



# Daifim

An Official Organ of YMA, Khuangpuilam Branch.

## YMA MOTTO



Hunawl hman that  
Zofate hmasawna ngaihtuah  
Kristian nundan tha ngaihsan

Khawchin : Source - Accuweather.com



Khua a that rin a ni.  
Temp - Max: 29°C Min: 20°C  
Dar 5:18-ah ni a chhuak ang a,  
Tlai Dar 6:52-ah a tla leh ang.

Vol - VII Issue No. - 44      Phek 1-na      - Khuangchawi thla -      31<sup>st</sup> October, 2021 (Pathianni)

**Tunkar chang vawn :** Thufingte 22:1 "Sum tak tak aiin hming tha hi thlan zawk tur a ni a, Tangka leh rangkachak aiin duhsakna a ngainatawm;".

## TUALCHHUNG CHANCHIN

### SPORTS TUIMI TAN

Sports lama tui mi tan Khelo India State Centre of Excellence RG Stadium Mualpui-a lut tur thlan a ni dawn a, dil duh chuan DSYS Office, Khuangpuilam-ah dilna form Rs 10/- in lak theih niin November 5, 2021 thleng dilna hi theh luh theih a ni. Boxing, Judo leh Weight lifting-ah mipa leh hmeichhe tan seat 50 theuh a awm a ni.

### Kan then tak



Pu Lalrozuala (Kum 59), Vanapa section, chuan ni 23 October, 2021 (Inrinni) dar 4:25 pm khan chatuan ram min pansan a. Hemi tuk ni 24 October, 2021 (Pathianni) dar 12:00-ah Khuangpuilam thlanmualah vui liam a ni.

A kalsan tak a chhung leh khat, a laina zawng zawngte'n Pathian thlamuanna leh awmpuina an dawn kan duhsak tak zet a ni.

### Kan then tak



Pu Lahmunmawia (Kum 38), Chawngbawla section, chuan ni 28 October, 2021 (Nilai-thawhtan) dar 11:15 am khan chatuan ram min pansan a. Hemi tuk ni 29 October, 2021 (Zir-tawpni) dar 12:00-ah Khuangpuilam thlanmualah vui liam a ni.

A kalsan tak a chhung leh khat, a laina zawng zawngte'n Pathian thlamuanna leh awmpuina an dawn kan duhsak tak zet a ni.

## CENTRAL YMA EXECUTIVE COMMITTEE MEETING VAWI 42-NA NEIH A NI

**Khuangpuilam the 31st Oct, 2021:-** Ni 30.10.2021 (Inrinni) Chawhma dar 11:00 khan Central YMA Executive Committee Meeting vawi 42-na neih a ni a, meeting hi Pu Vanlalruata President-in a kaihruai a, member 49 an tel a ni.

Central YMA Executive Committee Meeting hian YMA General Conference 2021 atana Aizawl khawpui chung a tanga Agenda lo lutte a thlirim a, hei hi 10.11.2021-a CCC Meeting-ah Sub-Hqrs./ Group YMA a tanga Agenda lo lutte nen chhawpchhuah leh tur a ni.

### YMA KHAWIH

1. Ruihhlo chungchanga inzirtirna Sawrkar/Kohhran/Pawl dangte sawmin inzirtirna nasa zawkin kalpui ni rawh se.
2. YMA member tinah Endowment Fund Rs. 5/- khawn ni se.
3. Central YMA Building sak mek chhunzawmna atan YMA member ten donation thawh/khawn ni rawh se.

### SAWRKAR KHAWIH

1. Mizoram ramri hi sawrkar-in a rang lama chinfel dan ngaihtuah rawh se.
2. Zirna School-ah Mizo hnam lam zirtir a nih theih nan sawrkar-ah thlen ni rawh se.

