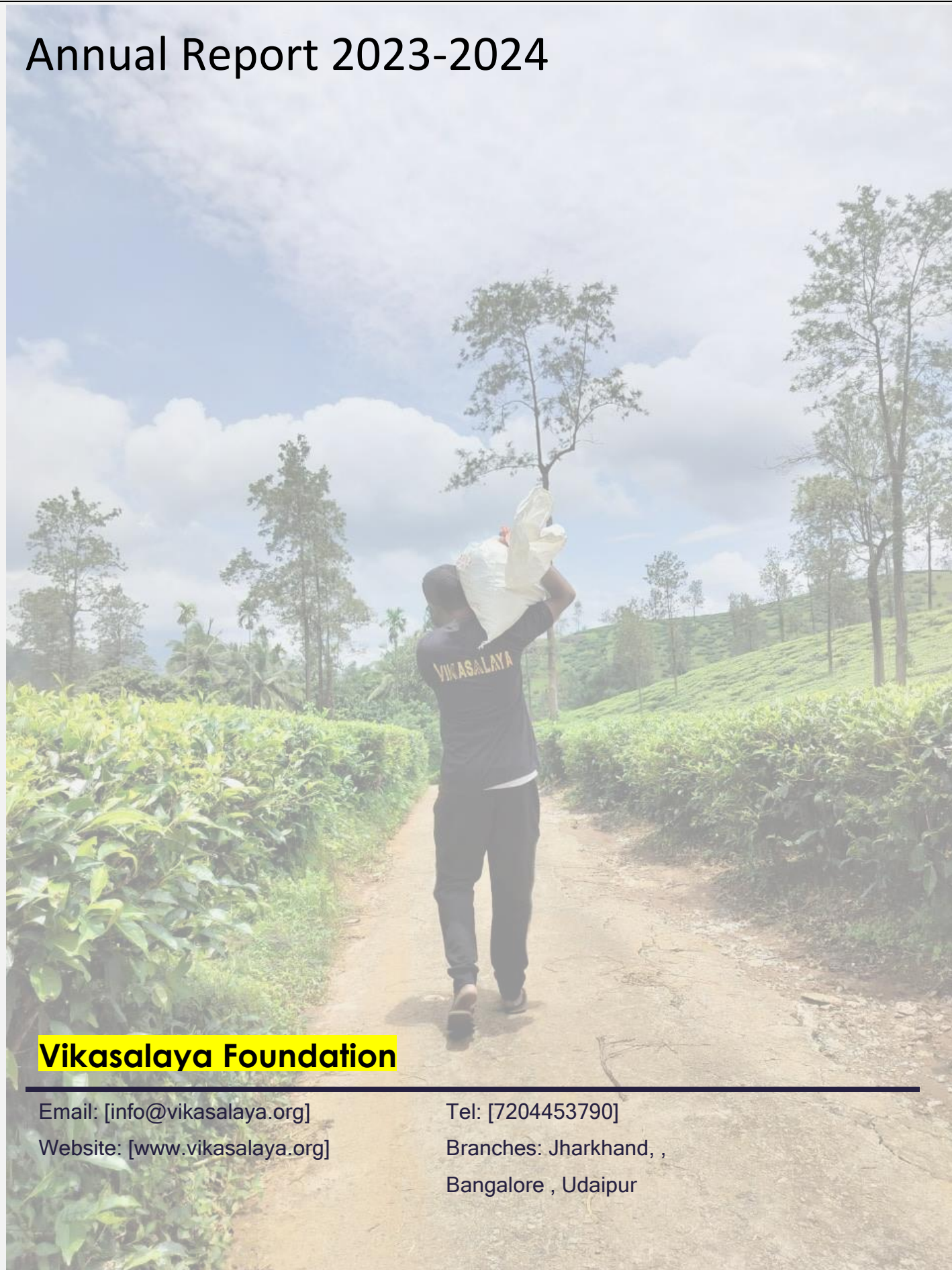


Annual Report 2023-2024



Vikasalaya Foundation

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Introduction

Vikasalaya Foundation is dedicated to holistic development with a strong focus on mental health, child welfare, and women's empowerment. Our initiatives aim to break down societal barriers, empower individuals, and inspire positive change, building a brighter future for communities across India.

Our Vision

A world where every individual has access to the resources, support, and opportunities needed to thrive—regardless of social or economic barriers. We envision a future where mental health is openly supported, children grow up in nurturing environments, and women are empowered to lead and succeed in all aspects of life.

