

# Safety Tips

## Before an Earthquake

- Consult a professional to learn how to make your home sturdier.
- Consider making improvements to your building to fix structural issues that could cause your building to collapse during an earthquake.
- Locate a place in each room of the house that you can go to in case of an earthquake. It should be a spot where nothing is likely to fall on you, like a doorframe.
- Keep a supply of canned food, an up-to-date first aid kit, water per person and a working battery-operated radio and flashlights in an accessible place.
- Be prepared and protect yourself from an earthquake when you hear an earthquake warning announcement through our app or feel a quake.

## During an Earthquake

- Drop down; take cover under a desk or table and hold on.
- Stay indoors until the shaking stops and you're sure it's safe to exit.
- Stay away from those things that can fall on you.
- If you are in bed, hold on and stay there, protecting your head with a pillow.
- If you are outdoors, find a clear spot away from buildings, trees, and power lines. Drop to the ground.
- Stay away from windows. In a high-rise building, expect the fire alarms and sprinklers to go off during a quake.
- If you are in a vehicle, pull over and stop. Set your parking brake.



## After an Earthquake

- Expect aftershocks to follow the main shock of an earthquake.
- If you are in a damaged building, go outside and quickly move away from the building.
- Check every member of the family. If someone is hurt, apply first aid.
- If you are trapped, protect your mouth, nose and eyes from dust. Send a help command through our app instead of shouting so that rescuers can locate you.
- Be very careful during post-disaster clean-up of buildings and around debris. Do not attempt to remove heavy debris by yourself.
- Once you are safe, please mark yourself safe on our app so rescue team will know you are okay.