BAHONEZA

Igihugu cyiza

Intara nziza

Akarere keza

Umurenge mwiza

Akagari keza

Umudugudu mwiza

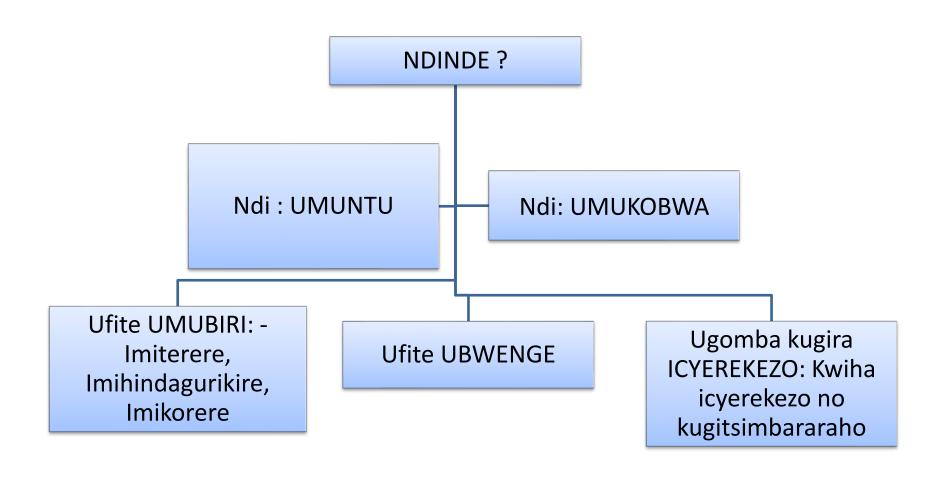
Isibo nziza

Umuryango mwiza

- Umuryango niwo pfundo ry'impinduka irambye kandi niwo fatizo ry'ubuzima bwa buri munsi.
- Ni nayo mpamvu ugomba kwitabwaho mu buryo bukwiriye kuko umuryango mwiza uba imbarutso ya societe nziza

UWO NDIWE N'AGACIRO KANJYE

UMUSOGONGERO KU AGACIRO KANJYE APPROCH



UBUZIMA **BW'IMYOROROKE** RE, UBWANGAVU N'UBUGIMBI.

UBUZIMA ...



...BW'IMYOROROKER

BIMWE MU BYICIRO BY'IMIKURIRE Y'UMUNTU

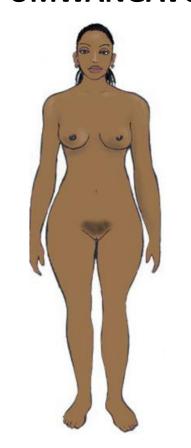
UMWANA(0-9) UMWANGAVU N'INGIMBI (10-19) **UMUSORE N'INKUMI(20-24)** IGIKWERERE N'IJIGIJA UMUSAZA N'UMUKECURU

ITANDUKANIRO HAGATI Y'UMWANA N'UMWANGAVU

UMWANA

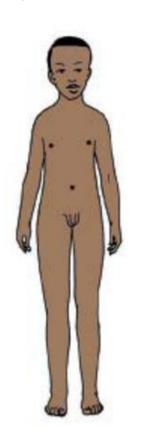


UMWANGAVU

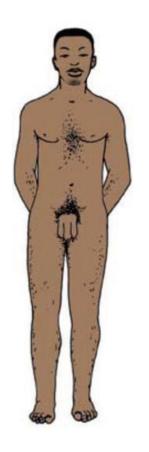


ITANDUKANIRO HAGATI Y'UMWANA N'INGIMBI

UMWANA



INGIMBI



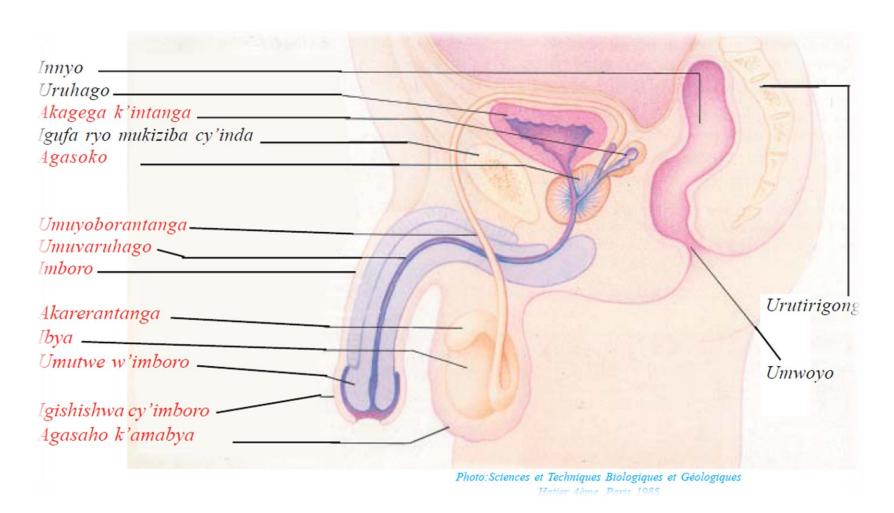
IBITUMA URUBYIRUKO RWISHORA MUMIBONANO MPUZABITSINA

