

# **DEDICATION.**

I dedicate this book to my  
parents, siblings and my  
Family, Kahinda , whose love  
is my foundation.

To the Know Your Neighbor  
Initiative, for reminding us  
that true progress is walked  
together.

And to all friends whose faith  
and companionship show  
that we go farther when we  
journey as one.

## **Foreword.**

When the author of this book presented her speech titled “Restless Until We Belong” at the end of the coaching session, I urged her to publish it as a book — and voilà, here it is.

In this age, when there is a lot of restlessness among human beings, we all seek to belong — to belong to a group, to a family, to an association, and eventually to our Creator, God. The author is profoundly inspired by Augustinian spirituality, notably the community life that fosters a sense of

belonging through living together in unity.

In a time when distances between peoples seem both smaller and greater than ever, the invitation to know your neighbour becomes not only a social project but also a spiritual calling. This book, *Know Your Neighbour Initiative:*

*Inspirations from Saint Augustine*, emerges from that very calling — a desire to foster understanding, friendship, belonging, and peace among those who share the same space yet often live in isolation from one another.

Saint Augustine, whose life unfolded between North Africa and the wider world, remains a timeless guide for all who seek wisdom in diversity. His restless search for truth, his deep love for community, and his conviction that we are made for one another speak powerfully to today's international students. In Augustine's vision, the human heart finds peace not in withdrawal but in communion — with God, with self, and with others.

This initiative draws from Augustine's spirit of hospitality and intellectual openness, inviting

students from different nations, languages, and faith traditions to encounter one another as brothers and sisters. It is a response to his famous exhortation: “Love, and do what you will.” Love here means respect, listening, compassion, and a shared pursuit of the good.

Algeria, the land that once nurtured Augustine’s thought, today becomes again a meeting ground for cultures and generations.

Through this project, his wisdom finds new life in the experiences of students who, like Augustine, have left home in search of knowledge and meaning. Their stories and

reflections remind us that true learning is not only about books and classrooms but also about the discovery of the neighbour who reveals the face of God.

May this book inspire its readers to seek belonging — to a community and, ultimately, to God.

Rev. Fr. Fred Wekesa, O.S.A  
Rector of Saint Augustine Basilica

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My deepest gratitude goes to  
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this dream alive.

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# **CHAPTER 1**

## **ST.AUGUSTINE**

### **A LIFE BEYOND FAST SUCCESS.**

Augustine was born in 354 AD in Thagaste (present-day Souk Ahras, Algeria), to a devout Christian mother, Monica, and a pagan father, Patricius. From the outset, his brilliance was unmistakable. He was eloquent, inquisitive, and deeply ambitious. Though his family was not wealthy, Monica held an unshakable belief in his potential.

Through the generosity of family friends and benefactors, Augustine was

granted the opportunity to pursue studies in Carthage, the great intellectual and cultural hub of North Africa (modern-day Tunisia). In contemporary terms, this was the equivalent of receiving a prestigious scholarship. For Augustine, it was not merely an academic opening; it was a gateway to rise beyond the confines of his provincial town and step into a broader, more sophisticated world.

Arriving in Carthage was both exhilarating and perilous for Augustine. The city opened doors to advanced learning, philosophy, and rhetoric; the refined art of persuasion. Yet it also lured him into newfound freedoms and temptations. Removed from his mother's vigilant care, Augustine plunged into pleasures, romances, and revelry. Outwardly, he was ascending in society, building a reputation; inwardly,

he remained restless. Reflecting on this season of his life, he later confessed: *“I came to Carthage, where a cauldron of shameful loves seethed around me.”* He was rising swiftly, but he walked in solitude.

His talent soon propelled him beyond Carthage to Rome, and later to Milan, where he was appointed professor of rhetoric. These were highly prestigious posts, comparable to securing elite scholarships that transported him abroad. Yet even at the pinnacle of his success, Augustine felt an aching void. He hungered for truth, but his restless quest left him disillusioned and unfulfilled.

It was in Milan that Augustine’s life began to take a decisive turn. There he encountered Ambrose, the eloquent and discerning bishop whose preaching

pierced his heart. Unlike the sterile philosophies he had once pursued, Ambrose's words radiated faith and compassion. Augustine also drew strength from the steadfast loyalty of his friends, such as Alypius, and from the tireless prayers of his mother, Monica, who had followed him with unwavering hope and tearful devotion. Their presence reminded him that life was never meant to be lived in isolation. Transformation, he realised, does not spring from speed alone, but from walking alongside others who guide, sustain, and inspire us.

At last, after years of inner turmoil, Augustine surrendered his heart to God. In 387 AD, he was baptised by Ambrose, an event that marked the dawn of a new life. Renouncing the pursuit of worldly fame, he embraced instead a path of

service, prayer, and community. Returning to North Africa, Augustine eventually became bishop of Hippo, where he rose as one of the greatest teachers and defenders of the Christian faith.

His writings, most notably the *Confessions* and *The City of God*, have endured for centuries, offering timeless insights into the human soul's search for truth and grace. Today, his legacy is still tangible. In Annaba, Algeria (ancient Hippo Regius), the majestic Basilica of Saint Augustine rises on a hill overlooking the Mediterranean. Built in a Romanesque-Byzantine style, with soaring domes, marble columns, and colorful stained-glass windows, it houses relics of the saint. It

continues to welcome pilgrims and visitors from around the world. The basilica stands as a living monument to the restless heart that finally found its rest in God.

Looking back, we encounter two Augustines: the ambitious youth who raced ahead in pursuit of success on his own, and the transformed man who journeyed further by walking with mentors, friends, his mother, and God. His life stands as a living witness to the proverb: *“If you want to go fast, go alone. If you want to go far, go*

# **The Journey of St. Augustine to True Growth.**

The life of St. Augustine is a tapestry woven with speed and stillness, pride and humility, sin and redemption. His restless search reveals a timeless truth: running fast alone may appear impressive, but going far requires walking together, with mentors, with community, and with God. His story offers enduring lessons for anyone who longs for genuine personal growth.

