

# Logistic Regression

Analysis of Categorical outcome data

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# Logistic Regression

## Objectives

- ➊ Use a logistic model to compare the log odds of disease (or any binary outcome variable) in two groups
- ➋ Use a logistic model to compare the odds of an outcome for a categorical exposure with 2 or more levels and to estimate crude odds ratios associated with each level.
- ➌ Understand statistical tests of the null hypothesis - there is no association between the exposure and outcome
  - ➊ using the Wald test
  - ➋ using the Likelihood Ratio Test
- ➍ Models with more than one explanatory variable
- ➎ Interaction/Effect Modification using logistic regression models

# Introduction

## Definition

**Logistic regression** - a regression modelling technique for producing Odds Ratios (ORs); models the log odds of a binary “outcome”

## Examples

- 1 Effect of T.B infection on death in HIV positive patients  
crude(unadjusted) OR; 95% CI and hypothesis tests
- 2 Effect of mothers education on childs' measles immunisation status
- 3 Effect of ethnicity on risk of death from breast cancer
- 4 Effect of gender on being a high wage earner

## A reminder of Odds and Odds Ratios (OR).

$$\text{Odds} = \frac{\text{Number with the disease (D)}}{\text{Number without the disease (H)}}$$

$$\text{Odds Ratio(OR)} = \frac{\text{Odds in exposed group } (\frac{D_1}{H_1})}{\text{Odds in unexposed group } (\frac{D_0}{H_0})}$$

Odds in exposed group = (Odds in unexposed group)  $\times$  (Odds ratio)

Log (odds in exposed group) = Log (odds in unexposed) + Log (odds ratio)

Log odds = Baseline + Exposure

# Form of the logistic regression model

Model :

$$\log \left( \frac{p}{1-p} \right) = \beta_0 + \beta_1 X_1 + \dots + \beta_k X_k$$

Where:

$p$  is the probability of desired outcome

$\beta_i, i = 0, 1, \dots, k$  are the coefficients to be estimated

$X_1, X_2, \dots, X_k$  are  $k$  explanatory variables

# Why model the log odds of disease?

- 1 log odds can take any value, positive or negative whereas risks are constrained.
- 2 It is easier for statistical models to model a quantity that is unconstrained than one which is constrained.
- 3 This avoids the possibility of predicting impossible values from the model.

Modelling log odds is referred to as **logistic regression**, and the models are referred to as **logistic models**.

# A logistic model with a single binary exposure variable

## Estimating the odds, log odds and the odds ratio “by hand”

$$OR = (\text{odds in exposed group}) / (\text{odds in baseline})$$

$$\text{Therefore: odds in exposed} = (\text{odds in baseline}) \times OR$$

$$\log(\text{odds in exposed}) = \log(\text{odds in baseline}) + \log OR$$

Microfilariae Infection	Savannah	Forest	Total
Negative	267	213	480
Positive	281	541	822
Total	548	754	1302

# Using the Microfilariae by Area data

Substituting the areas in our example gives:

- $\text{odds in forest} = (\text{odds in savannah}) \times \text{OR (forest compared to savannah)}$
- $\log(\text{odds in forest}) = \log(\text{odds in savannah}) + \log \text{OR}(\text{forest vs savannah})$
- We can write the second of these two expressions as the logistic regression model:  $\log \text{odds} = \text{Baseline} + \text{Area}$

where  $\text{Baseline} = \log(\text{odds in savannah})$ ,  $\text{Area} = \log \text{OR}$  for individuals in the forest and 0 individuals in the savannah.



## EXERCISE 1

Data

Microfilariae Infection	Savannah	Forest	Total
Negative	267	213	480
Positive	281	541	822
Total	548	754	1302

Calculate the prevalence, odds and log odds of Microfilariae infection in the forest and savannah areas, and fill the table below.