- Gushaka imburagihe bakiri bato
- Imico ya societe
- Gufatwa ku ngufu
- Ubukene
- Amatsiko yo gukora imibonano mpuzabitsina

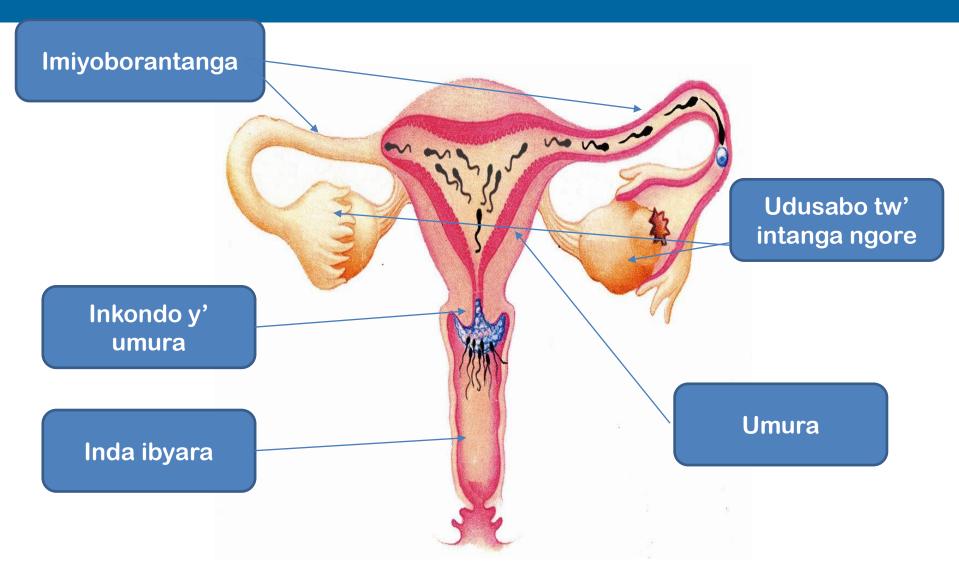
IMPAMVU TUGOMBA KWITA KURUBYIRUKO

- Bénéfices sur la santé : Kugabanya infu n'imize uburwayi mu bangavu n'ingimbi
- Avantages économiques : iterambere ry'urubyiruko
- Droits de l'homme :Ni uburenganzira bwabo bwo kwitabwaho ngo bagire ubuzima bwiza

IMYANYA MYIBARUKIRO Y'UMUGABO (imbere)



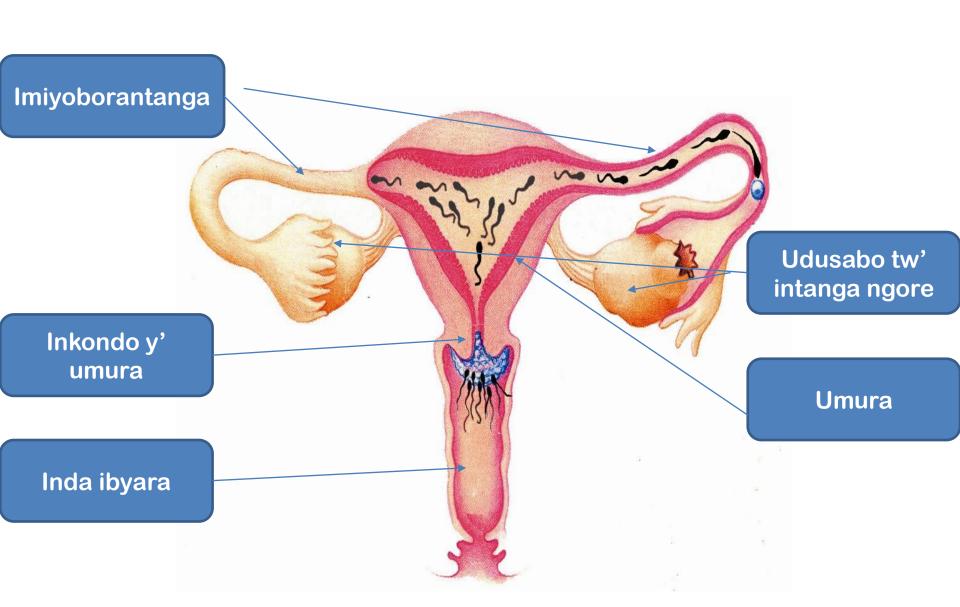
Ibice bigizeimyanya myibarukiro y'imbere ku mugore

