An Official Organ of YMA, Khuangpuilam Branch.

- Tau thla -

YMA MOTTO

Hunawl hman that

□ Hunawl hman that □ Zofate hmasawnna ngaihtuah □ Kristian nundan tha ngaihsan

Khawchin: Source - Accuweather.com



Khua a that rin a ni. Temp - Max: 24°C Min: 13°C Dar 6:05-ah ni a chhuak ang a, Tlai Dar 4:49-ah a tla leh ang.

11st April, 2021 (Pathianni)

Tunkar chang vawn: I Petera 2:11"Duh takte u, mikhual leh khualzin in nih avangin, thlarau do thintu tisa chaknate bansan turin ka ngen a che u;".

Vol - VII Issue No. - 15

TUALCHHUNG CHANCHIN

- Pu F Lalhmingmawia (Amawitea) Ch. Sec. chu hun engemaw chen damlohna avanga a inenkawl hnuah damtakin In lam an rawn haw a, Tluang tak leh dam taka an inenkawl zel theih nan duhsakna kan hlan e.
- ♣ Pu Pu Vanlalhriatpuia s/o Pu Lalthansanga Khuangchera section leh Laldampuii d/o Vanlalrova, Bungkawn Damveng, Aizawl te chu Khuangpuilam Presbyterian Kohhran Biak In-ah ni 9thApril,2021 (Zirtawpni) khan an inkutsuih a, hun kal zel turah nupa hlim tak leh lungrual tak an nih theih ngei nan duhsakna kan hlan e.

Covid 19 laka fimkhur turin mipui chah

Dr Pachuau Lalmal-sawma chuan Covid-19 hripui léng thawh hnihna (secondwave) chungchangah thuchah a tichhuak a; invènna fimkhur turin mipui a sáwm.

Covid-19 Spokeperson chuan tun hnai ni sarih chhunga Covid-19 positive hmuh chhuah zingah Mizoram páwn aṭanga lut mi 34 an awm thu sawiin, "Hei hi hmuh chhuah zawng zawng aṭangin 74% vel a tling. Kàina chin hriat loh mi pasarih leh positive contact mi panga an awm," a ti a; Covid hri tharin India rama state 18-ah bu a khuar mek thu a sawi.

Dr Pachuau Lalmalsawma chuan, Covid-19 laka invênnate zawm that a tul thu te, tul féah lo chuan zin chhuah leh puipunnaa kal pumpelh a tul thute a sawi a; Covid-19 hri thar hnathawh dan a danglam deuh tawh avangin nawmsam lohna eng pawh neite chu inentir vat turin a chah a ni.

SUB-HEADQUARTERS ROREL INKHAWM VAWI-6-NA DIAKKAWN YMA HALLAH NEIH A NI

Khuangpuilam the date 11st **April, 20121**: - Dt 8th April, 2021 (Nilaithawhṭan) khan Diakkawn YMA Hall ah Sub Hqrs YMA, Kolasib rorel inkhawm vawi 6-na leh Central YMA hotute kaih hruaina hnuaiah Sub Hqrs Y.M.A, Kolasib hruaitu thar thlanna neih a ni. Programme hi chawhma leh chawhnuah ṭhen hrangin, chawhma lamah rorel inkhawm neih a ni a, chawhnu lamah Sub Hqrs Y.M.A hruaitu thar thlanna tluangtaka neih a ni. Rorel inkhawm a kal zawng zawng hi mi 385 an ni.

Rorel inkhawm hi Pu C Liankunga President SYMA kal chhuakin a kai hruai a, Reports hrang hrang Secretary, Finance leh Ambulance i/c ten report kimchang leh felfai takin an pe a ni.

Secretary report aṭanga a lan danin Sub Hqrs, YMA Kolasib huam chhungah Branch 87 kan awm a, mipa - 21463, hmeichhia - 13138, Total - 34601 kan awm a ni. Member chatuanram pante sunna hun hman a ni bawk a, Kum 2019-2021 chhung khan Sub-Hqrs YMA, Kolasib huam chhung ah kan member pui mipa - 942, hmeichhia - 71, Total - 1013 ten chatuanram min pansan ani.



