





Daifim

An Official Organ of YMA, Khuangpuilam Branch.

YMA MOTTO


Hunawl hman that
Zofate hmasawna ngaihtuah
Kristian nundan tha ngaihsan

Khawchin : Source - Accuweather.com


Khua a that rin a ni.
Temp - Max: 24°C Min: 13°C
Dar 6:05-ah ni a chhuak ang a,
Tlai Dar 4:49-ah a tla leh ang.

Tunkar chang vawn : I Petera 2:11
“Duh takte u, mikhual leh khualzin
in nih avangin, thlarau do thintu
tisa châknate bansan turin ka ngen
a che u;”.

TUALCHHUNG CHANCHIN

☛ Pu Joshua Lalremsanga, Treasurer (Chawngbawla section) chu MiMSA (Mizoram Motorsports Association) in a buatsaih Drag Race(Car) Open Class-ah lawmman pakhatna a hauh a ni.

Lawmthu sawina

Dt. 29th March, 2021 (Thawhtanni) khan Khuangpuilam YMA Branch chuan kan thlanmual hmunah thlan te mumal leh fel fai zawk a enkawl a nih theih nan terrace laih hnatlang neih a ni a. Hnatlangah hian member sawmruk chuang kan thawh chhuah theih avangin a lawmawm hle. Tlawmngaia thawk chhuak zawng zawngte chungah kan lawm tak meuh meuh a ni.

Pu Hmangaihsanga, Vanapa Section hnen ațangin thlanmual chawlbuk sakna tur pawisafai Rs. 5000/- lai kan dawng a kan lawm hle. Tin Pu Steven Ramengmawia hnen ațangin hnatlang thingpui lumna tur Rs. 500 kan dawng a kan lawm hle bawk a ni

Mi inphal te pathianin a let tam takin malsawm che u rawh se.

Sd/-
Secretary
KPL Br. Y.M.A

Ni 3/4/2021 (Inrinni) khan Chawngbawla section chuan thlanmual terrace laih hmabak zawh loh chu section inhlawh nan laih a ni a. Member hahnem tak thawk chhuakin, member tlawmngaia thawkchhuak te chungah lawmthu kan sawi tak meuh meuh a ni.

sd/-
Secretary
Chawngbawla section

**Kolasib Sub-Hqrs YMA-in rorel thutkhawm nei
Inkhawmpui chungchang rel**

Khuangpuilam the 4th April, 2021 : Tau thla tahrik ni 26, 2021 (Zirtawpni) zan dar 7:00 khan SYMA Committee Room-ah Kolasib Sub-Hqrs YMA chuan rorel thutkhawm an nei a. Pu C. Liankunga, President-in rorel kaihruiiin, Pathian hnena tawngtaina hun a hman zawh hnuin, Secretary-in thu ngaihtuah tur sawifiahna hun neiin thurel tan a ni. An thurel tlangpui chu hetiang hi a ni :-

