



Medicare VIP Contacts

Essential Resources for NYC & Long Island

[Get Help Now](#)

Federal Medicare Resources

Medicare Helpline	1-800-MEDICARE (1-800-633-4227)	Call 24/7 for general Medicare questions, enrollment help, and plan information. Representatives can answer questions about coverage, benefits, and connect you to local resources.
Medicare TTY	1-877-486-2048	Dedicated line for people who are deaf or hard of hearing. Provides the same Medicare information and assistance as the main helpline.
Medicare.gov	www.medicare.gov	Official government website with comprehensive Medicare information. Use the Plan Finder tool to compare all available plans in your area.

New York State Programs

NY Medicaid	1-800-541-2831 Renewals: 1-888-692-2116 health.ny.gov/medicaid	Health coverage for eligible low-income New Yorkers. May help pay Medicare premiums, deductibles, and services not covered by Medicare.
EPIC (Prescription Help)	1-800-332-3742 health.ny.gov/epic	NY program helping seniors pay for prescription drugs. Provides supplemental coverage to Medicare Part D based on income.
NY State of Health	1-855-355-5777 nystateofhealth.ny.gov	New York's official health insurance marketplace. Can help with Medicaid applications and connecting to financial assistance programs.

Free Counseling & Support

SHIP Counseling (NY)	1-800-701-0501	Free, unbiased Medicare counseling from trained volunteers. They help you understand options, compare plans, and avoid scams.
Social Security	1-800-772-1213 ssa.gov	Handle Medicare enrollment, replacement cards, and premium payments. Also manages retirement benefits and Social Security income.

Online Tools

Medicare Plan Finder	medicare.gov/plan-compare	Interactive tool to compare all Medicare Advantage and Part D plans in your zip code. Shows premiums, coverage, and estimated annual costs based on your medications.
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Keep this list handy for quick access to important Medicare resources. Save these numbers in your phone for easy reference.