Measure	Savannah	Forest	Total
Risk/Prevalence	—	—	63.1
Odds	—	—	1.712
Log odds	—	—	0.538

## Exercise 1 solution

Measure	Savannah	Forest	Total
Risk/Prevalence (%)	51.3	71.8	63.1
Odds	1.052	2.540	1.712
Log odds	0.052	0.932	0.538

The Odds ratio = 2.41 Whilst the log odds ratio = 0.881

# R Code and Output for Logistic Model

```
onch <- read.csv("onchall.csv") # Read in CSV data
m1 <- glm(mf~area, data=onch, family=binomial) # Run model
summary(m1) # Show model
```

```
##
## Call:
## glm(formula = mf ~ area, family = binomial, data = onch)
##
## Deviance Residuals:
##      Min       1Q   Median       3Q      Max
## -1.5900  -1.1992   0.8148   0.8148   1.1558
##
## Coefficients:
##              Estimate Std. Error z value Pr(>|z|)
## (Intercept)  0.05111    0.08546   0.598   0.55
## area         0.88102    0.11767   7.487 7.05e-14 ***
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## (Dispersion parameter for binomial family taken to be 1)
##
##      Null deviance: 1714.1  on 1301  degrees of freedom
## Residual deviance: 1657.0  on 1300  degrees of freedom
## AIC: 1661
##
## Number of Fisher Scoring iterations: 4
```

# Getting the ORs and Confidence intervals using R

```
exp(coef(m1))      # transform the coeffs into ORs #
```

```
## (Intercept)      area  
##      1.052434      2.413363
```

```
exp(confint(m1))    # and show their CIs
```

```
## Waiting for profiling to be done...
```

```
##              2.5 %    97.5 %  
## (Intercept) 0.8901384 1.244620  
## area        1.9176644 3.042055
```

# Hypothesis test: binary exposure

- 1 Wald Test
- 2 Likelihood Ratio Test

Let's start with the Wald test...

## Wald test (1)

- The null hypothesis for this test is that the true parameter ( $\log OR$ ) value is 0.
- The test statistic ( $z$ ) is obtained by dividing the parameter estimate by its SE and comparing it with a Standard Normal distribution.
- The Wald test for area assesses the  $H_0$  that the true  $\log OR=0$  (i.e. that the true OR is 1) versus the alternative that the true  $\log OR$  is not 0.

## Wald test (2)

```
summary(m1)
```

```
##
## Call:
## glm(formula = mf ~ area, family = binomial, data = onch)
##
## Deviance Residuals:
##      Min       1Q   Median       3Q      Max
## -1.5900  -1.1992   0.8148   0.8148   1.1558
##
## Coefficients:
##              Estimate Std. Error z value Pr(>|z|)
## (Intercept)  0.05111    0.08546   0.598    0.55
## area         0.88102    0.11767   7.487 7.05e-14 ***
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## (Dispersion parameter for binomial family taken to be 1)
##
##      Null deviance: 1714.1  on 1301  degrees of freedom
## Residual deviance: 1657.0  on 1300  degrees of freedom
## AIC: 1661
##
## Number of Fisher Scoring iterations: 4
```

## Wald test (3)

- 1 The Wald test for the association between microfilarial infection and area is given by:  $z = \log(\text{OR})/\text{SE}(\log\text{OR}) = 0.881/0.118 = 7.487$
- 2 The corresponding p-value is small ( $p \ll 0.001$ ), indicating strong evidence against the null hypothesis of no association between microfilarial infection and area.