## **1. Acknowledging Weakness, the Humble Beginning of Growth.**

Augustine confessed his brokenness in Confessions: “I was in love with my own ruin.” Recognizing one’s flaws is the gateway to transformation. Alone, denial propels us swiftly toward destruction, but humility allows others to walk beside us, guiding us gently into healing.

## **2. Brilliance Without Compass Leads to Emptiness.**

Augustine dazzled with intellect, mastering philosophy and rhetoric. Yet brilliance without moral direction left him hollow. As Socrates observed, “The unexamined life is not worth living.” And Augustine himself admitted in Confessions that knowledge without wisdom left him “a barren desert of vanity.” Knowledge without wisdom



races in circles, but when wisdom joins knowledge, the soul journeys far.

### **3. The Gift of Restlessness.**

His heart, unsatisfied by pleasure or ideology, remained unquiet: “Our hearts are restless until they rest in You” (Confessions). Restlessness is not weakness but a summons to higher purpose. Alone, it exhausts us; with truth and companionship, it drives us toward fulfillment.

### **4. The Necessity of Guidance and Mentorship.**

Though he resisted his mother Monica’s counsel, he was ultimately guided by the wisdom of Ambrose. Growth flourishes under mentorship. Augustine himself, in Confessions, acknowledged that Ambrose’s teaching opened the Scriptures

to him for the first time. Walking together widens horizons; walking alone narrows them.

## **5. The Courage to Change Direction.**

Augustine renounced the false promises of Manichaeism and embraced a new path. In *Confessions*, Augustine admitted that abandoning old beliefs was like tearing out “the chain that bound me by my own iron will.” True growth requires courage to turn away from illusions. Alone, Pride resists correction; together, encouragement empowers renewal.

## **6. Persistence, Growth as a Journey and Not a Moment.**

Conversion was not a sudden miracle. Augustine wrestled, stumbled, and rose again. In *Confessions*, he likened his struggle to “wounded pride, writhing under

the weight of my chains.” Growth is a pilgrimage, not a sprint. Alone, fatigue overwhelms us; with companions, perseverance carries us onward.

## **7. Balancing Intellect and Humility.**

Pride nearly consumed him, yet humility redeemed him. Aristotle reminds us, Augustine wrote in Confessions: “My pride separated me from You, and my own face was my deepest wound.” Intellect without humility breeds arrogance; united with humility, it matures into wisdom.

## **8. Transforming Wounds into Wisdom.**

Rather than conceal his past, Augustine poured his struggles into Confessions, turning shame into illumination: “I will not be silent about what I once was, wretched

as I was.” Pain borne alone corrodes, but pain shared becomes redemptive. Together, suffering transforms into the teacher that leads us beyond ourselves.

## **9. Discipline, the Bridge Between Desire and Destiny.**

After conversion, Augustine embraced discipline, prayer, study and service. Desire without discipline burns out quickly; discipline sustains the journey. As he admitted in Confessions: “I was held back not by iron chains, but by the slender cords of habit.” Passion running alone is swift but short-lived; with discipline, it endures and reaches its destination.

## **10. True Growth Culminates in Peace.**

Augustine's restless spirit finally found serenity in God and community. In Confessions, he exclaimed: "You made us for Yourself, O Lord, and our hearts find no peace until they rest in You." Growth is not merely about achievement but about inner harmony. Alone, one may win applause; together, one discovers peace.

## **11. The Power of Companionship in Faith.**

Augustine did not walk alone. Monica prayed, Ambrose guided, and friends supported him. Growth is nourished by fellowship. Augustine, too, acknowledged in his Confessions that without Monica's prayers and Ambrose's counsel, his conversion would have been delayed even

longer. Alone, we may survive; together, we flourish.

## **12. The Dangers of Speed Without Depth.**

In youth, Augustine rushed into ambition, pleasure, and fame. In Confessions, he admitted: “I rushed headlong into lust, and followed every wind that blew.” Yet speed without direction led to despair. The old proverb proves true: he went fast when alone, but he went far when guided by depth, wisdom, and community.

## **13. The Transformative Power of Reflection.**

Through Confessions, Augustine transformed memory into meaning: “Let me know myself, let me know You.” Reflection shields us from repeating past mistakes. To run blindly is to Stumble; to

pause and reflect with others is to walk far with clarity.

## **14. The Interplay of Freedom and Responsibility.**

Although he loved freedom, Augustine discovered that unrestrained liberty can also enslave. Augustine admitted in Confessions: “My freedom was self-willed slavery.” Alone, freedom decays into recklessness; together, it matures into ordered progress.

## **15. Legacy, Going Far Beyond a Lifetime.**

Augustine’s influence outlived him, echoing through centuries in his writings and teachings. In Confessions, he prayed: “Late have I loved You, O Beauty ever ancient, ever new.” That love became his lasting legacy. The ultimate lesson is clear:

when wisdom, discipline, and companionship guide us, we travel not only far within our own lives but also beyond our lifetime. Speed alone vanishes; going far together leaves a legacy.

## **CONCLUSION.**

St. Augustine's life reminds us that true growth is not a solitary sprint, but a shared pilgrimage. He rushed into vanity and sin when alone, yet he journeyed into wisdom, humility, and peace when accompanied by companions and by God. His story embodies the wisdom of the proverb: "If you want to go fast, go alone. If you want to go far, go together."



