

# Middle School Activities (Ages 12+)

## Creative Pursuits

- Start a blog or online journal
- Make a scrapbook or photo album
- Learn to code or create a website
- Write a short story or novel
- Make a video or photo montage
- Write songs or poems
- Create a comic book
- Make jewelry
- Record videos or start a podcast



## Skills Development

- Learn to cook or bake new recipes
- Start a blog or YouTube channel
- Learn photography or videography
- Take up a new sport or physical activity
- Volunteer for a local charity or organization
- Learn a new instrument
- Cook favorite meals for the family
- Build woodworking projects
- Learn a new language



## Outdoor Activities

- Go hiking or biking in nature
- Organize a neighborhood clean-up
- Start a community garden
- Plan a camping trip with friends
- Go stargazing and learn about constellations
- Camp in the backyard
- Start a garden
- Organize a neighborhood car wash
- Go rollerblading or biking



## Personal Growth

- Start a gratitude journal
- Practice mindfulness or meditation
- Set personal goals and track progress
- Learn about a new culture or country
- Write letters to future self
- Volunteer at a local charity or organization
- Clean and organize personal spaces
- Perform daily random acts of kindness
- Read books by a favorite author
- Create a science journal for observations