- 1. Rorel inkhawm 2021 thlengtu tanpuina pek chungchang :** Rorel Inkhawm 2021 hi ni 8/4/2021-ah Kolasib Diakkawn Branch-in Diakkawn YMA Hall-ah a thleng dawn a. Conference thlengtu tanpuina ₹ 40,000/- leh Rorel Inkhawm thlengtu tanpuina ₹ 20,000/- pek an ni.
Covid-19 avangin nikum 2020 kha Conference neih a ni lova, Rotation dah danah chuan kumin 2021 Rorel Inkhawm hi Pualreng Group thlen tur a ni a; amaherawhchu, Covid-19 hrileng avangin Coordination Committee chuan SOP te tha taka kalpui anih theih nan Rorel Inkhawm 2021 chu Diakkawn Branch te thleng turin a ruat chawpchilh a, hun chep tak kara ruat anih avangin sum leh paiah leh inruahmanna ah a hautak hle dawn a hriat a nih avangin Rorel Inkhawm thlengtu tanpuina pek thin ₹ 20,000/- bakah hian sum inpek belh a tha lawm ni tih thu chu ngaihtuah a ni a, ngun taka ngaihtuah a nih hnuah ₹ 20,000/- pek belh tha tiin a vaiin thlengtu tanpuina ₹ 40,000/- pek nise tih a ni. Dan pangngai anga Rorel Inkhawm tanpuina ₹ 20,000/- kan pek thin bak ₹ 20,000/- pek belh hian Committee-in a thlir nawn leh a nih loh chuan a huam lovang.
- 2. Morgue van Chungchang:** Sub-Hqrs. in Morgue Van a neih chu a tlan dan leh enkawl dan tur ruahman tura ruat ten an rawn ruahmanna te thlir ho a, siamthat ngaita siam thain pawm a ni.
- 3. Driver chungchang :** Ambulance leh Morgue Van Driver te chungchang ngaihtuah a ni a. Hun reiloteah hruaitu inthlan thar a nih dawn avangin hruaitu tharte ngaihtuah atan dah mai tha a ti a. Tun hun laklawwah chuan hruaitu dinglai ten mawh lo phur mai se tih a ni.
- Kum 2021-2023 chhunga SYMA inthlanna turah Pu C.T. Mawia’n Nominee a nihna ațanga banna a thehluh, Office Bearer Meeting ni 24/3/2021 a neiin SEC Committee a ngaihtuah tura dah chu ngaihtuah a ni a. Branch ațang leh SEC ațanga lo lut SEC Committee ni 16/3/2021-a

**Directorate of Food, Civil Supplies & Consumer Affairs
Hriattirna**

No.B.15011/2/2016-DTE(SPY)/GEN : Hriattirna leh chanchinbu kaltlanga mipuite hnena hriattirna chhuah thin tawh angin FCS&CA Department hnuaia Fair Price Shop Dealer/ Retailer zawng zawng ten thla pumpuiin an dawr an hawng tur a ni. Hei hi mipuiten sum leh paia harsatna an neih pawh a huntiam chhung (Thlakhat chhung) a an quota an lak theihna tura ruahman a ni. Fair Price Shop(Retailer) te hian Sunday tiam lovin zing lamah 6:30 - 8:30 inkar leh tlai lamah dar 3:30 - 5:30 inkarah tal Fair Price Shop hi an hawng ngei ngei tur a ni. Hei hi chhuna ei bar zawnga kal chhuah ngai te pawhin an eizawna bahlah lova an chhungkua ration an lak hman ngei theih nan a tih a ni.

He thupek zawm duh lova mipuiten harsatna an tawh a nih chuan thupek zawm lotu chungah dan anga action lak a ni ang.