## **CHAPTER 2**

# **BEYOND BORDERS**

# **INTERNATIONAL STUDENTS**

# **AND THE VALUE OF UNITY.**

To be an international student is to live between worlds. It means carrying the culture of one's homeland while adapting to the rhythms of a foreign land, balancing hope with uncertainty, and learning to walk the delicate line between belonging and isolation. International students are not merely learners of academic subjects but also apprentices of life, discovering resilience, patience, and courage far from home.

Just as **St. Augustine**, in *Confessions*, recalls receiving support to pursue his

studies in Carthage, Tunisia, so too are many international students today granted scholarships that carry them beyond the borders of their birthplaces. They leave behind families, friends, and cherished traditions, stepping into an unfamiliar future filled with both promise and challenge.

At first glance, one might believe that success rests solely on personal effort, moving swiftly through studies, adapting rapidly to new cultures, and chasing ambitions with determination. Yet, as Augustine's own journey reveals, brilliance alone cannot sustain someone for long. To go far requires the strength of community, the wisdom of mentors, and the companionship of trusted friends.

In the same way, international students thrive when they cultivate networks of support from fellow scholars to

hospitable host communities. Their success is measured not only by academic triumphs but also by the depth of relationships that sustain them. This truth echoes the enduring wisdom of the African proverb: *“If you want to go fast, go alone. If you want to go far, go together.”*

## **THE POWER OF BELONGING.**

In August 2024, a young Ugandan student applied for a government scholarship. Like many of his peers, he dreamed of new horizons of pursuing knowledge abroad and of building a future that would honour both his family and his country. When the scholarship was granted, his joy was profound, and he began preparing for the journey ahead. His destination was Algeria, a land he had never known, but one that

now carried the promise of education, opportunity and growth. By the end of November 2024, he had set foot in the Wilaya of Jijel, ready to begin his studies at Jijel University.

Yet this story did not begin in Algeria. Even in his high school days in Uganda, he was known for his solitary ways. While others socialized freely, he preferred to work alone. He studied in silence, avoided unnecessary interactions, and kept his circle small. To some, his behaviour looked like discipline; to others, it seemed like pride. But to him, it was survival. He had long believed that walking alone was faster and that independence was the true key to success. This mindset crossed borders with him. Algeria did not change his habits; instead, it became the stage where his solitude would reveal its cost.

For months after his arrival, he lived as he always had. He attended lectures and fulfilled academic requirements, but never truly entered the circle of student life. He isolated himself, keeping his distance from peers and ignoring the vibrant community that surrounded him. His room became his fortress, and silence his closest companion. What he thought was strength was, in truth, eroding his spirit. As St. Augustine once wrote in *Confessions*, “*There is no greater misfortune than to be without friends.*” That truth was already etched into his life, though he did not yet recognize it.

By June 2025, the burden of loneliness had grown unbearable. One evening, without warning, he left his room wide open, abandoned his belongings, including his phone and disappeared. The silence of his absence sent ripples through the student community. When he did not return by

nightfall, concern spread. By the next day, alarm gripped the campus. Three days would pass before he was found, but in those three days an extraordinary lesson unfolded: the power of belonging.

On the very first day, the search began. Calls were made to the local police, and official reports were filed. His fellow Ugandans contacted the embassy and the Education Attaché, ensuring that his disappearance was treated with urgency. Yet the effort did not end there. Students in Jijel reached out to international student communities in universities across Algeria. Messages spread, photographs circulated, and networks came alive. What had once been a private struggle became a shared responsibility.

The police in Jijel mobilized patrols, combing streets, questioning townspeople and checking common gathering places.

Meanwhile, students organized themselves into search groups, walking through neighbourhoods, bus stations, and markets, leaving no lead unexplored. Their determination echoed Augustine's wisdom: *"Two are better than one, for if they fall, one will lift up the other."* The student had fallen, but now a whole community was striving to lift him up.

The second day brought no breakthrough, yet it did not weaken their resolve. The embassy urged persistence, the Education Attaché coordinated efforts with authorities, and the international student community refused to give up. Fear lingered, but unity overcame it. They understood that beyond borders and differences, they were bound by something greater; the responsibility of belonging to one another.

On the third day, the breakthrough finally came. The missing student was discovered in the town of Jijel, sitting alone, weary, and disoriented. Hunger had drained his strength, and despair had clouded his mind. He had withdrawn so deeply into himself that he was stranded in both body and spirit. Yet when he was found, there was no anger, no rebuke—only relief.

When news of his recovery spread, the students could not contain their joy. Their faces radiated with indescribable happiness. Some laughed through their tears, others embraced him tightly, unwilling to let go. A few broke down completely, weeping with relief and gratitude. Their joy was not only because he was alive, but also because their collective efforts, their sleepless nights, their prayers, and their unity had not been in vain.



He was given food, rest, and medical care, and gradually his strength returned. Before the Education Attaché and the boy departed for Uganda, a warm dinner was organized at Jijel. The Education Attaché dined with the Ugandan students there, together with other students who had travelled from Bejaïa to support the search. The gathering turned into a memorable celebration of solidarity, resilience and the enduring bonds of community.

His disappearance was tragic, but his rescue was a testimony. He had believed that solitude was the way forward, that independence was the path to success. Yet his collapse revealed the opposite: isolation had weakened him, while community had saved him. Augustine himself knew this truth well, writing, *“We are bound to one another by the bond of love, and without love no one truly lives.”*

The student's life was preserved not by his own efforts, but by the love and unity of others.

The lesson is clear. While solitude promises speed, it rarely grants endurance. Belonging, on the other hand, sustains, restores and carries us further than we could ever go alone. The African proverb rings true: *"If you want to go fast, go alone. If you want to go far, go together."* The young Ugandan's story in Algeria is a living parable that the power of belonging transcends borders, languages and nations, and it is this belonging that makes survival, growth and flourishing possible.