Central YMA President Pu Vanlalruata kaihhruaina hnuaiah SYMA hruaitu thar thlanna neih a ni a, chung hruaitu thar thlan chhuah te chu:- **President** - Pu Thomas D Lalengliana, Saidan Branch **Vice President** - Pu Liankunga, Hmarveng Branch, **Secretary** - Pu Lalnunmawia, Venglai Branch, **Asst. Secretary** - Pu Jerry Zoremsanga, Diakkawn Branch, **Treasurer** - Pu Timothy Lalchhuanawma, New Diakkawn Branch, **Fin Secretary** - Pu Samuel Lalfela Hmarveng Branch te an ni.

Rorel Inkhawm thurel tlangpui te:-

- **I. YMA Khawih**:- * National Highway kawng kama bawlhhlawh paih te khawkar kawnga dawr te SYMA ten enfiah a hmalak nise tih a ni. * Kolasib aṭanga ruang thawn chhuahin kuang chungchang SYMA levela ngaihtuah nise tih a nia, budgetah pawh telh nise tih a ni. Sub Hqrs YMA Committee room tih chantlun nise tih chu pawm a ni bawk.
- * CYMA General Conference, Sub -Hqrs leh Group Conference ah Joint YMA OB leh rorel palai leh inthlanna vote an neih theih dan leh YMA hruaitute committee danga an dinhmun dan bu a tih chiang tura rawtna chu CYMA lama kalpui zel nise tih ani.
- * ILP siam leh Sponsorship chungchangah Sub-Hqrs in chaktaka hmalak nise tih a ni.
- * Khaw thenkhata ruih hlo tawlh ruk leh zawrh ruk chungchang leh Mipat/Hmeichhiat hluar tur ven nan Sub-Hqrs YMA in hmalak nise

YMA chu țanpui ngaite țanpuitu a ni. - YMA Kumpuan : Zirna uar

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Editorial.....& HRINGNUN

Pathianin mihringte hi ngaihtuahna hrang theuh neiin, hmel leh pianzia pawh in ang lo theuhvin min siam a, kan tih duh zawng te, ei duh zawng te pawh inang thlap thlap tumah kan awm lo. Hmeltha leh hmeltha lo thliar hran thiamna min pek hi kan inan tlânna ber a ni mai awm e. Mihringte hi thi tura nung, nung tura thih ngai siin min siam a, kan damchhung nite hi kan duh ang anga hmantheihna min pe a, mahse dam hlen tur taksa erawh min pe tel hauh si lo.

Mihringteah chuan chhia leh tha hriatna te, thliar hran theihna te, hman theihna te a dah a, chuvangin inang lo tak takin khawvel nite hi kan chhiar a ni. Thatna te, sualna te, thianghlimna te, felna te leh adangte kan damchhung ni atan keimahniah keimahni vêkin kan la lut a. Nakinah, kan thih hunah chuan kan dam laia kan nihna ang zawng zawngte hi thlanah kan la luhpui vek ang a, kan taksa rualin phumin a la awm ve ngei dawn.

Chutia phuma a awm rual chuan thlan aṭang vêk chuan kan nihna zawng zawngte chu khawvelah hian a rawn darh chhuak leh dawn si. Mi ṭha chu mi ṭha a ni, mi rinawm chu mi rinawm, mi chapo chu mi chapo, mi mawl chu mi mawl a ni, etc. tihte hi thlân chuan khawvel hnenah ngawi rengin a puang ulh ulh mai si a.

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Sub Hqrs

(chhunzawmna)

tih rawtna chu pawm a ni.