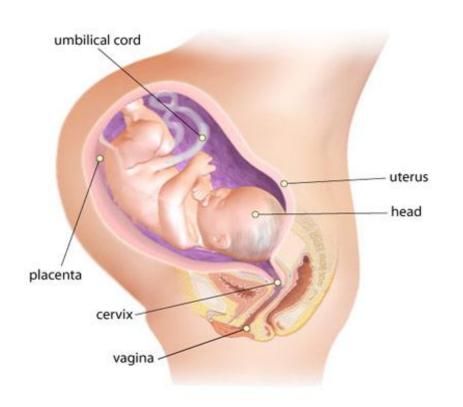


GUSAMA NO GUTWITA

- ➤ Gusama biba nyuma yo gukora imibonano mpuzabitsina iyo intangangabo ihuye n'intangangore bikabyara urusoro cyangwa igi;
- ➤ Isama ribera muri umwe mu miyoborantanga y'umugore, naho «gutwita» bikabera muri nyababyeyi;

UGUSAMA





Ni igihe umubyeyi amara uhereye amaze gusama kugeza abayaye.



> Iyo habaye imibonano mpuzabitsina, ibihumbi by'intangangabo zisuka mu nda ibyara y'umugore (iyo umugabo asohoye), zikazamuka mu nkondo y'umura. Iyo zigezemo, zizamuka zerekeza mu miyoborantanga. Intangangabo imwe rukumbi yarushije izindi umuvuduko niyo yinjira mu ntangangore. Muri ako kanya, umubiri w'intangangore urakomera ntihagire indi ya kabiri ibasha kwinjiramo. Izindi zije nyuma zirunda ku rusoro zigahindukamo intungamubiri. Urwo rusoro rujya mu mura, umugore cyangwa umukobwa agatwita atyo;

- ➤ Intangangore yahishije ikarekurwa n'agasabo k'intanga, ishobora kumara igihe cy'amasaha 48 ikiri nzima;
- ➤ Intangangabo, nyuma y'imibonano mpuzabitsina, zishobora kumara mu mura no mu miyoborantanga iminsi igera kuri itanu zikiri nzima;

- ➤ Iyo isama ryabaye, umukobwa cyangwa umugore ntiyongera kubona imihango;
- ➤ Kutabona imihango nyuma y'ukwezi ku mukobwa cyangwa umugore wakoze imibonano mpuzabitsina, ni kimwe mu bimenyetso by'uko ashobora kuba yaba yarasamye. Ariko kugira ngo abyemeze agomba kujya kwipimisha kwa muganga.

INGARUKA ZO GUTWITA UKIRI MUTO



Ibibazo bijyanye n'uburezi

Abakobwa batwite bahagarika kwiga bakabanza bakabyara bityo bikabadindiza mu myigire yabo

Ibibazo by'ubuzima

- Umukobwa watwise ashobora kuba yananduye Virusi itera SIDA cyangwa izindi ndwara zandurirwa mu mibonano mpuzabitsina kuko aba yakoze imibonano mpuzabitsina idakingiye (nta gakingirizo cyangwa bagakoresheje nabi);
- ➤ Umukobwa utwise akiri muto n'umwana atwite baba bakeneye ibibatunga birimo intungamubiri na vitamini nyinshi, bikaba bidakunze korohera abakobwa batwite kubibona n'ubwo baba babikeneye;
- ➤ Imyanya myibarukiro y'umukobwa ukiri muto iba itarakura bihagije (nyababyeyi, inda ibyara) ku buryo kenshi na kenshi kubyara bitamworohera na gato ku buryo ashobora kubyara umwana udashyitse,ufite ibiro bike cyangwa inda ikamuhitana;

- ➤ Gutwita ukiri muto kandi bishobora kwangiza imyanya myibarukiro cyangwa bikagusigira ubumuga (fistula/fistule) cyane cyane iyo utakurikiranywe n'abaganga cyangwa ukabyarira mu rugo; .
- Impfu ziterwa no gukuramo inda rwihishwa kandi abakobwa bakunda kubikora bitewe no kwiheba, kugira ubwoba, kumva ataye agaciro, akato, kugira ipfunwe n'ibindi;
- ➤ Umwana uvuka muri ubu buryo ashobora kugira ibibazo by'imikurire akaba yanagwingira cyangwa akarwara indwara z'imirire mibi bitewe nuko nyina na we aba atarakura ngo amenye uko bita ku mwana cyangwa se akaba nta bushobozi afite bwo kurera umwana we neza.