## **FROM CRISIS TO VISION.**

The disappearance of a young Ugandan student in June 2025 shook the international student community in Algeria to its very core. For three long days, fear and uncertainty weighed heavily upon them, until his eventual rescue brought immense relief and deep reflection. Yet the story did not end with his safe return to Uganda, it became a mirror that forced everyone to confront the fragility of isolation and the necessity of unity.

In that very moment, Mr. John Bosco Tumusiime chose to act. He refused to allow the memory of June to fade into silence. Instead, he embraced it as a sign: students abroad need more than lectures and certificates; they need a

genuine sense of belonging. What had once been a quiet dream conceived months before was now brought boldly into the open. Thus, in June 2025, Mr. John Bosco unveiled the Know Your Neighbour Initiative to the public.

His decision was not an escape from the past but rather a transformation of pain into purpose. As Friedrich Nietzsche once wrote, “He who has a why to live can bear almost any how.” Mr. Bosco discovered his why: to ensure that no student would ever again feel abandoned in loneliness.

Compelled by love for others and inspired by the desire to strengthen bonds of friendship between Uganda and Algeria, Bosco allowed crisis to give birth to vision. The incident did not

remain a scar but became a seed, one that blossomed into the Know Your Neighbour Initiative, a living reminder that solidarity can turn fear into hope, and strangers into family.

## **The Genesis of Know Your Neighbour Initiative.**

On 16th November 2024, during Marhaba Day in Algeria, Mr. John Bosco Tumusiime noticed with quiet concern that his beloved country, Uganda, had no voice on the official programme. Guided by humility and courage, he approached the organisers—among them Mr. Mohamed Benmounemene Salim, a distinguished professor and journalist—and respectfully requested a chance to speak. His request was warmly received, and when he finally

stood before the gathering, he spoke with grace and conviction.

His words painted a vivid picture of Uganda, the Pearl of Africa—a land blessed with majestic beauty, vibrant culture, and a people bound by warmth and unity. The audience listened intently, captivated by his passion and sincerity. Through televised coverage, his message reached far beyond the hall, touching hearts across Algeria and other parts of Africa. In that moment, the seed of what would become the Know Your Neighbour Initiative was quietly planted in fertile ground.

At first, Mr. John Bosco carried this vision in solitude. The dream was radiant in his heart, yet the road was lonely and heavy. But within that solitude, a truth echoed—a timeless proverb that would become the

foundation of his journey: “If you want to go fast, go alone. If you want to go far, go together.”

As President of the Peace Campus Ambassadors at the University of Khemis Miliana, he was determined to transform ideals into impact. Working closely with the organisation, which has offices in Algeria, he began translating compassion into meaningful action. The Peace Campus Ambassadors occasionally extended financial support, and Mr. John Bosco, together with his colleagues, Mr. Rogers Kawenja, Mukisa Emmanuel, and Mr. Zziwa Charles, added their own contributions. With hearts full of generosity, they reached out to those in need within Aïn Defla, offering essentials, comfort, and above all, human connection.

It was not merely the act of giving that defined their work, but the spirit behind it—the empathy, solidarity, and dignity they offered to each person they encountered. These moments breathed life into the emerging Know Your Neighbour Initiative, transforming it from an idea into a living movement grounded in compassion. From that day onward, Mr. John Bosco was no longer walking alone; he had found companions who shared both his vision and his heart.

Word of their efforts soon spread across Algeria. Ugandan students from Blida, Boumerdès, Constantine, Bejaïa, Tlemcen, Skikda, Batna, Algiers, Oran, Médéa Djelfa, Laghouat, and Annaba joined hands with their Algerian counterparts at Khemis Miliana. Together they formed a network of friendship that transcended language,



nationality, and culture. They became a living proof that unity is not built by proximity, but by purpose; that neighbours are not defined by borders, but by shared humanity.

Through their collaboration, Uganda's name shone brightly abroad. Their actions reflected the soul of Ugandans—welcoming, resilient, cooperative, and ever ready to lift others. They became ambassadors of friendship, inviting Algerians and other international students to discover not just Uganda's scenic landscapes, but the spirit of its people.

In June 2025, their unity faced a severe test. The sudden disappearance of a Ugandan student cast a shadow of fear over the international community. For three days, anxiety gripped every heart. Yet, from that darkness emerged an

extraordinary light—the light of solidarity. Students, embassy officials, and Algerian authorities worked tirelessly together until the student was found safe. That moment of relief was not merely a rescue; it was a revelation. It reminded everyone that in times of uncertainty, survival is never the triumph of one, but the victory of many standing side by side.

Following this event, Mr. John Bosco Tumusiime decided to make the Know Your Neighbour Initiative publicly known. He realized that the same unity which had saved a life could also nurture a stronger and more connected community. By officially presenting the initiative to the public, he opened the door for other international students to join hands in a shared spirit of solidarity and friendship. His decision marked a turning point—transforming what had

begun as a quiet effort of goodwill into a growing movement of cooperation and mutual support. From that moment, students from various countries were inspired to take part, united by the vision of standing together as one community.

In the months that followed, the initiative grew in strength and clarity. On 30th September, 2025, Ugandan students in Algiers met with Ambassador Dr. Julius Joshua Kivuna, the Deputy Head of Mission, in the presence of Mr. Mohamed Benmounemene Salim. The meeting celebrated not only the birth of an idea but the perseverance of a dream. Both leaders commended the students for their commitment to peace, cooperation, and cultural understanding, and encouraged them

to continue serving as a bridge between Uganda and Algeria.

Today, the Know Your Neighbour Initiative patiently awaits formal recognition from the Algerian government. Yet, its spirit already thrives—in every act of kindness, in every partnership formed, and in every friendship nurtured across campuses. Its essence cannot be contained by paperwork or titles, for it lives in the hearts of those who believe that unity is the highest form of strength.

