

**Basic Human Aspiration  
and its Fulfilment**

**Holistic Development  
and  
The Role of Education**

## Content of this Session

Basic human aspiration

Fulfilment of basic human aspiration

Holistic development

The role of education in holistic development

It will also give an idea about:

- The content of this workshop/course
- The process of this workshop/course
- The expected achievement from right understanding

## इस सत्र कि विषय-वास्तु

मानव की मूल चाहना

मानव की मूल चाहना की पूर्ति

समग्र विकास

समग्र विकास में शिक्षा की भूमिका

इस सत्र से इन तीन के बारे एक अनुमान बन पायेगा:

- शिविर/कोर्स कि विषय-वास्तु
- शिविर/कोर्स कि प्रक्रिया
- समझ से अपेक्षित उपलब्धि

# Process

Whatever is said is a **Proposal** (**Do not assume it to be true or false**)  
**Verify** it on Your Own Right – on the basis of our **Natural Acceptance**

It is a process of **Dialogue**

A dialogue between me and you, to start with

It soon becomes a dialogue **within your own self**

between what you are and what you really want to be  
(your natural acceptance)

The purpose of this workshop is to initiate this internal dialogue

प्रस्ताव है (मानें नहीं)

जाँचें – स्वयं के अधिकार पर।

अपनी सहज स्वीकृति के आधार पर।

यह **संवाद** की प्रक्रिया है।

यह संवाद आपके और मेरे बीच शुरू होता है, फिर आप में चलने लगता है।

Do we want to be happy?

*क्या हम सुखी होना चाहते हैं ?*

Do we want to be prosperous?

*क्या हम समृद्ध होना चाहते हैं ?*

Do we want the continuity of  
happiness and prosperity?

*क्या हम सुख, समृद्धि की निरंतरता  
चाहते हैं ?*

## Desire, What We Want to Be

Do we want to be happy?

*क्या हम सुखी होना चाहते हैं ?*

Do we want to be prosperous?

*क्या हम समृद्ध होना चाहते हैं ?*

Do we want the continuity of happiness and prosperity?

*क्या हम सुख, समृद्धि की निरंतरता चाहते हैं ?*

## State of Being, What We Are

Are we happy?

*क्या हम सुखी हैं ?*

Are we prosperous?

*क्या हम समृद्ध हैं ?*

Is there continuity of our happiness and prosperity?

*क्या हमारे सुख, समृद्धि की निरंतरता है ?*

**Why this gap?**

- between our desire and our state of being
- between what we really want to be and what we are

**What are we doing to fill this gap? Is it getting filled up or getting wider?**

**We will explore into this**

Do we want to be happy?

*क्या हम सुखी होना चाहते हैं ?*

Do we want to be prosperous?

*क्या हम समृद्ध होना चाहते हैं ?*

Do we want the continuity of happiness and prosperity?

*क्या हम सुख, समृद्धि की निरंतरता चाहते हैं ?*

Is our effort (*हमारा प्रयास*):

– For continuity of happiness and prosperity?

*सुख, समृद्धि की निरंतरता के अर्थ में है or या*

– Just for accumulation of physical facility?

*केवल सुविधा-संग्रह के अर्थ में ?*

Have we assumed that happiness and prosperity will be ensured when we have enough physical facility?

What effort are we making, other than accumulation of physical facility?

# Physical Facility is Necessary...

When an animal has lack of physical facility it becomes uncomfortable, when it gets physical facility it becomes comfortable

Eg. When a cow gets a stomach-full of grass, it becomes comfortable, sits and chews the cud

*पशु को सुविधा का अभाव होता है, तो वह परेशान होता है, सुविधा मिल जाए तो वह आराम में आ जाता है, (जैसे पेट भर घास मिल जाए तो गाय आराम से जुगाली करती है)।*

When a human being has lack of physical facility, he becomes uncomfortable and unhappy

But once he gets the physical facility, he forgets about it and starts thinking about hundred other things

*मनुष्य को सुविधा का अभाव होता है, तो वह परेशान व दुःखी होता है, परंतु सुविधा मिल जाए तो उसके बारे तो भूल ही जाता है, उसके अलावा सौ और चीजें सोचने लगता है।*

(Check for yourself if you feel happy every day that you are getting enough to eat?)

*(आप ही अपने में जांच कर देखें, क्या आप इस बात पर रोज खुश होते हैं कि आपको पेट भर भोजन मिल रहा है?)*

## **Something more is required (over and above physical facility)**

Physical facility is necessary for human being  
but  
something more is also required



## To find out what else is required (over and above physical facility)

Check: Is the unhappiness in our families

- More due to lack of physical facility or
- More due to lack of fulfillment in relationship?

*आपके परिवार में जो दुःख है, वह सुविधा के अभाव में ज्यादा है या संबंध का निर्वाह न होने के कारण ज्यादा है ?*

How much time and effort are we investing:

- For physical facility
- For fulfillment in relationship

*आप सुविधा जुटाने के लिए कितना समय व प्रयास लगा रहे हैं और संबंध का निर्वाह के लिए कितना समय व प्रयास लगा रहे हैं ?*

The unhappiness is more due to lack of fulfillment in relationship

Most of the time and effort is spent for physical facility

*दुःख संबंध का निर्वाह न होने के कारण ज्यादा है; परन्तु, समय व प्रयास सुविधा के लिए ज्यादा लगाया जा रहा है*

# For Human Being, Relationship is also Necessary

For human being physical facility is necessary but relationship is also necessary

*मानव के लिए सुविधा भी आवश्यक है, परंतु संबंध भी आवश्यक है।*

On examining carefully, we find that this is a fundamental difference between animals and human being

*ध्यान से देखें तो मानव व पशु के बीच यह एक मूलभूत अंतर है।*

Physical facility is necessary for animals and necessary for human being also

*सुविधा पशु के लिए आवश्यक है, मनुष्य के लिए भी आवश्यक है।*

However, *परंतु,*

For animals physical facility is necessary as well as adequate

*पशु के लिए सुविधा आवश्यक भी है और पूर्ण भी है,*

For human being physical facility is necessary but not adequate

*मनुष्य के लिए भी सुविधा आवश्यक है पर पूर्ण नहीं है।*

# In Addition to Physical Facility, Relationship is Necessary

For human beings physical facility is necessary but relationship is also necessary

*मानव के लिए सुविधा भी आवश्यक है, परंतु संबंध भी आवश्यक है।*

RELATIONSHIP

*संबंध*

with human being

PHYSICAL FACILITY

*सुविधा*

With nature

For animals:  
necessary & largely  
adequate

*पशु के लिए  
आवश्यक  
एवं पूर्ण*

For human beings:  
necessary but not  
adequate

*मानव के लिए  
आवश्यक  
परंतु पूर्ण नहीं*

## Although we have Recognised the need for Relationship...

We do get into arguments, opposition and fights... even in the family, with close friends, with colleagues at work... in the marketplace...

