

From Barcelona to San Sebastian

1. Arrival the airport

2. Barcelona–El Prat Airport to Sants

<https://goo.gl/maps/dZRdDDmDtrp>

Subway R2N: Aeroport to Barcelona Sants

3. Renfe 西班牙高铁

BARCELONA-SANTS to San Sebastian/Donostia

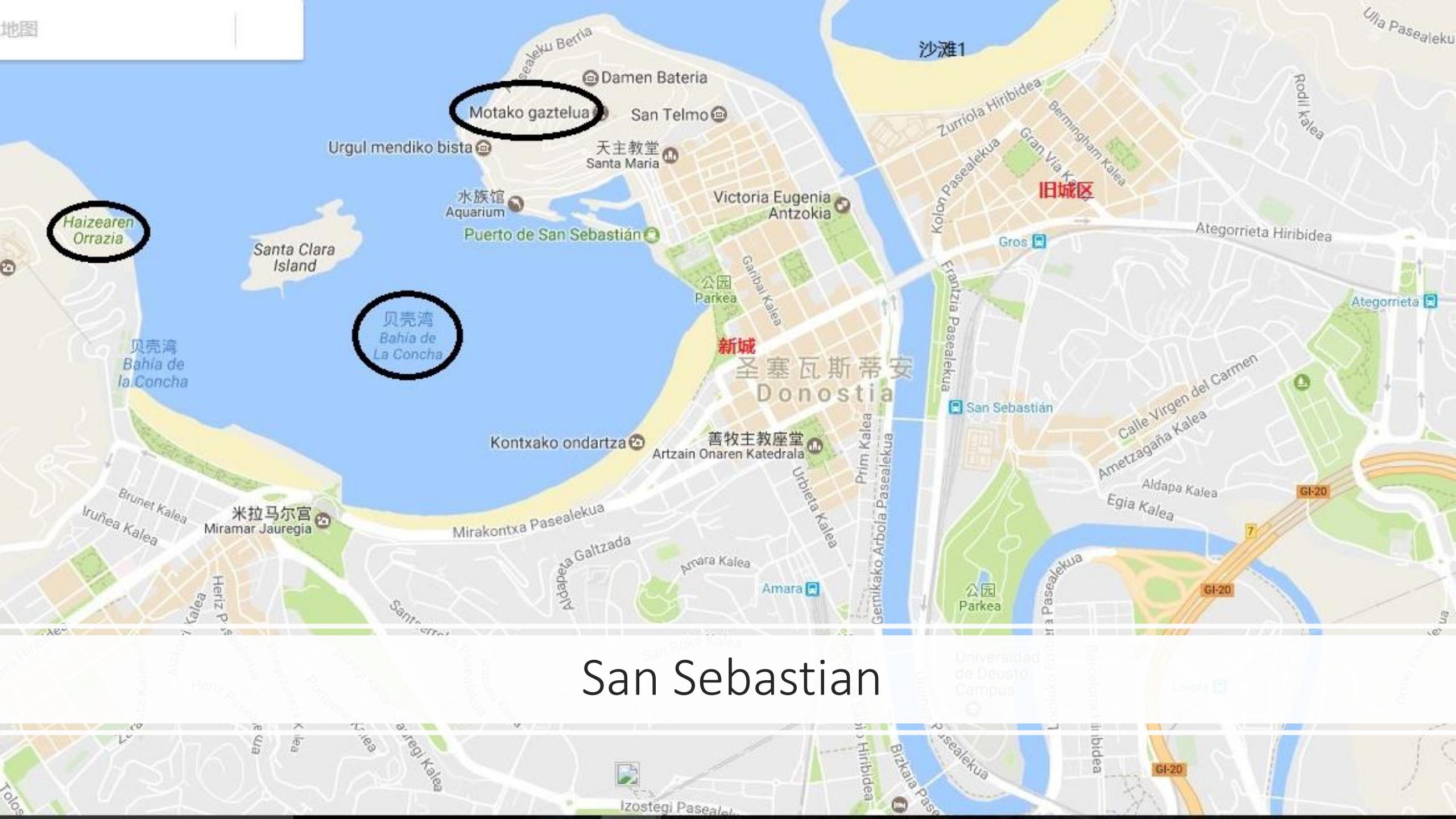
<https://venta.renfe.com/vol/search.do?c= vvoJ>

出发时间	到达时间	用时	火车	最低售价	舱位	税
7:30	13.03	5 h. 33 min.	ALVIA	38,80 €	Turista	Promo
10:05	15.48	5 h. 43 min.	INTERCITY	37,15 €	Turista	Promo
15:30	21.1	5 h. 40 min.	ALVIA	38,80 €	Turista	Promo