From one man's courage arose a community. From one simple act of compassion blossomed a movement. And in every step of this journey, the words that guided Mr. John Bosco continue to ring true:

“If you want to go fast, go alone. If you want to go far, go together.”

## **The Goals of the Initiative.**

To understand the heartbeat of this association, it is important to look at its core objective, the guiding lights that define it's mission and inspire its actions. The Know Your Neighbour Initiative is the Ugandan students in Algeria working hand in hand with Algerian and international peers through the following five core objectives.

1. Promote Uganda's Tourism and Culture.
2. Strengthen Youth Engagement through Sports and Recreation.
3. Build Meaningful Friendships through Dialogue and Knowledge Sharing.

4. Carry Out Acts of Compassion and Solidarity.
5. Promote Trade and Investment.

Beyond being written statements, these objectives represent real action, lived experience and a shared commitment among all participants. The following explanations highlight their true essence

### **1. Promoting Uganda's Tourism and Culture:**

The initiative seeks to showcase the beauty and diversity of Uganda through cultural nights, exhibitions, and festivals. These events allow Ugandan students in Algeria share its heritage—through landscapes, cuisine, music, and dance—becoming ambassadors of their country while inspiring curiosity and

friendship among Algerian communities.

In the spirit of St. Augustine's Confessions, we are reminded that "the world is a book, and those who do not travel read only one page." Through cultural exchange and exploration, both nations continue to write new pages of mutual understanding and appreciation.

## **2. Strengthening Youth Engagement through Sports and Recreation:**

Sports have proven to be a powerful instrument of unity. Friendly football matches have already been held between Ugandan and Algerian students, creating moments that transcend competition to symbolise

cooperation, respect, and shared joy.

Through the support of the Peace Campus Ambassadors, the initiative has so far been able to organise two friendly football tournaments between international students and Algerian students. The international participants came from Nigeria, Niger, Palestine, Mali, Mauritania, and Uganda. Though friendly, the matches were filled with passion and harmony. Trophies and medals were awarded to the best players, celebrating teamwork, discipline, and cross-cultural friendship.

As St. Augustine reminds us, “We learn better in friendship than in fear.” On the field, these friendships are strengthened, and every match becomes a bridge between nations.



### **3. Building Meaningful Friendships through Dialogue and Knowledge Sharing:**

Dialogue lies at the very heart of the Know Your Neighbour Initiative. Through shared meals, conversations, and storytelling, students learn to understand and respect one another. The football tournaments also became rich spaces for dialogue, where participants from Uganda, Algeria, Nigeria, Niger, Palestine, Mali, and Mauritania interacted, shared knowledge, and exchanged ideas.

Such interactions go beyond words—they create trust, inspire empathy, and nurture wisdom. As St. Augustine's Confessions teach us, "When we speak and listen with love, we build the city of

God even among men.” Dialogue and knowledge sharing have therefore turned strangers into friends, and friends into family.

#### **4. Carrying Out Acts of Compassion and Solidarity:**

The initiative is deeply rooted in compassion and mutual care. It strives to ensure that no student walks alone in times of need—whether in moments of illness, financial struggle, or emotional hardship. Members have consistently supported one another with generosity, kindness, and presence.

St. Augustine beautifully wrote, “Love has hands to help others, feet to hasten to the poor and needy, and eyes to see misery and want.” Compassion, when

lived out in action, strengthens the bonds of community and reveals that kindness is the purest form of humanity.

## **5. Promoting Trade and Investment:**

The initiative also aims to strengthen economic ties and entrepreneurship between Uganda and Algeria. Through exhibitions, discussions, and collaborations, it envisions opportunities where Ugandan coffee, crafts, and innovations meet Algerian enterprise and curiosity.

In the words of St. Augustine, “Good works are stronger when done together.” Trade and investment, when guided by integrity and cooperation,

become more than transactions—they become partnerships of shared prosperity and lasting friendship.

## **THE INITIATIVE IN MOTION**

The Know Your Neighbour Initiative remains in its early stages, yet the progress it has made reflects extraordinary cooperation and determination. It began with Mr. John Bosco Tumusiime, whose vision found its first and strongest support from Mr. Salim Bin, an Algerian professor and journalist, who offered him the opportunity to deliver his first speech on 16th November, 2024, during Marhaba Day. As a journalist, Mr. Salim Bin further supported the initiative by publishing Mr. Tumusiime's speeches,

allowing his message to reach audiences across Algeria and beyond.

From there, the movement continued to grow. The Peace Campus Ambassadors provided generous financial and moral support, turning ideas into visible action. Fellow students, international participants, Algerian friends, and even the Embassy later joined in, each contributing in their own way to strengthen and expand the vision.

Today, stands as a living testimony that true progress is never born of isolation. One person took the first step, but it was the community that carried the vision forward—proving that unity, shared purpose, and faith can transform a single dream into a movement of lasting impact.

# **CHAPTER 3**

## **THE ORIGIN AND CODE OF BELONGING .**

For centuries, humanity longed to uncover the secret of life. Kings ruled vast empires, philosophers filled volumes, and scientists peered into the mysteries of nature, all seeking to answer one profound question: What makes us who we are? What holds the instructions of life itself? This quest was not only scientific but deeply human, to know the structure of life was to approach the essence of identity, purpose, and belonging.

Generations of thinkers rushed forward with bold theories. Some claimed that life was carried in the blood, others

insisted it was hidden in the heart, while others declared that it lay in invisible “essences” passed from parents to children. These seekers moved quickly, eager to be the first, to prove themselves right, to carve their names into the chronicles of history. Yet speed alone could not open the ancient door. Their ideas remained scattered, incomplete, fragile—like a single strand of thread trying to stand on its own against the winds of time.