Every time we have a fight, we want to resolve it...

We say sorry, patch up and promise not to fight in future but...

Even though we don't want to, a fight does take place once again  
(we want the other to improve... and the other wants us to improve...)

Is this happening?

Are incidences of reaction... not speaking to the other... arguments... debates... divorce... increasing or decreasing?

Explore your close relationships – in the family, with friends, in the workplace, in the society

In spite of our acceptance for relationship, why is it happening?

# State of Relationship (in the Society)

Out of the three types of fear, which is predominant for us?

- Fear of natural calamities
- Fear of wild animals
- Fear of the inhuman behaviour of human beings

Is this on the increase or decrease?

आप के लिए, इन तीनों में से कौन सा भय प्रमुख है?

- हिंसक पशुओं का भय
- प्राकृतिक आपदा का भय
- मानव के अमानवीय व्यवहार का भय

यह भय बढ़ रहा है या घट रहा है?

In spite of our acceptance for relationship,  
why do we have such a state of affairs in the society?

# Let's check our Perspective about Relationship

Let us find out if

1. We want to live in relationship (harmony) with others or
2. We want to live in opposition with others or
3. We believe living has to be necessarily in opposition with others, ie. There is 'struggle for survival' , 'survival of the fittest' and check if we feel happy living this way?

*आप ही अपने में जांच कर देखें,*

- 1. आपकी चाहना संबंधपूर्वक जीने की है या*
- 2. आपकी चाहना विरोधपूर्वक जीने की है या*
- 3. आपने मान रखा है कि जीना तो विरोधपूर्वक ही संभव है। 'struggle for survival', 'survival of the fittest' और क्या आप वैसा जीते हुए सुखी होते हैं ?*

What is our present perspective? Which view do we promote?  
(at home, in the family... in schools and colleges... and in the society)

Is it the naturally acceptable view?

# Right Understanding is also Essential for Human Being

For fulfilment in relationship, it is necessary to have right understanding about relationship

i.e. Right understanding is also necessary for human being

With right understanding:

- We have clarity about relationship with human being; we are able to fulfil relationship
- We also have clarity about how much physical facility we need

# Right Understanding is also Essential for Human Being

**RIGHT UNDERSTANDING**

*(समझ)*

**in the self**

**RELATIONSHIP**

*(संबंध)*

**with human  
being**

**PHYSICAL FACILITY**

*(सुविधा)*

**with rest of nature**

**For animals:  
necessary & largely  
adequate**

**For human beings:  
necessary but not  
adequate**

Are all 3 required? Is something redundant? Is anything more required?

Are we working on all 3?

If all 3 are required, what would be the priority\*?

*\*Working on the high priority makes it easier to deal with the lower priority*



# Priority: Right Understanding, Relationship & Physical Facility

## 1 RIGHT UNDERSTANDING

(समझा)  
in the self

2

## RELATIONSHIP

(संबंध)

with human  
being

Feeling  
- Trust  
- Respect  
- ...

3

## PHYSICAL FACILITY

(सुविधा)

with rest of nature

For animals:  
necessary & largely  
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For human beings:  
necessary but not  
adequate

# Priority: Physical Facility

? RIGHT UNDERSTANDING  
(समझ)  
in the self

? RELATIONSHIP  
(संबंध)  
with human  
being



**UNHAPPINESS**  
Making others Unhappy



1 PHYSICAL FACILITY  
(सुविधा)  
with rest of nature



**DEPRIVATION**  
Exploiting and  
Depriving others

For animals:  
necessary & largely  
adequate

For human beings:  
necessary but not  
adequate

# Priority: Right Understanding, Relationship & Physical Facility

1 **RIGHT UNDERSTANDING**  
(समझा)  
in the self

2 **RELATIONSHIP**  
(संबंध)  
with human  
being

Feeling  
- Trust  
- Respect  
- ...

3 **PHYSICAL FACILITY**  
(सुविधा)  
with rest of nature

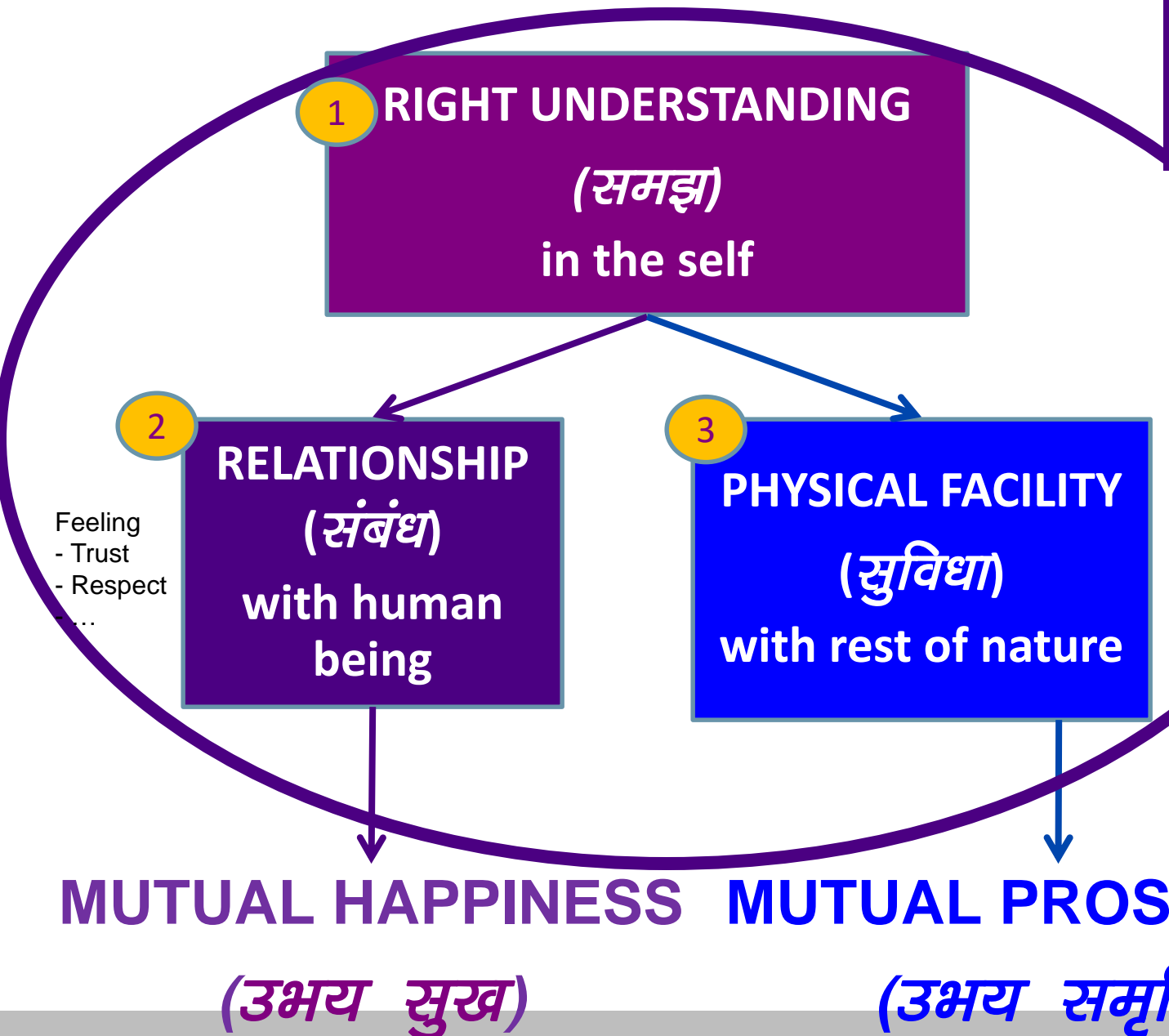
For animals:  
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**MUTUAL HAPPINESS**  
(उभय सुख)