San Sebastián

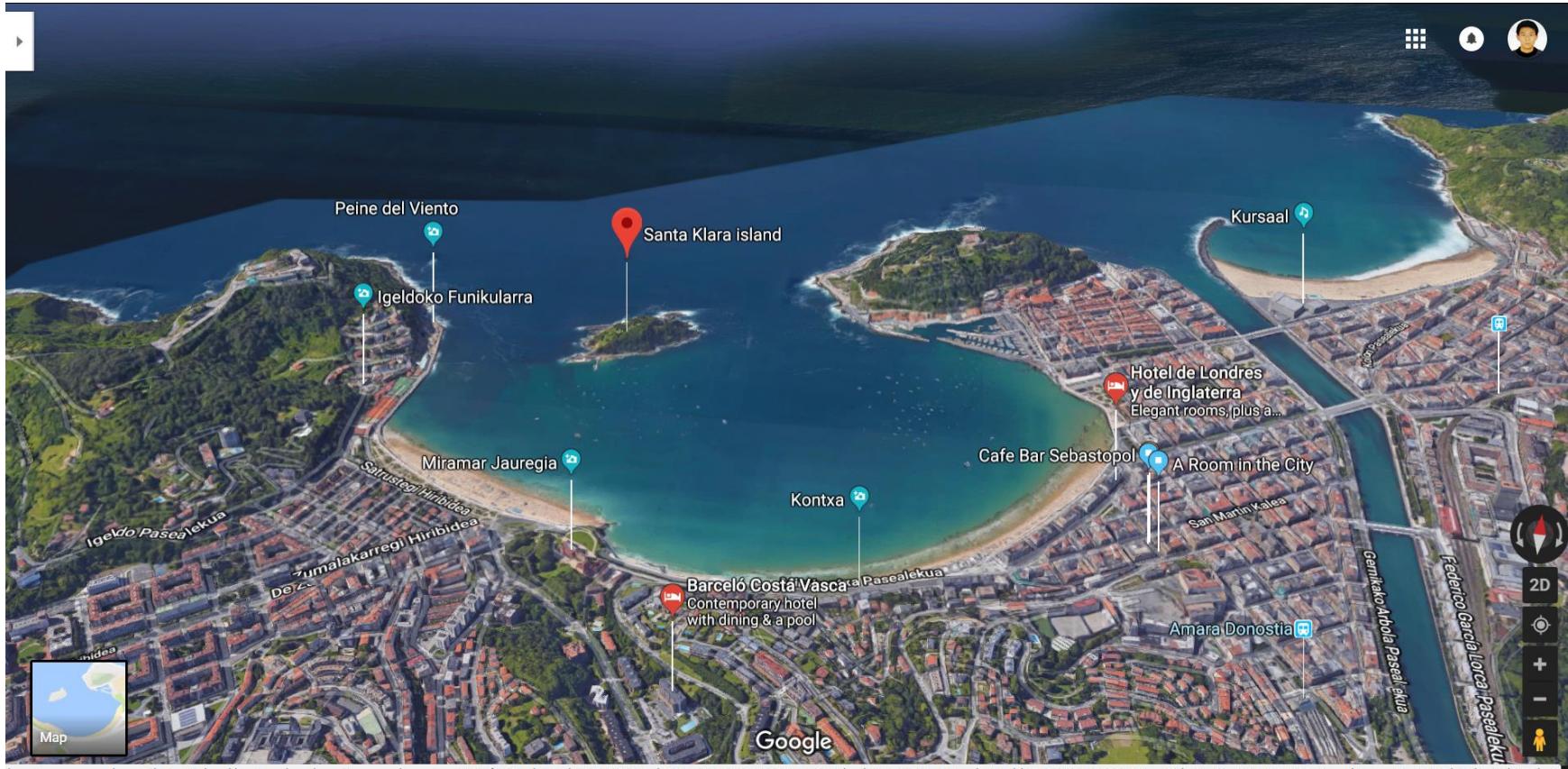
San Sebastián (Spanish: [\[san seβas 'tjan\]](#)) or Donostia (Basque: [\[do'nostia\]](#))^[3] is a coastal city and municipality located in the Basque Autonomous Community(巴斯克自治区), Spain. It lies on the coast of the Bay of Biscay(比斯开湾), 20 km (12 miles) from the French border. The capital city of Gipuzkoa, the municipality's population is 186,095 as of 2015,^[4] with its metropolitan area reaching 436,500 in 2010.^[5] Locals call themselves *donostiarra*(singular), both in Spanish^[6] and Basque.