- * Hnamdang hnena Inhmun/huan lo ram lei leh hralh/hlanchhawn zel a nih loh nan Mizoram chhunga in hmun/huan/loram hralh/hlanchhawn a nih dawn reng rengin YMA hriatpuina tel zel a nih theih nan Central YMA in chak takin hma la rawh se tih lut chu tha tiin Central YMA ah kal zel tura tih a ni.
- II. Sawrkar khawih: * Mizoram leh Assam ramri buai chinfel a nih theih nan sawrkar in hma la rawh se tih chu CYMA a kal zel tura thlen nise tih a ni. * Mizoram leh Assam ramri dep khua ten hma an sawn theih nan sawrkar in chak zawka hma la rawh se tih chu hruaitu ten ruahmana lo siam se tih a ni.
- * Kolasib District chhung ramri hmun hrang hrang Police Outpost/Duty Post te tun aia changtlung zawka sawrkar in a thuam that theihna turin SYMA in hmalak nise tih a ni.
- * Bawktlang Power Sub-Station in a chawm khua ten Power Supply tha zawk a neih theih nan hmalak nise tih pawh a hlawhtlin ngei theih nan hmalak nise tih a ni.
- * N Hlimen to Mizoram chin kawng hei aia tha zawka siam theih nana hmalak nise tih chu bawhzui a, hmalak nise tih a ni.
- * Village Council Electoral Roll a Non Tribal te an tel lohna tura chak taka hmalak nise tih chu a tha tia pawm a ni.

Silai license chungchanga sorkar thu

Home Secretary Lalbiaksangi chuan April 7, Nilaini khan silai license chungchangah hriattirna a tichhuak a; April 7, 2021 hnu lama silai license pek thar leh tihnun reng reng chu license pek chhuah/tihnun ní aṭanga kum nga chhung chauh a nun dawn thu a tarlang.

Hriattirnaa a lan danin, silai pahnih aia tam kawlte chuan hriattirna tihchhuah ní (April 7, 2021) atanga thla ruk ral hmain license pe chhuaktu (concerned licencing author ity) hnenah emaw, police station hnai berah emaw phal zat aia tam silai an kawlte chu an dah (surrender) tur a ni a; silai hlante chu thla ruk ral hmain an chhungte hmingin license a tharin an dil leh tur a ni.

CYMA hmalakna

CENTRAL YMA CHETVELNA

5.4.2021: SRS 10th Batch in dt. 20.7.2019-15.10.2019 chhunga ruihhlo an man, suma chantir a, Rs. 22,26,090.00 hu chu Central YMA Hall kawtah Pu Vanlalruata President-in a halral.

5.4.2021: Ni 27.3.2021-a CEC meetingin, tunhnaiah ruihhlo a hluar leh tak avangin, ruihhlo do kawngah tan lak thar leh ni se tia a rel angin, ruihhlo do kawnga hma la turin Vigilance Sub-Committee leh CEC thenkhat ten duty an tan.

6.4.2021 : Tuichawng Group YMA ten Damdep - II-ah Conference an hmang a, Pu Roneihthanga Fin. Secretary, Pu J. Lalsangliana CEC, Pu R. Lalrinmaiwa CEC leh Pu Vanlalruata CEC ten an hmanpui.

6.4.2021: Central YMA Cultural Sub-Committee hnuaia Cultural Performing Troupe member 2021-te lawmluhna leh infuihna hun Central YMA Hall-ah hman a ni a, he hunah hian Prof. Lalnuntluanga Genral Secrrtary-in lawmluhna leh fuihna thu a sawi a, Tv. V. Malsawmtluanga CEC leh Pu Hrangliana CEC te an tel bawk.

7.4.2021 : Covid - 19 dinhmun mek sawihona Health Minister Office Chamber-ah neih a ni a, Prof. Lalnuntluanga Gen. Secretary a tel.

