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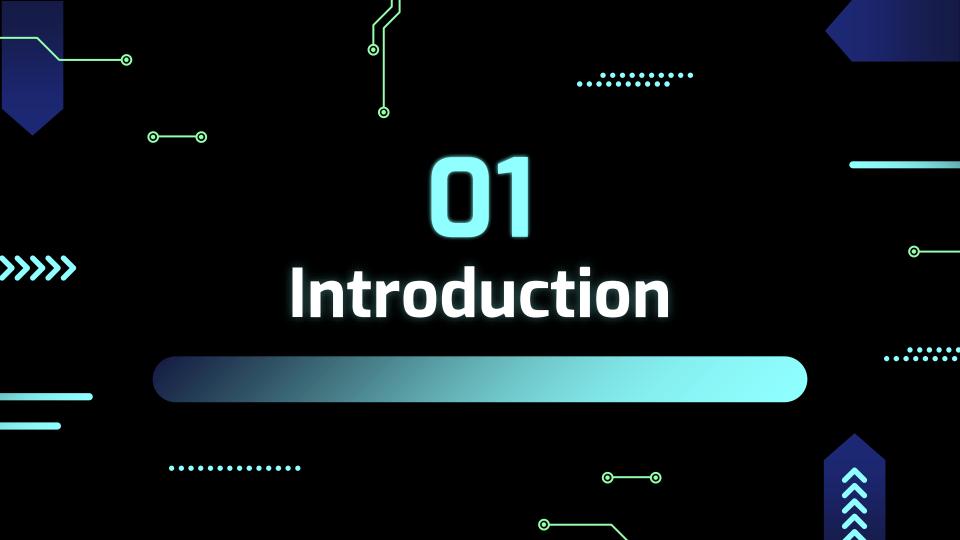
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## Introduction



We have worked on this project to talk about data science, its areas of important sources in many fields one of these fields. It's relation about health Care.





In general, data are atoms of decision making: they are the smallest units of factual information that can be used as a basis for reasoning, discussion, or calculation. Data can range from abstract ideas to concrete measurements, even statistics. Data are measured, collected, reported, analyzed, and used to create data visualizations such as graphs, tables, or images.









Data science is a multi-disciplinary field that uses scientific methods, processes, algorithms, and systems to extract knowledge and insights from structured and unstructured data.







### **Example of company that use Data Science Tasks**









# **Application of Data Science:**



#### Security



**Sports** 



**Internet search** 



**Health Care** 









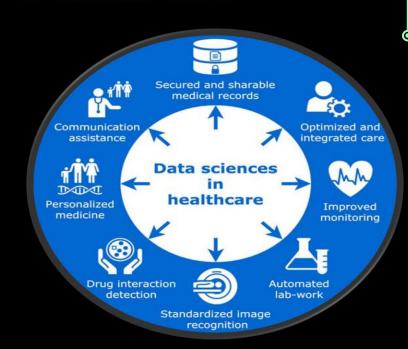




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#### What Can Data Science Provide To Health Care? <<<<<<

- Making Medicines
- Medical records
- Personalized Medicine
- Improved monitoring
- Genetic research
- Control patient deterioration
- Mental health treatment



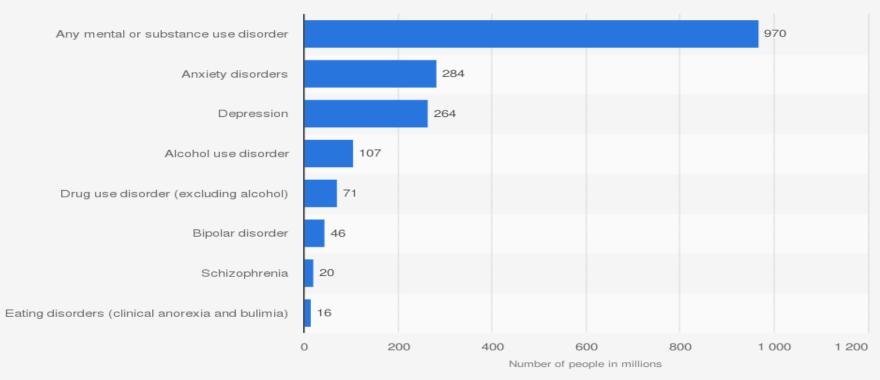


Mental health includes our emotional, psychological, and social well-being. It affects how we think, feel, and act. It also helps determine how we handle stress, relate to others, and make choices. Mental health is important at every stage of life.





### Number of people globally that suffered from select mental health or substance use disorders as of 2017 (in millions)



Source OWID © Statista 2021 Additional Information:

Worldwide; 2017

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#### How can Data Science come into the role?

In psychology, data is everything. Without data, it's difficult to quantify findings that lead to more effective care and positive outcomes. Although data science is not widely used in the mental health sector at the moment, there has been encouraging signs that data science can have important impacts on the not-too-distant future.

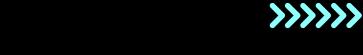




# Applications for Data science in mental health:

- NLP techniques are used to predict suicidal symptoms.
- Suicide attempts can be predicted by analyzing Electronic Health records.
- Al tools are used to explore how parent relationships and social media affect young people's mental health.
- Using Artificial Intelligence powered by IBM's Watson platform, they are developing a real-time chat bot app that will help those suffering from mental health issues to be connected to resources for treatment.







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# Advantages of Data science in mental health:

- > It can make mental healthcare treatments more accessible.
- It can help find links between mental and physical illnesses.







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# **Challenges:**

- > Funding can be difficult to get. Studies and research are often costly.
- Privacy of the patient's data.





# •••••• 04 Case Study

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### Virtual Therapist, University of Southern California

To make mental health care more accessible, the Institute of Creative Technologies at the University of Southern California has developed a <u>virtual therapist</u>, a 3-D chatbot viewed on a television screen. The virtual therapist, Ellie, can show facial expressions and detect non-verbal cues using algorithms. Data, in the form of patients' verbal input and facial expressions, run through these algorithms that determine Ellie's visual and verbal responses.

In a study with military personnel who recently returned from a tour in Afghanistan, Ellie was found to be more effective at detecting Post Traumatic Stress Disorder (PTSD) symptoms than the military's routine health assessment. Researchers believe effectively building rapport and trust with interviewees is the <u>key to Ellie's success</u>. The algorithms used by the virtual therapist are continually being improved with additional data from human therapists, making the assessment process more productive.

The goal of virtual therapists is to provide more mental health resources for those in need. The intention is not to replace human therapists, but to divert more mental health professionals' time to the treatment of mental illness. The shortage of mental health professionals in the United States has made it difficult for those suffering from mental illness to receive the treatment they need. Approximately 40% of the U.S. population lives in areas with a shortage of mental health professionals (as determined by the federal government), and "more than 60% of U.S. counties are without a single psychiatrist within their borders". Ellie is an example of how Data Science in the mental health industry can significantly impact mental healthcare accessibility.





By providing on demand mental health support to millions of people globally, data science can help create a world where mental health in never an obstacle





# Reference:

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<u>Data Science in Mental Health. Opportunities and Advancements | by Emily A. Halford | Towards Data Science</u>

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