- The main economic activities are commerce and tourism, and it is one of the most famous tourist destinations in Spain.^[7] Despite the city's small size, events such as the San Sebastián International Film Festival have given it an international dimension. San Sebastián, along with Wrocław, Poland, was the European Capital of Culture in 2016.^[8]
- 插座转换器, 自带插线板, 电饭锅, 电水壶, 网线。
- 手机卡: orange



- 景点

- The beach of La Concha 贝壳海滩



<https://www.spain-holiday.com/San-Sebastian/articles/the-beach-of-la-concha-in-san-sebastian-a-beach-you-must-see>
<http://www.mafengwo.cn/i/7136786.html>

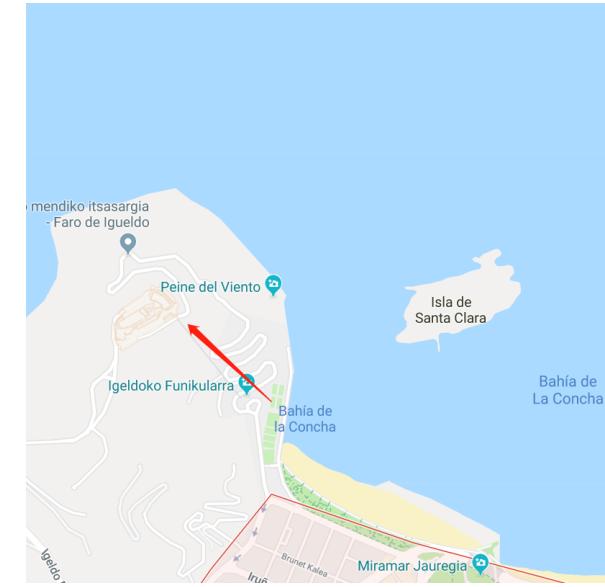
Zurriola hondartza

- Watching Sunset
- Near old town
- Big spindrift
- Most northern

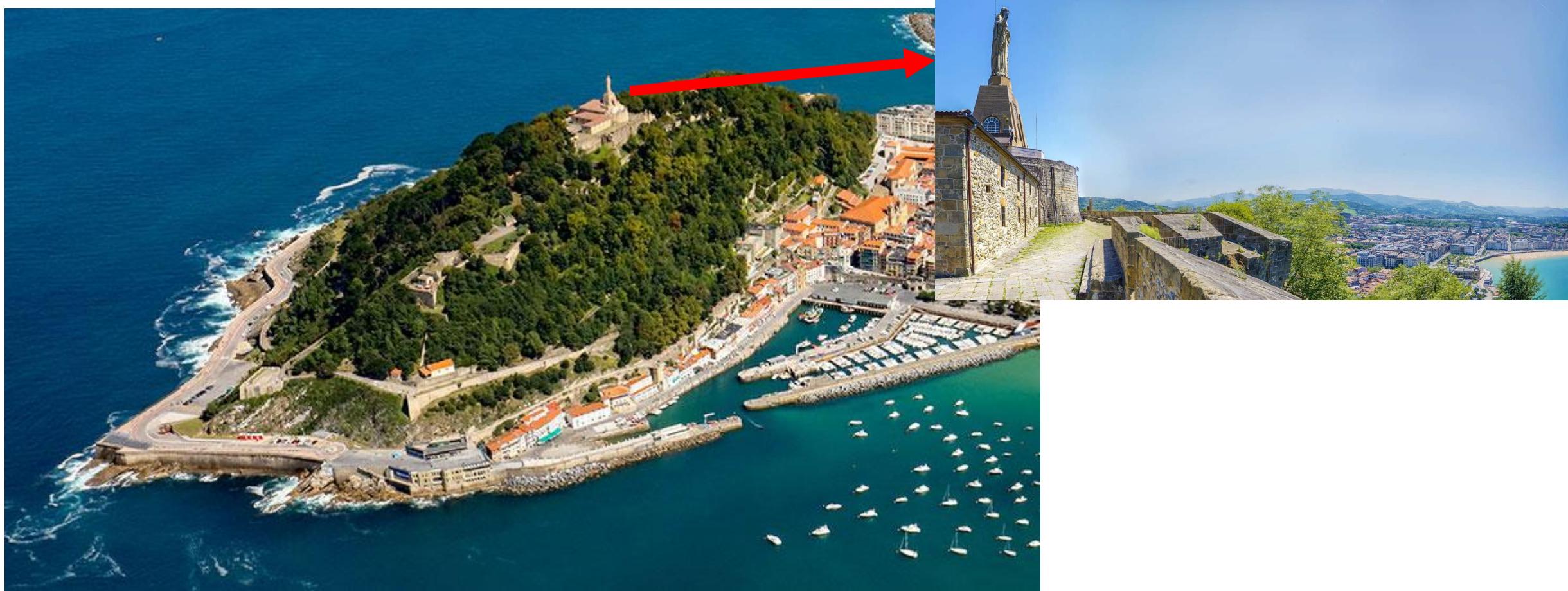


Top highest place in the beach of La Concha

- Itsasargi
- **Parque de Atracciones Monte Igeldo**
- **Hotel Mercure San Sebastian Monte Igeldo**