Sd/-
Director
FCS&CA
Mizoram, Aizawl

<div>Editorial Board : Represent: Nl Florence Zoremsangi Editor: Pu Lalsiamkima Jt. Editor : Ricky MS Dawngzela Treasurer: Nl Thanghmingliani Cir.Manager : Tv. Samuel Lalpekhlua Contact No: 9612761781 / 9612691291 9862501858 / 8575946381</div> <div>FLS Station - 9612566886 Chawngbawla Section Leader : Tv R.Lalnuntluanga 82599 60032 Secretary : Pu Samuel Lalremruata 9862094257 Vanapa Section Leader : Pu Lalchuaailova 87300 99599 Secretary : Tv. Lallawmzuala 87875 41803 Khuangchera Section Leader : Pu Lalramzaau 76408 95924 Secretary : Tv Lalremruata 7005131514</div> <div>Editorial.....✍ YMA CHU ṬANPUI NGAITE ṬANPUITU A NI YMA hming a rik na apianga tun hma aṅang tawha mi tam tak te thinlunga lo lang ve nghal chu ṭanpui ngaite ṭanpuitu anihna hi a ni. Hei hi YMA nihna leh a thupui inngahna pawimawh tak a ni. Tunlai ṭhangtharte zingah YMA sawiselna a awm zeuh zeuh ṭhin a, YMA demna leh a thiltih mawilo lai sawi nuam ti tak te pawh member te zingah ngei pawh an awm ṭhin. Hetiang ang boruak lo awm ṭhinna chhan ber ni a lang chu YMA nihphung dik tak hrelo hruaitu an awm ṭhin vang te, YMA Branch ṭhenkhat ten YMA tih awm lo tak an tih palh vang te pawh a ni thei ang. Amaherawh chu hei vanga YMA zawng zawng dem turerawh a ni lovang. YMA erawh a kal ngaiin a kal reng a, mitin huapzo, ṭanpui ngaite ṭanpui ṭhintu a la ni reng a ni tih hi member ten kan hriat a, hemi chhawmnung zel tura theihtawp kan chhuah pawh a ṭul hle a ni. ‘YMA chu ṭanpui ngaite ṭanpuitu a ni’ tih hi mizo te thinlungah cham reng se, he thuthlung hi YMA ka member duh tak leh ka hruaitu te thinlungah cham reng rawh se. Midangte tana thilṭha tih hi te, aia upa zahna te, khawtlang hmangaih te tlawmngaihnate nei reng turin YMA hi hmalam panin i kal zel ang u.</div>	<div>Branch YMA Office Bearer President Pu HD Daniala 9863212083 Vice President Pu S. Lalthangliana 89748 30454 Secretary Pu Lalremsiama Varte 9862327112 Assistant Secretary Nl. Florence Zoremsangi 9612761781 Treasurer Pu David Ialrosanga 9436158962 Financial Secretary Pu Rotlingpuia 9862385193</div> <div>(Headline zawmna) neihin a lo siamrem tawh a, a phatna ngun taka ngaihtuah a nih hnuin a phatna hi awm tiin pawm a ni a, <i>Nominate List</i> aṅanga paih leh nise tih a ni. 5. O.B Meeting ni 22/2/2021-a neihin <i>Tagore Cultural Complex</i> dinna tura 300 Sq.m ram min dil Rengte tlangsanga SHYMA ram hi pek a, enpui nise a lo tih dan leh hmalak tawhna report Pu Thomas D. Lalengliana, Secretary hnen aṅangin ngaithlāk a ni a. O.B te hma lo lak tawhna hi ṭha tih a ni a, hmalak chhonzawm zel nise tih a ni bawk.</div> <div>Covid-19 hripui chungchanga Kolasib Bawrhsap thuchhuah Mizoramah Covid-19 hrilengin ziaawm lam a pan mek nia lan laiin India ram State ṭhenkhatah he hri hi a hlual thar leh nia hriat a ni a. Chuvangin Kolasib DC chuan mitin mahni zawn ṭheuha fimkhur turin a ngen nawn leh a ni. Hetih lai hian mi ṭhahnemngaiten Kolasib District chhunga Railway Construction Company hrang hrang hnathawktute awmna pan chilhin a huhovin ringlo mite Pathian thu an hrilh ṭhin tih hriat a ni. He rawngbawl hna, thlaraubo chhanchhuah tuma beihna hi thil pawimawh tak leh lawmawm tak a nih rualin, hnathawktute hi India ram hmun hrang hrang aṅanga lo kal an nih avang leh hri inkaidarh theihna hlauhawm tak a nih tel theih avangin Kohhran pawl hrang hrangten rilru fim tak kan hman a ṭul hle a ni. District Level Task Force Meeting, ni 22 March, 2021-a neih chuan hnam dang mite pan chilha a huhova rawngbawl hi him tawk lova a hriat avangin tih rih loh nise a ti a ni. Chuvangin, Kohhran pawl hrang hrang leh Fellowship hrang hrangte pawhin hun remchang ṭha zawk dawhthei taka nghakin tun dinhmunah chuan a hmun pan chilha rawngbawl hna hi thawk rih lo tura ngen leh hriattir an ni. A hun leh hun lovah pawh thu chu hril rawh tih ziak a awm rual hian, Isua leh a zirtirte ngei pawh kha han tlanchhiat chāng an nei ve tho mai.</div>	<div>CYMA hmalakna CENTRAL YMA CHETVELNA 29.3.2021 : Central YMA hnuaia a thlawna Computer zirna 23rd Batch zir tur Interview chu Central YMA Office-ah neih a ni. 29.3.2021 : Chaltlang Branch YMA ten kumpuan hawn programme an hmang a, Prof. Malsawmliana Asst. Secretary, Pu H. Lalsangzuala CEC, Pu T. Benjamina CEC, Pu H.F. Lalrinpuia CEC, Tv. V. Malsawmtluanga CEC, Pu S.F. David Ngursangzuala CEC, Pu C. Lalhmunliana CEC leh Pu Lalhruaitluanga CEC ten an hmanpui. 29.3.2021 : Selesih Branch YMA ten sum vawn leh ziah fel dan traning programme an hmang a, Pu Fabian Lalfakawma Treasurer, Pu K. Darthantluanga CEC, Pu Lalsawma Ralte CEC, Pu R. Lalduhzuala CEC, Pu R. Lalduhawma CEC, Pu R. Lalrinmwia CEC, Pu J. Lalramthara CEC, Pu K. Lalrinawma CEC, Er. Lallawmzuala Pautu CEC, Pu Lalfakmawia CEC ten an hmanpui. 30.3.2021 : Minister, Labour, Employment Skill Development & Entrepreneurship Deptt. Pisa-ah Mizoram State Social Security Board meeting neih a ni a, Pu Joseph Vanlalhruaia Sailo CEC a tel. 30.3.2021 : Chawlhmun Branch YMA ten Leadership Traning programme an hmang a,Prof. Lalnuntluanga Gen. Secretary, Pu Fabian Lalfakawma Treasurer, Er. Lalrinmawia CEC, Pu J. Lalramthara CEC, Pu S.F. David Ngursangzuala CEC, Pu Lalchhuanmawia CEC, Pu F. Lalramchuana CEC, Pu C. Vanlalruata CEC ten an hmanpui. 31.3.2021 : Vantawng Group YMA ten Thenzawl Vengthlangah Group Conference an hmang a, Prof. Lalnuntluanga Gen. Secretary, Pu H. Lalsangzuala CEC, Pu F. Lalfakawma CEC, Pu Lalsawma Ralte CEC, Pu Chawngthankima CEC, Pu C. Vanlalruata CEC ten an hmanpui. 31.3.2021 : Central YMA Office-ah Aizawl City Local Council hruaitute leh Central YMA OB ten Joint Meeting an nei a, hnamdang (Vai) Mistiri leh Helper ten nikhata an hlawh zat tur bithliah chungchanga hmalak dan tur an sawiho. 1.4.2021 : Secretariat Conference Hall-ah Covid-19 hripui leng mek dinhmun thlirlet meeting neih a ni a, Prof. Lalnuntluanga, Gen. Secretary a tel.</div>
Bulṭan ṭha tura huaisenna i neih chuan, hlawhtling turin theihna i nei a ni.		

