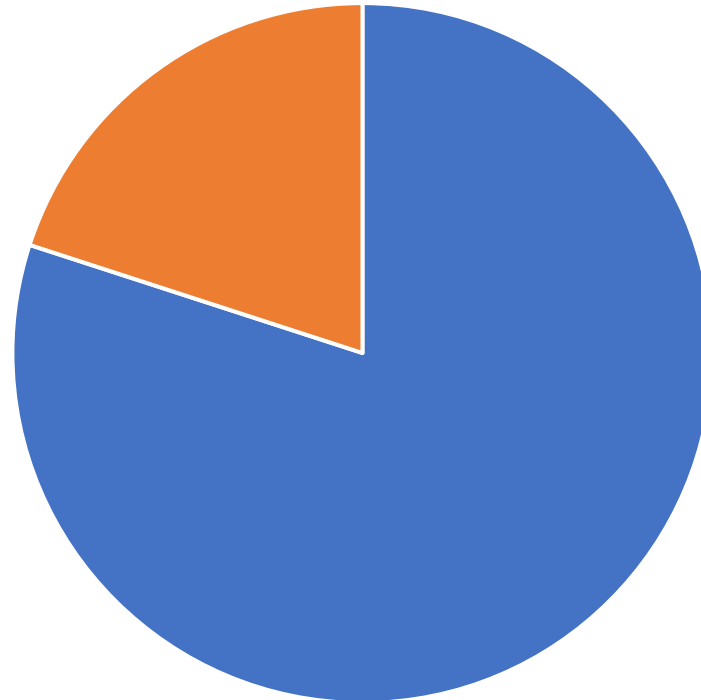


Hospital Installation Proposal

Hospital Activities



■ WAIT ■ PROCESS



1. Mobile-phone
2. Books
3. Television
4. Newspaper









"Nature Trail" at Great Ormond Street Hospital by Jason Bruges Studio

Aquarium therapy

is the use of an aquarium to provide potential health benefits

Contemplation of fish in an aquarium seem to have a significant effect in **reducing levels of stress and anxiety.**

In a 1985 study of dental patients, both contemplation of an aquarium and hypnosis, used together or alone, produced a significant **increase in relaxation** in comparison to a control group and a group of patients who contemplated a poster.

Additional studies confirm that watching fish in an aquarium can be **effective in reducing anxiety in patients awaiting dental surgery.**

Although aquarium owners often report problems with **maintaining tank cleanliness and controlling temperature and water balance**, they also claim that watching fish has a calming effect and creates a feeling of serenity.

Blue : triggers the release

of calming hormones in the brain, making
it the color for relaxation



*Melbourne Royal Children's Hospital's 2 story aquarium. By **Peddle Thorp**.*



FISH TANK WALL INSTALLATION

