

$m_{<x} = 1/2 (\widehat{ABC} - \widehat{XYZ})$

$$\text{II} \left| n, N, t \right\rangle = e^{-E_{n_l}^{(0)} t} \left| n, N, \sum (N_i + \frac{-j_i}{2}) \right| n, N \rangle$$