

Elbow

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Anatomy of the elbow.

Details

Identifiers

Latin *articulatio cubiti*

MeSH [D004550](#)

TA [A01.1.00.023](#)

FMA [24901](#)

Anatomical terminology

[[edit on Wikidata](#)]

The **elbow** is a [hinge-joint](#) between the [bones](#) of the upper and lower [arm](#). It joins the [humerus](#) of the upper arm and the [radius](#) and [ulna](#) of the [forearm](#) together. Everyone has 2 elbows. It allows the lower arm to be extended or retracted (moved in). The elbow also allows the arm to turn. It moves by using three [ligaments](#): the *anterior*, *posterior*, *ulnar collateral* and *radial collateral* ligaments.

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