## **Ask and Embla**

Three gods create Ask and Embla

The sculpture Ask and Embla in Solvesborg, Sweden

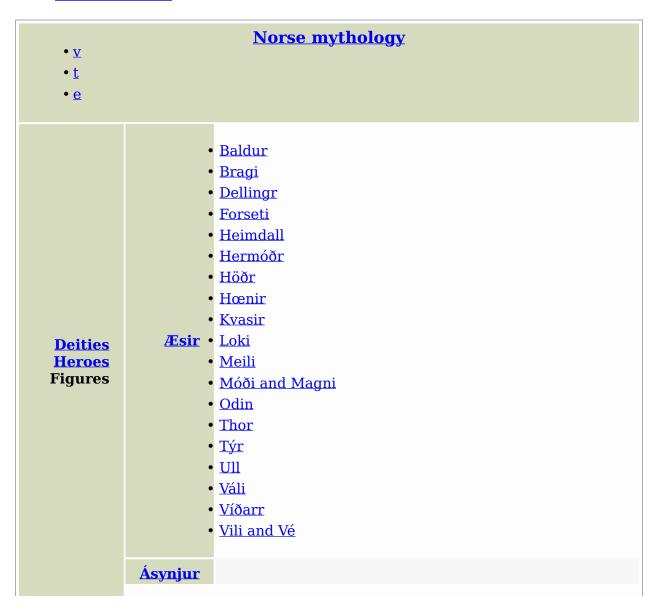
**Ask and Embla** (Old Norse: Askr ok Embla) were the first humans, according to Norse mythology. They are mentioned in the Poetic Eda. It is said that three gods find Ask and Embla and gave them various corporeal and spiritual gifts. Odin gave soul, Lodur gave feelings and Henir gave mind.

Askr means ash tree. The meaning of Embla is uncertain.

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