Then came the twentieth century, an age torn between war and rebuilding, destruction and discovery. In laboratories across Europe and America, new voices began to rise. Among them were James Watson, Francis Crick, Rosalind Franklin, and

Maurice Wilkins. Each worked with unique tools, pursuing their own questions, guided by personal hopes. Alone, each one saw only part of the picture. Together—though not always knowingly, and not always in harmony—they carried the key that would unlock the architecture of life.

Rosalind Franklin, with her brilliance in X-ray crystallography, captured hauntingly precise images that revealed the shadow of a spiral hidden within life's molecules. Maurice Wilkins, quiet but meticulous, supported the careful gathering of data that gave stability to the search. James Watson and Francis Crick, restless and imaginative, pieced the fragments into a coherent whole. Individually, none could have solved the



puzzle. But when their efforts intertwined—through cooperation, rivalry, and chance—the shape of life revealed itself.

In 1953, the world was introduced to the double helix: the twisting ladder of DNA. Two strands wound around each other, bound in perfect symmetry, carrying the instructions for all living things. What appeared to be a scientific diagram was, in truth, a parable written into creation itself: a single strand is fragile and weak, but two strands, interlocked, endure.

DNA's form was more than biology—it was metaphor, philosophy, revelation. It showed us that the secret of life is not isolation but connection. And here lies

the deeper truth: DNA is not merely the code of life; it is the code of belonging.

## **Family: The First Helix**

The first place where belonging is encountered is within the family. Just as DNA carries the genetic code from parents to their children, weaving together traits from both mother and father, so too does the family transmit love, values, and traditions across generations. Within this sacred exchange, identity is formed and belonging takes root.

A child who knows they belong is not simply fed and clothed—they are grounded. Their spirit is nourished not only by food but by identity, by the

assurance that their life is anchored in a web of memory, care, and story.

Belonging in the family is the soil from which courage and confidence grow. It is the warmth of a mother's embrace, the steady guidance of a father's hand, and the quiet strength of siblings who share not only blood but the story of home.

Family is the first helix of belonging, where just as DNA transfers genetic traits from parent to child, love transfers values and identity from one generation to another, weaving connection and security into the very foundation of who we are.

## **Friendship: A Voluntary Bond**

If family is the first strand, then friendship is the second thread in life's helix. Unlike family, friendship is not bound by blood but chosen by freedom. True friends are like complementary bases in DNA—they lock together, balancing strengths and weaknesses. One may be strong where the other is fragile, hopeful where the other is weary, brave where the other is uncertain.

Aristotle once declared, “Friendship is a single soul dwelling in two bodies.” To belong in friendship is to know that someone walks beside you not because they are obliged to, but because they freely choose to. This voluntary bond, though delicate, is profound. Alone, life

feels sharp and cold; together, it becomes warmer, lighter, and more meaningful.

Friendship teaches us that belonging does not always come from necessity; sometimes it is born from freedom—from the voluntary act of saying: I see you, I accept you, I walk with you.

## **Community: The Helix of Many.**

From family and friendship grows the larger helix of community. Villages, neighborhoods, schools, and nations thrive not by the brilliance of one but by the cooperation of many. A community without belonging fractures into division, suspicion, and despair. But a community bound by shared values

grows resilient, able to endure hardship and rejoice in victory.

Here, the double helix is woven of solidarity and service. Each person, like each base in DNA, finds their complement, their function, their purpose. John Donne wisely wrote, “No man is an island, entire of itself; every man is a piece of the continent, a part of the main.”

To belong to a community is not simply to receive its benefits, but to shoulder responsibility for its well-being. We belong not only to be carried but to carry others. This belonging is the antidote to the modern temptation of hyper-individualism. For when we forget community, we forget the mirror that

reveals our place in the larger human story.

## **Faith: The Eternal Strand.**

Yet there is a belonging deeper still—one that binds us to something beyond ourselves: faith. Faith reminds us that we are strands in a larger tapestry, not solitary fragments adrift in chaos. Belief, prayer, and worship intertwine our lives with the eternal, reminding us that existence itself is not random noise but patterned meaning.

In communities of faith, belonging is not merely about being accepted; it is about being uplifted. Believers strengthen one another as DNA's two strands do—mutually reinforcing, enduring together through trial.

To belong in faith is to realize that life is not simply a succession of accidents but a song with harmony, rhythm, and purpose. Faith carries us into dimensions of belonging where the heart learns that to stand alone is to stand in weakness, but to stand together under the gaze of the divine is to find resilience and hope.

## **Creation: Cosmic Belonging**

Even nature whispers this code. Trees belong to forests, rivers to oceans, stars to galaxies. Nothing in creation exists in isolation. Remove one species, and an entire ecosystem trembles. The same double helix that binds cells together also binds creation into unity.



Belonging is not only human—it is cosmic. Our breath is tied to the trees, our food to the soil, our being to the earth. We do not stand above nature as rulers; we dwell within it as strands in its eternal double helix. Belonging in creation is both the law of survival and the song of beauty.

To wound the earth is to wound ourselves. To belong to creation is to remember that our story is woven into the story of rivers, skies, animals, and stars. The cosmos is a vast manuscript, and we are but letters within its script.

## **The Warning of Isolation.**

Yet the modern world whispers its dangerous song: Go fast. Win the prize. Stand above the rest. It praises speed, glory, and individual triumph. But what good is speed if the road ends in emptiness? What good is victory if it isolates us from the very people who give life meaning?

Belonging is not a weakness—it is our design. To reject it is to reject life itself. A single strand may move swiftly, but it frays, unravels, and breaks. Two strands, interwoven, endure the storm.