### DAN BU KHAWIH

1. YMA Danbu hi ennawn ni rawh se.

### KUMPUAN RAWTNA

1. Ram leh Hnam Humhalh
2. Zirna Uar

## MIZO THALAITHE TAN THIAMNA.COM TLANGZARH A NI

Ni 26th October, 2021 (Thawhlethni) khan Thiamna platform, thiamna.com chu Dr Vanlaltanpuia, MLA, Chairman, Mizoram Youth Commission chuan a tlangzarh.

He tlangzarh inkhawmah hian Pi Elvina Lalmuanpuui Leivon, IA&AS, Deputy Accountant General (CAG, Govt. of Mizoram) chu Special Invitee niin thu a sawi ve a. Academic leh Skills lama mi hlawhtlingte chanchin luankhawmna platform thar - thiamna.com - chuan a tiphur hle a ni tih a sawi a. Mizo thalaiten zirna kawng an zawh zelnaa puitu platform tlangkai a nih ngei a beisei thu a sawi baw.

Pu LTL Fela, Co-Founder, Thiamna platform chuan sawizauna hun neiin, field hrang hranga Mizo hlawhtling tak takte chanchin, awmze nei zawka dahkhawm a, hengte hmanga khawvel ram hrang hranga Mizo thalaithe fuih hi he platform-in a tum ber a nih thu a sawi.

Hemi tlangzarh inkhawm zawhah hian 'Mizo thiamna neite hian Mizoram tan enge kan tih theih?' tih thupui hmangin 'Open Discourse' hun hman ngal a ni.



**YMA chu tanpui ngaite tanpuitu a ni. - YMA Kumpuan : Zirna uar**

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### Editorial.....

Thawmhnaw thar leh manto neih theih vanga changkang riaua inhriat lai te, mahni aia chung zawkte bula awm vanga changkang riaua in hriat tlat te, kan chhungkaw lakluh phu lova smart phone han hum ve vanga changkang riaua inhriat te, kan khawchhak pui Korean inchei dan leh style dang dang kan lak vanga changkang riaua in ngaih te, mihringah hian kan awm zel zawng a nih hi.

Changkang tih tawngkam kan hriat dan hrim hrim hi a fuh lo a, chu chuan a tak ram thleng pha lo, a boruaka changkanna a hring a, chutah chuan hmasawanna a awm lo.

Naupang chu 'A changkang tawh hle mai' kan tih chuan thiam thil tam tak a neih belh tawh a, a fel tawh hle a, a nuna tangkai tur thil tam tak a hriat belh tawh a ni. Damlo chu 'A changkang hle mai' kan tih chuan a taksaa thil tha lo tam tak a bo tawh a, a nunah hmasawanna hmuh tur a awm tawh a ni.

Tichuan changkang chu 'Mahni tana pawimawh leh tangkai tur thiam belh a, mahni tana tha lo leh paw tur awm tlem tial tial' sawina a ni kan ti thei ang.

Tunlaia 'Changkang' kan tih tam tak hi chu hmasawanna thlen lo, nun zelna atana tangkai lo thlentu ni thei zawk a ni a, henge hi chu 'Changkang' tih ve chi a ni lo, thil tha lo zawk a ni. Changkang tur chuan mi changkangte thlen ang thleng tura taimakna neih a ngai baw.

### Branch YMA Office Bearer

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### CYMA hmalakna

25.10.2021 : DC Office Complex-ah All Mask Campaign" hawn programme hman a ni a, Prof. Malsawmliana Asst. Secretary leh Pu Roneithanga Fin. Secretary an tel.

25.10.2021 : Halpuah, Halmawi, Sky Lantern, Silai lem (A mu kapchhuak thei) khapna chungchanga inzirtirna Vanapa Hall-ah neih a ni. He hunah hian mi 207 telin CYMA OB - 6, CEC - 40, Aizawl City Branch-te atangin mi 161 an tel.

26.10.2021 : SAD Conference Hall-ah Secretary, Health & Family Welafr Deptt. hovin meeting neih a ni a, Pu Lalchhuanmawia CEC a tel. Reconstruction of State Council Members, Revision of Provision Fee, Mini PSA Plants for all Hospital with more than 50 beds chungchangte an sawiho.