乌尔古尔山 (Monte Urgull)



<https://www.sansebastianturismo.com/en/to-do/what-not-to-miss/mount-urgull>

Peine Del Viento 风之梳



钢铁雕塑《风之梳》是西班牙雕塑家爱德华多·奇利达（1924～2002）于1977年完工的室外雕塑作品。他用条形锻铁作为创作用材组合成三个钢铁雕塑，一个垂直竖立在近海的巨石上，两个呈水平状态插入海岸的峭壁中。雕塑组合的变化代表着生命运动，显示了敢与大风大浪搏击的勇气与倔强性格，被誉为当代经典作品。

<https://vacation.eztravel.com.tw/sight/plc000070812/haizearen-orrazia-%E9%A2%A8%E4%B9%8B%E6%A2%B3>

Snacks in 圣塞

Delicia
Pinchos
Pintxo(A cup
of wine + a
snack)(discou
nt at
Thursday)



RESTAURANTS
To have lunch:
- La mejillonería (ask for: media de bravas + media de rabas bravas)
- Munto (ask for any tapa from the desk)
- Goiz argi (ask for: brocheta de gambas)
To have dinner:
- El juantxo (ask for: bokata tortilla patata con txaka)
To drink:
- Sidra
- Txakoli

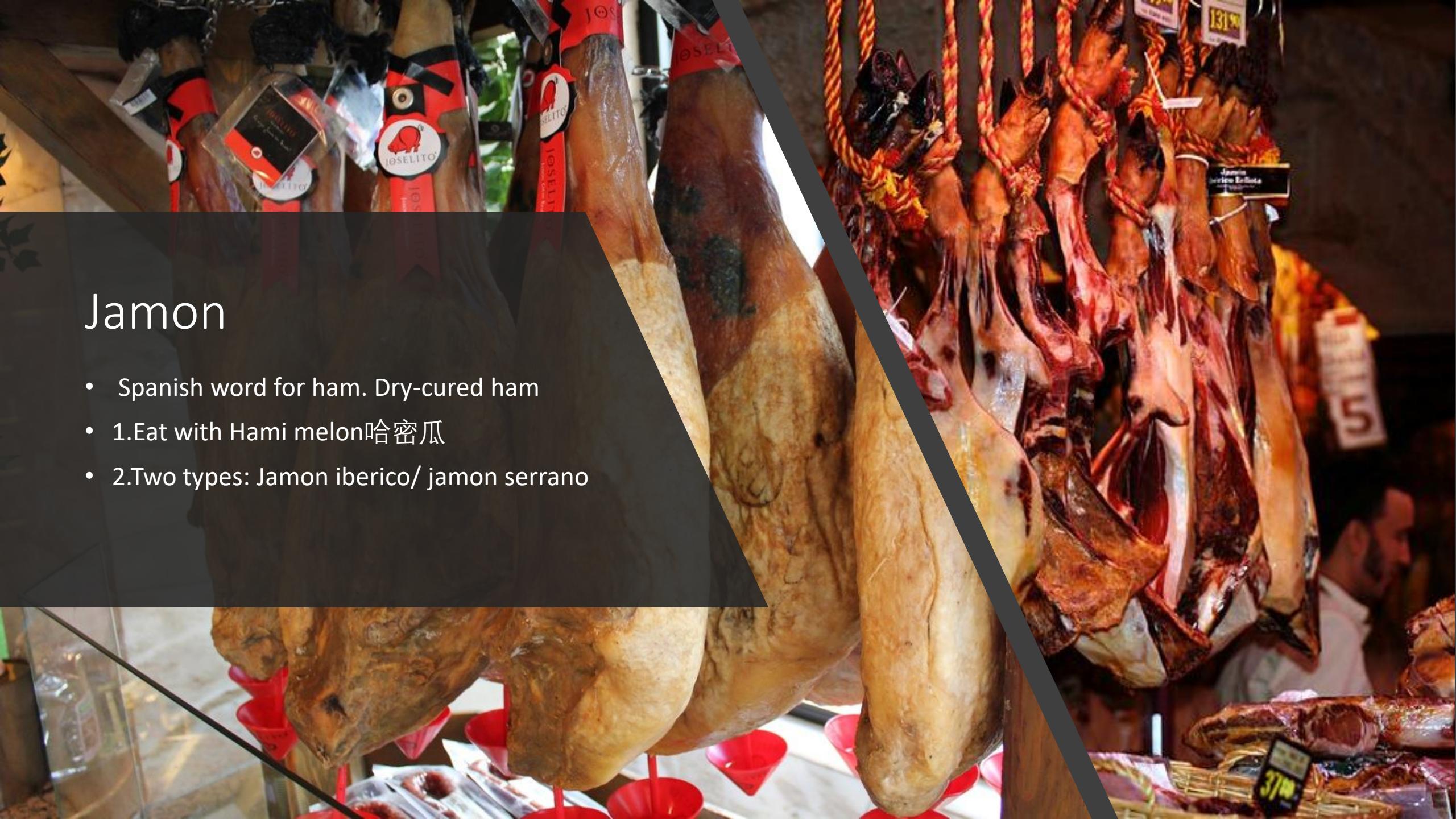
Tapas

- Food Kind, Tapa or Tapas: appetizer(before lunch/dinner) or snack in Spanish cuisine
- Cold such as mixed with olives and cheese
- Hot such as chopitos which are battered, fried baby squid
- Tapas variant: bocas(in Central American countries) or botanas(in Mexico)



Jamon

- Spanish word for ham. Dry-cured ham
- 1.Eat with Hami melon哈密瓜
- 2.Two types: Jamon iberico/ jamon serrano



