

seconds

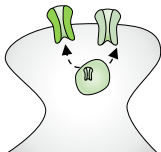
minutes

hours

days



- AMPAr exocytosis
- AMPAr efficacy increase

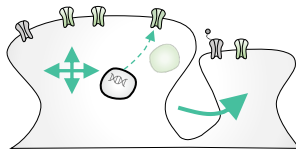


Traditional plasticity

- ✓ No protein synthesis
- ✓ No spine change

- AMPAr efficacy increases
- AMPAr generation

- Actin reorganization
- spine enlargement
- protein generation
- spine growth



Structural plasticity

- ✓ protein synthesis
- ✓ morphological change