

Preschooler Activities (Ages 3-5)

Building & Construction

- Use cardboard boxes to create a playhouse or car
- Build with blocks or LEGO sets
- Use recycled materials to create sculptures
- Make a marble run with cardboard tubes
- Use painter's tape to create roads or tracks on the floor
- Build with large cardboard boxes and tubes
- Create marble mazes from cardboard tubes and boxes
- Make domino lines and watch them fall
- Build blanket and pillow forts
- Design popsicle stick picture frames



Imaginative Play

- Set up a pretend kitchen with pots and pans
- Use dress-up clothes for imaginative play
- Make a puppet show with socks or paper bags
- Set up a "store" with toys and play money
- Use cardboard boxes to create a car or spaceship
- Make a "nature scavenger hunt" in the backyard
- Use a cardboard box as a car and drive around the house
- Set up a shop with homemade play money
- Transform your room into a rainforest with drawings
- Create paper bag or sock puppets
- Make a zoo for stuffed animals



Active Games

- Play hide and seek around the house
- Set up an indoor obstacle course with pillows and furniture
- Dance to music or have a dance party
- Play "Simon Says" with physical movements
- Use a hula hoop or jump rope for active play
- Play "Follow the Leader" with movement challenges
- Have a mini dance party with favorite songs
- Design hallway obstacle courses with yarn and tape
- Have indoor "snowball" fights using rolled-up socks
- Play classic games like Simon Says or Freeze Tag
- Create a tape racetrack on the floor for toy cars



Creative Arts

- Use crayons or washable markers to color on paper
- Make collages with magazine cutouts and glue
- Use finger paints or washable paints to create art
- Make homemade playdough and shape it into objects
- Use stickers to decorate paper or cardboard
- Make a "nature collage" with leaves, flowers, and twigs
- Use a cardboard box to create a puppet theater
- Make paper airplanes and decorate them
- Make paper crowns and decorate them
- Create family drawings or collages from magazine cutouts
- Shape pipe cleaner animals
- Paint shells or rocks