- 1.Spanish seafood Paella: Valencian rice dish, rice + soup + wine + indigents(rabbit, chicken, red gold-saffron), Paella is a kind of wok
- 2.Lasagna: wide, flat pasta, and possibly one of the oldest types of pasta. a dish made with several layers of lasagna sheets alternated with sauces and other ingredients, such as meats and cheese.



酒 Wine

- Sherry
- a fortified wine made from white grapes that are grown near the city of Jerez de la Frontera in Andalusia, Spain.
- *Venenciar: A venenciadora pours Sherry drawn from a cask (or "Venencia") into a catavino*



Jose Manuel Ruz Venenciador



Wine 酒

- 1.jerez
- 2.Crianza/Reserva/Gran Reserva + Rioja/ Ribera de Duero
- 3.Orujo
- 4.Cava from Barcelona
- 5.Anis
- 6.Cider from Asturias
- 7.Patxaran from Navarra
- 8.Rum from Andalucía



Brand 品牌

- ZARA
- Mangle

Flamenco

- from Arabic: felagmengu meaning fugitive peasant
- The musical traditions fused from Moors, Jews and gypsies in down-at-heel parts of town like Triana in Seville
- Moors brought the guitar to Spain, Dramatic arm and hand movements, similar to Moorish dancing
- Sing style is similar to wailing Arabic style
- Singing and dancing in the bar
- The music of the dispossessed



