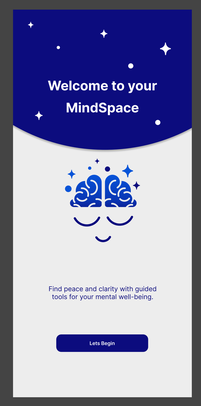
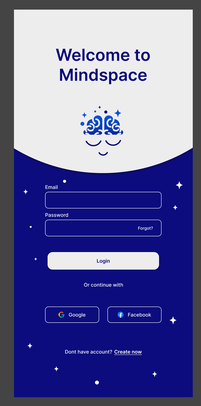
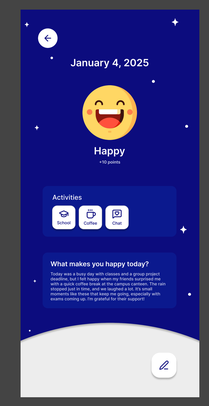
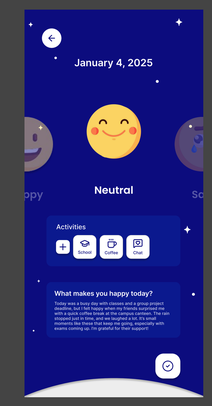
Prototype

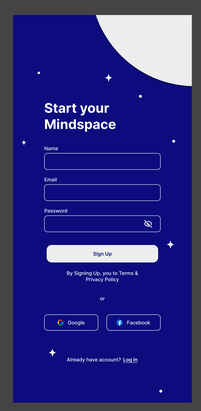

Welcome to your MindSpace
Find peace and clarity with guided tools for your mental well-being.
Lets Begin

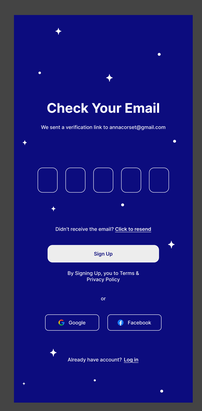

Welcome to Mindspace
Email
Password
Forgot?
Login
Or continue with
Google
Facebook
Dont have account? Create now

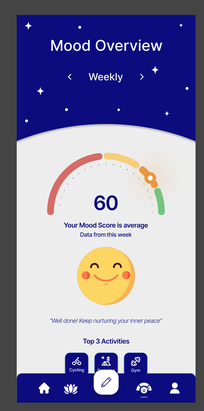
January
25
Friday
04
Sun
Blessed Sunday
Happy
05
Mon
I'm sick
Sad
06
Tue
Angry at my work
Angry
07
Wed
I've done too much overtime at work
Tired

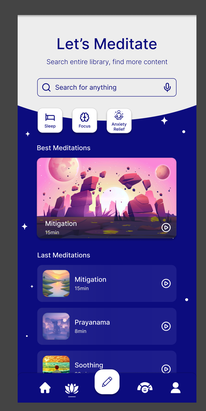

January 4, 2025
Happy
+10 points
Activities
School
Coffee
Chat
What makes you happy today?


January 4, 2025
Neutral
Activities
School
Coffee
Chat
What makes you happy today?

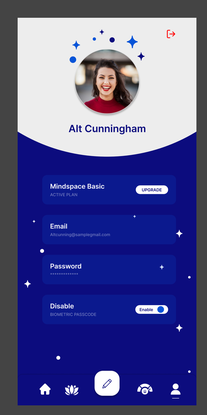

Start your Mindspace
Name
Email
Password
Sign Up
By Signing Up, you to Terms & Privacy Policy
or
Google
Facebook
Already have account? Log In

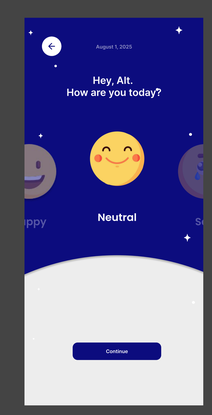

Check Your Email
We sent a verification link to annacorset@gmail.com
Didn't receive the email? Click to resend
Sign Up
By Signing Up, you to Terms & Privacy Policy
or
Google
Facebook
Already have account? Log In

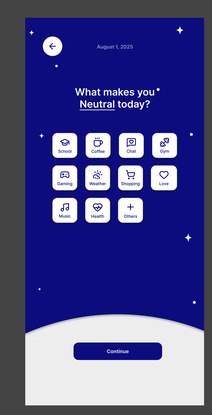

Mood Overview
Weekly
60
Your Mood Score is average
Data from this week
"Well done! Keep nurturing your inner peace"
Top 3 Activities
Cycling
Gym

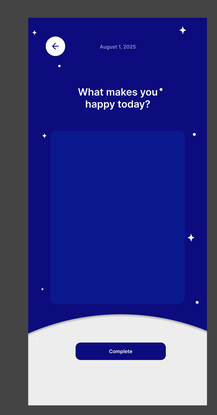

Let's Meditate
Search entire library, find more content
Search for anything
Sleep
Focus
Anxiety Relief
Best Meditations
Mitigation
15min
Last Meditations
Mitigation
15min
Prayanama
8min
Soothing

Mitigation
By: Alt Cunningham


Alt Cunningham
Mindspace Basic
ACTIVE PLAN
UPGRADE
Email
Password
Disable
BIOMETRIC PASSCODE
Enable


August 1, 2025
Hey, Alt.
How are you today?
Neutral
Continue


August 1, 2025
What makes you Neutral today?
School
Coffee
Chat
Sport
Gaming
Weather
Shopping
Love
Music
Health
Others
Continue


August 1, 2025
What makes you happy today?
Complete