8.4.2021: Central YMA bultumin Vanapa Hall-ah, Aizawl khawpui chhung Branch YMA hruaitute intawhkhawm hun hman a ni. Covid - 19 hrileng vangin intawhkhwm hun hi thawh khatna leh thawh hnihna a then a ni a, thawh khatnaah hian Aizawl khawpui chhung Branch 52 OB te an tel. He hun hi YMA kalphung inhrilh tharna leh infuih thar nan hman a ni. Dt. 12.4.2021 zanah thawh hnihna hun hman leh tura ruahman a ni. 9.4.2021 : Secretariat Conference Hallah State Executive Committee (Covid -19) meeting neih a ni a, Pu Vanlalruata President leh Prof. Lalnuntluanga Gen. Secretary-te an tel. Covid - 19 hrileng mek chungchanga hmalak dan tur an sawiho.

9.4.2021: Ni 13.3.2021 zinga Maubawk Veng a chenna In 8, chhungkaw 19 luahlai kang tuarte tanpuina tur Aizawl khawpui chhung Branch YMA 79 leh khawpui pawn Branch 4 hnen atanga Central YMA-in Rs. 26,98,755.50 a dawn chu Maubawk Branch YMA hruaitute kut-ah hlan a ni.

(Thu ziak Huang)

- Lallianchhunga, Mizoram University

Mizo khawtlang inrelbawl dan: Hmanlai leh tunlai

Phek 3-na

Sap ho lo lan hnua danglamnate: Kum 1890 hnua Sap hoin Mizoram an awp aṭangin Mizo lalte thuneihna pawh zawi zawiin an ti danglam a; thih leh dam thua lal thuneihna chu tih tawp a ni a, bawi neih an khap a, 'mihur zawn' an khap bawk a, midangte bungrua chhuhsak pawh an khap zingah a tel. Heti chung hian lal te chu an khua leh tuite an enkawlna danah leh vantlang nun ralmuang leh lungrual an siam theihna turah chuan hmanlai aṭanga an lo chin ṭhan tawh tam tak an chhawm tir zel thung a ni. Mahse, inawpna tharah chuan lal te chu thuneitu ber an ni tawh lova, an chungah an aia lal, Sap sawrkar hotute leh an hnuaia thawktute an lo awm a; chung hoin an rawn ken tel chu sakhaw thar leh zirna In te a lo ni a, chuvangin rei lo te chhungin Mizo khawtlang nun tiralmuangtu leh ṭanrualna siamtu 'Zawlbuk' pawh a lo tawp ta hial a ni.

An chungah an aia thuneitu zawk an awm tak avangin Mizo lal te thuneihna pawh a kiam hret hret a, Zawlbuk a lo tawp bawk nen, Mizo khawtlang nunah chuan tun hmaa an la hriat ngai loh 'hmun ruak' a lo awm ta a, chu chu khawtlang nuna 'inthununna' kengkawhtu a awm tak loh vang a ni. Chumi 'hmun ruak' hnawh khat turin Sap Missionary te ruahmanna hnuaiah kum 1935 June 15-ah 'Young Lushai Association' (YLA), a hnua 'Young Mizo Association' (YMA) tia vuah chu an din ta a. Mizo lal ho lalna pawh kum 1954 atangin tihtawp a lo ni ta bawk a, an aiawh turin mipui thlan Village Council din a a ni a. Tichuan, hmanlai Mizo khawtlang nuna khawtlang ralmuanna leh inlungrualna siamtu hmanrua heng, lal, khawnbawl upa, valupa leh zawlbuk te chu YMA, Village Council (VC)/Local Council (LC) te'n an thlak ta a; heng mite phenah hian YMA dinna a bultumtu te aiawhin Kohhran hruaitu te an awm bawk.