Thuziak Huang

- Lallianchunga, Mizoram University

Mizo khawtlang inrelbawl dan : Hmanlai leh tunlai

Khawtual nula zinga chepawlawh deuh an hriat an hrem dan chu ‘Zawn/Mihur Zawn’ an ti a, tunlaia ‘pawngsual rawn’ kan tih nen hian a danglam awm lo ve. Uire-na chungchangah pawh a uiretu mipa tan hremna a awm lova; mahse, hmeichhe tan thung chuan zahthlak theihtawpin khawchhung hmun lunlai berah a pasalin a nupui ‘thul’ a khaisak thin baw a ni.

Hmanlai Mizo lalte’n an thuneihna an hman sual theih lak aṭanga lo thlifimtu hi a awm lo kan ti thei ang. Lalte khan an thuneihna kha an duh chuan rawng takin an hmang thei a, chumi lo do let tur engmah a awm lo tihna a ni ber. A awmchhun ber nia lang chu khawdanga pem san a ni awm e. Hei pawh hi fimkhur taka tih a la ngai cheu a, mi mut reh hun zanlaiah tumahin an hriat loh turin an pem thin; khawdanga an pem tur thu lalin a lo hriat hmasak chuan an pem hma pawhin an thilneih zawng zawng a chhuhsak thei a, chuvangin, fimkhur taka hmalak ngai chi a ni. Tin, an pem a nih pawhin an khaw lal laina hnai emaw thian tha lalna khua a pem chu an tan a la him lo thei baw; chuvangin, an khaw lal hmelma khuaah an pem tlangpui thin baw.