# Practical 1

Use the dataset ond15p.csv

- We wish to investigate the association between microfilarial infection and optic nerve disease Variables of interest include
  - 1 ond (optic nerve disease)
  - 2 mfpos (microfilarial positive/negative)
  - 3 sex (male/female)
- Tabulate ond and mfpos - calculate the chi test
- Compute the odds ratio of optic nerve disease in microfilarial positive patients
- Comment on the wald test and the 95% CI
- Compute the odds ratio of optic nerve disease in females
- Comment on the odds ratio, wald test and the 95% CI

# Logistic regression: multinomial exposure

Consider

	<i>Ages</i> <sup>1</sup>				
Microfil. Inf.	5-9	10-19	20-39	40+	Total
Negative	156	119	125	80	480
Positive	46	99	299	378	822
Total	202	218	424	458	1302

Age Group Variable values coded as 0,1,2,3 respectively

<sup>1</sup>in years

## Exercise 2

Calculate the missing values in the table below

Measure	5-9	10-19	20-39	$\geq 40$
Odds	0.29	0.83	2.392	–
Odds ratio	–	–	–	16.03
Log odds	–	–	0.872	–
Log OR	0	1.037	–	–

NB We have used the first age group (ie 5-9 years) as the Reference group  
→  $OR=1$

## Solutions to Exercise 2

Microfil. Inf.	5-9	10-19	20-39	40+	Total
Negative	156	119	125	80	480
Positive	46	99	299	378	822

Measure	5-9	10-19	20-39	$\geq 40$
Odds	0.29	0.83	2.392	4.725
Odds ratio	1.00	2.82	8.11	16.03
Log odds	-1.221	-0.184	0.872	1.553
Log OR	0	1.037	2.093	2.774

Note that you can calculate the log odds ratio for age group 10-19 compared to age group 5-9 either as:  $1.037 = \log(2.82) = (\text{the log OR})$ , or  $1.037 = (-0.184) - (-1.221)$  (the difference in the log odds).

# Logistic regression: multinomial exposure, R example

The association between age group and mf infection using the logistic model:

$$\log \text{ odds} = \text{Baseline} + \text{Agegrp}$$

- Baseline is the log odds in the lowest age group (age group 5-9)
- Agegrp is the logOR for each level of age group relative to age group 5-9 (three non-zero logORs)

NB We use the function **as.factor** as we are not using the values of the age groups ie 0-3 as these are categorical indicators called *factors* in R

# Prediction of being infected with MF according to age

```
onch <- read.csv("onchall.csv") # Read in CSV data
m2 <- glm(mf ~ as.factor(agegrp), data=onch, family=binomial) # Fit the model
```

```
summary(m2)
##
## Call:
## glm(formula = mf ~ as.factor(agegrp), family = binomial, data = onch)
##
## Deviance Residuals:
##      Min       1Q   Median       3Q      Max
## -1.8681  -0.7189   0.6196   0.8358   1.7203
##
## Coefficients:
##              Estimate Std. Error z value Pr(>|z|)
## (Intercept)    -1.2212     0.1678  -7.279 3.37e-13 ***
## as.factor(agegrp)1    1.0372     0.2160   4.802 1.57e-06 ***
## as.factor(agegrp)2    2.0933     0.1987  10.534 < 2e-16 ***
## as.factor(agegrp)3    2.7741     0.2081  13.332 < 2e-16 ***
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## (Dispersion parameter for binomial family taken to be 1)
##
```

# Predictions as ORs with Confidence intervals

```
exp(coef(m2))      # transform the coeffs into ORs #
##      (Intercept) as.factor(agegrp)1 as.factor(agegrp)2
##      0.2948718      2.8213372      8.1120000
## as.factor(agegrp)3
##      16.0239130
exp(confint(m2))   # and show their CIs
## Waiting for profiling to be done...
##      2.5 %      97.5 %
## (Intercept)      0.2099851  0.4059964
## as.factor(agegrp)1  1.8566452  4.3348741
## as.factor(agegrp)2  5.5353487 12.0770820
## as.factor(agegrp)3 10.7442422 24.3134387
```

