





Daifim

An Official Organ of YMA, Khuangpuilam Branch.

YMA MOTTO


Hunawl hman that
Zofate hmasawwna ngaihtuah
Kristian nundan tha ngaihsan

Khawchin : Source - Accuweather.com


Khua a that rin a ni.
Temp - Max: 24°C Min: 13°C
Dar 6:05-ah ni a chhuak ang a,
Tlai Dar 4:49-ah a tla leh ang.

Tunkar chang vawn : Johana 15:7
“Nangni keimaha in awm reng a, ka
thu nangmahnia a awm reng barok
chuan in duh apiang dil rawh u, in
tan tihin a awm zel ang.”.

TUALCHHUNG CHANCHIN

☛ Pi Lalrinlani, Chawngbawla
section chu Aizawl lamah in
checkup pawh an lo haw leh tawh
a, Doctor ten hma a sawn tiin
chemo khai lovin a ei chi an chawh
a, Radiation a hem theih hun hun
a hem tura kal leh tura tih a ni. A
lo dam zel theih nan duhsakna
kan hlan e.

☛ Covid-19 kaihnnawih a kan
veng chhunga Home Quarantine
zo tawh chhungkua Pu Vanlal-
tlanga te chhung Chawngbawla
Section leh Pu AC Vanlalhuma te
chhung Chawngbawla Section te
leh Pu Lalthansanga te chhung
Khuangchera Section te chu
Covid-19 laka an fihlim avangin in
khunghran chu tih tawpin an
hmang zo tawh a ni. Veng
mipuiten kan lawmpui tak meuh
meuh a, an thuawihan hi
midangten entawn zel ang u.

**Khuangpuilam
VLTF HRIATTIRNA**

Kolasib khawchhungah covid-
19 positive kan awm tak zeuh
zeuh avangin Khuangpuilam mi
leh sa zingah positive 1st contact
emaw, 2nd contact emaw kan lo
awm palh ve hlauh theih avangin
VLTF hnenah in report vat zel
turin mipui te kan in ngen a ni.

In report nachang hrelo emaw
duhlo emaw kan lo awm anih
chuan VLTF ten a tul angin action
an la ang.

Report dan tur

1. Hming
2. C/o, S/o, D/o
3. Phone No.
4. Positive contact (1st/2nd) a te
hming.

(a chung ami ang hian Whatsapp msg
in Phone no. 9862327112 ah hian re-
port tur a ni)

Khuangpuilam
VLTF

**“KUM 18-44 INKAR TEN VACCINE AN LAK THEIHNA TURIN
KOLASIB DISTRICT CHU KAN IN RUAHMAN FEL TAWH”-
DC, KOLASIB**

Khuangpuilam dated 16th May 2021: Ni 14/5/2021 chawhnu khan
Kolasib Bawrhsap Dr.H.Lalthlangliana hovin Kum 18-44 inkar vac-
cine pek dan tur te leh Covid-19 avanga khunghran te an chhuah
hun tur tak a an chhuah theih na turin sample lak result a hun tak a
hriat a nih theih nana hmalak dan tur sawiho a ni a.

Hemi ni thutkhawmnaah hian Covid-19 Vaccine, kum 18-44
inkar te tan pek theih a nih hunah felfai tak a kalpui dan tur sawiho
a ni a, in ruahmanna hrang hrangte sawi niin Kolasib district medi-
cal team-te chu an inpeih tawh thu ngaihtlak a ni. Result chhuak
har avanga inkhunghranna hun hmang mek te a hun tak a chhuah a
nih loh chang a awm thu tarlan niin hemi kawng a harsatna sutkian a
nih theih nan Mobile Sample Collection Team siam tur a rel a ni a.
He Team hian VLTF-te nen tangkawpin Sample lakna tur veng te chu
an kal chilh thin ang a, Quarantine Centre-te pawh an kal thin tawh
dawn a ni. Mobile Sample Collection Team-te hi ni 17th May 2021
atang a che chhuak tan tur a tih a ni.

