



# HETAC HEADLINES

HOME ECONOMIC TEACHERS ASSOCIATION



## Welcome Back!

*by Lisa Burson*

Hello, I'm Lisa Burson the incoming President of HETAC. At my first Leadership & Management meeting after being hired at San Luis Obispo High School, Karen Lopez took me over to the HETAC table and told me that I was going to want to join our professional organization. She said it would prove invaluable for networking and for staying on top of current events in the Home Economics profession and my membership would support the important work that HETAC does. I proceeded to meet so many competent, friendly and helpful people I was blown away. Compared to a year of isolation during my first teaching job in Indiana, I found a Home Economics family who were interested in helping me on the road to being the best educator, colleague and person I can be.

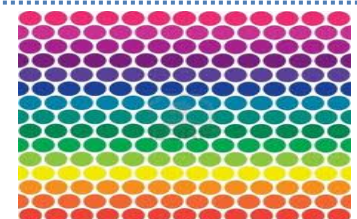
This year I have continued to receive encouragement to connect the dots and challenge myself both personally and professionally. Now I find myself in the position to give back to the organization that I feel has supported me so well.

I look forward to serving as your Home Economics Teachers Association of California president and continuing to promote quality Home Economic Careers and Technology programs in California.

## FALL, 2013

### IN THIS ISSUE:

Leadership Team Communication Chairs	2
HETAC Teacher of the Year Thank You Outgoing Communication Chairs Meet Your New Region Chairpersons	3
FHA-HERO State Leadership Meeting News	4
Sacramento Soundings	5
Welcome New & Returning Members Donation Drawing	6
Retirements Fall 2013 Region Meetings	7
Dream Dare Do Awards Is Articulation for You?	8
L & M – Achieving Excellence by Connecting the Dots	9
Professional Development Opportunities	10
Meet Our New President	11



# Your Leadership Team

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Open

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## Communication Chairs

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TBA

### Region 9A:

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### Region 9B:

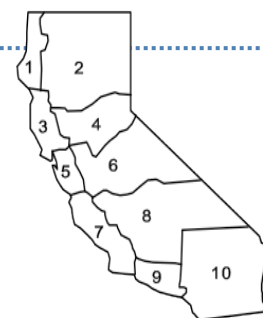
Alissa Hernandez  
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### Region 10:

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## HETAC Teacher of the Year

*by Elizabeth Williams*

The HETAC Outstanding Teacher of the Year Award is our most prestigious award and it is given to a teacher who actively promotes interest and pride in our profession. Presentation of the award takes place at the Leadership and Management Conference each year.

This year's recipient has been the advisor to both region and state FHA-HERO officers, participated in many region, state and national meetings with several student winners. She has served as region coordinator several times and as a HETAC Communication Chair. In addition to being a very active FHA-HERO Advisor, she has promoted our profession by presenting countless workshops and curriculum roundtables.

She has been teaching 20+ years- teaching Food & Nutrition classes and Advanced Culinary Arts. A few years ago she was honored as a dream dare do winner for her cross- curricular project involving her school, the district, the city and the county. Her project was written up and photographed by the local newspaper. This year's recipient is a positive role model for her students, student teachers and other faculty members.

The HETAC 2013 Outstanding Teacher of the Year is awarded to **Jan Tuttle, Mills High School!**



## Thank You Outgoing Communication Chairs

*by Linda Olsen Davis*

The HETAC board would like to give a special thanks to our outgoing communication chairs and their hard work for the past 2 years in keeping their regions up to date and connected to each other. They were diligent in holding at least one meeting a year either - Fall or Spring and helpful at the annual Leadership and Management conference. Our outgoing CC's Marilyn Johnson region 3, Mona Klien region 5, Lisa Burson region 7, Kris Moon and Loretta Geiger region 9A (LA area) and Dianne Dollaride 9B.

## Meet Your New Region Chairpersons

*by Linda Olsen Davis*

Thank you to **Daniel Arias of Region 5** for stepping up to take over as their new communication chair. I'm sure Daniel will be planning some fun and exciting region meetings this fall and early winter. Daniel teaches at Wilcox High School in Santa Clara and Mission Junior College. We welcome Daniel with open arms and look forward to the connections he makes with his fellow HECT teachers in the region by the bay.