**MUTUAL PROSPERITY**  
(उभय समृद्धि)

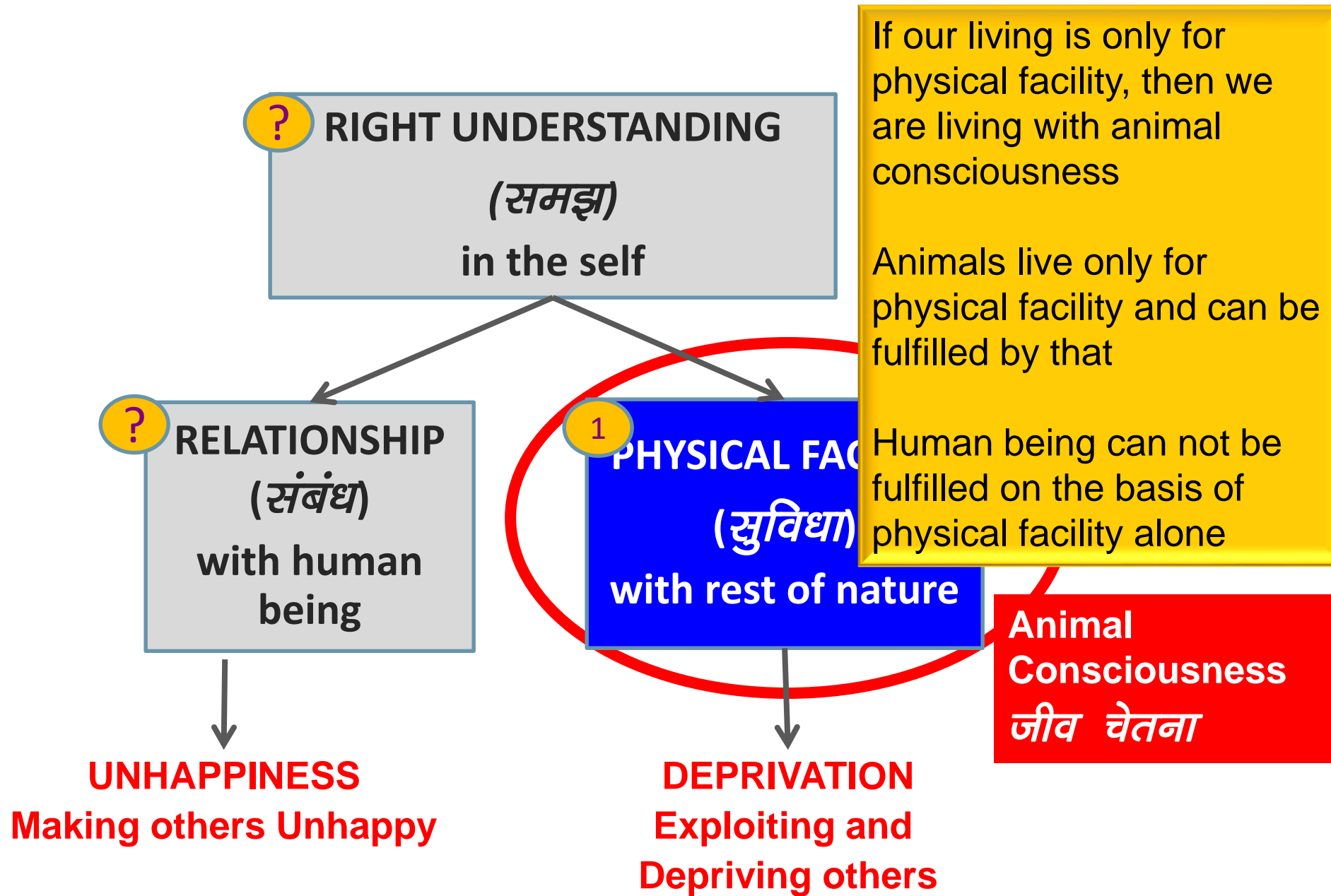
## Human Consciousness मानव चेतना



If we are living with all three (right understanding, relationship and physical facility, in that priority order) then we are living with human consciousness

Human being can be fulfilled (be happy and prosperous) on the basis of these three

# Animal Consciousness



# Since we generally don't have clarity about our physical needs...

In the society, we can observe two categories of human beings

*इसीलिए अभी दो तरह के मनुष्य दिखाई देते हैं-*

1. Lacking physical facility, unhappy deprived (*सुविधा विहीन दुखी दरिद्र*)
2. Having physical facility, unhappy deprived (*सुविधा संपन्न दुखी दरिद्र*)

While we want to be – *जबकि हम होना चाहते हैं-*

3. Having physical facility, happy prosperous (*सुविधा संपन्न सुखी समृद्ध*)

Find out

- Where are we now – at 1, 2 or 3 and
- Where do we want to be?