District Hospital Kolasiba TrueNat Quattro hmang hian
chawhrualin nitin sample 38 vel en thin ang a chhut a ni. Thawktu
dah belh a nih chuan nikhatah sample 60 vel en hman tur a beisei
a nih angin Bawrhsap Dr.H.Lalthlangliana chuan a tul angin Labora-
tory Technician leh Data Entry Operator dah belh a nih tur thu a
sawi. District Hospital-ah TrueNat Quattro khaw dah belh a nih chuan
sample test result hmuh tlai avanga harsatnate hi sutkian a nih ngei
beisei a nih thu thutkhawmnaah hian sawi a ni bawh.

Covid-19 positive, Covid Care Centre, Sethawn a enkawlte
zingah natna langchhuak a, harsatna lian tham neite enkawl na turin
Eye Building, District hospital-ah makeshift ICU ah khum pahnih
buatsaih fel a nih tawh thu ngaihtlak a ni bawh.

**SORKARIN KAR KHAT CHHUNG TOTAL LOCKDOWN A
PAWTSEI**

Mizoram sorkar chuan Covid-19 darh zel avanga May 10,
2021 atanga total lockdown a puan, May 17 zing dar 4-a tawp tur
chu kar khat chhung atan a pawtsei. May 17-24, 2021 chhunga
hman tur inkaihhraina, Standard Operating Procedure (SOP) thar
tihchhuah nghal a ni.

Covid-19 thawh hnihna a darh hnuah Mizoram sorkar chuan
inkhuahkhirhna thupek a tichhuak a, chumi hnuah lockdown kalpui
lehin, May 10 atangin total lockdown a puang. Total lockdown puan
hnuah pawh Covid-19 vei hmuh chhuah an pung zel a, hei vang hian
Mizoram sorkar chuan total

lockdown a pawtsei leh ta a ni. Vanglaini palai zawhna chhangin
Covid-19 Medical Operational Team chairman Dr ZR Thiamsanga
chuan, total lockdown chuan rah tha a chhuah ngei an beisei thu a
sawi a, "Tualchhunga inkai darhna a lo nasa tawh em a, thawk leh
khata lang chi a ni lo. Total lockdown rah chhuah chu kar leh lamah
a lan theih kan beisei," a ti.

Dr ZR Thiamsanga chuan, inkharkhip bak hmanraw dang a
awm loh thu sawiin, "Medical mite leh mipui lam pawhin total
lockdown pawhsei hi tha kan ti tlangin ka hria. Khauh taka kan
inkhuahkhirh loh chuan kan hmabak a thim lutuk ang tih a hlauhawm,"
a ti a, mipuite'n inkaihhruainate chu himna atan tha takin zawm se
a duh thu a sawi.

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Editorial.....
KAN RILRU PUT HMANG HI
Khuarel chhiatna hi kan la tawk chho zel maithei. Hripui, ṭam, lirng hing leh chhiatna dangte pawh. Heng hunah hian rilru a chia i duhin mangang thlabara awm a awl ṭhin. Chu hun chu tawk thei reng kan ni. Mimal, chhungkua, khawtlang leh ram ang pawhin. Pawngpaw hlauh leh awmze awm lo a phili chiam a awm fo mai. Harsatna dang min siamtu a ni duh hle ṭhin.
Covid-19 hripui leng hian kan rilruah nghawng ṭha lo tak a neih theih avangin kan inven a ṭul hle. Kan rilru fim a chaw k buai thei a, hei hian kan hriat loh hlanin thinrimna, rilru hahna, huatna, inthin-hrikna, indemna leh inghirnghona a thlen thei a ni tih i hre thar teh ang u. Zaidam, inlaintat tawna te, inhriatthiam tawna te, inveng fimkhur vek siin, huaisen takin he hripui leng leh chhiatna dang lo thleng ṭhin hi kan hmachhawn thiam a ṭul hle ang.
A him chin aṭanga ngaihdan kan siam a, a dem theih apiang kan dem ta emaw tih turin thu leng vak a tam hle. Kan himna leh kan eizawna in a tuar lohna turin sawrkar pawhin theih tawp a chhuah mek zel a. Hripui hian kian hun hi a la nei ngei ang tih ringin, kan ngaihtuahna leh rilru pawh a eng zawnga thil thlin he hripui leh chhiatna lo thleng ṭhin hi hmachhawn zel teh ang u. Himna hian hlimna a thlen a, hlimna in damna a thlen thei si a.