The African proverb resounds with timeless wisdom: “If you want to go fast, go alone. If you want to go far, go together.” The double helix of DNA

embodies this truth in molecule and metaphor. It is not speed that sustains life but union. Not isolation but cooperation. Not loneliness but belonging.

## **The Legacy of Belonging.**

The code of belonging teaches us that our lives are not accidents of biology but testimonies of connection. The stories of families, the resilience of communities, the endurance of cultures, the faith of generations—all these are double helices of human history. Alone, we falter. Together, we endure.

So let us not live as single strands, fragile and isolated. Let us embrace our

code of belonging. Let us choose bonds of love over loneliness, solidarity over selfishness, unity over division. Alone, we may move quickly, but our journey will be short. Together, we will go far, leaving behind a legacy woven into the fabric of generations.

The discovery of DNA is, in the end, the story of us all. It is a hymn of unity, written in the very language of life. And it calls to each of us with a timeless truth: to belong is not merely to live—it is to flourish.

## **THE JOURNEY OF BELONGING.**

From the dawn of time, humanity has searched not only for food, shelter, and survival, but for something far more profound: a place to belong. The great narratives of history are not merely about victories won, lands conquered, or discoveries unveiled. They are the stories of men and women who longed to find where they truly fit, and who they truly were.

Belonging is inscribed upon the human heart. A newborn infant cries not only for nourishment but for touch, warmth, and connection. A tribe gathers not only for protection but for identity, song, and story. A community flourishes not merely through its economy but through the invisible threads of trust, loyalty,

and shared hope. To belong is to be fully human. To be cut off is to wither.

## **Belonging Across Time.**

Every culture and every generation has wrestled with this longing. Ancient philosophers pondered what made a citizen belong to the city-state.

Religions proclaimed that humanity's ultimate home is not on earth but in God. Families across centuries handed down names, customs, and traditions, not simply to preserve memory but to give children a firm place on which to stand.

History shows us that belonging is both fragile and formidable. Some sought it in tribes that excluded strangers, others

in empires that swallowed entire nations. Some found it in the quiet bonds of friendship, others in movements that reshaped societies. Always, belonging has been the unseen force guiding human journeys.

## **Belonging in Struggle.**

The path to belonging is rarely easy. Often, it has been forged in the crucible of struggle. Enslaved peoples clung to belonging in their songs and whispered prayers. Refugees carried it in the memories of their homelands. Freedom fighters discovered it in solidarity with their companions. Even in the darkest prison cells, men and women

discovered belonging in murmured words of faith and encouragement.

Isolation weakens, but fellowship fortifies. History teaches us that those who walked alone often faltered, but those who walked together endured storms, crossed deserts, and even lifted nations from darkness into light.

## **The Slow Walk of Humanity.**

Human history can be seen as one long walk toward belonging. At times, this walk was steady and patient—tribes building traditions, families passing down names, faith communities erecting spaces of worship. At other times, it was marked by conflict, oppression, and exclusion—yet even



then, the longing for connection never died. Across centuries, humanity has discovered again and again that the journey is not about moving swiftly but about moving meaningfully, side by side, bound together by trust, faith, and hope.

## **The Universal Code of Belonging.**

Belonging is more than emotion; it is design. The family is sustained by it, friendship flourishes in it, faith communities endure through it, and creation itself depends upon it. Remove belonging, and bonds unravel—children feel rootless, societies fracture, and creation groans. Embrace belonging, and lives are healed, nations are

renewed, and humanity journeys farther than it ever could alone.

## **Our Restless Journey.**

Yet belonging is not a finished gift. It is a journey. We stumble often, seeking it in shallow places—wealth, power, ambition—only to find emptiness. We remain restless until we discover the deeper belonging: in love, in truth, in community, and ultimately in God. The chapters that follow in this book are signposts pointing to that pilgrimage: from the endurance of Nelson Mandela, to the courage of the Uganda Martyrs, to the wonder revealed in the discovery of DNA.

This is The Journey of Belonging: a path not walked in haste but in fellowship, not in isolation but in communion. It is a call to remember that greatness is never solitary, that endurance is born of unity, and that our deepest rest comes not when we arrive alone, but when we arrive together.

## **NELSON MANDELA: ENDURANCE THROUGH UNITY.**

In 1918, in the rural village of Mvezo, South Africa, a boy was born who would eventually become a global symbol of resilience and hope. His name was Nelson Rolihlahla Mandela. Like Augustine centuries earlier, Mandela entered a world marked by tension; his homeland was divided, oppressed, and scarred by injustice. The system of apartheid, designed to segregate races and deny dignity to the majority, was already tightening its grip.

As a young man, Mandela pursued education at the University of Fort Hare and later trained as a lawyer in Johannesburg. Brilliant, eloquent, and ambitious, he could have built a comfortable private career. Alone, he might have risen quickly and gained personal success. Yet Mandela's restless

heart was not satisfied with private gain while his people languished in chains. Like Augustine, he longed for something greater: justice, freedom, and the restoration of human dignity.

Mandela's path quickly grew perilous when he joined the African National Congress (ANC) and became a bold voice against apartheid. He did not walk alone but alongside colleagues such as Oliver Tambo, Walter Sisulu, and Albertina Sisulu. Together, they organized marches, petitions, and later more radical forms of resistance against a system that denied the humanity of millions.

In 1964, Mandela and his companions were sentenced to life imprisonment. Robben Island became their new world: harsh labour, meagre food, and endless attempts by guards to crush their spirit. Alone, any man would have broken under the crushing weight of those long years. But Mandela was not alone. The prisoners

forged a fellowship of courage—sharing secret lessons, encouraging one another, and transforming the island into what Mandela later described as a “university of freedom.” Just as Augustine was strengthened by the companionship of Ambrose, Monica, and Alypius, Mandela discovered that endurance is born out of fellowship.

