## CSC-192 Speaker/ Facilitator Evaluation Form

Seminar Title: Managing Change in Your Career	Seminar Title:	Managing Change in Your Career	
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Speaker: <u>Jessica Bagger</u> Date: <u>04/14/2023</u>

The session was	Strongly Disagree	Disagree	Agree	Strongly Agree
Informative.	0	0	0	X
Enjoyable.	0	0	0	X
Relevant.	0	0	0	X
Inspirational.	0	0	0	X
Worth my time.	0	0	0	X

I learned something new about	Strongly Disagree	Disagree	Agree	Strongly Agree
Change Management Tools	0	0	0	X
Enhancing my career potential as a CS major	0	0	0	X

## Managing change your Career-Answer the following questions

- a) What are some of the factors which causes you to change?
- b) Describe the Change Management Process?
- c) List some of the suggested reading materials discussed in class?
  - a) Volatility, uncertainty, complexity, and ambiguity in the world we live in are some factors which causes one to change.
  - b) In the Change Management Process, we want to do a gap analysis for our current state going into our new state. In this process, we want to organize a plan and set goals for ourselves to successfully complete our transition into our new state. We want to observe our focus of change, the scope of the change. and need for the change.
    - a. First, we should unfreeze our brains to prepare for the change. This includes mentally and physically preparing for the change. This step also includes identifying what resources and tasks are needed for the change.
    - b. Next in the process is executing the intended changes. In this step, we want to engage in and complete the tasks that we previously identified that will lead us toward the change.
    - c. Finally, the last step is to normalize the new rules, habits, and procedures that we have been training ourselves to adhere to in the last step.
  - c) The two books mentioned at the end of class by Jessica Bagger are:
    - a. The Courage to Be Disliked
    - b. The Big Leap