```python
from django.db import models


class MyModel(models.Model):
    name = models.CharField(max_length=100)
    age = models.IntegerField()
    email = models.EmailField()


    def __str__(self):
        return self.name
```

```python
from django import forms


class CSVUploadForm(forms.Form):
    csv_file = forms.FileField()
```

```python
# views.py in myapp
from django.shortcuts import render
from .forms import CSVUploadForm
from .models import MyModel
import csv


def upload_csv(request):
    if request.method == 'POST':
        form = CSVUploadForm(request.POST, request.FILES)
        if form.is_valid():
            csv_file = request.FILES['csv_file']
            decoded_file = csv_file.read().decode('utf-8').splitlines()
            reader = csv.DictReader(decoded_file)
            for row in reader:
                MyModel.objects.create(
                    name=row['Name'],
                    age=row['Age'],
                    email=row['Email']
                )
            return render(request, 'success.html')
    else:
        form = CSVUploadForm()
    return render(request, 'upload.html', {'form': form})
```