26.10.2021 : Chalfilh Group YMA, PHED, EF&CA Deptt. tangho buatsaihin E. Phailengah Awareness Campaign cum Consultation on Chalfilh Tlang Forest & Watershed Management neih a ni a, Tv. Lalmachhuana Vice President, Pu C. Laldinliana CEC leh Pu F. Lalramchuana CEC ten an hmanpui.

27.10.2021 : Aizawl DC Pisa-ah Halpuah, Halmawi, Silai lem (a mu kapchhuak thei), Sky Lantern te Mizorama lakluh, hal, hman leh zawrh khap chungchangah meeting neih a ni a, Pu Roneithanga Fin. Secretary a tel.

29.10.2021 : Committee Room, Directorate of Fisheries-ah Luidunga nungchate humhalh kawnga Central YMA leh Fisheries Department thawhdunna thuthlung bawhzui dan tur meeting neih a ni a, Tv. Lalmachhuana Vice President, Prof. Lalnuntluanga Gen. Secretary, Pu R.S. Lalrinsanga CEC, Pu F. Lalramchuana CEC te an tel.

29.10.2021 : State TB Officer Pisa-ah TB do chungchanga Central YMA nena hmalakho dan tur chungchang sawiho meeting neih a ni a, Prof. Malsawmliana Asst. Secretary, Pu Vanlalfela CEC, Pu Lalchhuanmawia CEC te an tel.

### 4-TUIRIAL (ST) AC BYE-ELECTION-AH VOTE 81.29% TLA

Nimin (Inrinni) 4-Tuirial (ST) Assembly Constituency bye-election neihna a Polling Station 27-a vote tla zat chu za zel ah 81.29 a ni a, vote 34-te chu Covid-19 hri vei, khunghran laite an ni.

Voter 17,911 awmna 4-Tuirial (ST) Assembly Constituency-ah hian Polling Station 27 awmin inrinni zing dar 7:00 AM atanga vote thlak tan a ni a, tla dar 5:00 PM - 6:00 PM inkar hi Sabbath serhte leh Covid-19 hri kaite tan a ruahman a ni a, hri kai mi 34-ten PPE ha chungin vote hi an thlak a ni. Vote tla zawng zawng hi 14,561 a ni a, hemi zinga 7,152 chu mipa niin 7,409 chu hmeichhia an ni. Voter 487 awmna Lungmuat Polling station-ah hian 90.96 % vote tlain, voter awm zat atanga chhut a za zel a vote tlak tamna ber a ni a, Zodin Polling Station-ah 29.03% vote tlain vote tlak tlemna ber Polling Station a ni.

### SP KOLASIB THUCHHUAH

Superintendent of Police, Kolasib chuan mipui him zawkna atan leh chak taka hna thawh anih theih nan lirthei chet vel dan turah a hnuai ami ang hian thupek a chhuah.

Rengtekawn leh Builum inkar Chemlui kawng chu Mizoram PWD, Kolasib Division ten a siam that hna (concrete pavement work) dt. 16.12.2020 atanga an tan tawh chu Mizoram PWD ten hnathawh an chhunzawm leh dawn avangin tha zawk leh chak taka hna thawh a nih theih nan dt. 29.10.2021 (Friday) atanga dt. 13.11.2021 thleng chu helai kawng hi khar a ni ang a, lirthei eng chi mah kal phal a ni lo ang. Amaherawhchu huanlo ram neite tan bik kartin Monday chiah hawn a ni ang.

He thupek zawm lo chu 177 MV Act hmanga hrem an ni ang. He thupek hian tul bik thila Police, Fire Dept., Ambulance, Magistrate-te chet velna leh SP, Kolasib in phalna a pekte a huam loving.

He thuchhuah chungchanga harsatna taw emaw report neite chuan O/C Kolasib PS (Ph. No. (9612467097) ah biak theih reng a ni.