名称 (西语原名)	首府	省份	省治
安达卢西亚自治区 Andalucía	塞维利亚 Sevilla	阿尔梅里亚省 Almería 加的斯省 Cádiz 科尔多瓦省 Córdoba 格拉纳达省 Granada 韦尔瓦省 Huelva 哈恩省 Jaén 马拉加省 Málaga 塞维利亚省 Sevilla	阿尔梅里亚 Almería 加的斯 Cádiz 科尔多瓦 Córdoba 格拉纳达 Granada 韦尔瓦 Huelva 哈恩 Jaén 马拉加 Málaga 塞维利亚 Sevilla
阿拉贡自治区 Aragón	萨拉戈萨 Zaragoza	韦斯卡省 Huesca	韦斯卡 Huesca 特鲁埃尔 Teruel 萨拉戈萨 Zaragoza
阿斯图里亚斯 ast: Asturias spa: Asturias	奥维耶多 Oviedo		维多利亚 eus: Gasteiz spa: Vitoria 毕尔包 eus: Bilbo spa: Bilbao 圣塞巴斯提安 eus: Donostia spa: San Sebastián 拉斯帕尔马斯 Las Palmas 马德里 Madrid 卡斯蒂利亚-拉曼恰 Castilla-La Mancha 卡斯蒂利亚-莱昂 Castilla y León 纳瓦拉 Navarra 穆尔西亚 Murcia 安道尔 Andorra 加泰罗尼亚 Catalunya 加利西亚 Galicia 坎塔布里亚巴斯克 Cantabria 埃斯特雷马杜拉 Extremadura 瓦伦西亚 Valencia 巴利阿里群岛 Balearic Islands 休达 Ceuta 梅利利亚 Melilla 葡萄牙 Portugal 地中海 Mediterranean Sea 大西洋 Atlantic Ocean 加那利群岛 Canary Islands 圣塞巴斯蒂安 San Sebastián 拉斯帕尔马斯 Las Palmas 马德里自治区 Community of Madrid 安达卢西亚自治区 Community of Andalucía 阿拉贡自治区 Community of Aragón 卡斯蒂利亚-拉曼恰自治区 Community of Castilla-La Mancha 卡斯蒂利亚-莱昂自治区 Community of Castilla y León 纳瓦拉自治区 Community of Navarra 穆尔西亚自治区 Community of Murcia 坎塔布里亚自治区 Community of Cantabria 埃斯特雷马杜拉自治区 Community of Extremadura 瓦伦西亚自治区 Community of Valencia 巴利阿里群岛自治区 Community of Balearic Islands 休达自治区 Community of Ceuta 梅利利亚自治区 Community of Melilla"/>
巴斯克自治区 eus: Euskal Autonomi Erkidegoa spa: Comunidad Autónoma del País Vasco	维多利亚 eus: Gasteiz spa: Vitoria		维多利亚 eus: Gasteiz spa: Vitoria 毕尔包 eus: Bilbo spa: Bilbao 圣塞巴斯提安 eus: Donostia spa: San Sebastián 拉斯帕尔马斯 Las Palmas 马德里 Madrid 卡斯蒂利亚-拉曼恰 Castilla-La Mancha 卡斯蒂利亚-莱昂 Castilla y León 纳瓦拉 Navarra 穆尔西亚 Murcia 安道尔 Andorra 加泰罗尼亚 Catalunya 加利西亚 Galicia 坎塔布里亚巴斯克 Cantabria 埃斯特雷马杜拉 Extremadura 瓦伦西亚 Valencia 巴利阿里群岛 Balearic Islands 休达 Ceuta 梅利利亚 Melilla 葡萄牙 Portugal 地中海 Mediterranean Sea 大西洋 Atlantic Ocean 加那利群岛 Canary Islands 圣塞巴斯提安 San Sebastián 拉斯帕尔马斯 Las Palmas 马德里自治区 Community of Madrid 安达卢西亚自治区 Community of Andalucía 阿拉贡自治区 Community of Aragón 卡斯蒂利亚-拉曼恰自治区 Community of Castilla-La Mancha 卡斯蒂利亚-莱昂自治区 Community of Castilla y León 纳瓦拉自治区 Community of Navarra 穆尔西亚自治区 Community of Murcia 坎塔布里亚自治区 Community of Cantabria 埃斯特雷马杜拉自治区 Community of Extremadura 瓦伦西亚自治区 Community of Valencia 巴利阿里群岛自治区 Community of Balearic Islands 休达自治区 Community of Ceuta 梅利利亚自治区 Community of Melilla
加那利群岛 Islas Canarias	拉斯帕尔马斯 Las Palmas		

潘普洛纳斗牛场

Pamplona

Comunidad Foral de Navarra

地址： Navarra Pamplona, Navarra, Paseo de Hemingway

西班牙纳瓦拉大区首府潘普洛纳。目前用于斗牛。该斗牛场兴建于1922年，一共能容纳19529人，是西班牙第二大斗牛场。在圣费尔明节期间，这里是奔牛的终点。

附近景点

100米 [Monumento al Encierro](#)

200米 [Teatro Gayarre](#)

200米 [Palacio de Navarra](#)



El Camino de Santiago

- 圣雅各之路或圣地牙哥朝圣之路
(西班牙语: **El Camino de Santiago**)
是前往天主教的圣地之一的西班牙北部城市圣地牙哥康波斯特拉的朝圣之路。主要指从法国各地经由比利牛斯山通往西班牙北部之道路，为联合国教科文组织登录的世界遗产，也是全世界仅有的两处“巡礼路”
世界遗产