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(9-5)

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Thu zia*k* Huang

- Samu Ralte

Naupang Huang

- C. Lalnun*ch*anga

Covid-19 : A eng zawngin aw....

(Chhun*z*awmna) Pasalṭha Khuangchera

Covid-19 hri lengin khawvel pum a tuam mup mup rualin kan ramah ngei pawh he hri leng avangin kan buai a, sorkar pawhin mipuite kan him theihna tur leh Covid-19 hri leng do letna kawngah thu chhuah a nei cham chi reng a. Nitina kan thu thar hriatte lah chu mi chuti zat hri kai thar an awm; mi chuti zat an thih belh tihte a ni nawk a. Kan ram ngeiah pawh hmun dang aṭanga lo haw ten he hri leng hi an kai deuh ber ni a kan hriat laiin kan khawtlangah, kan tualchhungah ngei mai hri inkai darhna a thleng mek ta a, mitin mai kan ral khel a, fimkhurna thu kan aupui mawlh mawlh mai chu a nih hi. Chu mi kha mi chu Covid Positive a ni tih hriatchhuah a ni a, anmahni lo hnim hnai leh a tlawh pawhtute chu VLTF hnenah in-report tur a ni, tihte chu veng tin YMA tlangauna luahtu ber a ni chho ta zel mai. Hetiang thu ringawt mai hriat hian kan rilru ngaihtuahna thlengin a nghawng thui thei hle niin mi thiamte chuan an sawi a, heng ang thil ngaihtuah lutuk lo turte pawhin zirtirna hrang hrang social media kal tlangtein kan hmu baw*k* a ni.

Hri leng mek avangin mi tam zawk in lamah kan tawm ta a, ṭul loah kan chhuak tha ngam ta mang lo. Hetiang boruak kan tawn mek hi a tam zawk chuan hrehawm kan tiin inkhung bet hlei thei loa, khawi emaw laia vah chhuah phet lo tum taw*k* lah kan awm ngeiin a rinawm. Thil hi a thim zawnga thlir chuan thim tak leh hremna ang mai a ngaih theih vek niin a lang. He hri leng hian kan nitin nun leh khawsak ei-bar zawn kawngah harsatna min thlen ngei mai; amaherawhchu, a eng zawnga thil kan thlir thiam a, he hri leng hian eng zirlai thar nge min chhawp chhuahsak tih pawh hi kan ngaihtuah tel a ngai awm e.

He hri leng Covid-19 hian a ṭha lo zawng ngawr ngawrin kan nun a herpui bik lo a, a ṭha lamte pawh hi kan ngaih ven a ṭul hlein a lang. A ṭha lam kawnga he hri lengin a hrin chhuah hrang hrang ni a langte tawi te tein lo thlir dawn ila:

1. **Chhungkuaa hun hman tamna min siamsak :**

Chhungkua hi mihring kan nih chhunga Pathianin kan tana a buatsaih, chhiat-ṭhat kan tawh a min buaipui hmasa bertu tura a ruat a ni. Covid hri len hmaa, zan lama len tur emaw ti tlat paho leh tlangvalten chhungkua an uap ve ta. Pa ber hoin zan lamah hun kan hmanga, hei hi chhungkaw tam tak tan a hluin a thlamuanthlak a, chhungkuaa in pawh taw*nn*a thar siamtu a ni.