Khawtlang inawpna thil tum: Mizo chanchin ziaktu te an thuziak a an inlungrealna em em chu hmanlai aṭanga ‘khawtlang lungreal’ ni tura ‘mimal dikna chanvo’ aia ‘vantlang dikna chanvo’ an ngaih pawimawh zia an tarlang vek hi a ni awm e.

Hetihrual hian ‘mimal dikna chanvo’ pawh a theih chin chinah chuan an humhalh tha viauin a lang. Mi tupawhin lungawi lohna a neih chuan lal leh upate rel turin lal hnenah a thlen thei a. Thubuai neitu zing ami kha lal laina hnai an nih chuan an thubuai rem laiin lal a awm ngai lova, an thurem zawhah lal kha an thurem dan an hrilh chauh thin a ni. Tin, thubuai neitute hi dawt sawia ṭan khawh an awm ngai meuh loh avangin thurem hi an awlsam viau a; vawikhat dawtsawi an finfiah sak tawh tan hun dangah hnehna chan a harsat tawh thin em avangin thubuaiah miin dawt an sawi ngam lo a ni.

Vantlang tana mi hnawksak lo te ‘dikna chanvo’ an humhalh viau laiin ‘vantlang tana mi hnawksak ni a an hriat’ te chungah thuneihna an lekkawh duh dan erawh a dang hle thung. Tualthattu chu a mi thaha chhungte’n thah ve ngei an tum a, chuta ṭanga atana inhumhimna awm chhun chu lal ‘sutpui’ vawn a, amah leh a thlahte thlenga lal bawia tan a ni a, a tan zalen lehna kawng a kaw lo hle. Khawchhunga hmeichhe awm khaw lo deuh an buaipui dan aṭang hi chuan kha hmeichhe tan khan ‘khaw eng’ hmuh ngam a ni tawh hauh lo baw ang. Khawtlang tana mi hnawksak leh chimawm te laka ‘tlang sawi’ an kalpui dan pawh hi a tuartu tan thubuaia lak theih a ni lo, lalin a titute a ṭan ru tih an hriat vang a ni. Nunau tithlabar zawnga che thin te chu ‘A chi thlah tam hmaa thah tur’ tih hi an thu kalpui dan a ni a. K.Zawla chuan hmanlai Mizo khawtlang nunah khan “....misual tih sim zawh loh an nei ngai lo” ti hialin a zia a ni.

Hmanlai Mizo chanchin a lal te’n an khua leh tui te an awpna kawnga pawimawh ber ni a lang chu ‘vantlang tana ralmuanna leh inlungrealna siam’ a ni tih a lang. Heihi a pawimawhna pahnih lo tarlang ila: Pakhatna, khua leh khua, chi leh chi indo hunlai a nih avang leh ramsa kawlh laka indo puang thei reng an nih avangin khawtlang inlungrealna hi an mamawh hle ang tih a hriat. An inlungrealna tichhe theitu, khawtual mi kawhmawhbawl ching te leh nunau thin tiṭhawng zawnga che thin te khawchhungah zalen taka an chet ngam lohna turin chung mite lakah chuan ‘thununna’ an lekkawh thin a ni. Pahnihna, khawtlangan inlungrealna turin lal pawhin khawchhunga misual ni a hriatte lakah beng a hup san ngam a pawimawh hle tih a hriat. Khawtlangin misual ni a an hriatte thlavang hauh zawnga lal a chet chuan khawtlang inlungrealna a chhe thei

Naupang Huang

- C. Lalnunchanga

(Chhunzawmna) Pasaltha Khuangchera

An sai ramchhuah tum khat pawh sai ram an zuk thleng a, riah buk an sual hmain sai rual an hmu a. Khuangchera chuan a ngho tha ber chu a chaldarah a han kap thuai a. Sai chu a thi lo va, Khuangchera chu a rawn phin ta a. Buhfai zan sawm riak ak chungin a bula thingluang, a dung chen laia sang chu a zuan khum zawk mai a. A piah lawkah sai chu a ding khur chur chur a. Khuangchera chuan a silai a thun leh sawk sawk a, hnai set sawtah a va kap hlum ta a ni.