IAS nih tum te tan - A then a zar

Taitesena (Chhunzawmna)

Preliminary Examination

Tlaiah chuan kar pahnih an kam ta a. Pakhat chu Serhmun kawtchhuah hmar lam, Vankunga pa chul pâwlah an kam a. Pakhat chu Sadâwt tlanga Taitebela pa chul pâwlah an kam a. Zanriah ei kham aţang chuan tute pawh an inring vek a. Tlangvalho chuan meichher an siam lawk a, a fawh kaina tur phuai an met a. Kar a per chuan a tlan hmasa ber nih tum an tam hle a. Nula rim zâi pawh rêl lovin zawlbukah kar puah hun an ngaichang ran a.

Kum 2011 aţang khan Prelim exam pawh chu Civil Service Aptitude Test (CSAT) ti-a hriat lar a lo ni ta. A hmaa optional subject awm thin chu paih a ni ta a. General Studies Paper – I & II tih a lo ni ta. Mark 200 ve ve puin darkar 2 chhunga chhan zawh hman tura tih a ni. (It focuses on analytical abilities and understanding rather than the ability to memorise).

Paper I – Current events, history of India and Indian national movement, Indian and World Geography, Indian Policy and governance, Economic and social development, environmental ecology, biodiversity, climate change and general science. Heta tling thei tur chuan a tlem berah mark 30 hmuh a ngai.

Paper II – Candidate’s skills in comprehension, interpersonal skills, communication, logical reasoning, analytical ability, decision making, problem solving, basic numeracy, data interpretation, English language comprehension skills and mental ability. Tling tur chuan a tlem berah mark 70 hmuh a ngai.

Amaherawhchu, he exam-a tlingte hi written exam thei tura buatsaihna chauh an ni a. Heta mark hmuh hi a pumpuia mark hmuh zatah belh/telh a ni ve lo tih hre tel ila.

Mains Examination

Chumi zan chuan zan dang ang lo takin a hun lovah ar a khuang a khuang a. Putarte chuan, “Sapiuin dai a vel a nih chu,” an ti a. Lal chuan, “Zaninah kar pawh perse, khawvâr hma chu tumah tlan chhuah loh tur,” tiin tlangau a autir a. Men lai chuan eng mah a thleng lo va. Tlangvalho chu beng chhi ranin an mu a. An muhil tan dawn tihin Vankunga pa chul pâwla an kar kam chu a puak ri an hre ta a. Mipaho chu mualah tlan chhuak khup khupin, kar an kamna lama tlan liam nghal an tum a. Mahse, upahovin dangin, “Zaninah tlangau a au kha, lal thu awih tur,” an ti a. Tlangvalho chu lal inah kalin, “Tunah tiam rawh,” an ti a. Mahse lal chuan, “Ka thu chu tlangauvin a puan tawh kha,” tiin a phal lo va.

Sawi tawh angin Mains chuan written leh Interview (Personality test) a kawp a.

Paper	Subject	Marks
Paper A	(One of the Indian Languages to be selected by the candidate from the Languages included in the Eight Schedule to the Constitution)	300
Paper B	English (Qualifying)	300
Paper I	Essay	250
Paper II	General Studies I (Indian Heritage and Culture, History and Geography of the World and Society)	250
Paper III	General Studies II (governance, Constitution, Polity, Social Justice and International relations)	250
Paper IV	General Studies III (Technology, Economic Development, Bio-diversity, Environment, Security and Disaster Management)	250
Paper V	General Studies IV (Ethics, Integrity and Aptitude)	250
Paper VI	Any one subject (having 2 papers) to be selected from the prescribed optional subjects (250 marks for each paper)	500
VII		
Sub Total (Written Test)		1750
Personality Test (Interview)		275
Total Marks		2025

Paper A leh B hi written bei thei tur hriat/thlan nan tih (qualifying) chauh a ni.