Hmanlai leh Tunlai Chu: Kum zabi 21-na a Mizo khawtlang nun hi hmanlai aiin danglamna tam tak a awm a. Chung danglamna te chu eizawnna bulpui inthlak leh zirna In hrang hrang din a nih vang kan ti thei ang. Hmanlai angin indo a awm tawh lova, sa leh ral laka inhumhim a tul tawh lo bawk a. Misual te man a, an phu ang tawk a an chunga rorelna kengkawh turin Police, Dan, thubuai remtu (Magistrate/Judge) leh Jail a awm tawh a. Hmanlaia Mizo khawtlang nun inawp dan tam tak kha kan mamawh tawh lo a ni. Heti chung hian tun hma atanga Mizo khawtlang inawp dan, ziak loh dan hmanga inawpna chu chhawm nung zelin kum 2005 khan 'Mizo Hnam Dan' (Mizo Customary Law) chu ziaka dah that turin Mizoram Dan Siamna Inpui (Legislative Assembly) chuan a lo pawm ta bawk a ni.

Hetihrual hian hmanlai atanga Mizo khawtlang hruaitute lung tileng a, an awmna khua/veng theuha an kenkawh reng tura an duh ber a awm a, chu chu 'khawtlang inlungrualna hi a ni kan ti thei awm e. Kum zabi 21-na hunah pawh hian Mizo te chu khua/veng tel telin kan la khawsa chhunzawm zel a, heng khua/veng te hi ramri kham fel tak nei a din niin, chumi huam chhungah chuan YMA, VC/LC, Kohhran leh tlawmngai pawl hrang hrang te an awm zel bawk. Heng pawl hrang hrang te leh tualchhung sawrkar kan tih te hi an chungah Mizoram pum huapa khaikhawmtu awm mah se an 'rinawmna' (loyalty) chu an awmna veng/khua tan an hlan hmasa ber tho thin a ni. An puala Sawrkarin Dan a siamah khawtlang an enkawl dan tur chipchiar taka tarlan ni lo mahse hmanlai atanga Mizo khawtlang inawp dan kalphung kha tunlai hunah pawh VC/LC te hian an la kalsan lo hle.

Helaia kan tarlan hmaih loh tur chu kum zabi 21-na a Mizo khawtlang nun inawp danah hian hmanlaia 'thununna' an lekkawh dan, heng Tlangchil, Tlangsawi, Mihur Zawn leh lal thupeka vantlang tana mi hnawksak 'dah that' te kha danin phal tawh lo mah se 'Mizo Hnam Dan' angin khawtlang roreltute chu 'Misual bik chungchanga' an tih tur mawhphurhna pek chhunzawm zel an la ni a; tin, he 🐠

(Naupang Huang)

- C. Lalnunchanga

(Chhunzawmna) Pasaltha Khuangchera Khuangchera leh Neihthanga

Lianphunga khuaa pasaltha pakhat, khawnbawl upa fapa Neihthanga chuan Khuangchera hmingthatna sâng zêl chu a itsik hle a, "Khuangchera hi a huai bik lo ve, a vanneih vâng mai a ni e," a ti a, Khuangchera aia hming than tum chuan a bei nasa hle a. Vawi khat chu an khuaah sakei huai a lo tla leh ta a. A hualnaah Khuangchera leh Neihthanga chu ngawizawnah an tang dûn a. Ngawizawn hi sakei lo chhuahna tur, pasalthain an lo chânna lai kha a ni a. Sakei chuan Khuangchera chu a rawn zuan a, a phawin a lo indang a, a pu leu va, thlang lamah a bin dawp mai a. Sakei chuan tlân pahin Neihthanga ban rekah na vak lovin a seh a. An thiante chuan, "Engtiziaa inhliam nge i nih?" an ti a.

Neihthanga chuan, "Kan Khuangnêma'n phaw ka barh a ti de daw a, mi sehtir alâwm maw le," a ti a. Khuangchera lah chuan ngai thupui lo takin, "Sanghar seh pawh a tluk loh kha, chaw ei titui tâwk pawh a nih loh kha," a lo tihsan duh chauh va.