For twenty-seven years Mandela remained behind bars. He was cut off from his family, missed the funerals of loved ones, and watched his youth slip away behind prison walls. Yet the flame of hope within him never died. His fellow prisoners lifted him whenever despair threatened, and in turn, he strengthened them. They prayed, debated, studied, and dreamed together. Mandela later reflected that prison taught him patience and discipline, but most importantly, it taught him the value of walking with others. “Courage is not the

absence of fear—it’s inspiring others to move beyond it.”

When Mandela was finally released in 1990, he did not emerge as a bitter man thirsting for revenge. Instead, he stepped into freedom as a leader rooted in unity and reconciliation. He reached out not only to his own people but also to those who had once oppressed them, insisting that South Africa could only heal together. In 1994, he became the nation’s first Black president, guiding it into a new era of democracy.

## **The Lesson for Us**

Mandela’s life is a profound testimony that speed alone is fragile, but endurance through community transforms history. Alone, he might have risen quickly as a lawyer, but his name would have been forgotten. Together with his companions,

he carried a nation from darkness into light.

St. Augustine once wrote: “*Two are better than one, for if they fall, one will lift up the other.*” Mandela’s journey mirrors this timeless truth. In prison, in politics, and in freedom, he discovered that true greatness is never a solitary sprint—it is a shared pilgrimage.

His story calls us to remember: endurance is stronger than speed, unity is deeper than ambition, and belonging is more powerful than isolation. Mandela walked long, but he did not walk alone. That is why his walk reached so far, echoing across generations. In his life, the African proverb is fulfilled: “*If you want to go fast, go alone. If you want to go far, go together.*”



# **THE STORY OF THE UGANDA MARTYRS.**

The story of the Uganda Martyrs is one of unshakable courage, unwavering faith, and profound unity—a timeless testimony that true greatness is not

measured by comfort or survival, but by sacrifice and conviction. In the late 19<sup>th</sup> century, when the first rays of Christianity reached the Kingdom of Buganda, young men and boys embraced the message of Christ with hearts set aflame. They discovered a truth greater than power, wealth, or earthly pleasure—the eternal life promised in God.

Yet, this newfound faith was not welcomed by all. The court of King Mwanga II was steeped in fear, manipulation, and absolute authority. He demanded loyalty beyond reason, even acts that violated conscience and contradicted the teachings of Christ. To refuse him was to invite humiliation and

death. And yet, the martyrs—though young and fragile in body—stood firm with a courage that shook the very foundations of the kingdom.

These were not princes or nobles. They were pages, attendants, and commoners. But when the ultimate choice confronted them—pleasing the king or remaining faithful to Christ—they chose fidelity, even if it meant embracing fire. Among them were Charles Lwanga, their leader; Kizito, the youngest, only fourteen years old; and many others whose names now shine in history's sacred memory.

The persecution grew intense. One by one, they were arrested, bound, mocked, and marched to their death.

Yet on the gruelling journey from the royal court to Namugongo, their spirits did not falter. They prayed, sang hymns, and encouraged one another. This was no ordinary march—it was a procession of faith, a pilgrimage of courage. Their Unity became their fortress, and their fellowship their consolation. As the philosopher Seneca once observed: “It is not the man who has too little, but the man who craves more, who is poor.” These martyrs proved themselves rich in spirit, lacking nothing because they possessed Christ and one another.

At Namugongo, the place of execution, the atmosphere grew heavy with the stench of burning wood. The martyrs were tied together, and the flames rose high. But instead of cries of despair, the

air was filled with songs of praise. Young Kizito smiled as the fire consumed him, whispering prayers until his last breath. Their witness became a living demonstration of Tertullian's ancient truth: "The blood of the martyrs is the seed of the Church."

Though their deaths seemed tragic, in reality they were glorious victories. What looked like defeat was, in truth, a seed sown into the very soil of Africa. Today, millions of pilgrims walk to Namugongo every June 3<sup>rd</sup>, honouring their memory and drawing strength from their sacrifice. Their blood became the foundation of a faith that continues to flourish in Uganda and far beyond.

Herein lies the profound connection to the timeless wisdom of both Ghazali

and the African proverb: “If you want to go fast, go alone. If you want to go far, go together.” The Uganda Martyrs could have chosen self-preservation, running swiftly to save their lives. Instead, they decided to go together—bound by faith, united in hope, and walking as brothers into eternity. Their journey was not swift, nor easy, but it was far-reaching. Their unity carried them beyond the flames of Namugongo into everlasting glory.

Their story illuminates a profound truth: when individuals unite in truth, their impact transcends generations. Just as Al-Ghazali wrote that “The soul is like a wild beast; if not disciplined, it will drag man into the abyss, but if guided, it will carry him to the heights of perfection,” so too did the martyrs reveal that faith

demands discipline, wisdom, and above all, companionship. They showed the world that faith is not lived in isolation but in communion.

Together, they walked into history.  
Together, they reached heaven's gates.  
Together, their voices still echo through the centuries: courage is stronger than fear, faith is stronger than death, and unity is stronger than tyranny.

## **Conclusion.**

In the end, *Restless Until We Belong* reveals that every human heart is on a timeless journey—a sacred search for meaning, peace, and connection that transcends borders, titles, and worldly

success. From Saint Augustine's restless pursuit of truth, through the struggles and unity of international students, to the realization that belonging is woven into the very fabric of creation, one truth resounds: we are designed for love and community. True fulfillment is not born of independence, but of interdependence—of walking hand in hand as one human family under God. The Know Your Neighbour Initiative stands as a living testimony that compassion and solidarity can bridge divisions and heal the wounds of isolation. When we learn to see one another not as strangers but as brothers and sisters, our restlessness is finally stilled in belonging—in God, in one another, and in the shared humanity that unites us all beyond borders.



