordon Bleu. We then learned about salad greens and composed salads and were able to use the flavored oils and vinegars from the day before. We also made Scotch quail eggs and vegetable flower centerpieces, using carrots, turnips, and parsnips. The next day, we were in the bakery making beautifully colored French macarons with different fillings. We all got to take a generous box of these cookies home along with a container of infused oil. It was another wonderful workshop planned and provided for us by our HECT staff. Please take advantage of these opportunities to learn and connect with our fellow FACS teachers.

**New Member:
Welcome!
Heather Biffle**

**HECT Spring
Professional
development:**

**It's About Time: Keep-
ing Up with New HECT
Curriculum Teaching
Strategies**, January 20
in Stockton, January 23 in
Paramount

**Food Safety and
Sanitation Workshop -
ServSafe®, February 28
in Los Angeles**

**Fashion and Interior
Design**, March 16-17 in
Burbank

**Financial Literacy - Real
Money Experience**,
April 28 in Sacramento

**2017 HECT Leadership
and Management
Conference**, June 28-30
at Squaw Valley Resort,
Olympic Valley, CA

**Say
Yes
to
FCS**



Sacramento Soundings (continued)

According to this data, our CTSO membership data does not measure up to the number of FCS student enrollment data.

Why am I concerned? Since 2008, SB1070 funds have been available for chapters to assist with CTSO expenses, but the caveat has been that the CTSO must show growth. Data shows that every other CTSO can demonstrate they have tripled or quadrupled in membership numbers. FCCLA has been maintaining the same number of members for the past few years. Recently, several FCS teachers have conveyed they were unaware of FCCLA, as they came from business and industry and were explicitly told by their schools and districts that they had to affiliate with Skills USA. Upon now learning about FCCLA, they are interested in making the switch. If every FCS program in the state had a chapter, FCCLA membership would be the second highest in the state.

In this next year, the FCS State Staff will be working to re-establish a usable directory to improve communication with the field, especially FCS teachers coming from business and industry who may not be aware of FCS professional development or that there are FCS state staff at the CDE who can provide them with technical assistance. In working towards the previously stated goals, I am planning to attend the upcoming FCS professional development workshops to discuss a branding initiative, as well as the future mission and vision statement for FCS education. Individually, as FCS professionals, I know we can all do great things, but I am confident that collectively we can work toward taking our profession to the next level in the state. However, we must all be on the same page with name identity, FCCLA involvement, and membership of HETAC so that FCCLA numbers can be used to advocate for the FCS profession. Future state contract dollars are dependent on this not only for FCCLA, but also the professional development project. As our data begins to measure up to the other CTE sectors, I am confident that we will also be able to be considered for FCS Incentive Grant Funding, just like our Agriculture counterparts but again we need to all do our part. I look forward to seeing many of you at the upcoming professional development workshops, FCCLA Spring Qualifying Competitions, and the State Conferences, so we can continue to collaborate and discuss future strategic planning ideas for the FCS profession in the state. Happy Holidays!

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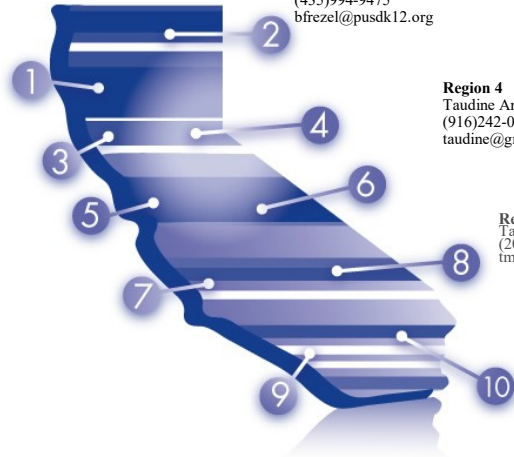
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