

# Juggling

A juggler juggling nine balls.

**Juggling** is a [skill](#) where a person (the *juggler*) keeps objects (*props*) moving for a long time, using their hands or other parts of their body. The most common props are balls (or beanbags), clubs and rings. Some jugglers use more dangerous objects such as knives, fire torches and [chainsaws](#). There are other kinds of juggling prop such as diabolos, [yo-yos](#), [poi](#), devil sticks, cigar boxes, foot bags and [hats](#). Some jugglers use bouncing objects. <sup>[1]</sup>

Juggling can be for [entertainment](#), [art](#) or [sport](#).

## References

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- ↑ "[Bounce Juggling With Rings And Clubs · IJA](#)". 13 March 2015.

## More reading

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- Iggulden, Hal; Iggulden, Conn (2007). "Juggling". *The Dangerous Book for Boys*. New York: HarperCollins. pp. 89–90. [ISBN 978-0061243585](#).

## Other websites

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