*अपने में जांच कर देखें-*

- *अभी हम कहाँ है ?- 1, 2 या 3 में और*
- *कहाँ होना चाहते हैं ?*

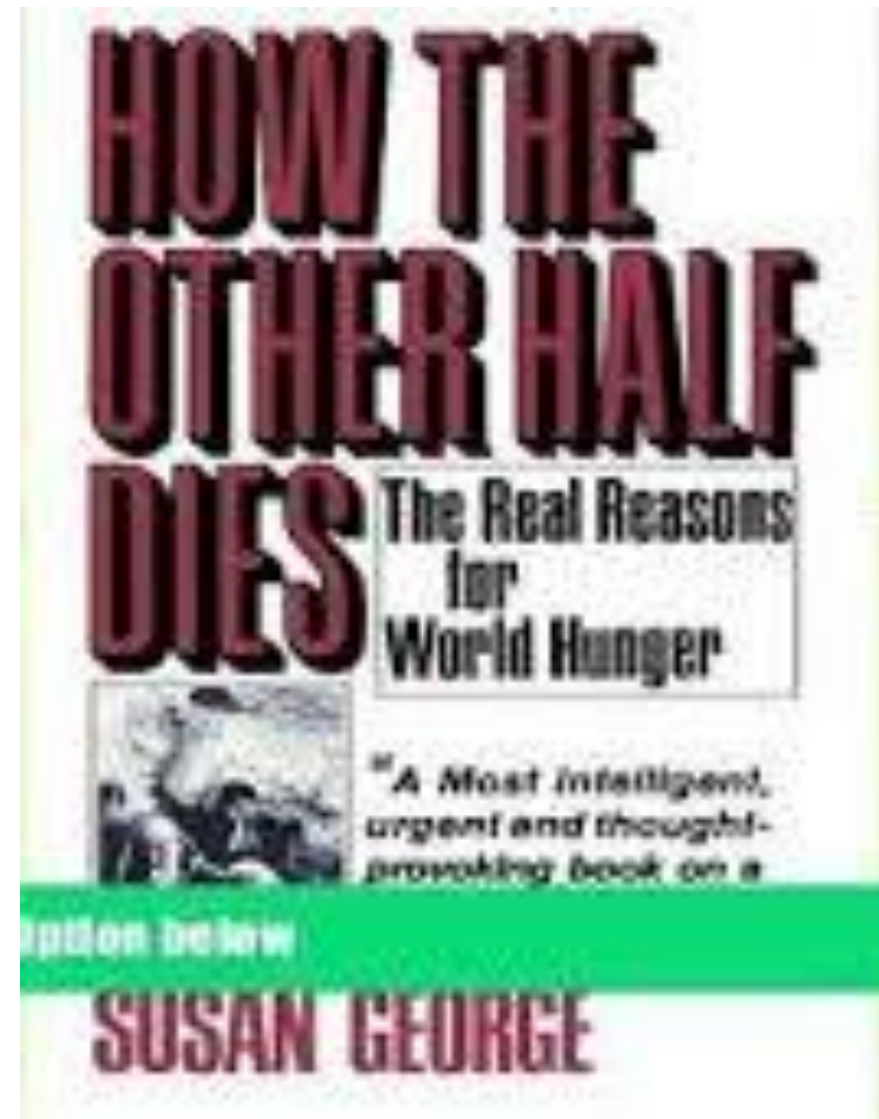
# But Resources are Not the Problem!

...by the time you finish reading this book (approx. 6 hrs) 400 people would have died of hunger or diseases caused by hunger...

Contrary to popular opinion, malnutrition and starvation are not the result of over-population, of poor climate or lack of cultivatable land...

**The other half is dying because the first half is not rightly utilizing the resources...**

Hunger is not a scourge but a scandal



# Resources are already in Plenty!

**Of the 4.2 billion tons of food produced, more than 1 billion tons of food is lost or wasted every year, UN-backed report finds (11 May 2011)**

About a third of all the food produced for human consumption each year – or roughly 1.3 billion tons – is lost or wasted, according to a new **study** commissioned by the United Nations Food and Agriculture Organization (**FAO**)

**Global Food Production is 6 times requirement**  
**Global Food Wastage is 1/3<sup>rd</sup> of production**  
**Wastage is enough to feed 1300 crore people/year**

Have we understood right utilisation?  
Is it a question of production?  
Is it a question of distribution?  
Is it a question of relationship?  
Is it a question of right understanding?  
**It is a question of education**





|   |                        |                        |
|---|------------------------|------------------------|
| Animals living with<br>animal consciousness     | they are in harmony    | this is fine           |
| Human being living with<br>human consciousness  | they are in harmony    | this is fine           |
| Human being living with<br>animal consciousness | they are in disharmony | this is the<br>problem |

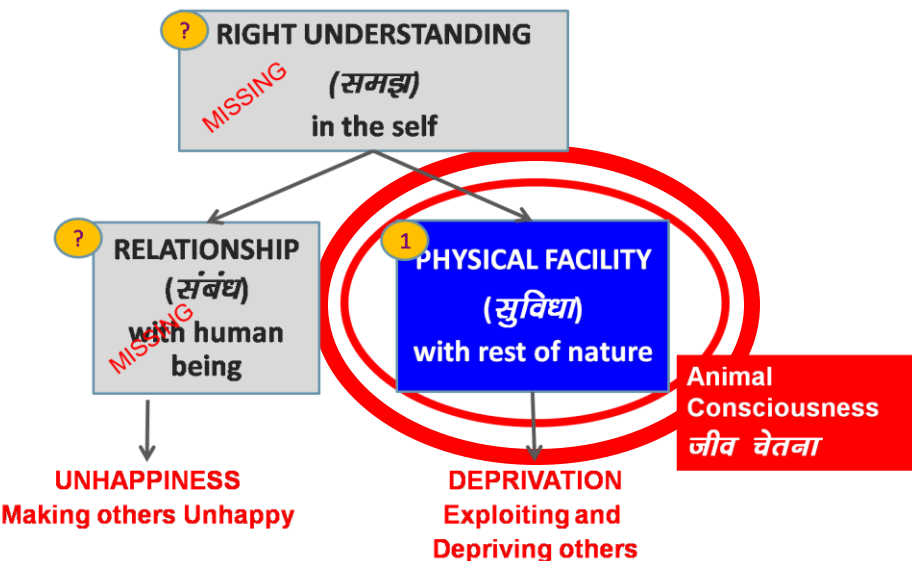
# Transformation (संक्रमण) = Holistic Development (विकास)

Is development just in increasing physical facility or development is ensuring of all 3?

Is this transformation desirable?

Are we making effort for it?

Do we need to make effort for it?



Transformation - Progress  
संक्रमण - विकास

We will explore into the effort required for transformation, for holistic development

# Role of Education-Sanskar: To Enable Transformation

Holistic development is transformation to Human Consciousness

The role of education-sanskar is to enable this transformation by way of ensuring the development of the competence to live with human consciousness and definite human conduct

For this, it has to ensure

1. Right understanding in every child
2. The capacity to live in relationship with the other human being
3. The capacity to identify the need of physical facility and the skills & practice for sustainable production of more than what is required leading to the feeling of prosperity

## Required for Transformation

1. Right understanding in every child
2. The capacity to live in relationship with the other human being
3. The capacity to identify the need of physical facility, the skills and practice for sustainable production of more than what is required leading to the feeling of prosperity

## Present State

Missing

Missing

Identification of need of physical facility is missing.