**Region 9B** welcomes **Alissa Hernandez** who is in the Orange Co. area and is looking to do great things with the help of Kerry Doll.

We still need volunteers to step up and help in regions 3, 7 and 9A. We (HETAC) will work with you and train you to help you do this job with the least amount of stress and effort. Please contact Kathleen Dickerson if you are willing to be the contact person for your local teachers. Remember we all want to connect to each other and survive the classroom. If we support each other in our regions we can be strong and powerful.

# FHA-HERO State Leadership Meeting News

by Elizabeth Williams



Thanks to the generous donations of our members, HETAC was able to sponsor two Competitive Recognition Events at the FHA-HERO: California Affiliate of FCCLA State Leadership Meeting, which was held last April in Ontario. The 1<sup>st</sup> place Nutrition Education team winners from Ayala High School were students Shirley Wang and Kirby Wang who each received \$50.00. The 1<sup>st</sup> place Teaching Careers winner from Merced High School was Amber DeAnda who received \$100.00. We wish them success in their future endeavors.

This year's Rose DeBenedetti scholarship was given to Erika Montano from Colton High School. The students who apply for this scholarship are considered for their leadership experience, commitment, academic achievement, education goals in Home Economics or a related field and the recommendation of their instructors. After serving as both a region and state officer in the past two years Erika came highly recommended and she is going to use her \$1000.00 scholarship to attend college in the fall.

This year a new scholarship has been established to promote the Home Economics teaching profession. Selection is based on participation as an active FHA-HERO member who has shown leadership and service at the state, region, and/or chapter levels; has made personal contributions to the home, school, and community; has good academic standing; has financial need; and plans to major in Home Economics Careers and Technology for the purpose of becoming a HECT teacher. This year's winner Leslie Hernandez from Grace Davis High School, advisor Jennifer Dal Porto, is well on her way to becoming a great teacher.

HETAC also had the privilege of awarding 2 schools with the distinction of obtaining Honor Chapter status. For a chapter to qualify they must meet the highest standards of FHA-HERO with a quality program of work and actively participate in FHA-HERO activities beyond the local level. These chapters are great examples of what dedication and hard work can accomplish while promoting the organization. We congratulate both of the recipients, Kern Valley High School and Sierra High School for having an outstanding year.

FHA-HERO Emblem used by permission of its Board of Directors.





## Sacramento Soundings

*Tanya Wright, Consultant*

Home Economics Careers and Technology Education

It is our hope that each of you are enjoying your summer with family and friends, and a well-deserved respite from the hustle and bustle of the school year. Recently the 28<sup>th</sup> Annual Leadership & Management Conference was held in Burlingame, California. The theme of this year's conference was "Achieving Excellence by Connecting the Dots". Conference attendees had the opportunity to connect with one another, connect with business and industry partners, and connect with post-secondary institution staff. Programs, teachers, administrators, and business and industry partners were honored for achieving excellence. Teachers received the new Home Economics Careers and Technology (HECT) Standards Implementation Guide and a copy of the newly adopted Career Technical Education (CTE) Standards by Industry Sector. For those that attended the conference we ask that you share the information you received with other HECT teachers and connect with teachers in your area.

"Achieving Excellence by Connecting the Dots" will be our theme for the year. This fall we will be hosting five roadshows to allow teachers to come together and align course outlines, objectives, daily lesson plans, and assessment strategies with the new CTE standards. Other workshops planned for the year will address curriculum related to Child Development and Education, Financial Literacy, and Food Service and Hospitality. Monthly webinars will be offered addressing a variety of topics. Registration information will be available on the HECT Web site. Remember to register early to attend available professional development activities so that you can better connect the dots for your students.