2. **Chhungkuain hun thawl kan nei :**

Mi ina kan len emaw mi kan ina an lo len hian inlengte mit mei veng ranin chhungkuaa tih tur tam tak an/kan tih loh phah fo ṭhin. Covid hri leng avangin mi inah kan chuangkaiin kan leng lut tlem ta a, hei hian chhungkuaa hnathawh hona hun ṭha te, titi hona hun ṭha te, inzilhna hun ṭhate chhungkaw tam zawk chuan an neih phah a ni.

3. **Nula/Tlangval/Tleirawl tan khuahkhirhna duhawm :**

Nu leh pa tam takin kan fate vak chhuak tam lutuk kan khap thei lo a, kan veng hneh lo fo ṭhin. Fate leng lo haw hun nghak a, tawhsual a taw*k* dah law maw.. tia rilru khingbai taka mut hmuna fate lo haw hun nghak ṭhin ten, mut mu tui takin an tuah theih phah a. Covid hri lengin kan fate vak chhuak tam lutuk tur min khuahkhirhsak hi nu leh pa tam tak tan lawm ruk keuh keuhna tham a ni. Tin, tleirawl tan pawn lama ṭhian va kawm a, sual kawng zawhna remchang a tizim sawt a, hei hian kan tu leh fate hum sual dai tur tam tak a veng ngei ang tih a rin theih.

4. **Tul lo a pawisa hman a ti tlem :**

Covid-19 hri leng hian eng chen nge min chenchilh dawn kan hre lo a, chhungkaw tam tak chuan inrenchemna lam an kalpui mek. Hei hian hri len hmaa a nawlpuia kan sum hman dan chhutin sum tam tak, ṭul lo leh mamawh ni lem loa kan hman ṭhinna a ti tlem a, mamawh huna hman tur sum khaw*l* chungchangah kan mit a tivar thar leh niin a hriat.(Chhun*z*awm tur)

Khuangchera erawh chu naulaihrilha a inthawi lai a nih avângin serh a ṭul a, Changsil kulh kahnaah hian a tel ve thei lo va. Khaw dang aṭanga pasalṭha lo kalte pawhin, “Khawiah nge Khuangchera?” tih a ni vek a. An lal Sailianpuia’n Khuangchera in awm a hmuhin a tân hriat nuam lo leh thin khei thei tak tur ṭawngkam a cheh a. Khuangchera chuan an lalpa ṭawng chu a la na hle mai a. A inthawina serh a tâwp hnuin Vai kâp turin a chhuak ve ta a; a ṭhian Zakhama Hmâr Hrangchal, Ngurbawnga tia an koh chuan a zui a.

Sipaiho chu an tamin ralthuam an nei ṭha a, Changsil kulh kâptu pasalṭhate chu beidawngin an haw nguah nguah a, “Kâwna chhum liam dan tum ang a ni a, kah mi an ni lo; thih hlau lo kah mi chauh a ni,” an ti a. Khuangchera chuan, “Thih hlau lo kah mi a nih chuan ka kah mi a nih chu. Vai kâpa ka kal chuan ka thi ngei ang. Sipai ka hlau si lo, silaimu lah a hmuh theih si loh,” a ti a, Ngurbawnga nên chuan an liam lui ta a.