Ni danga an sakei hualnaah Neihthanga chu Khuangchera bul ngawizawnah bawk a tang leh a. Sakei chu pikah a tawm a, pasalthate inpeih hmain mipui chuan hual chhûng ata chu an hnawt ta mai si a. Sakei chuan relh chhuahna tur a zawng a, a hma zâwna lo awm Neihthanga chu a zuan thlu a, a malpuiah a seh a. Khuangchera chuan sakei mitah tak chuan a feiin a lo chhun a. Sakei chu thlang lamah a inthiar fihlim a, meng thi zawih zawihin a thu ta lup a. Khuangchera chuan sakeiin a rawn zuan leh ang tih hlauvin Neihthanga chu a phawin a sawh hliah a, feiin a vêng a. Sakei chuan Neihthanga malpui ti chu hrang khat teh lawng a keih thla hman a, "Awi ka nu, a va na em!" tiin a rum a. Khuangchera chuan, "Eh! Mipa chuan nute hming êm chu kan lam dâwn em ni?" a lo ti a. Neihthanga chu a ngawi ta hmak a. Mi dang an lo thleng thuai a, sakei chu an chhun hlum ta a. Neihthanga chuan, "Kan Khuang-mi-huaia chu awm lo se la, hual chhûngah khân min ei zo vek thei dawn a nih kha le," a ti a. (Chhunzawm tur)

(column lehlam a mi zawmna)

'Dan' vek hian Chang 133-ah 'Vantlang tana hnawksak' a tihte pawh chiang takin a tarlang a, chungte chu (1) Khawlaia ruih mualpho, (2) Mi tibuai zawnga bengchheng siam, (3) Vantlang leh mimal tana rimchhe siam, (4) Zahpah leh pawisak nei lova khawlaia khawsak, (5) Khawlaia midang pawng vau, leh (6) Vantlang emaw, mimal emaw tana hnawksak leh huatthlala a awm te a ni. Tichuan, khawtlang enkawlna turin VC/LC te thuneihna bakah 'Mizo Hnam Dan' a awm a, chumi piah lamah chuan khua/ veng a sualna hrang hrang do turin Sawrkar hriatpuiin 'Village Defence Party' (VDP) din theih ala ni bawk, khua/veng engemaw zatah erawh VDP din loin VC/LC kaihhruaina hnuaiah vengchhung tlawmngai pawl hrang hrangte telna 'JAC' an din

Hmasawn tur chuan rilru sukthlek dik a pawimawh, hmanrua aiin thluak fim a pawimawh.

Mizo Dan leh Hrai

Phek 4-na

MIZO HNAM DAN (Mizo Customary Law)

 $Published \ by \ Law \ \& \ Judicial \ Department, Government \ of \ Mizoram. \ 1st \ Edition \ 2006.$

BUNG-4: NUPA INTHEN CHUNGCHANG

Mizo zingah Nupa Inthen Dan chi hrang hrang a awm.

Chang 88 - Nupa inpawl duh lo : Inneih aṭangin mipain a nupui pawl duh lo sela, thla khat chhung nghah tur a ni. Thla khat hnuah pawh a la pawl duh loh fo chuan, a nupui chu a chhuak thei a, a pasal chuan man zawng zawng a pe tla vek tur a ni. Chutiang bawkin hmeichhiain a pasal pawl a duh loh chuan thla khat hnuah a chhuak ang a, man zawng zawng a pe kir vek ang.

Chang 89 - Nupui tlan kohna : Hmeichhia, pasal nei lai chu eng vang pawhin a pasal hnena awm duh lovin ama chhungte hnen lamah awm se, Tlan a ni. Tlan kohna chu an tlan chhan a zirin ₹5/ - aṭang ₹ 20/- thleng a ni thei a ni.

Chang 90 - Sazumeidawh: Tlangvalin man awm lovin hmeichhia an chhungte remtihnain nupuiah neih duhin luhkhung sela, hun eng emaw chenah duh lovin chhuahsan leh ta se la, Sazumeidawh a ni. Chutiang Sazumeidawh chuan, eng pawh lo thawk chhuak mah se, a luhpui bak chu engmah a chhuahpui thei lo.