Optional Subject

Khua a lo var a, leilung a lo lang tan a. Nghakhlel taka za et et an nih avangin lalin chhuah thu a han pek chuan mipui chu kar tual lam panin an liam nghal hum hum a. Zingkela, Vungtawna leh Dozika te chu khaw daiah a ru kin an lo tawm a, mipui thlen hmain kar tual chu an lo thleng hman daih tawh a. Kar chuan sakei chu a lo kap fuh ngei a, a thisen chu a baw ten tun a, a hliam a na hle ang tih a hriat a. Hmanhmawh takin sakei thisen bua chu an lo tireh a, mipui lo thlen hmain sakei chu an chhui fal ta a. Mipuiin kar tual an lo thlen chuan a thi bua an hmu si lo va, “A kap fuh lo a ni ang,” an ti hman he haw a. Mahse, an zinga pakhat chuan mau hnaha thisen kai chu a hmu a, “A kah chu a kap fuh ngei a nih hi, heta hi a thi ka hmu e,” a rawn ti a.

Optional subject hi 25 a awm a. Scheme/pattern hmasa ang lo takin optional paper hi pakhat chauh (paper pahnih nei) thlan tur a ni a, hengte hi an ni:-

- (i) Agriculture (ii) Animal Husbandry and Veterinary Science
- (iii) Anthropology (iv) Botany (v) Chemistry (vi) Civil Engineering
- (vii) Commerce and Accountancy (viii) Economics
- (ix) Electrical Engineering (x) Geography (xi) Geology (xii) History
- (xiii) Law (xiv) Management (xv) Mathematics (xvi) Mechanical Engineering (xvii) Medical Science (xviii) Philosophy (xix) Physics
- (xx) Political Science and International Relations (xxi) Psychology
- (xxii) Public Administration (xxiii) Sociology (xxiv) Statistics
- (xxv) Zoology (xxvi) Literature (of one of the following languages: Assamese, Bengali, Bodo, Dogri, Gujarati, Hindi, Kannada, Kashmiri, Konkani, Maithili, Malayalam, manipuri, marathi, Nepali, Oriya, Punjabi, Sanskrit, Sindhi, Tamil, Telugu, Urdu and English)

Optional paper hi graduate level anga sawi thin ni mah se, a tak takah chuan graduate level aia thuk zawk a ni a, chutianga ngaia inbuatsaih tur chu a ni. Tin, he exam-a tling tur chuan a lo berah kum khat inbuatsaih a ngai tih hi hria ila. Tlin tumin han inbuatsaih tak tak la, hun i mamawh tam zia i hre mai ang.

(Chhunzawm tur)

(Chhunzawm zel tur)

Mi tih dik loh hmuh a awl; mahni tih dik loh erawh en lenna paw’n kan hmu tha thei thin lo.

Dan leh Hrai

Mipui inhawrkhawm ten an kuta dan an kenkawh thinna tibo tura Supreme Court thupek

Thil tha duh kalkhawm te leh thil tha duh pawl intelkhawmte hian ramchhung danin thubuai kalpui dan tur a tuk anga buaipui peih lo leh buaipui duhlo a inluling taka mahni kuta dan lekkawh mai emaw, thil tha tura kan rin anga hma la buan buanin, midangte dikna chanvo neih ve lam palzut luh tum tlatin, pawl chakna emaw tamna chhuangin Bible thawnthu a Uire den hlum tum pungkawm ang mai khan kan kutah thuneiha kan in pe chawp mai thin.

Vantrang hamthatna tura thawk thin Tehsen S. Poonawalla chuan bawngtalh khap duhtu pawl ten tharum an thawhna leh an chet hleihluakna te laka ban phar turin India rama Court sang ber Supreme Court-ah thubuai a theh lut a, Writ Petition (Civil) No. 754 of 2016 anga zia lutin tahrik ni 17/7/2018 khan Supreme Court chuan India ram puma kenkawh tur thupek lailawk asiam a, Chief Justice of India ni mek Dipak Mishra leh Judge dang pahnih thutna 'Bench' chuan ahnuai ami ang hian thupek a siam a, an thutlukna 'paragraphs' zah ang diak diaka lehlin mai l han tum dawn teh ang:-

"40.....