Vawi khat dang leh pawh an sai ramchhuahin sai rual tla sup sup hi an hmu a. Khuangchera chuan a veh hnai a, sai rual kârah chuan a lûta, a ngho tha bera zawnga; a zakdawhah silai kaw hmawr hawl chihin a kap a ni.

A naupan lai hun hi Chhippui vêlah a awm tam bera sawi a ni a. Hmanlai chuan pem kual reng an ni a, chuvangin an awmna khua miin an zawh pawhin, an khaw hmingaiin an lal hming an sawi zawk fo thin a. Lianphunga’n Parvatui a kai hnu, hemi hmuna an awm lai hi Khuangchera hmingthan ber lai a ni awm e. Valupa, tlangvâlho kilkawitu a ni a.

Tlangval sual deuh, naupang vau mai ching te, uchuak deuhva nula chhah ching te, ṭawng thlahdah deuh te an awm thin a. Chûng mite chu Khuangchera chuan tha takin a zilh a; khawtlang nun a siam tha hle a. Chuvang chuan, “Parvatui nun zilh ngai lo,” tih ṭawngkam a lo chhuah phah a. Sakei hual nikhuate chuan tlangvalho fuih phur a thiam a, tlangvalho pawhin Khuangchera hova sakei zim chu nuam an tiin, a huai pawh an huai phah hle thin a ni. Khuangchera’n tlangvalho a zirtirna:

1. Hlau lo tih vangin bawh zêl suh. Bawh hun a awm a, tlan hun pawh a awm.
2. Mi chung tâk zâwngin an ṭawng mai mai ngai lo, mite tithlamuang zâwngin tawng zawk tûr.
3. Mual dungah thlâm sa rawh, sakeiin a bei ngai lo.
4. Hmeichhe chungah an thinrim ngai lo, kan ngam sa reng an ni.

Vawi khat chu Khuangchera chuan sai, a ngho pawh khanchhuka tun tham leh tumapangchal ki tha zet mai an ramchhuah tum khatah a kap a. A ruala heti ang sa ropui a han kap mai hi a hmingthan tawh nâk alaiin a hminthan phah leh zual a. In tinah a hming an sawi sup sup a. A hming lemah, ‘Sai lai,’ an ti hial a. A sai kah hming chawi hian a fate hmingah pawh Saikhuma leh Saichhungi an sa a.

Khuangchera leh Neithanga

Lianphunga khuaa pasaltha pakhat, khawnbawl upa fapa Neithanga chuan Khuangchera hmingthatna

(Chhunzawm tur)

(column lehlam a mi zawmna)

baw. Tlangval rual te chu sa leh ral laka an khaw venghimtu ber an nih avangin a huho a an thiltih dodal zawnga awm chu lal pawhin an duh lo tih a lang.

Inrelbawlna tha loah chuan inrel a tamin kân inbawl kual tawn mai mai chauh a ni.

Mizo Dan leh Hrai

MIZO HNAM DAN (Mizo Customary Law)
Published by Law & Judicial Department, Government of Mizoram. 1st Edition 2006.

BUNG - 4 : NUPA INTHEN CHUNGCHANG

Mizo zingah Nupa Inthen Dan chi hrang hrang a awm.

Chang 81 - Pasal awm loh hlana chhuak :

1) Hmeichhia, a pasal awm loh hlana mahni thua chhuak chu 'Tlan' a ni. A pasal lo hawn a, a kohva a haw duh loh chuan 'Sumchhuah' a ni. A pasalin a koh duh loh chuan a 'Ma' a ni

2) Hmeichhia, a pasal awm loh hlana a pasala chhungte nen inngeih loh vanga, a pasala chhungte chhuahtir chu a pasal lo haw leh hnua koh tur a ni. A pasalin a koh duh loh chuan a ma a ni. Kohva a haw duh loh chuan sumchhuah a ni. A pasal lo haw hmain a tu zawk emaw lo thi sela, mahni thua chhuak chu Sumchhuah a ni a, Pasal chhungte chhuahtir chu mak a ni.