## Note separate Wald tests

```
summary(m2)
##
## Call:
## glm(formula = mf ~ as.factor(agegrp), family = binomial, data = onch)
##
## Deviance Residuals:
##      Min       1Q   Median       3Q      Max
## -1.8681  -0.7189   0.6196   0.8358   1.7203
##
## Coefficients:
##              Estimate Std. Error z value Pr(>|z|)
## (Intercept)    -1.2212     0.1678  -7.279 3.37e-13 ***
## as.factor(agegrp)1    1.0372     0.2160   4.802 1.57e-06 ***
## as.factor(agegrp)2    2.0933     0.1987  10.534 < 2e-16 ***
## as.factor(agegrp)3    2.7741     0.2081  13.332 < 2e-16 ***
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## (Dispersion parameter for binomial family taken to be 1)
##
##      Null deviance: 1714.1  on 1301  degrees of freedom
## Residual deviance: 1455.7  on 1298  degrees of freedom
## AIC: 1463.7
```



# Testing for association (2)

- ① Wald Test
- ② **Likelihood Ratio Test**

# The Likelihood ratio test (1)

- ①  $H_0$  - the model without the term for age group is adequate, and we do not need the extra term for age group in our model.
  - odds of microfi-larial infection are the same in all the age groups ie  $OR_i=1$  (the  $\log OR=0$ ).
- ② The Likelihood Ratio Test (LRT) is based on the Likelihood Ratio Statistic (LRS):  $LRS=2(L_1-L_0)$ ; where
  - $L_1$  is the maximised log likelihood under the alternative hypothesis, ie different odds of disease in each group
  - $L_0$  is the log likelihood under the null hypothesis ie one with no age effect included

# Performing a likelihood ratio test

- 1 **Obtain the value of  $L_1$**  by fitting a model with the term for age group (i.e fit a model with mf and agegroup)
- 2 **Obtain the value of  $L_0$**  This requires us to fit a model without the term for age group (i.e. Fit a model with mf alone)
- 3 **Compare  $L_1$  and  $L_0$**

# LR test in R

```
# Fit the model with age groups
m1 <- glm(mf ~ as.factor(agegrp), data=onch, family=binomial)
```

```
# Fit the empty model
m0<- glm(mf ~ 1, data=onch, family=binomial)
anova(m0,m1,test="LRT") # Compare the two LLs using anova
```

```
## Analysis of Deviance Table
##
## Model 1: mf ~ 1
## Model 2: mf ~ as.factor(agegrp)
##   Resid. Df Resid. Dev Df Deviance   Pr(>Chi)
## 1         1301      1714.1
## 2         1298      1455.7   3     258.4 < 2.2e-16 ***
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
```

## Practical 2

- ① Use the dataset `ond15p.csv`
  - Explore the association between microfilarial infection and optic nerve disease by modelling `Ond` (optic nerve disease) with `Mfpos` (microfilarial positive/negative)
    - add `sex` (male/female) to `mfpos`; and then `agegrp` to `mfpos` (separately)
- ② Tabulate `ond` and `agegrp`- calculate the chi test
- ③ Compute the odds ratio of optic nerve disease in the various age groups
- ④ Comment on the Wald test and the 95% CI
- ⑤ Test whether adding `agegroup` into the model with *`mfpos`* and `sex` already in it improves model fit and comment on your findings

# Interaction (or Effect modification)

## Definition

“... there is an interaction between the effects of two exposures if the effect of one exposure varies according to the level of the other exposure.” p322  
Kirkwood and Sterne, Essential Medical Statistics 2nd Ed, 2003 Blackwell

## Example

“... the protective effect of breastfeeding against infectious diseases in early infancy is more pronounced among infants living in poor environmental conditions than among those living in areas with adequate water supply and sanitation facilities” Kirkwood & Sterne *ibid*