A. A invenna lama tul te (Preventive measures)

i) State sawrkar hian District tinah SP aia hniam lo te Nodal Officer atana ruatin, ani hi DSP chin aia hniam lo in a puibawm anga, anni hian 'Special Task Force' an din anga, mipui tute nge ram dan bawhchhe tura inthural mek tih te, buaina tichhuak zawnga thusawi te leh thu thehdarh tute leh thu thang diklo thehdarh tute chu aruk aral pawhin an zawngchhuak zung zung ang.

ii) State sawrkar hian kum nga kalta chhunga hetiang anga mipui tawrawtna (Lynching/mob-violence) thlenna District te, Sub-Division leh khawbil te a zawngchhuak anga. He zawngchhuah hna hi he thupek siam atanga hapta thum chhunga peihfel tur a ni.

iii) State chhunga Home Secretary te chuan Nodal Officer te hnenah inkaihhruaina emaw thupek tul ang an siam zui anga, Police Station tina Officer in charge ten uluk leh beingawrh leh zuala mipui tawrawtna (Lynching/mob-violence) an vil zui theihna turte an ngaihtuah tel ang.

iv) Nodal Officer chuan thla khatah vawikhat tal 'Intelligence Unit' lam mite leh Police Station tina Officer in charge te chu a thutkhawm (Meeting) pui thin anga, he thutkhawmnaah hian mipui tawrawtna (Lynching/mob-violence) lam chawktio zawngin 'Social media' lamah thu thehdarh a awm em tih te leh, chutiang thu thehdarh a awma khap beh nghal mai dan tur te bakah Nodal Officer chuan mi tute emaw lakah emaw chibil tute emaw lakah emaw a boruak thalo awm theite umbo dan tur a ngaihtuah rang baw ang.

v) DGP emaw Home Secretary te emaw in State Police Intelligence hotute leh Nodal Officer te hi sawrkar quarter khatah (thla thum danah) vawikhat tal a thutkhawm pui ang. Nodal Officer te chuan an bialchhunga an hmalakna leh thil thlen dan tulte pawh a tarlang anga, he thutkhawmna ah hian hmalakna hi ennawn thin ani ang.

vi) Police te hian CrPC hnuaia section 129 in thuneiha apek angin dan bawhchhe zawnga mipui pungkawm hnawhdarh te, a tul angin leh dan in a tarlan angin kawngdang pawha hmalak zelte hi an ti ngei ngei tur a ni.

vii) Sawrkar laipua Home Department hian state sawrkar tinte ho khawm zelin, mipui tawrawtna (Lynching/mob-violence) thleng thei lakah state a mawhphurtu dan leh thupek kengkawngtuten an ngaihpawimawh zawk theihna atan te, leh kawng hrang hranga a tul anga hetiang thil thleng thei laka invenna tur leh India rama dan rorelna leh mi hnuaihnung zawkte dikna chanvo vawnhimna tur atana hmalakna turah te a kaihruai thin ang.

viii) DGP chuan District SP tinte hnenah hriattirna siamin 'Police patrolling' ten abik takin mipui tawrawtna ... (Chhunzawm tur)

Hriselna Huang

Rilru hrisel nana kan tih tur - Dr C. Lalhrekima

Rilru hrisel kan neih theih nan, nitin nuna kan inzir theih dan tur tlem han tarlang ila. Sawi kim tak tak sen erawh a ni lo ang.

