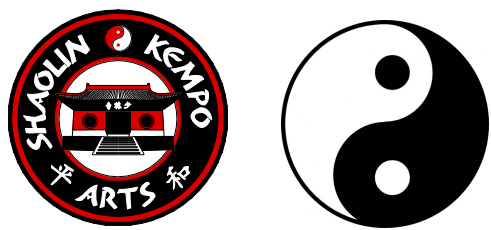


ADULT

PURPLE BELT REQUIREMENTS



FORMS	Eagle Form Two man fist (Southern side)
STRIKES	Ridge hand to the groin, Circle tiger to the eyes, Cross hammer, Front stomp kick, Roundhouse kick, Flip kick
SPARRING	Front and Rear leg roundhouse kick, Right shuffle and Left shuffle with Knife hand blocks
KEMPOS	4 Kempos
GRAB / WEAPONS DEFENSE	Single / Double wrist grab Thrusting club
KNOWLEDGE	Kung Fu Knowledge 16-20
BLOCKS	8-Point Blocking System with open hands
DM'S	Defense Maneuver #4 Defense Maneuver #8 Defense Maneuver #9 Defense Maneuver #10