

Exercise #1

Physical Activity and Quality of Life

1. Find 4 articles on your topic.

All with the following criteria:

- Within the last 5 years
- English Language
- Aged 65+ years

2. Store them in an Endnote Library.
3. Take one sentence from each article and create a paragraph (with 4 sentences total).
4. Cite and reference each sentence with its corresponding article.
5. Take 2 of these sentences and paraphrase them.
6. Add the correct citations for your paraphrase.

Exercise #2

NSAIDS and Alzheimer's disease

1. Find 4 articles on your topic.

All with the following criteria:

- Within the last 5 years
- English Language
- Aged 65+ years

2. Store them in an Endnote Library.
3. Take one sentence from each article and create a paragraph (with 4 sentences total).
4. Cite and reference each sentence with its corresponding article.
5. Take 2 of these sentences and paraphrase them.
6. Add the correct citations for your paraphrase.

Exercise #3

Vitamin D and Cardiovascular Disease

1. Find 4 articles on your topic.

All with the following criteria:

- Within the last 5 years
- English Language
- Aged 65+ years

2. Store them in an Endnote Library.
3. Take one sentence from each article and create a paragraph (with 4 sentences total).
4. Cite and reference each sentence with its corresponding article.
5. Take 2 of these sentences and paraphrase them.
6. Add the correct citations for your paraphrase.

Exercise #4

Asthma and Air pollution

1. Find 4 articles on your topic.

All with the following criteria:

- Within the last 5 years
- English Language
- Aged 65+ years

2. Store them in an Endnote Library.
3. Take one sentence from each article and create a paragraph (with 4 sentences total).
4. Cite and reference each sentence with its corresponding article.
5. Take 2 of these sentences and paraphrase them.
6. Add the correct citations for your paraphrase.

Exercise #5

Artificial Sweeteners and Cancer

1. Find 4 articles on your topic.

All with the following criteria:

- Within the last 5 years
- English Language
- Aged 65+ years

2. Store them in an Endnote Library.
3. Take one sentence from each article and create a paragraph (with 4 sentences total).
4. Cite and reference each sentence with its corresponding article.
5. Take 2 of these sentences and paraphrase them.
6. Add the correct citations for your paraphrase.