For those programs that have made it a priority to have career pathways in place, utilize the state standards, involve business and industry partners, and articulate with postsecondary education, you are in line to receive one time funding through Assembly Bill 86 which was this year's education trailer bill. AB 86 authorizes the Superintendent of Public Instruction to appropriate two hundred fifty million dollars (\$250,000,000) for CTE. One time funding grants will be available in the early fall. The California Department of Education will be responsible for the Request for Application for K-14 education. Be sure to communicate your wishes with your department chairs, administrators, CTE Directors and district staff. The details have not been released regarding the requirements or application process; stay tuned for more information in the future.

The newly elected FHA-HERO state officers have an ambitious year planned for the members. The theme for the year is "Success Beyond the Norm". Goals will be announced at the Region Officer Training Conference along with special presentations on parliamentary procedure and anti-bullying. The officers are making changes to the format of the fall meeting and encouraging members to attend. The affiliation packet will be made available to chapter advisors in the early part of the school year. For the most up to date information visit the FHA-HERO Web site on a regular basis.

Enjoy the rest of the summer. Should you require assistance from state staff feel free to contact our office at 916-319-0890.



# Welcome New and Returning Members

*By Cathy Miller*

HETAC is pleased to welcome the following new members:

- Region 4: Taudine Andrew
- Region 5: Nancy Schlink
- Region 7: Christina Blanco
- Region 8: Delta Duran
- Region 9: Heather Coe  
Stacey Izabal  
Gaylen Roe
- Region 10: Laura Gardiner  
Cheryl Holzer  
Sarah Webber  
Juanita Huerta

HETAC is happy to welcome back the following members:

- Region 4: Marti Howton
- Region 5: Debbie Allen  
Catherine Wolfe  
Debi Michel  
Judy Moon
- Region 8: Joyce Huebert
- Region 9: Cori Brooks
- Region 10: Rita Alexander

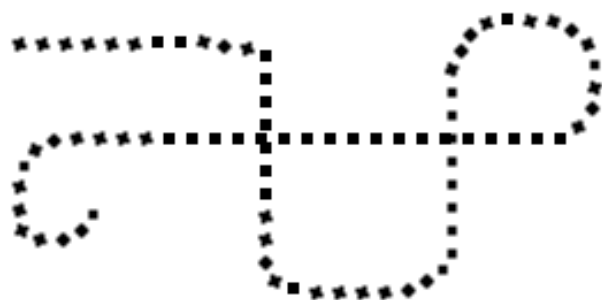


## Donation Drawing

*by Linda Olsen Davis*

This year our donation drawing at L & M brought in \$540 and it will be applied to our scholarship program. This is half of what we made last year BUT considering we only had 14 baskets / items to give away and the attendance was on the smaller side we did pretty well. We did have our trip to Disneyland as our grand prize and that was won by Nancie Wilson of region 4.

Thanks to all who brought prized and who purchased tickets to make our scholarship program a continued success.



## What a Way to Start the School Year






I pledge  
My Head to clearer thinking,  
My Heart to greater loyalty,  
My Hands to larger service, and  
My Health to better living,  
For my club, my community,  
my country, and my world.

# Retirements

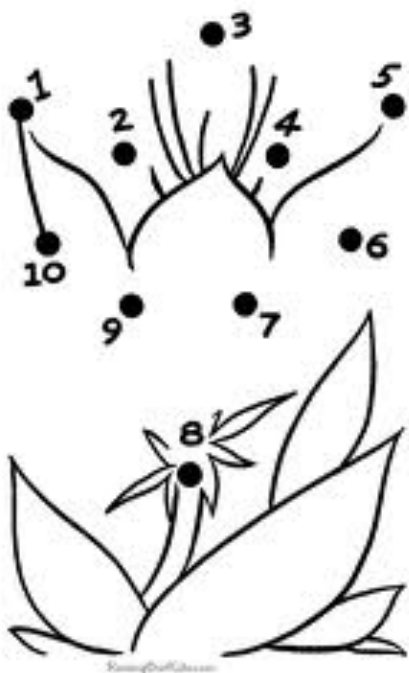
## HETAC Honors It's Retiring Members!!

by Kerry Doll

The following ladies have announced their retirements:

-  Diane Alexander, Region 6
-  Brenda Burke, Region 8
-  Karen Calonico, Region 5
-  JoAnn Gonzalez, Region 10
-  Sharon Yonahara, Region 2

We thank all of our retiring members for their service and look forward to a continuing relationship with them in HETAC. If you or another member you know is retiring, please send us a brief synopsis of your (their) career, and we will include them in an upcoming newsletter.