Khuangcherate pahnih chuan thingdawl thlâr an phên a, Changsil kulh chu an kâp a. Sipaihovin an silaia an han hâwl thawt thawt pawhin Khuangcherate ṭhian dún chuan Vai kah chu bansan an tum miah si lo va. Thih ngam lu pua thawk an ni baw*k* a, sipai bubit pawh chu an chhaih buaiin kah hlum pawh an nei nual a. Sipaiho chuan hnung lam leh hma lam aṭanga nawrin ruang chaicheh an thlak a, Ngurbawnga malpui ruh an kah tliahsak a. An zim hnai tual tual a. Khuangchera chuan Ngurbawnga chu a pua a, tlanpui a tum a. Mahse, sipaiho chu an lo thleng hman a. Sipai pakhatin a va baw*k* a, Khuangchera chuan a lo kâp thlu a. Silai a thun leh hman tawh si lo va, sipaiho chuan Khuangchera kawngah an kâp a, a tlu ta a. Sipai pakhat chuan a va hnaih a, Khuangchera chuan a chem a lo pe a. Sipai chuan amah beih tum emaw tiin a kâp hlum ta a ni.

Vai lian puak phurho hi Mirâwn*g* leh Hrangkhaw*l* an ni a. An Manding Sap tirhkah Phungtea chuan, “Mizo pasalṭha tih dân kan lo hre lo a ni. ‘In chemin ka lû a duh lo vang, ka chemin tan rawh u,’ tiin a chem kha a rawn phawrh ni ngei tur a ni. Keini’n chu chu hre lovin, a thinrim emaw kan ti a, kan kâp hlum ta a ni,” a ti a. Khuangchera chanchin hi Hrangkhaw*l*ho chuan thawnthuah an sawi ṭhin.

Vaiho chuan Mizo pasalṭhain an ṭhiant*e* ruang an thlahu*h* ngai lo tih an hria a. Khuangchera leh Ngurbawnga ruang chu hmun fai laiah an dah a, an lo câng ta a. Mizo pasalṭhate chu Khuangcherate ruang hlawm tumin an va kal a, sipaiho chuan an lo kâp vak a. Zankhu*aa* an beih pawhin Khuangchera leh Ngurbawnga ruang chu an la thei lo va, “Tih ngaihna a awm lo a ni e, kan inhloh tam hm*ain* i ṭinsan mai teh ang u,” an ti a.

Chhâwlin milim an siam a, puanin an tuam a, an zawn haw ta a. Mizo pasalṭhate chuan ruang tel lova hâwn hi tlawmpaêkah an la a. Chhâwla milim an siam kha miruang tak tak ang chiahin an sawngbaw*l* a, an (Chhun*z*awm tur)