Chang 82 - Atna avanga inthen : Nupa tu emaw zawk lo â sela, inthen tura ngaih a ni lo. Kum thum (Thla 36) chhung chu inenkawl ngei ngei tur a ni. Amaherawhchu, kum 3 hnua pawh a reh loh va, inthen loh theih a nih loh chuan, Peksa changa inthen theih a ni. Kum thum hmaa mipain a then chuan a ma a ni a. Hmeichhe chhungten loh theih lohna avanga an lak chhuah chuan Sumchhuah a ni.

Chang 83 - Nupui fanau chhuahsan : Nupui nei laiin nupui atan hmeichhe dang a duh zawk avangin inthena thu pawt chata, a nupui a chhuahsan chuan 'Nupui fanau chhuahsan' a ni. Nupui fanau chhuahsantu chuan a chhuahsan ni atangin a in leh lo a chhuahsan chu a chhan ang a, a fate ta a ni ang. Fa nei, a fate nu chu chang 102 a sawi angin a fate enkawltu a ni. Fa nei lo an nih a, an in leh lo chu an nupaa an din a nih chuan, a nupui ta a ni. Nupui fanau chhuahsantu chuan inthenna chu tichiang lo leh pawtchat lova nupui fanau a chhuahsan a, nupui fanau lakah a mawphurhna pawh engmah ti duh lova kum thum (Thla 36) a awm chuan Nupui fanau chhuahsan a ni. (Note : In leh lo tih hian, chhungkuaa thil neih zawng zawng a huam.)

Chang 84 - Nupui fanau tlanbosan : Nupui nei laiin nupui dang neih duh vang ni kher lovin, chhan awm lova a zinnaah emaw, a hnathawhnaah emaw, eng vang pawhin rei tak awm sela, a nupui fanau laka a mawphurhna pawh engmah ti lo leh chin hriat lohva kum thum chung a awm chuan 'Nupui fanau tlanbosan' a ni. Chumi hnua a lo hawn leh pawhin, nupui chuan a lo duh tawh lo thei. A nupuiin a duh tawh loh chuan a in leh lo a chan ang a, a fate ta a ni ang. A fate nu chu chang 102 a sawi angin a fate ta a ni ang. An tuten pasal pawh lo nei sela, pusum kha a pu aiah an piin a tel thin. Fa nei lo an nih a, an in leh lo chu an nupaa din a nih chuan, a nupui ta a ni.

Chang 85 - Hmeichhe bungraw lak : Uirena tih lohah chuan, engti kawng pawhin nupa lo inthen sela hmeichhiain a bungrua a la kir leh vek thei. Hmeichhe bungraw laknaah mipa bungrua lo tel palh sela, in pek kir leh mai tur a ni a, rukru anga puh theih a ni lo. Bungrua lak hian mipa lam leh hmeichhe lam hriatpuitu fel tak an awm tur a ni.

Chang 86 - Zangzaw : Mipa, vanduaina avanga mipa thei lo hi 'Zangzaw' a ni. Zangzaw chu inenkawl nan thla thum nghah tur ani. Thla thum thlenga nupui a pawl theih loh chuan, a nupui chu peksachangin a kal thei a, thla thum nghak zo lova kal chu sumchhuah a ni. Hmeichhiain a pasal chu Zangzawah puh sela, a puhna chu a dik loh chuan, hmingchhiat man chawitir theih a ni. Chumi bakah mipain anupui chu a pawm duh loh chuan Sumchhuahin a kal tur a ni.

Chang 87 - Chhu ping : Hmeichhia, vanduaina avanga chhu ping, pasal pawl theih loh chu, inenkawl nan thla thum nghah tur a ni. Thla thum hnua pawh pawl theih loh a la nih fo chuan, Peksa changa kaltir theih a ni. A pasalin thla thum tlin hmaa a chhuahtir chuan a ma a ni. A nupui pawhin thla thum a nghah duh loh chuan sumchhuah a ni.