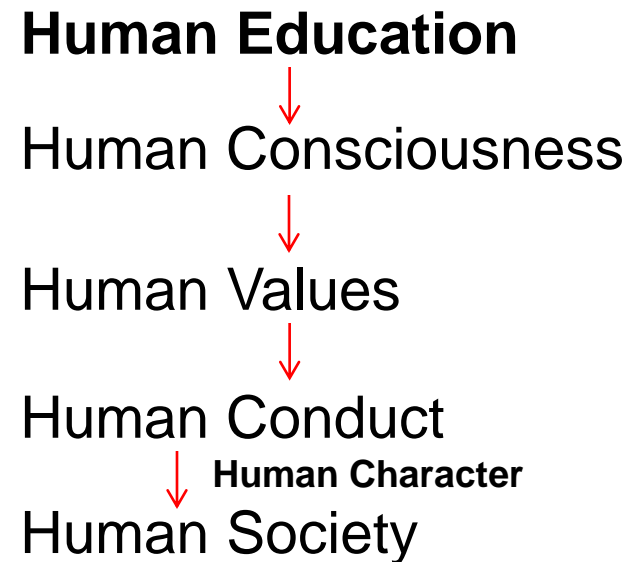
The willingness to produce by way of labour is also missing.

The core feeling generated is  
to accumulate more & more,  
to consume more & more,  
(rather than to produce more & more...)

# Problems = Indication of Lack of Effort for Holistic Development

Most of the problems we see around us are really only the symptoms of human beings not living with human consciousness

The basic effort is required to ensure human consciousness  
(through human education)



Ultimately it will result in a human tradition,  
in which the human goal is fulfilled for all,  
generation after generation

# Outcome of Human Education-Sanskar

## Understanding of Harmony

Harmony in Human Being  
Harmony in Family  
Harmony in Society  
Harmony in Nature/Existence

### VALUES



Guided

**Skills guided by values**

## Living in Harmony

As an Individual  
In the Family  
In the Society  
In Nature/Existence

### SKILLS



**MUTUAL HAPPINESS**

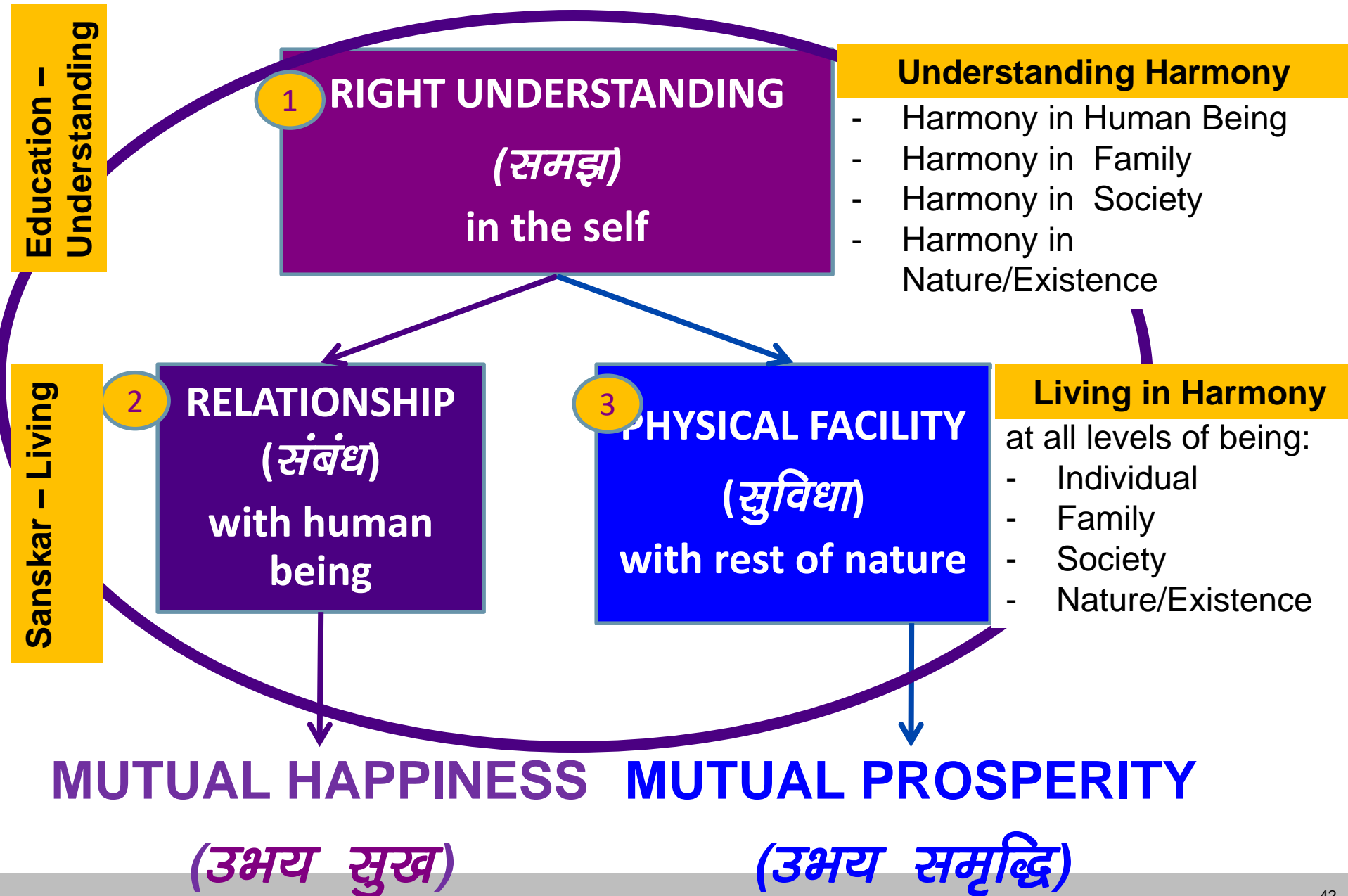
(उभय सुख)