Granada

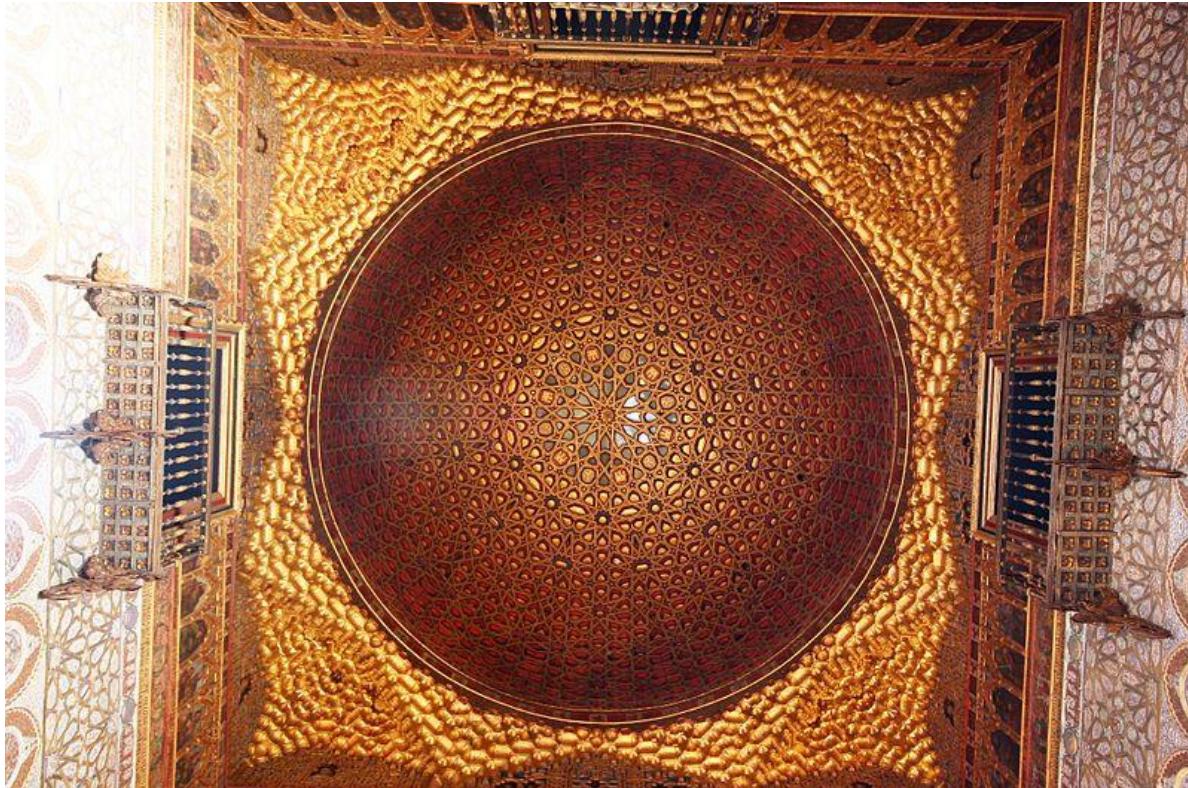
- Andalucía
- Last Moorish capital of Al Andalus(Nasrid dynasty) and last city to hold out the Reconquista(收复失地运动)
 - 1. Arabic bath in Moorish bath houses
 - 2. Moorish tea house to have tea
 - 3. Moorish restaurant



The Alhambra-Moorish Palace



Hall of the Ambassadors



- All about pattern and geometry
- Contemplation and reflection
- Bring people close to the God
- Full of number seven and four
 1. Seven: stages by which the soul ascend to God
 2. Four: numbers of areas into which the vault of heaven could be divided
- “There is no God but Allah. There is no conqueror but Allah”
 - Using water’s reflection, shifting and ephemeral to show the Islam’s tenet in architecture form that ”There is no God but God, there is no reality other than his higher reality. Everything people experienced in life is impermanent and insubstantial ”

<https://evainmadrid.wordpress.com/2013/02/09/the-alhambras-hall-of-the-ambassadors/>

Royal Seat of San Lorenzo de El Escorial



Palace for Philip ②

Extremadura

Comunidad autónoma

- Trujillo, Cáceres
- Francisco Pizarro González: the Spanish conquistador who led an expedition that conquered the Inca Empire, Peru
- The style of Renaissance
- Monastery of Santa María de Guadalupe
- Virgin of Guadalupe, Madonna of Guadalupe
 - May carved by St Luke



Salamanca

Castilla y León

- Spanish Inquisition, rigorous censorship
- Plaza Mayor

Toledo city

Castilla La Mancha

- Religious Center, center of La Mancha
- Decorated like Roma, mystical spirit
 - Saint Pancratio(Saint of health, money and work)
 - Saint Teresa(Saint of write and peace)
 - Saint Anthony(Saint of love for the single girls)



Greetings

- Muy Bueno: means very good
- Lo siento: Sorry

People

- Abd Al-Rahman
 - Creator of the Cordoba City
- Pedro the Cruel(1334-1369)
 - The might of Abd al-Rahman
 - Caliph of Al-Andalus
 - Descendant of the great exile
- Isabel I la Católica(1451-1504)
 - Queen of Castile
- Saint Teresa of Avila(1515-1582)
- Francisco Pizarro González(1471-1541)

Artist

- El Greco(1541-1614)
- Francisco de Zurbarán(1598-1664)
- Jusepe de Ribera(1591-1652)
- Juan de Navarrete(1526-1579)
- Antonio de Pereda(1611-1678)
- Juan Sánchez Cotán(1560-1627)
- Diego de Velazquez(1599-1660)

El Greco

- El Greco(1541-1614)
 - Doménikos Theotokópoulos
 - [Greek](#) name: (Δομήνικος Θεοτοκόπουλος)
 - The Greek
 - Death of Saint Maurice
 - Pure Spirit Painting
 1. Disrobing of Christ-Jesus about to be stripped before his crucifixion
 2. Painting of Toledo
 3. The burial of Court of Orgaz