Chang 91 - Nupa inthen fate dinhmun: Mizote hi pipute atang rengin Pa lam atanga chi kal a nih avangin fate chu Pa ta an ni. Nupa an inthen chuan, an fate kum thum tling lo chu Nu hnenah an awm thin. Nu lam chuan hnute hne lai chu pa hnenah an hruai thin. Kum thum tling lo chu pain lakluih loh tur a ni a. Nuin pa hnenah a hruai loh pawhin fa chu pa ta a nih avangin enkawl thuah Pain mawh a phur. Kum thum tling tawh erawh chu, Pa hnena awm tur an ni a; nu hnena awm zawk an nih pawhin nuin chawm man a beisei thei lo. Fate enkawl thuah erawh chuan, englai mahin Pa a inthiarhlim thei lo Fatlum erawh chu nuin a țulpui peih chuan pain a chuh buai thei lo va, an fa dangte pawh an inbiakrem dan azirin Nuin a awmpui thei. Duhthlanna hmang thei an nih hnuah chuan, an faten an awmna tur duh an thlang thei. An fate chu khawiah pawh awm se, nupui pasal neih thuah chuan pa chan leh mawhphurhna a ni reng.

BUNG-5:SAPHUN

Chang 92 - Saphun: Hman laiin Mizo zingah hnam hrang hrangin 'Sa' biak dan an nei hrang vek a. Miin a hnam kalsan a, hnam dang sa biak zawm tur leh an hnam vuan tura a va intulut hi 'Saphun' a ni. Chutianga mi dang 'Sa' va phuntu chuan a 'Sa' chu a va be ve ta a. Chu bakah hnam nihna pawh a vuan tel tihna a ni.

Saphun dan chi hrang hrang a awm:

- 1) Fahrah nih vangin : Chhungkhat laina belh tur mumal nei loten hnam dang Sa an phun thin.
- 2) Laina siam nan: Khual lam hlaa awm ten laina hnaivai an neih lohna hmunah awmhmun bengbelin khawsa sela, laina bul hnai siam nan hnam dang Sa an phun thin.
- 3) *Chak loh zawk vangin*: Indonaa sala mante leh dinhmun chhiat avanga mi chak leh thil tithei zawk hnena intulutte chuan a lo rei hnuah an awmna hmuna an va belhte Sa an phun thin.
- 4) Fa dam thei loten fa an dam theih nan hnam dang Sa an phun ve bawk thin.

Chang 93 - Saphun dan : Mi tupawhin mi dang Sa a phun dawn chuan Sa phuntu leh a phunna tur remtih tawnna a ngai a, chutianga remtih tawnna an neih chuan, hriatpuitu awmin an puangchhuak a. Saphun an tipuitling thin.

Chang 94 - Saphunte dinhmun: Mi tupawhin mi dang Sa a phun chuan, a phunna chhungkuate chi leh kuang nihna a lo nei ve ta a ni. Chang 95 - Saphun tichat: Saphun hi a tu lam lam pawhin an (Chhunzawm zel tur) tichat thei.