## HETAC Fall 2013 Region Meetings

by Linda Olsen Davis

Every year we try to have region meetings for the local teachers to get together to share ideas and support one another in the classroom as well as to get to know the other HECT teachers in the area. All the region communication chairpersons will be putting together a meeting and it will be posted to the HECT website. So, Fall region meetings are in the works, please check with your region chairperson to RSVP or help in any way you can.

The following are **tentative** dates:

**Region 2 – TBD**

**Region 3**

Fall - September 9<sup>th</sup> Vaca Pena Middle School

Spring - January or February at Vaca Pena Middle School

**Region 4 – TBD**

**Region 5**

Fall - September 7<sup>th</sup> Filoli Mansion, Woodside

Spring – TBD

**Region 6 – TBD**

**Region 7**

Fall - September 7<sup>th</sup> Madonna Inn

Spring - February 15<sup>th</sup> Santa Maria

**Region 8**

Fall - September in Visalia

Spring – March

**Region 9A & B**

Fall - mid-late September at CSU Long Beach?

Spring - March at Disneyland?

**Region 10**

Fall - September 14<sup>th</sup> at a winery

Spring - late January b4 the 25<sup>th</sup> in Riverside or Pasadena

Check the website for updates.

# Dream Dare Do Awards of June 2013

by Linda Olsen Davis

The Dream Dare Do award is awarded every year to a person in each region, for the development of an innovative idea, a unit of study, or some other great inspiration that was imparted on the students of your classroom or school.



This year Region 4 recognized **Sharon Varozza** of Oakridge High School for her innovative and impressive Iron Chef competition that she holds at her schools spring open house. She has local chefs and school board members judge the students creations and she solicits local restaurants for donation to be used as prizes to the winning teams.



This year Region 7 recognized **Lisa Washmuth** of San Luis Obispo High school for her innovative and impressive implementation of a new course this year, Fashion and Interior Merchandizing. With this class she was able to expand their yearly fashion show help their FHA-HERO chapter raise \$1000 to go to the state leadership meeting in Ontario.



This year Region 10 recognized **Libby Thomas** of Sultana High school for her ROP Child Development and Careers program that runs a State licensed pre-school on campus. Her creative and innovative lessons inspire all recipients of the program. She is honored as well for her positive collaboration within her department as well her fellow staff.

## Is Articulation For You?

by Kerry Doll

One of the ways to make connections for your classes, and to help your administrators realize the important connections you class makes for your students is to articulate your class to a community college. It's a fairly easy process, especially if you make use of the work that has already been done for the state by high school, ROP, and college faculty on articulation templates, and a good relationship with your community college.

The Statewide Career Pathways – Creating School to College Articulation project provides the statewide framework for high school and college faculty collaborate on courses to create a seamless path for your students to continuing education. Think of articulation as “AP for CTE”. The templates and agreements can be found at <http://www.statewidepathways.org/>. Check it out!





# Leadership & Management - “Achieving Excellence by Connecting the Dots”

*by Kathleen Dickerson*

CONNECTING THE DOTS...We were all given a domino at the HETAC reception and told to find others in the room whose dots on their domino matched ours. This is how we began the L&M Conference this year. The theme was Achieving Excellence by Connecting the Dots. The game with the dominos helped us to connect with each other. But we did a lot of connecting in other ways while we were there. There were breakout sessions that taught us about connecting with social media, curriculum and careers. We received the new HECT standards, and the HECT State Consultants shared with us how to use them. They are planning several workshops and webinars for the coming year that will help us to connect those standards to our classes so that we are teaching excellent programs.

The State FHA-HERO Officers, who represent our students, were there to help and it was a pleasure to connect with them and hear their goals for our CTSO. We were inspired by schools that achieved the Program of Excellence Award and all the teachers who were recognized for the excellence they bring to their classrooms. Other connections were made at the HETAC Roundtables as teachers shared their lessons. The conference was filled with good ideas, good teaching practices, good humor, and good connections that we will use to continue to build our own excellence in our classes.