Our Mission

To empower individuals and communities through holistic development initiatives that prioritize mental health, child welfare, and women's empowerment. Vikasalaya Foundation is committed to breaking barriers, fostering resilience, and creating sustainable change for a brighter, more inclusive future.

Key areas of focus

Mental Health *Empowering Minds, Breaking Barriers*

We're committed to reshaping how society perceives mental health by encouraging open, judgment-free conversations. Our community-driven programs focus on promoting mental well-being and breaking down stigma. Through engaging workshops, seminars, and campaigns, we aim to increase awareness and foster understanding around mental health challenges.

Child Development

Supporting the Next Generation's Journey

Our holistic child development initiatives nurture children from their primary years all the way to their career paths. With programs offering nutritional support, career counseling, adolescent sexual health education, and WASH (Water, Sanitation, and Hygiene) training, we ensure a well-rounded foundation for a healthy, informed, and empowered future.

Women's Empowerment

Enabling Women to Lead and Thrive

We provide essential training and resources that empower women economically and socially.

Through skill development, financial literacy training, and health and wellness initiatives, we promote self-sufficiency, foster entrepreneurship, and prioritize women's physical and mental well-being.

OUR PROGRAMS IN 2023-2024

HealthCare Support Program

Vikalalaya's Healthcare Support Program provided essential assistance to government health facilities by equipping them with oxygen concentrators last year. This support strengthened healthcare readiness, enabling better care for patients in need and bolstering local health infrastructure. Through initiatives like these, Vikasalaya remains committed to improving health access and supporting facilities with the resources they need to offer quality care.



1. After school project, Jharkhand



For children in the Bedia community of Dhanbad, the future has often meant a life of

labor, with most of them only attending school up to the 8th grade for the mid-day meal provided. After that, they inevitably enter the workforce, usually in coal mines. This semi-nomadic tribe, one of the most marginalized in the area, has traditionally earned a living through snake catching and snake charming, performing shows, and selling snake venom for antidote production. With urbanization, however, this way of life is fading; snakes are disappearing, and public interest in such shows has waned, replaced by entertainment from television or toys. With few alternatives, Bedia families often find work as laborers, house helps, coal miners, or snake catchers.

Despite efforts to encourage children to attend school, their attendance often stops after middle school, and only one individual in the entire community has completed secondary education. For many, teenage years bring an early end to education, with boys beginning work in coal mines and girls taking up domestic or labor jobs. With limited career prospects and a mindset that a life of labor is inevitable, this community faces a cycle of poverty and restricted opportunities, perpetuating hardships across generations.

At Vikasalaya, we are determined to break this cycle.

Through our support programs, we provide after-school programs and skills training to empower Bedia youth for a dignified future. Our goal is for each child to complete their education and secure



meaningful employment. Currently, over 30 primary school children are enrolled in our program, where we offer continued support throughout their educational journey to ensure they complete their studies and access job opportunities. Together, we aim to foster hope and pathways to a brighter future for this resilient community.

2. Celebrate together

Our Celebrate Together initiative brings the joy of festivals to the children we serve, thanks to the generous support of our donors. Each month, we select a festival from a different religion, allowing the children to experience the diverse cultural tapestry of our community. On these special occasions, donors organize festive meals that bring warmth, togetherness, and a taste of celebration into their lives. This program not only fosters a spirit of unity and respect for all cultures but also gives the children something to look forward to each month, creating beautiful memories and a sense of belonging.



3. Soap Distribution & Health awareness campaign

A simple practice of handwashing with soap can rule out the possibility of many infections in kids. India loses more than 1.6 million kids every year to Diarrhea. We sensitize the rural community on practices of handwashing. For sensitization, we distributed soaps to the kids in rural Rajasthan and gave handwash awareness sessions.



4. Aanganwadi Programs

Our *Aanganwadi Program* is dedicated to supporting early childhood development by providing essential resources and engaging activities. In our recent initiative, we distributed painting kits and nutritious snacks to children, adding a creative and healthy touch to their daily routines. Alongside these provisions, our team conducted interactive training sessions on nutrition and hygiene practices, teaching the importance of a balanced diet and proper sanitation. Through fun painting activities and hands-on learning, we aimed to enrich their development in a safe, nurturing environment, ensuring children receive both educational and health-related support.



5. Play & Learn

The Play and Learn Program was designed to create a joyful and relaxed learning environment for children. Our team organized engaging activities like painting, storytelling, and interactive games, aiming to relieve stress and make learning enjoyable. Through creative expression and captivating stories, children could explore new concepts without feeling pressured or overwhelmed. This program not only provided a safe space for children to unwind but also fostered curiosity, creativity, and a love for learning in a way that felt natural and fun.