(Chhonzawm zel tur)

Hriselna Huang

Ruh natna tlanglawn - Dr. H.Lalnghakliana

Khawvel history thui tak han chhuikir a, mihring te'n natna chi hrang hrang kan vei thin te leh indonaa hliam nasa tak tak an tuar thin te han ngaihtuah chang hian engtin tak lo inenkawl thin maw? Lo inenkawl thei ta pawh ni sela tunlai thiamna nasa tawh tak la awm loh hun lai te a ni vei nen, mihring te kan la damchhuak zel a thilsiam zinga chungnung ber kan la ni ta zel mai pawh hian ngaihtuahna a ti thui ve thei khawp mai.

Khawvel (*Earth*) lo indin tanna pawh hi mithiam te chuan rei tawh tak ni in an sawi a, *evolution* ringho phei chuan chhut thui veng veng tak an ni. Tunlai damdawi thiamna *modern medicine* kan tih mai hi kum 150 atang 200 vel chauh a upa a la ni nghe nghe a, *industrial revolution* khan a rawn nghawng chho ve a ni. Heng *revolution*-te a lo chhuah hma pawh khan eng eng *revolution* emaw chu a awm ve tawh fo; mahse, thiamna a lo sang chho ta thut mai hi thil mak tak a tling reng a ni. Mizote phei hi chu kan lo chawr chhuahna bulbalah kan chiang lo hle nghe nghe a. Tun hun atanga kum 500 vel kha chiang takin hre leh thei ila chuan a ngaihnaawm thei ngawtin ka ring. Hnam naupang te kan ni chung hian thiamna lamah ke kan pen ve mek zel a, khawvel hmasawanna kan um ve lawp lawp chu a nih hi.

Kan thupui ah lut ila. Ruh natna hrang hrang hi kan hmelhriat ve fur tawhin ka ring a; mahse, hnam naupang tih takah *medical term* mumal kan neih loh avangin sap hovin *prolapsed disc* an tih pawh hi saitika ,caitica, ruh chawr, ruhno chawr, adt. tiin kan sawi duah a, a mumal lo thei hle. He natna hi a tam ve viau mai a, Hnungzang ruh lungrem ang mai a in chherchhuan thla karah hian thil dup/ nem tak *shock absorber* a awm ve a, chu chu a hrisel lohva a tawlh chuan *spinal cord* a nek na ta thin a ni. Chu *shock absorber* chhia chu zai a paih a ngai thin a ni. Thenkhat chuan a dam thei tawh lo niin an ngai thin a; a dam thei a, a hlawhtling thei hle a ni tih hriat a tha. A *case* a zirin a har deuh te , a dam har deuh te, zai kher ngai lo chi te pawh a awm thei a. Zai ngai lo tak zai a nih te hian a nih tur ang a ni lo thin a ni. Tin, kan hriatna thazam ropui ber *spinal cord* khawih tel a ngaih thin avangin tihsual zauh palh pawh thil awm thei tho a ni a, fimkhur taka zai chuan hei hi a pumpelth theih a ni.

Hriatzauna Huang

Engvangin nge van (Sky) hi a pawl? Lei khuhtu/tuamtu (atmosphere) hi awm ta lo se a pawl tho ang em?

Chhanna : Raylight scattering an tih vangin ni zunga chhimbal rawng awm chu boruak (*atmosphere*)-ah a inthehdarh sung mai a. A pawl (*Blue*) chuan *wave length* a neih tawi bik avangin ngil taka kal lovin boruakah rawng dang aiin a pengdarh nasa ta bik a. Hei vang hian Van rawng hi a lo pawl ta thin a ni.

Lei hian khuhtu (*atmosphere*) nei ta lo se chuan van rawng chu a dum (*black*) a ni ang. A chhan chu kan mit rawn chhuntu tur eng kaldarh (*scattered light*) a awm dawn lo a ni.

Hmar arsi (North Star) piah lam/hnuai lama arsi zawng zawngte khi engvanga khawchhak lam (east) pan dual dual nge an nih?

Chhanna : Hmar arsi piah/hnuai lam arsi te khi circumpolar star tih a ni a. Arsi dang heng Khiangte zawngzim, siruk te ang lo takin khawchhak lam an pan dual dual a kan hmuhna chhan bul ber pakhat chu lei axis-in hmar tawp (North Pole)- a a tan tlangna hua; vela an awm vang a ni.