Ibibazo by'ubukungu

- ➤ Kurera umwana bikomerera umukobwa ubyaye akiri muto, kuko aba agomba kumugaburira kandi kenshi na kenshi na we aba akirerwa;
- ➤ Umukobwa ashobora gutangira gukora akazi akiri muto kugira ngo ashobore kubona uko yita ku mwana;

► Ikibazo cyo kubura akazi ku mukobwa wabyaye akiri muto cyangwa akabona akadashobotse kuko aba adafite ubushobozi buhagije kubera ko aba yaracikirije amashuri ku bigaga. Hari benshi bituma bishora mu buraya kugira ngo babone uko batunga uwo mwana bikaba byabakururira kwandura Virusi itera SIDA n'izindi ndwara zandurirwa mu mibonano mpuzabitsina.

Ibibazo by'imibanire.

- Abakobwa batwite bakiri bato ntabwo bamenya uko bitwara kandi bagira ipfunwe imbere y'ababyeyi, na bagenzi babo cyangwa ku ishuri;
- Bibatera isoni, ubwoba, urujijo cyangwa guhezwa mu muryango
- Uwateye inda umukobwa ashobora kumwihakana

- ➤ Umwana uvutse ku mukobwa ukiri muto akunze guhanahanwa mu muryango bityo akavutswa uburenganzira bwe;
- ➤ Akato: inshuti na bagenzi b'umukobwa watwite bakamuha akato
- ➤ Hari n'abo bitera kwiyahura kubera kwiheba cyangwa kunanirwa kwakira ingaruka zatewe no kubyara ukiri muto.

INGARUKA ZO GUTERA INDA UKIRI MUTO

- >Gutangira kwita ku mwana nawe ukiri muto
- Gucikiriza amashuri kubera guhunga uwo wateye inda
- ➤ Gufungwa kuko wateye inda umuntu uruta



- ✓ Ubwangavu n'ubugimbi ni igihe kiri hagati y'ubwana n'igihe umuntu aba abaye umusore cyangwa inkumi;
- ✓ Ubugimbi n'ubwangavu burangwa n'imihindagukire ku mubiri, mu bitekerezo no mu myitwarire. Iyo witwaye neza muri icyo kigero, uhakura imyitwarire myiza izakuranga ubuzima bwawe bwose.

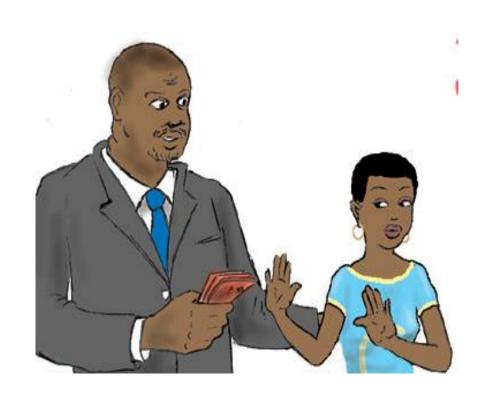
✓ Iyo umukobwa utangiye kujya mu mihango, ni ikimenyetso cy'uko ashobora gusama aramutse akoze imibonano mpuzabitsina nta gakingirizo kuko ushobora gusama; ✓ Iyo umuhungu atangiye kwiroteraho, ni ikimenyetso cy'uko ashobora gutera inda akoze imibonano mpuzabitsina. Ningombwa kwirinda gukora imibonano mpuzabitsina nta gakingirizo kuko ushobora gutera inda

✓ Urubyiruko rugomba gusobanukirwa imiterere n'imikorere y'umubiri warwo, kugira ngo rushobore kwirinda ibikorwa byarushora mu mibonano mpuzabitsina, ishobora kubakururira ibyago byagira ingaruka ku buzima bwarwo bwose

✓ Umubiri w'umukobwa w'umwangavu, uba ugikeneye gukura, iyo atwaye inda muri iki gihe, umubiri we uba utaritegura bikaba byamukururira ingorane nyinshi harimo kubyara biruhanyije cyane,ubumuga gukuramo inda, urupfu n'ibindi;

✓ Kwirinda kwishora mu mibonano mpuzabitsina, kugira imyitwarire iboneye kugira ngo biteganyirize mu buzima bwabo bw'ejo hazaza. ✓ Buri wese afite uburenganzira bwo kwanga gukora imibonano mpuzabitsina. Guhitamo gukora imibonano mpuzabitsina n' icyemezo gikomeye cyane tugomba kwitondera kuko cyadushyira mu ngorane nyinshi cyane

MBEGA UBUGOME!!!



BIRABABAJE



BIRABABAJE



MURAKOZE!



