https://developer.mozilla.org/en-US/docs/Web/API/fetch

https://www.w3schools.com/jquery/jquery_traversing.asp

What does the fetch() method do? How can it be used instead of an AJAX call?

The fetch() method is use to access data from a server. It is asynchronous and returns a promise if there isn't an error. It can be used in an app that doesn't use jquery and if other libraries don't allow it.

In JQuery, what does it mean to "traverse the DOM"?

Traversing the dom is moving through elements to access relative elements. Like a family tree it can be helpful in accessing what you need to within the family.