**MUTUAL PROSPERITY**

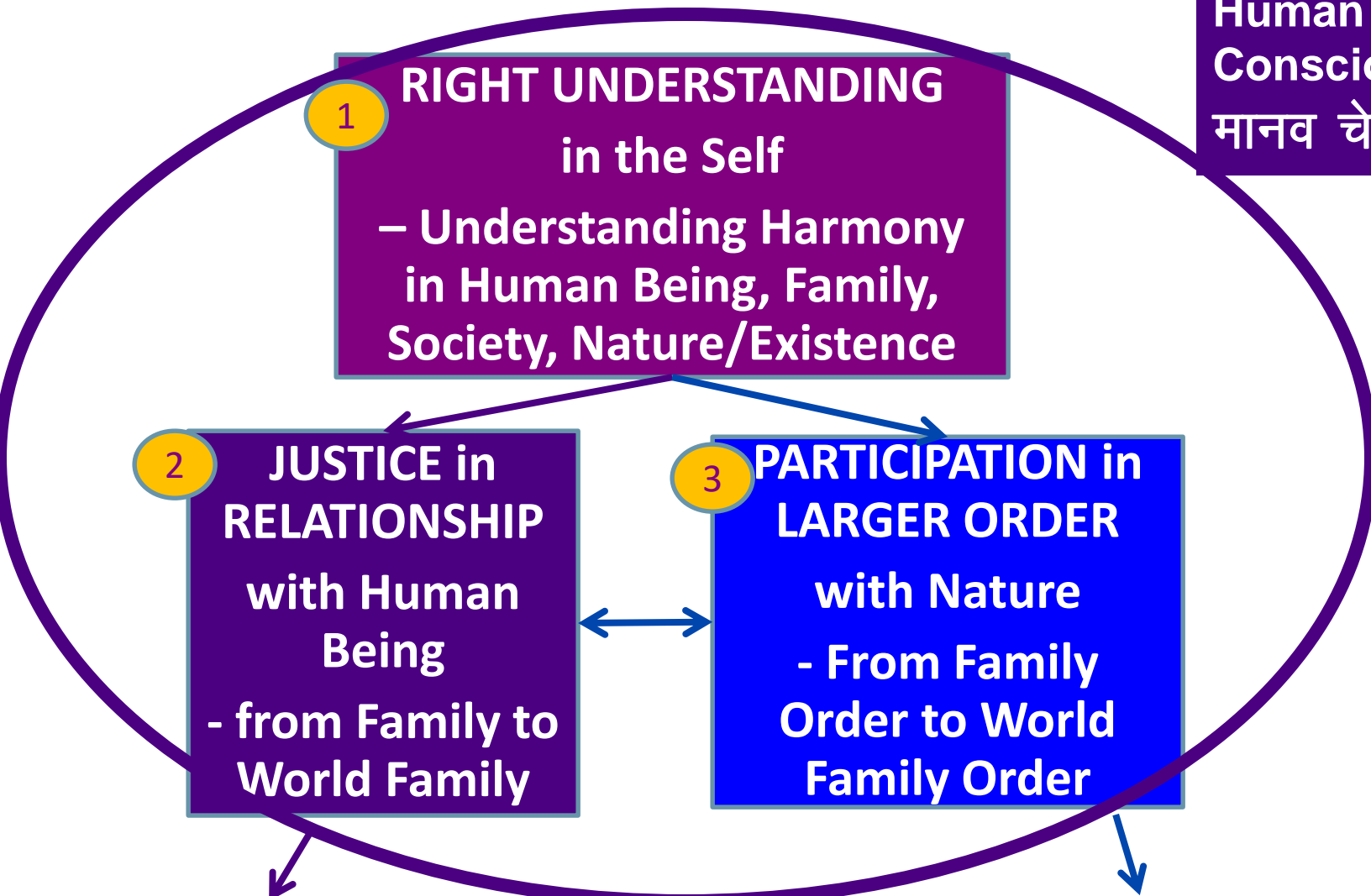
(उभय समृद्धि)

# Human Being Living with Human Consciousness



# Societal implications of living with Human Consciousness

Human  
Consciousness  
मानव चेतना



**MUTUAL HAPPINESS** **FULFILMENT of HUMAN GOAL**  
**UNDIVIDED SOCIETY** **UNIVERSAL HUMAN ORDER**



1 RIGHT UNDERSTANDING  
(समझ)  
in the self

2 RELATIONSHIP  
(संबंध)  
with human  
being

Feeling  
- Trust  
- Respect  
- ...

3 PHYSICAL FACILITY  
(सुविधा)  
with rest of nature

MUTUAL HAPPINESS  
(उभय सुख)

MUTUAL PROSPERITY  
(उभय समृद्धि)

## Humane Society (A Just and Equitable Society)

Right Understanding  
& Right Feeling

↓ Happiness

In Every Individual

Prosperity

↓

In Every Family

Fearlessness  
(Trust)