## CTEonline.org

*by Kerry Doll*

Are you wanting to try something new in your classes? A perfect place to look is CTEonline.org . This site has been developed by teachers for teachers. Last year there were literally thousands of lessons and resources created for this site for CTE teachers.

This year, CTEonline has launched Community Groups for the pathways. The purpose of the Community Groups is to:

- Access relevant model course outlines and lessons
- Get up-to-date information on events and resources
- Connect with other CTE educators to discuss, share resources and ideas

Simply log in, select Groups and start your search for your pathway. To look for a specific group, use the filter on the left of the screen for group type.

If you haven't joined CTEonline yet, I ask, why not?

# Professional Development Opportunities

What an exciting year for Home Economics Careers and Technology teachers! Whether you teach Foods and Nutrition, Clothing and Fashion, Child Development, Interiors or one of the other careers paths offered by our discipline, you will find one or more professional development opportunities available this year. Find out what's available for you at [www.hect.org](http://www.hect.org). Register for webinars on the HECT website!

Is funding a problem? This year there are even more webinars available. Once you register, you can view the webinar at your convenience. No transportation. No hotel. No substitute. Please take advantage of these options.

The following workshops are on the calendar:

## Fall 2013

### **Food Safety & Sanitation/ServSafe - \$190**

Los Angeles: October 8

Register by: September 17

### **Unwrapping the New CTE Standards - \$100**

Chico: October 21

Register by: September 30

San Bernardino: December 2

Register by: November 15

Santa Clara: December 6

Register by: November 15

### **Achieving Excellence in Your Education and Child Development Program - \$245**

Irvine: October 31 – November 1

Register by: October 10

### **Culinary Arts: Skills the Next Chapter South**

Los Angeles: November 22 – 24

Register by: November 1

## Spring 2014

### **Unwrapping the New CTE Standards - \$100**

Modesto: January 13

Register by: December 20

Paramount: January 17

Register by: December 20

### **Connecting the Dots for Excellent Financial Management**

Burbank: February 24

Register by: February 3

### **Culinary Arts: Skills the Next Chapter North**

Citrus Heights: March 7 - 9

Register by: February 14



Check the HECT website at [www.hect.org](http://www.hect.org) for information and registration forms.

## Upcoming Webinar Schedule:



Sept. 10	Back to School HECT Teachers & FHA_HERO Advisors
Sept. 27	Using Best Practices to Achieve Excellence in the Classroom
Oct. 15	Connecting the Dots for Student Success in Culinary Arts
Nov. 12	Connecting the Dots Using Technology in Fashion and Interior Design
Dec. 3	Eating Over the Holidays: Teaching Students How to Maintain Healthy Choices
Jan. 28	Preparing for FHA-HERO Competitive Recognition Events
Feb. 18	How to Connect the Dots with UC a-g HECT Statewide Approved Courses
March 11	Preparing Students for the 2014 FHA-HERO State Leadership Meeting
April 8	Connecting the Dots in the Food Science and Nutrition Classroom
May 6	Using New Research in Connecting the Dots in Child Development

**What a great way to get much needed information – on your own schedule!**

## Meet Our New President – Lisa Burson!



Hi, my name Lisa Burson. I live in Grover Beach on the Central Coast of California where I teach at San Luis Obispo High School. Sarafina (28), Max (20) and Luke (17) are my children. The scruffy terrier Angus and my old black cat Tom, round out my family.

In my spare time, (What? A Home Ec. teacher with spare time?) I enjoy hiking, camping, gardening and playing Celtic music on my tin whistle and dulcimer. I recently learned the mandolin. The jury is out on whether this is a good decision.

I was born in Eastern Washington where I grew up with 4 sisters and numerous dogs, cats and horses. I have lived in Arizona, Florida, Indiana and Michigan. Having lived in California 13 years now, I'm looking forward to my time supporting Home Economics.



Dulcimer



Tin Whistle



Mandolin