1) Taksa hriselna ngaihpawimawh tur :

Taksa leh rilru hi a inzawm tlat. Taksa in-fit zek zawkte rilru hi a hrisel duh bik. Rilru helhkam ngah leh harsatna nei ten taksa natna an nei duh baw. Taksa insawizawi hi uar tur a ni. Insawizawi hian chuap leh lungte a tihchak bakah endorphan an tih mai, kan rilru tizangkhai thei leh min tiphur thei chemical chu thluak atangin a siam chhuak thei. Lungngaihna, lungkham leh hlauhthawn bakah nun nguina hnehna tha tak chu insawizawi hi a ni. Kawtkaia motor dah, tawite kalna turah pawh scooty ken tum zel, thu chung a hnathawh, zing mu rei thinho hi kan insawizawi tlem khawp. Ni khatah darkar chanve tal insawizawi a tha. A hranpaa hun kan nei lo a nih pawhin lirthi tel loa kal phak chinah tal hian kea kal tum hram ila. Inkhawm kawng leh kan len velnahte hian pen hnelh hnelh lo hian kal chak ve tur a ni.

2) Hna thawh tur :

Hnathawh hi rilruin a ngeih. Thawkhchhuak nun, nun tangkai apiang an hlim. Mi tih sa, mi thawh sa rin ringawt hian rilru a hlim thei lo. Nula tlangval lehkhazir tawh lo, hnathawh tur hre mai si lo tan inhlawhna tur a awm. Mi in saa inhlawhfak te, mi awmpuia tan te hreh lem tur a ni lo. Singapore-ah chauh mi ina awm duh, Mizorama mi awmpui nih zah leh tlat si te hi a fel lo. Tih tur dang kan tihreh a nih pawhin awmpui nei hian ban ila, kan awmpuite thawh ang khakeimahni inah thawk mai ila, hna kan nei ve a ni mai alawm! Hlawh kan nei ve a ni mai alawm! Kan hlim zawk dawn baw si.

3) Hahchawh ve tur :

Mut that tur. Mut hi kan chakna lak tharna a ni. Hah taka thawh reng hi a hahthlak ve a nia. Ei leh in tihthat tur. Ei tur leh in tur hrisel hi kan rilru leh taksain a mamawh. "Ni lum ai tam rawh : Ni eng hian rilru a tithawweng a, min tihlim thei. Thlasik ni tawi laia Depression nei chite zuk awm a! A hranpaa nia i inpho hman lo a nih pawhin insawizawi pahin, hnatan pahin, huan a kal pahin, feh pahin nilum a ai pah theih.

4) Rui suh :

Zu, rui theih thil dang leh meizial zukte hian thluak an khawih chhia a, thluak hi rilru awmna a nih avangin rilru a tichhe thei.

5) Hriatna panga duat rawh :

Kan hriatna panga – mit, beng, lei, vun leh hnarte hi duat tur. Hmuhnawm i tih te, ngaihnawm i tih te, tui i tih te, nuam i tih te, rimtui i tihte hi ngaihpawimawh ve rawh. Heng kan hriatna ho hi an hah ve thei, an duhzawng khilai ve tur a ni. Mahse rilru kaihruai tha thei lam ni hram se! Ka mitin blue film a enchak, kan khilai teh ang tih lam zawng rilru hrisel lohna bul a ni zawk!

6) Tangkai ve rawh :

Hlawh hmuh nan kher loa hnathawh hian kan thinlung a hlim a, rilru a nuam a, kan inchhuang ru thin. Chu chu kan rilru hian a ngeih. Midang tan tangkai la. Hnatlang, khawtlang thil, kohhranah inhmang ve la. Mi tanpui hi rilru hian a ngeih. I hlimpui tur thil tih ching ve la. Nuam tih avang liau liaua thil tih hi a tha ve. Hahdam hun insiam ve la. Infiam hun insiam ve rawh. Engto nei hauh loa hun thawl neih ve zeuh zeuh hi rilruin a ngeih.

7) Lawmna tur zawng rawh :

Thil lawmawm i tawnte ngaihtuah tam la. Mi sualna te, thil dik lo te, lungngaihna lam te aiin mi thatna te, thil tha te, lawmna tur lam ngaihtuah hi 'practice' la, zir theih a ni. Hawi vel la, lawmna tur a tam lutuk. Lawm lohna tur ringawt ngaihtuah hi a awl viau. Ngaihtuahna chhe zawk ... (Chhunzawm tur)