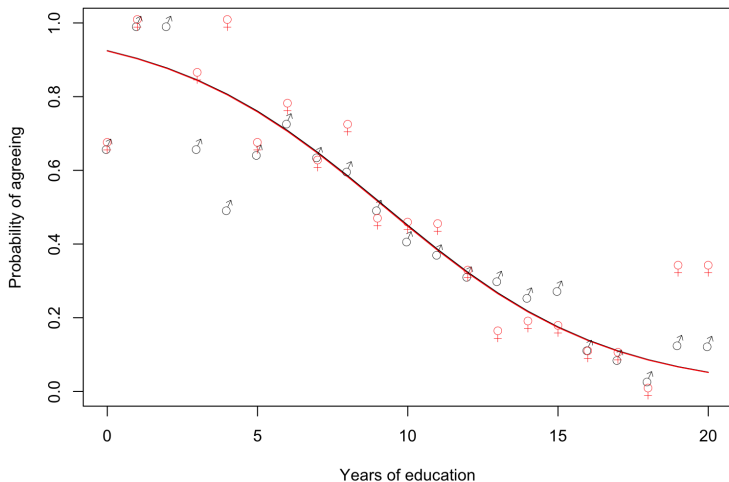
## Interaction example

Data from a survey from 1974 / 1975 asking both female and male responders about their opinion on the statement: Women should take care of running their homes and leave running the country up to men.

```
data("womensrole", package = "HSAUR2")
fm1 <- cbind(agree, disagree) ~ gender + education
wrole1 <- glm(fm1, data = womensrole, family = binomial())
coef(wrole1)
```

```
## (Intercept) genderFemale    education
## 2.50937187 -0.01144685 -0.27062085
```

# Main Effects Model



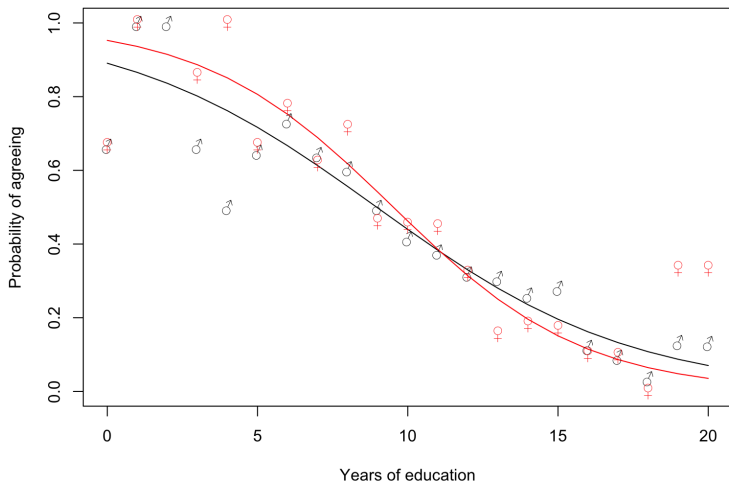


# Fitting and testing a model with an interaction

```
# Fit the model with gender and education interacting
wrole2 <- glm(cbind(agree, disagree) ~ gender * education,
              data = womensrole, family = binomial())
# Test this model against the main effect model
anova(wrole2, wrole1, test="Chisq") ## NB Chisq <==> LRT
```

```
## Analysis of Deviance Table
##
## Model 1: cbind(agree, disagree) ~ gender * education
## Model 2: cbind(agree, disagree) ~ gender + education
##   Resid. Df Resid. Dev Df Deviance Pr(>Chi)
## 1          37       57.103
## 2          38       64.007 -1   -6.9039 0.008601 **
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
```

## With interaction (effect modification accounted for)



# Summary

- ① Obtain log odds of outcome
- ② Obtain OR and 95% CI
- ③ Wald Test (null hypothesis:  $OR=1$ )
  - Assess null hypothesis for each level/group
- ④ Likelihood Ratio Test (null hypothesis:  $OR=1$ )
  - Assess null hypothesis for addition of an extra term/variable
- ⑤ Application of LRT to check for effect modification in logistic regression

# Practical 3

- ① Use the dataset onchall.csv
  - Fit a model predicting microfilarae infection (mf) with both area and agegrp as main effects
  - Fit a model of mf with the interaction between the two explanatory variables area and agegrp
  - Compute a likelihood ratio test of the more complex model compared to the simpler model
- ② Which model should we use? The simpler one without the interaction or the more complicated with the interaction?