↓

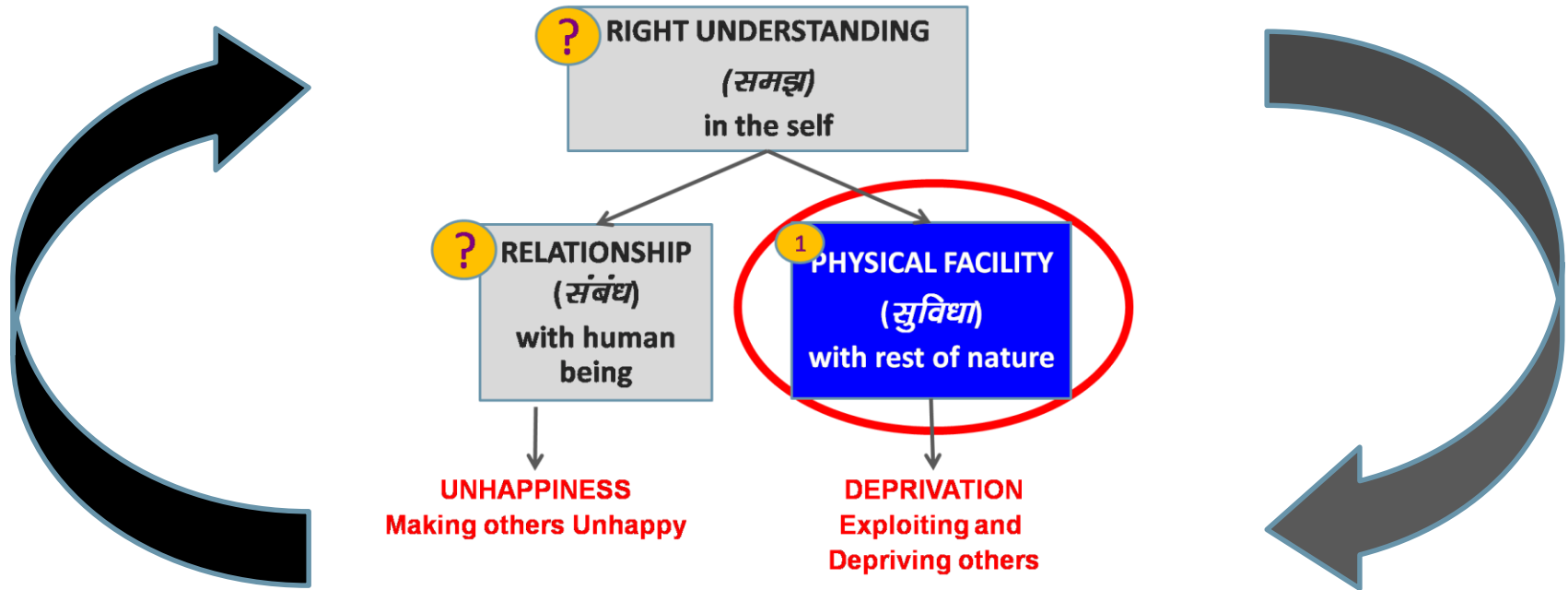
In Society

Co-Existence  
(Mutual Fulfilment)

↓

In Nature/  
Existence

Family based Society (families having common goal)



## Inhuman "Society" (Crowd or Battlefield)

Assumptions (eg. Money is everything)

Accumulation By Any Means

Domination, Exploitation, Fear

Mastery & Exploitation

In Every Individual

In few Individuals

In Society

Over Nature

Obsession for Consumption  
" for Profit  
" for Sensual Pleasure

Terrorism  
War

Resource Depletion  
Pollution

Individual based (having different or opposing goals)

## Humane Society

Right Understanding  
& Right Feeling



In Every Individual

Prosperity



In Every Family

Fearlessness  
(Trust)



In Society

Co-Existence  
(Mutual Fulfilment)



In Nature/  
Existence

**Family based Society (families having common goal)**

## Inhuman "Society" (Crowd or Battlefield)

Assumptions (eg.  
Money is everything)



In Every Individual

Accumulation  
By Any Means



In few Individuals

Domination ,  
Exploitation, Fear



In Society

Mastery &  
Exploitation



Over Nature

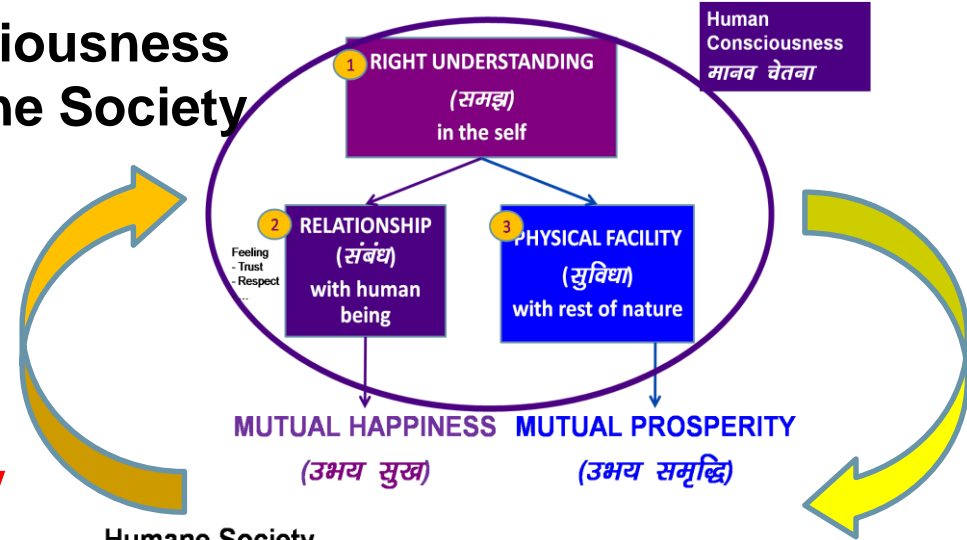
Obsession for Consumption  
“ for Profit  
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Terrorism  
War

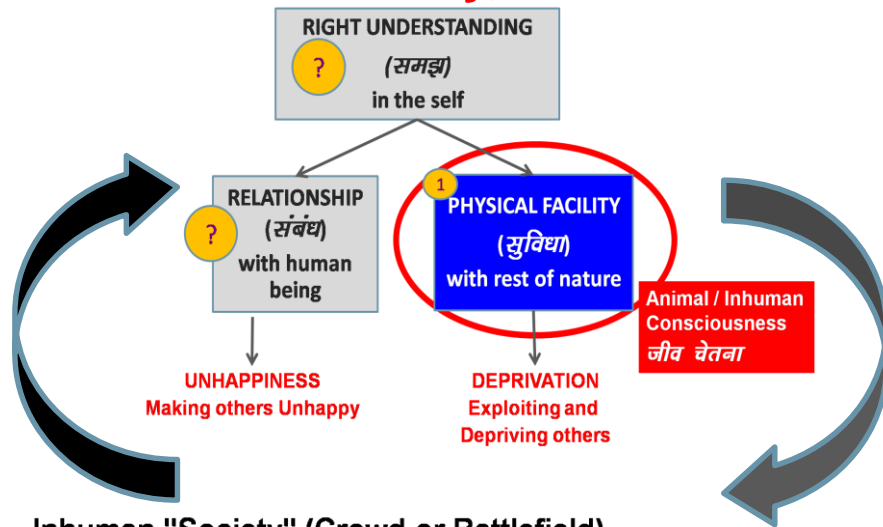
Resource Depletion  
Pollution

**Individual based (having different or opposing goals)**

# Living with Human Consciousness → Humane Family, Humane Society



# Living with Animal Consciousness → Inhuman Family, Inhuman Society



Family based Society (families having common goal)

**Inhuman "Society" (Crowd or Battlefield)**

|   |                           |                                |                                 |
|---|---------------------------|--------------------------------|---------------------------------|
| Assumptions (eg. Money is everything)                               | Accumulation By Any Means | Domination, Exploitation, Fear | Mastery & Exploitation          |
| ↓   | ↓                         | ↓                              | ↓                               |
| In Every Individual   | In few Individuals        | In Society                     | Over Nature                     |
| Obsession for Consumption<br>" for Profit<br>" for Sensual Pleasure |                           | Terrorism<br>War               | Resource Depletion<br>Pollution |

Individual based (having different or opposing goals)

Transformation - Progress  
संक्रमण - विकास

**Human Education**

Human Consciousness

Human Values

Human Conduct

Human Character

Human Society

### Proposals

(about harmony at various levels  
for your self-exploration)

- Harmony in Human Being
- Harmony in Family
- Harmony in Society
- Harmony in Nature/Existence