Mizo Dan leh Hrai	Hriselna Huang
<p>MIZO HNAME DAN (Mizo Customary Law)</p> <p>BUNG - 8 : INNGAIH LEH SAWN PAITHU</p> <p>Chang 120 - Mi nu thlem : Mi tupawhin mi nu, pasal pawm lai nei, pawl tuma a thlem chuan, Tlai thlenga chawi tir theih a ni.</p> <p>Chang 121 - Mahni bul leh bal ngaih : Pipute chuan, pafa inngai an awm chuan thlawhhma lama pa chhiatnaah an ngai a, khua pawh tikhenga ngaih a nih avangin, an pahnihin, khawtlangin tuiin an leih ṭhin. Mizo danah chuan, mahni bul leh bal ngaih hi thil zahthlak tawpkhaw a ngaih a ni.</p> <p>Chang 122 - Mi â mutpui : Mi â mutpui hi thil mawi lo leh zahthlak tak leh sual lian tak a ni a, mite endawng hlawhna a ni. Hemi dana 'Mi â' tih hi rilru lama mi pangngai chen lo hi a ni.</p> <p>BUNG 9</p> <p>THUBUAI AWMTHEIHNA TLANGPUI</p> <p>Thubuai awmtheihna chi hrang hrang, a hnuaia miah te hian, lei chawite chu 'Salam' tih chauh lo chu a tuartu lam chan tur a ni.</p> <p>Chang 123 - Kutthlak :</p> <ol style="list-style-type: none">1) <i>Kutthlak naran :</i> Infiamna leh intihpalh naran ni lova, kawng dang vanga miin midang chung a kut a thlak chuan, a thu awm dan a zirin, roeltuin kutthlaktu chu a awm taw a chawitir thei. Amaherawhchu, hnar intih thi sak satliah mai chu Mizo Dana kutthlak a tling lo.2) <i>Hliampui tuar khawpa kutthlak :</i> Miin, nunna atana hlauhawm khawpa mi dang taksa englai pawh a tihnat chuan hliampui tuar khawpa kutthlak a ni. Hetianga kutthlaktu chu a pawikhawih dan a zirin hrem theih a ni.3) <i>Hliampui tuar khawpa kutthlak palh :</i> Miin a tum reng vang ni lova, a chung a chang 123 (2) anga kutpalh a tuartir chuan a ṭul dan azirin a enkawl na atan roeltuin kutthlak palhtu chu a awm taw a pektir thei. <p>Chang 124 - Inralpalh : Tum reng vang ni lo va, sa kah tumin, sa emaw tia mihring a kahhlum palh te, sa emaw tia feia khawh tumin mihring a khawhlum palh emaw, kawng danga intihlum palh emaw te hi 'Inralpalh' a ni.</p> <p>Tun hma chuan hetiang thila inbiak remna an siam chuan, a ralpalhtuin Sialin a thisen a, puandum leh puangoin a tuam baw ṭhin. An inbiakremna anga an inngaidam tawh chuan thuchhiaa lak theih a ni tawh lo. Amaherawhchu, ngaihdam a nih tawh chuan an inbiakremna ang chu an zawm ngei tur a ni thung. Tun hnua erawh hi chuan Siala in thisen kher lo pawhin chumi zul zui chuan inbiakremna siam theih a ni. Chutianga inbiakremna chu hretu pahni aia tlem lo neiin ziaka siam theih a ni. An inbiakremna anga an inngaihdam tawh chuan, thu chhiaa lak zui theih a ni tawh lo.</p> <p>Chang 125 - Tual that : Tum lawk reng mi tihlum chu tualthat a ni. Tualthat hisualna vawrtawp a nih avangin hmanlai Mizo zingah chuan, tualthattu chu a thaha chhhungten an thah let ve pawh a thianga ni. Amaherawhchu, lal sutpui a vawn hman chuan a him a ni.</p> <p>Chang 126 - Insual : Mi, thinrim inbei hi 'Insual' a ni. Mi an insualin ruh tliak leh hliam na deuh te a awm loh chuan engmah thubuai a awm zui ngai lo va. Thisen chhuah leh intihnat thuah erawh chuan a thu azirin hrem theih a ni.</p> <p>Chang 127 - Invel : Mi tupawhin thinrim vanga daw i zawk chung a kut a thlak hi Invel a ni. Invelh hian a thu azirin lei a kuai thei. Thisen chhuah leh intihnat dangah chuan chang 123 angin hrem theih a ni.