Hriselna Huang

Ruh natna tlanglawn - Dr. H.Lalnghakliana (Chhunzawmna) Mizote'n ruh natna kan hriat tlanglawn deuh pakhat chu Ngalngêt (Osteomyelitis) hi a ni. Kum 1831 khan Nathan Smith-a chuan he natna hi nasa takin a zir chiang a, lehkha pawimawh te a ziak a, a enkawl danah hma kan sawn phah ta hle a ni. Tin, Indopui pahnihna aṭang khan hliam tam tak tak enkawlna atang te in ruh tliak, infection leh a beh bawm enkawl danah revolution a thleng a ni ber mai . Hemi hmalam kum sang tam tak ral tawhah khan engtin tak lo tuar thin maw? An lo va khawngihthlak thin awm em! Amaherawhchu, thil reng reng hi a hun lai chuan vanglai nei theuh a ni a. Mesopotamian civilization te, Greek civilization te kan hriat rual rualin Tualte vanglai pawh ka lo nei ve tho tih hriat a tha. A hunlai chuan engkim mai hi a theih ve vek zel chu a nih hmel. Ruhngêt (ngalngêt) kan tih mai hi natna hrikin ruh chhungah bu a khuar vang a ni a, ruh kha a ei chhia a, hnâi te siamin ruh kha a lo thi a, a uih vut vut a, a lo tliak a, enkawl har takin a siam ta ṭhin a ni. Thisen a natna hrik pawisawi mang lo ni a hriatte chu kan taksa a chak loh deuh avangin ruh hmun thenkhatah bu an khuar thei thin a ni. Tunlai hi chuan kan ei te a lo tha a, hrisello lutuk kan tlem tak avangin he natna hi a vang ve ta

Ruh natna chi hrang hrang hi khawvel hmun hrang hrangah hian kan hnam zia leh Genetic hrang ang zelin a in ang lo ve diah thei. Alkaptonuria tih natna te hi South India lamah chuan a awm ve nial a, Mizo zingah chuan kan tlem hle awm e. Tin, skeletal fluorosis te pawh hi Mizoramah hi chuan kan la nei ve lova - Andhra Pradesh velah khu chuan Malaria ang maiin a tam a ni.

deuh niin a lang. Amaherawhchu, ruhtliak leh pem aṭangin

a insiam ve thei tho a, tun thleng hian he natna hi buaipui

tham chuan a la awm ve reng a ni.

Ruh natna ah chauh ni lo, accident vanga tha na, ruh tliak, adt. tih lovah chuan kawng leh hnungzang ruh na hi a tam pawl ber a ni awm e. Mizote pawh hian kan nei nasa ber. Khawi ilovah free clinic te'n kan han zin chhuak ve a, kawngna hi a tam ber chu a ni ang. Kawngna hi ruh pian dan fuh lo hrim hrim avangin a awm thei a, rit kan chawi nasat lutuk vang in a awm thei a, rit lak dan diklo avangte, thut dan diklo avangte, mut dan diklo vangte, kun chunga hna thawh nasat avang te in a awm ve hrim hrim thei. A tam ber hi chu in dim leh nunphung in-adjust chuan a dam ve mai thei a, thenkhat chu dam har tak tak, benvawn tlat pawh a awm ve thin. (Chhunzawm tur)

Hriatzauna Huang

Chhum (cloud) te hi chhun ni sat laite hian lapaw var sur ang mai hian a inchhuang tup ṭhin a, van rawng lah a pawl ruih si a. Engvangin nge heti ang chhum hi a var?

Chhanna: Chhum (cloud) hi bawlhlawh nawi leh tui mal tam tak aṭanga insiam a ni a. Ni zung (sun ray) la peng a, ṭaidarh (scattered) lehchhawng tur khawp chuan heng chhum siamtu thilte hi an lian fu mai a. Hei vang hian ni (sun) in chhum a han chhun khan ni zunga chhimbal rawng awmte kha a inthliar hran tak loh avangin lapaw vâr ang maiin chhum vana intiang ur ur khi kan hmu ta ṭhin a ni.

Zangkhua (the great bear) khi Mizo upaten eng vanga bungbu ti nge an nih? A bungbu anga lang khi engvang nge?

Chhanna: Zângkhua hi arsi bawrkhawm (constellation) lar tak

Ursa Major (the great bear)-a, arsi pasarih han ngaihruata zawhna (question mark?) ang tak a ni. Hmar chhak lamah March thla velah pawh thim hlim atangin a hmuh theih thin a. Zing lamah erawh chuan hmarthlang lamah lo insawnin zangkhua ler a, arsi pahnih Dubhe leh Merak an tih hawi zawng pawh a lo inletling thawk thin a ni. Hei vang hian Mizo upaten a bungbu an tita mai niin a lang.