**Self-exploration**, self-verification

### Desired Achievement

#### Individual Transformation

- Right Understanding  
(Understanding Harmony)
- Happiness & Prosperity  
(Living in Harmony)



#### Societal Transformation

- Humane Society

# Self Reflection

# Self Reflection

Make a list of your desires (needs, wants etc.). Find out what is needed to fulfill them:

- right understanding (clarity)
- relationship (right feeling – trust, respect ... love)
- physical facility (money...)

| eg.                   | <u>right und</u> | <u>relationship</u>  | <u>physical facility, body</u> |
|-----------------------|------------------|----------------------|--------------------------------|
| Money                 |                  |                      | √ (salary...)                  |
| Name, fame, attention | √                | √                    | √                              |
| good food             |                  |                      | √ (food)                       |
| big car               |                  |                      | √ (car)                        |
| peace of mind         | √                | √ (family & friends) |                                |
| good health           | √                | √                    | √                              |

Also find out how much time and effort you put in every day in these 3 areas

| eg.            |        | <u>right und</u>    | <u>relationship</u> | <u>physical facility, body</u> |
|----------------|--------|---------------------|---------------------|--------------------------------|
| work           | 10 hrs | 1 hr (learning)     | 2 hrs (talking)     | 7 hrs (salary)                 |
| eating         | 2 hrs  |                     | 2 hrs               |                                |
| sleeping       | 8 hrs  |                     |                     | 8 hrs                          |
| other activity | 4 hrs  | 3 hrs (worship, TV) |                     | 1 hr (bath, gym etc.)          |
|                |        | <b>4 hrs</b>        | <b>2 hrs</b>        | <b>18 hrs</b>                  |

**Happiness**



# Process

Whatever is said is a **Proposal** (**Do not assume it to be true or false**)  
**Verify** it on Your Own Right – on the basis of our **Natural Acceptance**

It is a process of **Dialogue**

A dialogue between me and you, to start with

It soon becomes a dialogue **within your own self**

between what you are and what you really want to be  
(your natural acceptance)

The purpose of this workshop is to initiate this internal dialogue

प्रस्ताव है (मानें नहीं)

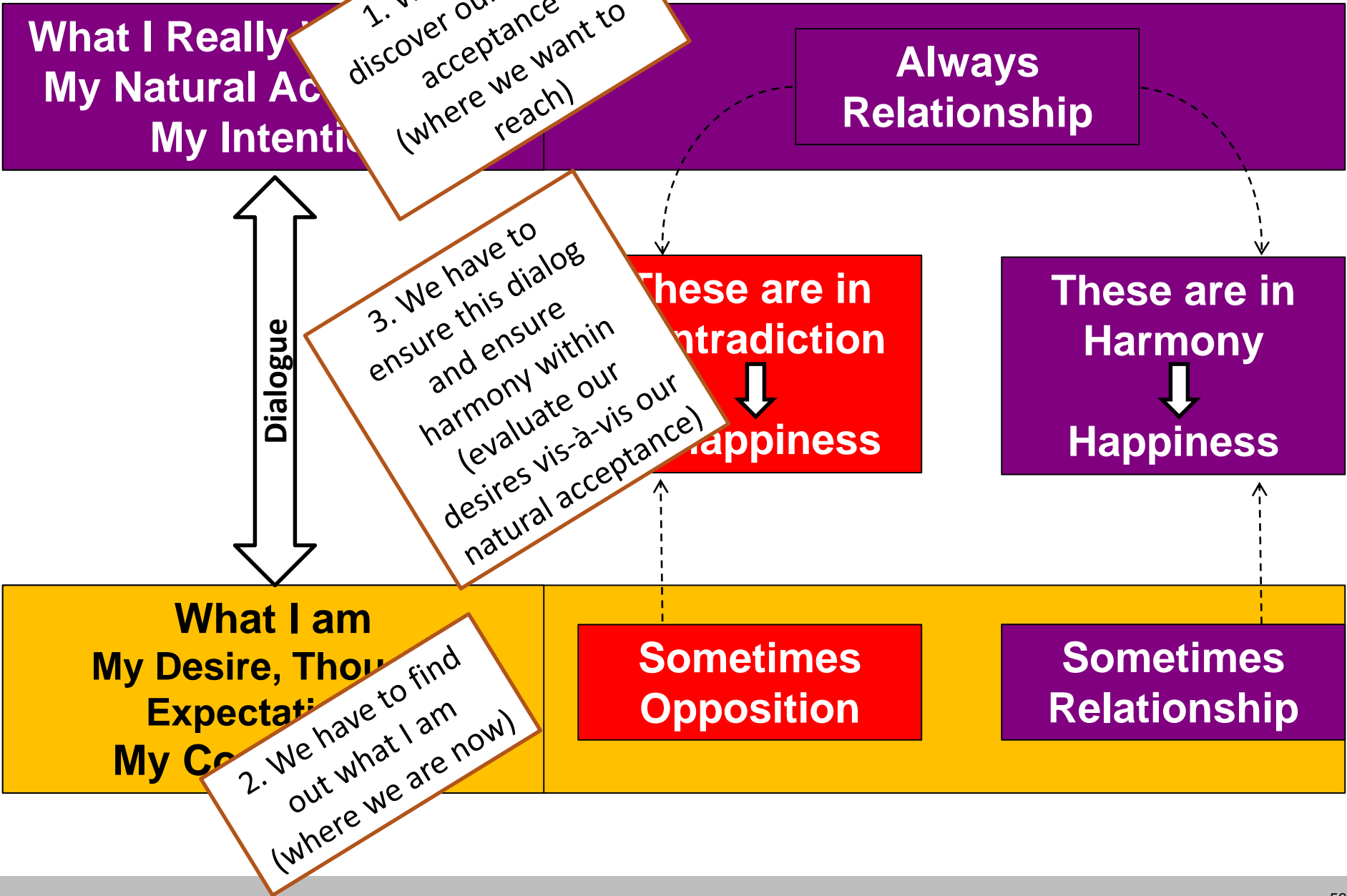
जाँचें – स्वयं के अधिकार पर।

अपनी सहज स्वीकृति के आधार पर।

यह संवाद की प्रक्रिया है।

यह संवाद आपके और मेरे बीच शुरू होता है, फिर आप में चलने लगता है।

Happiness = To Be in H



# Happiness

Happiness is to be in accordance with our natural acceptance

Happiness is to be in Harmony

# Self Reflection

# Self Reflection

Can you see that you have the faculty of natural acceptance?

- It is innate, a part and parcel of our being
- It is invariant, uncorrupted by pre-conditioning
- It is definite

Find out how you feel when your desire is in accordance with your natural acceptance – happy or unhappy?