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\$ docker create -v /config --name dataContainer busybox
Unable to find image 'busybox:latest' locally
latest: Pulling from library/busybox
8b3d7e226fab: Pull complete
Digest: sha256:ce2360d5189a033012fbad1635e037be86f23b65cfd676b436d0931af390a2ac
Status: Downloaded newer image for busybox:latest
d9220e2e0f488757a797935225c7035e1edd80b4a9fbb7966a9a6436d655d0be
\$ docker cp config.conf dataContainer:/config/
\$ docker run --volumes-from dataContainer ubuntu ls /config
config.conf
\$ docker export dataContainer > dataContainer.tar
\$ docker import dataContainer.tar
sha256:281d7fd5b57f3843f71b94fd2e3a9c709ceb2e6368385d5b1532345c2c992db8
\$