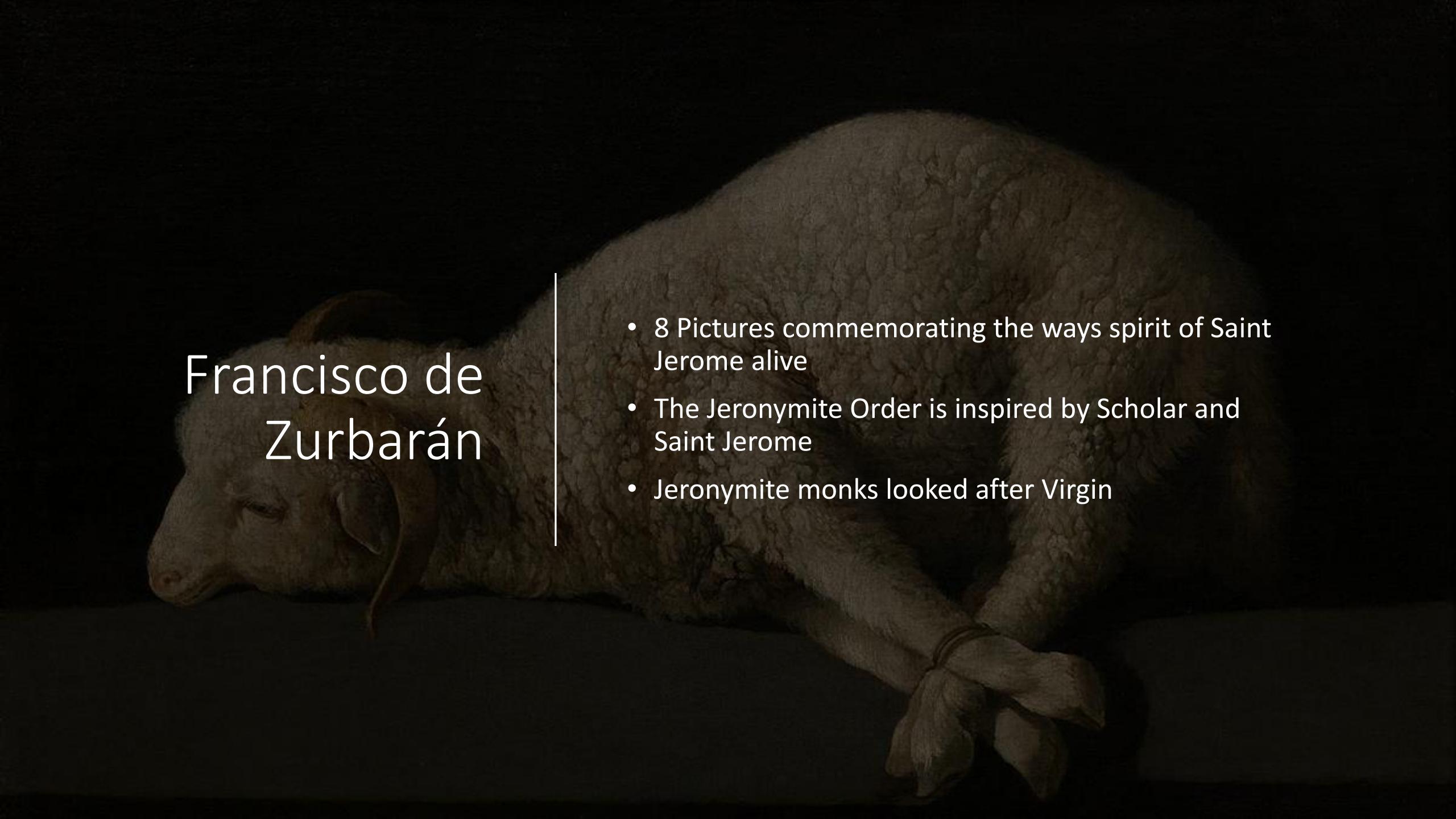
Teresa of Ávila

- Saint Teresa of Avila(1515-1582)
- Folk hero
- “Life on earth, it’s no more than a night in a cheap hotel”
- Saint Teresa drawing
 - Peter Paul Rubens(1557-1640)
 - Claudio Coello(1642-1693)
- Convent of Alba de Tormes

Jusepe de Ribera

- Pain: Piety
- God's sigh written into your flesh,
become one of his chosen
- Speciality: martyrdoms with
realism
- Painting
 - *The Martyrdom of Saint Philip*
 - *Martyrdom of Saint Bartholomew*





Francisco de Zurbarán

- 8 Pictures commemorating the ways spirit of Saint Jerome alive
- The Jeronymite Order is inspired by Scholar and Saint Jerome
- Jeronymite monks looked after Virgin

Antonio de Pereda



Juan Sánchez Cotán



Diego de Velazquez