</p> <p>Chang 128 - Nupui velh :</p> <ol style="list-style-type: none">1) Miin a nupui hliam tuar khawpin vel sela, a nupui chu tlanin, haw duh ta lo sela, sumchhuah ni lovin 'peksachang' angin a kal thei. Kutthlaktu chu hrem theih a ni.2) A nupui velh chu mi inah tlan lut sela, a tlan luhna in neitu chuan thlavang hauhin a pasal chu lo dang sela, chu pawh chu zah zo lovin a pasalin a umzui zel chuan, in neitu	<p>Damdawi chungchang hriattur pawimawh ṭhenkhat</p> <p><i>K. Lalremmawii, Asst. Professor, Deptt. of Pharmacy, RIPANS (Chhonzawmna)</i></p> <ol style="list-style-type: none">4. Chhungkaw tinin damdawi pakhat tal inah kan kaw ṭheuh awm e. Kan damdawi kawlte hi dik taka kan vawn ṭhat a pawimawh hle a ni. Damdawi hi a nih dan tur anga vawn ṭhat a nih loh chuan a chakna a tlak hniam phah theih avangin a hnathawh tur ang thawk pha loin a awm phah thei a. Hei mai bakah hian damdawi vawnghimtu ‘pre-19 servatives’ an tihte hnathawh a tlak hniam phah a, damdawiah natna hrika awm phah thei a ni. Chuvang chuan a tlangpuiin ni sa em mai theiha dah loh tur a ni a, hmun hnawng emaw, tuiin a tih huh mai theih lohna hmunah dah ṭhin tur a ni. Tin, damdawi zawng zawng hi fridge-a dah tur emaw kan ti fo ṭhin. Fridgea kan dah avang hian fridge chhung boruak vawt tak avangin damdawi kan tikhawlo vek thei zawk a ni. Ina kan kaw ṭ damdawi tlanglawn tam ber hi chu hmun hul, ni sa em theih loh a dah mai kha a taw em em a, naupang ban phak loh, chhuar chhung emaw, hmun remchang dangah dah ṭhin tur a ni.5. Mihring pawh kan kumhlun lo ang chiah hian damdawite pawh hian thih hun an nei thin tih kan hre ṭheuh awm e. Damdawi hi a thih tawh chuan ei loh tawp tur a ni. Hei vang hian kan damdawi kawlingah thi (expired) tawh a awm a nih chuan rang taka paih ṭhin tur a ni. Damdawi mum a nih chuan a tuamna aṭanga la chhuakin thil ei chakawm loh, entirnan, thingpuife hman hnu emaw, chirhdiak nena pawlhin ṭha taka fun hnua bawhlawh bawmah paih mai ṭhin tur a ni. <p>Hei hi a pawimawhna chu, kha damdawi thi tawh hnu kha mi dangin emaw, naupangin hmun danga an lo chhar paih pawha ei tichakawm lo tura siam a ngaih vang a ni. Kum rei vak lo kal taah pawh khan khaw pakhatat damdawi thi tawh chu a hlawmin a tuamna nen paih a ni a, naupangten chu damdawi chu an lo ei avangin harsatna duhawm lo tak a thlen phah tawh a ni. A tui lam chi a nih chuan kawr velah leih baw mai loin, ekin commode-ah leih buak mai ṭhin tur a ni.</p> <p>Kan damdawi thi tawh hnu funna kawr chu kan paih nghal mai loh va, thil dang dahna atan kan hmang duh a nih chuan a kawr, damdawi chungchang inziak (labelling) kha tichhia in kan thil dah kha eng nge a nih tih kan zia k thung tur a ni. Hei hi a pawimawh hle a, hman kum lawk khan tui-amah mitthi ruang tawih lohna (formaldehyde) dah chu tui emaw tia in paih avangin nunna hlu tak kan chan phah tawh a nih kha.</p> <p>Petrol pumps bul hna i velah hian mobile phone hi switch off a tha an tih fo thinna chhan hi eng vang nge?</p> <p><i>Chhanna :</i> India ram sawrkar laipua <i>Ministry of Petroleum</i> chuan <i>Petrol pump</i> bul hnaia <i>Mobile phone</i> hi off zia a duh thu a tarlang hial a. Hei hi a chhan chu <i>Mobile phone batteries</i> leh <i>petrol</i> hu inman kai aṭanga kang mei a chhuah palh theih vang a ni.</p> <p><i>(Column lehlam chhonzawmna)</i> chuan eng ang pawhin kut lo thlak mah sela, lei a kuai lo. In neitu ni kher lo pawh a lo awm remchang apiangin in neitu aiawhin an lo chhan thei. A chhantu chungah pawh kut a thlak chuan hrem theih a ni. In neitu chuan a um luttu chu kut thlak lova thu buaia a lak zawk chuan, a thu awmzia azirin chang 130 anga rel tur a ni.</p> <ol style="list-style-type: none">3) Miin a in chhungah emaw, hmun dangah emaw pawh a nupui vel sela, chhan ngai a nih chuan tupawhin chhan theih a ni.